

Brisbane North - Primary Mental Health Care

2019/20 - 2022/23

Activity Summary View



[CHHP-Op - 1 - CHHP - Operational]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

CHHP-Op

Activity Number *

1

Activity Title *

CHHP - Operational

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Other Program Key Priority Area Description

Aim of Activity *

Description of Activity *

Needs Assessment Priorities *

Needs Assessment

Priorities

Needs Assessment Priority	Page Reference
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Activity Demographics

Target Population Cohort *

In Scope AOD Treatment Type *

Indigenous Specific *

Indigenous Specific Comments *

Coverage *

Whole Region

SA3 Name	SA3 Code
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Activity Consultation and Collaboration

Consultation *

Collaboration *



Activity Milestone Details/Duration

Activity Start Date *

Activity End Date *

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: No

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

Is this activity the result of a previous co-design process? *

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

Has this activity previously been co-commissioned or joint-commissioned? *

Decommissioning *

Decommissioning Details? *

Co-design or co-commissioning details *



[CHHP - 5.1 - CHHP 5.1 The Way Back Support Service (mirrors MH5.1 for CHHP funding stream)]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

CHHP

Activity Number *

5.1

Activity Title *

CHHP 5.1 The Way Back Support Service (mirrors MH5.1 for CHHP funding stream)

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

The overall aim of The Way Back Support Service is to reduce the risk of suicide (re)attempts following a previous suicide attempt or suicidal crisis.

A previous suicide attempt is a strong predictor of future suicide related behaviour with the period after discharge from hospital a time of increased risk. The transition from hospital to community care is a crucial but often neglected step for people at risk of suicide. Providing access to high quality follow up and support, including connection with support services and networks has been found to reduce the risk of future suicidal behaviour.

Description of Activity *

The Way Back is a non-clinical support service focused on providing practical psychosocial support to people experiencing a suicidal crisis or who have attempted suicide. Psychosocial assertive outreach support is provided to eligible clients for up to three months.

This activity is targeted to people who present to Redcliffe or Caboolture Hospitals following a suicide attempt or in suicidal crisis.

Upon entry into the service, comprehensive safety planning is completed in conjunction with the client. In addition, the Support Coordinator and client develops a support plan which outlines the client's needs, their goals in participating in The Way Back and proposed actions and interventions to meet needs and goals.

In response to local need, the Redcliffe and Caboolture site delivers a modified version of The Way Back with two key additional components – clients must receive contact from The Way Back within 24 hours of referral (including weekends)

and psychological counseling is also available short term for clients who are unable to access counseling through alternative community services.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

This activity is targeted to people who present to Redcliffe or Caboolture Hospitals following a suicide attempt or in suicidal crisis.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

No

SA3 Name	SA3 Code
Caboolture	31302
Redcliffe	31305



Activity Consultation and Collaboration

Consultation *

Consultation to inform the development of this activity initially occurred throughout the 2017-18 financial year. This consultation involved:

- Suicide Prevention Forums – 102 people attended 2 Forums, including consumers, GP's, psychologists, HHS staff, community and private services providers, youth services, Aboriginal and Torres Strait Islander services and academic and research bodies
- stakeholder meetings – 5 meetings with stakeholders including Redcliffe Hospital Collaborative and HHS Mental Health services and Queensland Police Service.

The feedback from the Forums helped us to identify the need for a trial follow up service model in the Redcliffe region. Subsequent stakeholder meetings informed the key elements required for this model. Additional feedback throughout all of the engagement also identified the need for:

- improved networking amongst existing service providers to improve patient outcomes
- workforce capacity training.

This feedback was incorporated into the development of the service model.

Collaboration *

This activity will be implemented by Brisbane North PHN, under the guidance of the Suicide Prevention Strategic Partnership Group.

Membership of this group is drawn from the Metro North Hospital and Health Service, community based agencies, Queensland Government agencies, consumers and carers



Activity Milestone Details/Duration

Activity Start Date *

29 Jun 2019

Activity End Date *

28 Jun 2022

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: Yes

The Way Back Support Service has been operated by the commissioned provider, in the Redcliffe region, since 2016/17 and is expanding to cover the Caboolture region. To facilitate patient access and ensure equitable and ongoing service delivery, direct engagement to existing service provider was enacted.

