

NATIONAL SUICIDE PREVENTION TRIAL

Activity Work Plan covering activities in 2020-21

Funding for the National Suicide Prevention Trial ceases 30 June 2021. The focus of the National Suicide Prevention Trial funding in 2020-21 should be on transition and sustainability.

In 2020-21, all sites participating in the National Suicide Prevention Trial are required to:

- Continue the focus on a systems-based approach to the delivery of suicide prevention services at a local level.
- Identify priority activity and consider funding arrangements in 2020-21 and sustainability options beyond 2020-21.
- Develop and implement strategies to safely transition clients from individual or group services to other existing or planned services.
- Continue to gather evidence and participate in relevant data collection and/or evaluation activities.

Activity Work Plans (AWPs) are to identify major activities in all stages of the trial that relate to these objectives.

Only activities that will be undertaken in the 2020-21 financial year should be entered into the AWP template, noting this may include activities which only run for part of the year or have been carried over from the previous year.

COVID-19 impacts

The Department acknowledges that restrictions in place as a result of the COVID-19 pandemic have impacted on many planned trial activities in the 2019-20 financial year. While the 2020-21 work plan should focus on transition, there is scope to deliver on activities that have been postponed as a result of COVID-19. If the activities will require a carryover of funds from 2019-20, this will need to be clearly identified in the AWP and budget.

Approval of Activity Work Plans

The Department has committed to expediting approval of all existing Primary Health Network (PHN) activities specified in 2020-21 AWPs to minimise burden on PHNs during the COVID-19 pandemic. New activities will be reviewed as per standard processes.

The trial AWP will be reviewed in line with the parameters of the *National Suicide Prevention Trial – Transition Support Guidance* and *Supplementary Guidance – COVID-19 pandemic* documentation. Sites that do not include a focus on transition, or have planned new activities that have not been adequately considered in the context of this documentation may be contacted by the Department for further information.

National Suicide Prevention Trial Activity Work Plan 2020-21

SUMMARY

Provide an overview of how transition will be approached, with particular focus on the following:

- *What options are there to support priority activity on a longer-term basis?*
- *For individual or group services – what plans will be in place to safely transition and support clients?*
- *How will end of trial or transition to other programs and services be communicated with key stakeholders?*
- *Which key partnerships may support transition and sustainability?*
- *Has COVID-19 impacted on key 2019-20 activity and if so, what are the plans to address this in 2020-21?*

Brisbane North PHN will continue to commission delivery of targeted emergency response and evidenced based treatment supports for Aboriginal and Torres Strait Islander and LGBTIQ+ populations in our region, as there remains a significant service gap for these clients. The Trial activity delivered to date has demonstrated an ongoing need and demand for these services which is not currently being met by the wider service market. The PHN will also continue to commission delivery of the schools based mental health resilience, given the successful roll out of these activities within the Trial period.

Working with the NSPT Community Implementation Teams the PHN will develop a comprehensive transition plan to map relevant activity and ensure safe transitions to services beyond the life of the Trial. Currently there are no ongoing longer term options to fund service delivery post 30 June 2021. This presents a significant risk for the clients accessing Trial services during the transition period, and those who may need to access similar supports in the future. The PHN and Community Implementation Teams will work with partners, including other funding agencies and peak bodies, throughout this final transition year to advocate for, identify and seek ongoing future funding.

The transition planning will also identify and action required communication and notifications regarding the end of the Trial activity and ensure the wider sector is aware and able to access ongoing care pathways. Within the commissioning process for the final year of Trial service delivery, the PHN has required a defined transition period (from 1 April 2021 – 30 June 2021) which will focus on ensuring clients are safely transitioned and supported to access ongoing services as required. The PHN will also work with providers and the Community Implementation Teams to identify and document sustainable and appropriate pathways for people to access support outside of the Trial, to ensure ongoing safe and consistent care pathways are available.

	<p>The PHN and Community Implementation Teams have developed key partnerships with the Queensland Department of Education, Queensland Mental Health Commission and will continue to collaborate with the Metro North HHS and Queensland Health to support transition and sustainability.</p> <p>There are a number of specific activities which were planned for delivery through the trial during early 2020, which have been delayed or modified due to the impacts of the COVID 19 pandemic and associated restrictions. These activities are outlined below and have been considered alongside the planned 20/21 activities.</p>	
KEY ACTIVITIES	Description of activity	Is this a new or existing activity?
	<p>1. Aboriginal and Torres Strait Islander population</p> <p><i>a. <u>Emergency response and evidence based treatment</u></i></p> <p>Purpose: Enhance the capacity and capability of services to provide specialist suicide prevention treatment (including aftercare) to Aboriginal and Torres Strait Islander peoples in the Brisbane North PHN region.</p> <p>Actions:</p> <ul style="list-style-type: none"> • Fund specific Indigenous service providers to deliver evidence based interventions/treatment and postvention services to Aboriginal and Torres Strait Islander people in the Brisbane North PHN region. <p>Target Group/s: Aboriginal and Torres Strait Islander people at risk of suicide.</p> <p>Location/s: Entire PHN region</p> <p>Key Partner(s): The key partners for this activity are spread across three levels:</p> <ul style="list-style-type: none"> • The Brisbane North Suicide Prevention Strategic Partnership Group; 	<p><i>This is an existing activity that will continue into 2020/21.</i></p>

