

MEDIA STATEMENT

Tuesday, 15 February 2022

headspace Taringa relocates to Indooroopilly

One of Australia's busiest headspace centres at Taringa has relocated to larger premises at Indooroopilly to keep up with growing demand from young people with mild to moderate mental illness.

The new site at 17 Station Road, Indooroopilly is closer to public transport and Indooroopilly Shopping Centre, offering clients convenience and better access.

"The Taringa centre had expanded over the past four years, but due to a limited number of consultation spaces we were unable to recruit additional practitioners to meet demand," said headspace regional manager Jamie Thompson. "Indooroopilly has 20 consultation rooms, an increase from 12 rooms at Taringa."

Projections indicate the new centre will have capacity for 12,500 consultations a year—a significant increase from a capacity of 7,500 at Taringa.

Twenty-six per cent of young people aged 0 to 17 years in Brisbane north region are estimated to have a mental health condition.

Brisbane North PHN has responsibility for commissioning Australian Government-funded youth mental health services in its region and supports five headspace centres in north Brisbane: Caboolture, Nundah, Redcliffe, Strathpine and now Indooroopilly.

Executive Manager for Commissioned Services at Brisbane North PHN, Paul Martin, said the relocation to the Indooroopilly site would improve functioning of the local health system and meet a growing need for mental health services for young people aged 12-25 in the region.

"The PHN is committed to supporting the goals of Planning for Wellbeing, the region's five-year mental health plan to improve the lives of those affected by mental illness, suicide, or problematic substance use," said Mr Martin.

Learn more about the region's five-year mental health plan, Planning for Wellbeing, at <https://planningforwellbeing.org.au/>

To make an appointment at headspace Indooroopilly, call 07 3157 7405. Or visit headspace.org.au

For more information, contact Alex Woods—Operations Manager, headspace Indooroopilly, mobile 0413 442 340.

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Editor's note:

For photo, go to: <https://d1jyavs1x4rbvt.cloudfront.net/images/headspace-4.jpg>

Caption: Clinical Services Manager Sam Kilby and Administration Officer Clare Rapp at the new headspace premises at Indooroopilly.

About Brisbane North PHN

Brisbane North PHN is one of 31 Primary Health Networks nationwide and supports clinicians and communities within North Brisbane, Moreton Bay and parts of the Somerset region. The PHN covers approximately 4,100 km² of urban, regional and rural areas, with a population of over one million.

The key objectives of the PHN are:

- increasing the efficiency and effectiveness of medical services for patients, particularly those at risk of poor health outcomes, and
- improving coordination of care to ensure patients receive the right care in the right place at the right time.