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

Yes

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

Co-commissioning: This activity is jointly commissioned with the Queensland State Government through a bilateral agreement with the Australian Government. The activity is also supported by CHHP funding.

Consultation to inform the development of this activity initially occurred throughout the 2017-18 financial year. This consultation involved:

- Suicide Prevention Forums – 102 people attended 2 Forums, including consumers, GP's, psychologists, HHS staff, community and private services providers, youth services, Aboriginal and Torres Strait Islander services and academic and research bodies
- stakeholder meetings – 5 meetings with stakeholders including Redcliffe Hospital Collaborative and HHS Mental Health services and Queensland Police Service.

The feedback from the Forums helped us to identify the need for a trial follow up service model in the Redcliffe region. Subsequent stakeholder meetings informed the key elements required for this model. Additional feedback throughout all of the engagement also identified the need for:

- improved networking amongst existing service providers to improve patient outcomes
- workforce capacity training.

This feedback was incorporated into the development of the service model.



[CHHP - 5.2 - CHHP 5.2 Headspace Wait Time Reduction Program]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

CHHP

Activity Number *

5.2

Activity Title *

CHHP 5.2 Headspace Wait Time Reduction Program

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description**Aim of Activity ***

This activity has created to allocate the funding for the Headspace Wait time reduction Program. Activity details are not required until 2021.

Description of Activity *

This activity has created to allocate the funding for the Headspace Wait time reduction Program. Activity details are not required until 2021.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

TBC

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
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Activity Consultation and Collaboration

Consultation *

TBC

Collaboration *

TBC



Activity Milestone Details/Duration

Activity Start Date *

30 Jun 2020

Activity End Date *

29 Jun 2021

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: Yes

Continuing service provider / contract extension: No

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

Yes

Is this activity the result of a previous co-design process? *

No

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

TBC

Co-design or co-commissioning details *

TBC



[MH-Op - 1 - Mental Health Operational]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-Op

Activity Number *

1

Activity Title *

Mental Health Operational

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Other Program Key Priority Area Description

Aim of Activity *

Description of Activity *

Needs Assessment Priorities *

Needs Assessment

Priorities

Needs Assessment Priority	Page Reference



Activity Demographics

Target Population Cohort *

In Scope AOD Treatment Type *

Indigenous Specific *

Indigenous Specific Comments *

Coverage *

Whole Region

SA3 Name	SA3 Code
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Activity Consultation and Collaboration

Consultation *

Collaboration *



Activity Milestone Details/Duration

Activity Start Date *

Activity End Date *

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: No

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

Is this activity the result of a previous co-design process? *

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

Has this activity previously been co-commissioned or joint-commissioned? *

Decommissioning *

Decommissioning Details? *

Co-design or co-commissioning details *



[MH - 1.1 - MH 1.1 – New Access service]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

1.1

Activity Title *

MH 1.1 – New Access service

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 1: Low intensity mental health services

Other Program Key Priority Area Description

Aim of Activity *

The aim of this activity is to improve access to low intensity services for people aged 12 years and over. Brisbane North PHN will achieve this aim by continuing to commission structured, time-limited, evidence-based low intensity psychological services.

These services will be delivered by non-clinical staff through various modalities. The services will target hard-to-reach, vulnerable, socially disadvantaged population groups and others experiencing a significant life transition.

Description of Activity *

Brisbane North PHN will continue to commission the Richmond Fellowship Queensland to deliver Beyondblue's New Access program, which supports the general population who need help to managed everyday life stresses and pressures.

This activity will consist six sessions, which includes a face to face assessments. The sessions will be a mixture of face to face, phone or skype contact, as determined by consumer needs. Consumers will be followed up four weeks and six months after the completion of the program.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

This activity is broadly targeted to people with mild mental illness and those in distress who may be at risk of developing a mental illness.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Bald Hills - Everton Park	30201
Chermside	30202
Nundah	30203
Sandgate	30204
Kenmore - Brookfield - Moggill	30402
Sherwood - Indooroopilly	30403
The Gap - Enoggera	30404
Brisbane Inner	30501
Brisbane Inner - North	30503
Brisbane Inner - West	30504
Bribie - Beachmere	31301
Caboolture	31302
Caboolture Hinterland	31303
Narangba - Burpengary	31304
Redcliffe	31305
The Hills District	31401
North Lakes	31402
Strathpine	31403



Activity Consultation and Collaboration

Consultation *

Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023. This outcomes of this activity contribute to the success of the regional plan.