	<ul style="list-style-type: none"> • The Aboriginal and Torres Strait Islander NSPT Community Implementation Team; and • The agencies funded to deliver the services/activities. <p>b. <u>Promoting help-seeking and mental health resilience in schools.</u></p> <p>Purpose: Increase school based peer support and mental health literacy of Aboriginal and Torres Strait Islander young people.</p> <p>Action:</p> <ul style="list-style-type: none"> • Fund evidence-based programs/support to in-reach into schools to support Aboriginal and Torres Strait Islander young people at risk of suicide. <p>Target Group/s: Aboriginal and Torres Strait Islander young people at risk of suicide.</p> <p>Location/s: Entire Brisbane North PHN region.</p> <p>Key Partner(s): The key partners for this activity are spread across three levels:</p> <ul style="list-style-type: none"> • The Brisbane North Suicide Prevention Strategic Partnership Group; • The Aboriginal and Torres Strait Islander NSPT Community Implementation Team; and • The agencies funded to deliver the services/activities. 	<p><i>This is an existing activity that will continue into 2020/21</i></p>
	<p>2. Lesbian, gay, bisexual, transgender and intersex population</p>	

	<p>Location/s: Entire Brisbane North PHN region.</p> <p>Key Partner(s): The key partners for this activity are spread across three levels:</p> <ul style="list-style-type: none"> • The Brisbane North Suicide Prevention Strategic Partnership Group; • The LGBTIQ+ NSPT Community Implementation Team; and • The agencies funded to deliver the services/activities. 	
	<p>3. Young adult to middle-aged men</p> <p><i>a. <u>Integrated community capacity and awareness approach:</u></i></p> <p>Purpose: Enhance the capacity and capability of a community to respond and support people at risk of suicide.</p> <p>Actions:</p> <ul style="list-style-type: none"> • Commission MATES in Construction to adapt their suicide prevention ‘MATES in Construction’ model to implement it within amateur sporting clubs. <p>Target Group/s: young to middle aged men</p> <p>Location/s: Moreton Bay North sub region of Brisbane North PHN</p> <p>Key Partner(s): The key partners for this activity are spread across three levels:</p> <ul style="list-style-type: none"> • The Brisbane North Suicide Prevention Strategic Partnership Group; • The agencies funded to deliver the services/activities. • Project reference group who guides implementation of the activities within the chosen community. 	<p><i>This is an existing activity that will continue into 2020/21.</i></p>
	<p>CARRY-OVER</p>	

	<p>4. Whole of Population Community Awareness Campaigns</p> <p>Purpose: Improving the competency and confidence of frontline workers to deal with suicidal crisis and training the community to recognise and respond to suicidality.</p> <p>Actions:</p> <ul style="list-style-type: none"> • Fund the delivery of appropriate gatekeeper training and awareness activities to enhance community awareness and response to suicide • Fund the development and implementation of referral pathways and help seeking resources as a result of the previously developed community awareness campaigns. <p>Target Group/s: people at risk of suicide, their families and carers.</p> <p>Location/s: Entire Brisbane North PHN region</p> <p>Key Partner(s): The key partners for this activity are spread across three levels:</p> <ul style="list-style-type: none"> • The Brisbane North Suicide Prevention Strategic Partnership Group; • The Aboriginal and Torres Strait Islander and LGBTIQ+ NSPT Community Implementation Teams; and • The agencies funded to deliver the services/activities. 	<p><i>This is an existing activity that will continue into 2020/21, it will also include carryover of incomplete activities from 2019/20 due to COVID 19 impacts.</i></p>
	<p>5. Trial Coordination and Transition</p> <p>Purpose: Enable the PHN and community partners to plan for and implement safe and effective transition and sustainability measures to support the ongoing work developed throughout the Trial and to ensure support for clients accessing the Trial services once the Trial is completed.</p>	<p><i>This is a new activity focused on the safe and appropriate transition and sustainability of Trial activities.</i></p>

	<p>Actions:</p> <p>Will include:</p> <ul style="list-style-type: none">• Coordination, management and support of Trial activities and partners• Identifying and sourcing alternative funding to sustain priority activity after the trial period• Developing and implementing strategies to safely transition clients from individual services to other existing or planned services• Local evaluation and review processes to develop evidence based resources to sustain the impacts of the Trial• Consolidating and communicating the learnings and outcomes of the Trial <p>Target Group/s: Participants of the NSPT services and all people at risk of suicide, their families and carers.</p> <p>Location/s: Entire Brisbane North PHN region</p> <p>Key Partner(s): The key partners for this activity are spread across three levels:</p> <ul style="list-style-type: none">• The Brisbane North Suicide Prevention Strategic Partnership Group;• The Aboriginal and Torres Strait Islander and LGBTIQ+ NSPT Community Implementation Teams; and• The agencies funded to deliver the services/activities.	
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DATA COLLECTION AND REPORTING	<p>All PHN commissioned services collect the following datasets:</p> <ul style="list-style-type: none">• For individual treatments services – the PMHC-MDS• For non-individual treatment services – Community-based activity data items
RECRUITMENT AND WORKFORCE	<p><i>Identify issues that may affect recruitment and/or commissioning of services as necessary to progress trial activities.</i></p> <p>No known issues.</p>
OTHER	<p><i>Identify any other major factors not covered above.</i></p> <p>N/A</p>