In 2017-18, consultation to inform the initial development of this activity highlighted the importance of not simply parachuting in new models of care which can further fragment service delivery, but to ensure any procurement increases coordination and connection across the system. Participants at co-design workshops consistently reported the silo nature of services, the fragmented nature of the service system and the need for service and system navigation. Achievement of an effective person-centred, stepped care model requires significant reform, and an understanding of how the various components within low-intensity services operate and coordinate with each other.

Further consultation in the development of the procurement strategy for this activity involved:

- Online Discussion paper & Survey – Distributed to 750+ people, 400 + visitors to the online site, 60 downloads of discussion paper, 78 (10% response rate) survey responses
- Stakeholder meetings – 8 meetings with key stakeholders including Beyond Blue, Sane Australia, Brook RED, Peach Tree and Institute for Urban Indigenous Health.

From the engagement activities Brisbane North PHN identified three key strategy areas for low intensity mental health services needed in the Brisbane North region:

1. access to low intensity psychological services, in a variety of modalities
2. education and support for GP's and other primary health and community service providers building the evidence base for low intensity services.

Collaboration *

This activity will be implemented by Brisbane North PHN, under the guidance of the Psychological Therapies Group.

Membership of this group will be drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.



Activity Milestone Details/Duration

Activity Start Date *

29 Jun 2019

Activity End Date *

28 Jun 2022

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

In 2017-18, consultation to inform the initial development of this activity highlighted the importance of not simply parachuting in new models of care which can further fragment service delivery, but to ensure any procurement increases coordination and connection across the system. Participants at co-design workshops consistently reported the silo nature of services, the fragmented nature of the service system and the need for service and system navigation. Achievement of an effective person-centred, stepped care model requires significant reform, and an understanding of how the various components within low-intensity services operate and coordinate with each other.

Further consultation in the development of the procurement strategy for this activity involved:

- Online Discussion paper & Survey – Distributed to 750+ people, 400 + visitors to the online site, 60 downloads of discussion paper, 78 (10% response rate) survey responses
- Stakeholder meetings – 8 meetings with key stakeholders including Beyond Blue, Sane Australia, Brook RED, Peach Tree and Institute for Urban Indigenous Health.



[MH - 1.2 - MH 1.2 – Optimal Health Program]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

1.2

Activity Title *

MH 1.2 – Optimal Health Program

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 1: Low intensity mental health services

Other Program Key Priority Area Description

Aim of Activity *

The aim of this activity is to improve access to low intensity services for people aged 12 years and over. Brisbane North PHN (the PHN) will achieve this aim by continuing to commission structured, time-limited, evidence-based low intensity psychological services.

These services will be delivered by non-clinical staff through various modalities. The services will target hard-to-reach, vulnerable, socially disadvantaged population groups and others experiencing a significant life transition.

Description of Activity *

Brisbane North PHN will continue to commission a provider to deliver the Optimal Health Program. This program supports the general population through activities that are focused on developing resilience and mental health and well-being.

The Optimal Health Program will consist of eight face to face sessions. Four individual telephone coaching sessions are available between group sessions on request.

A final peer-facilitated review session will occur four weeks after completion of the eight main sessions. The program will be tailored to meet the needs of the following hard to reach groups, in addition to the general population:

- People who work full time
- People who are on probation on parole with the justice system
- People who identify as LGBTI.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

This activity is broadly targeted to people with mild mental illness and those in distress who may be at risk of developing a mental illness. This activity will also be targeted to hard-to-reach and vulnerable population groups.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Bald Hills - Everton Park	30201
Chermside	30202
Nundah	30203
Sandgate	30204
Kenmore - Brookfield - Moggill	30402
Sherwood - Indooroopilly	30403
The Gap - Enoggera	30404
Brisbane Inner	30501
Brisbane Inner - North	30503
Brisbane Inner - West	30504
Bribie - Beachmere	31301
Caboolture	31302
Caboolture Hinterland	31303
Narangba - Burpengary	31304
Redcliffe	31305
The Hills District	31401
North Lakes	31402
Strathpine	31403



Activity Consultation and Collaboration

Consultation *

Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023. This outcomes of this activity contribute to the success of the regional plan.

In 2017-18, consultation to inform the initial development of this activity highlighted the importance of not simply parachuting in new models of care which can further fragment service delivery, but to ensure any procurement increases coordination and connection across the system. Participants at co-design workshops consistently reported the silo nature of services, the fragmented nature of the service system and the need for service and system navigation. Achievement of an effective person-centred, stepped care model requires significant reform, and an understanding of how the various components within low-intensity services operate and coordinate with each other.

Further consultation in the development of the procurement strategy for this activity involved:

- Online Discussion paper & Survey – Distributed to 750+ people, 400 + visitors to the online site, 60 downloads of discussion paper, 78 (10% response rate) survey responses
- Stakeholder meetings – 8 meetings with key stakeholders including Beyond Blue, Sane Australia, Brook RED, Peach Tree and Institute for Urban Indigenous Health.

From the engagement activities Brisbane North PHN identified three key strategy areas for low intensity mental health services needed in the Brisbane North region:

3. access to low intensity psychological services, in a variety of modalities
4. education and support for GP's and other primary health and community service providers building the evidence base for low intensity services.

Collaboration *

This activity will be implemented by Brisbane North PHN, under the guidance of the Psychological Therapies Group.

Membership of this group will be drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.



Activity Milestone Details/Duration

Activity Start Date *

29 Jun 2019

Activity End Date *

28 Jun 2022

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

In 2017-18, consultation to inform the initial development of this activity highlighted the importance of not simply parachuting in new models of care which can further fragment service delivery, but to ensure any procurement increases coordination and connection across the system. Participants at co-design workshops consistently reported the silo nature of services, the fragmented nature of the service system and the need for service and system navigation. Achievement of an effective person-centred, stepped care model requires significant reform, and an understanding of how the various components within low-intensity services operate and coordinate with each other.

Further consultation in the development of the procurement strategy for this activity involved:

- Online Discussion paper & Survey – Distributed to 750+ people, 400 + visitors to the online site, 60 downloads of discussion paper, 78 (10% response rate) survey responses
- Stakeholder meetings – 8 meetings with key stakeholders including Beyond Blue, Sane Australia, Brook RED, Peach Tree and Institute for Urban Indigenous Health.



[MH - 1.3 - MH 1.3 – Problem Management Plus program]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

1.3

Activity Title *

MH 1.3 – Problem Management Plus program

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 1: Low intensity mental health services

Other Program Key Priority Area Description**Aim of Activity ***

The aim of this activity is to improve access to low intensity services for people aged 12 years and over. Brisbane North PHN (the PHN) will achieve this aim by continuing to commission structured, time-limited, evidence-based low intensity psychological services.

These services will be delivered by non-clinical staff through various modalities. The services will target hard-to-reach, vulnerable, socially disadvantaged population groups and others experiencing a significant life transition.

Description of Activity *

Brisbane North PHN will continue to commission a provider to deliver the Problem Management Plus program. This program supports the culturally and linguistically diverse population through a range of low intensity mental health services.

There are two Problem Management Plus program options available, based on client needs and preferences. Option A is designed for clients who require individual sessions. Option B is designed for clients who require group sessions.

Option A will consist of seven individual sessions. These sessions are made up of two face to face assessment and planning sessions and five weekly face to face intervention sessions. Telephone support between sessions will also be available for clients who require extra levels of support, along with additional support through existing group programs.

Option B will consist of seven sessions. These sessions are made up of two face to face assessment planning sessions and five group support sessions of eight to ten participants. Clients will also be offered additional support through existing support programs.

The activity will be delivered as an outreach model in various locations throughout the Brisbane North PHN region. Individual support will also be provided in people's homes or a safe place where required.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

This activity is specifically targeted to culturally and linguistically diverse populations, including refugees who have a mild mental illness or who may be at risk of developing a mental illness.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Bald Hills - Everton Park	30201
Chermside	30202
Nundah	30203
Sandgate	30204
Kenmore - Brookfield - Moggill	30402
Sherwood - Indooroopilly	30403
The Gap - Enoggera	30404
Brisbane Inner	30501
Brisbane Inner - North	30503
Brisbane Inner - West	30504
Bribie - Beachmere	31301
Caboolture	31302
Caboolture Hinterland	31303
Narangba - Burpengary	31304
Redcliffe	31305
The Hills District	31401
North Lakes	31402



Activity Consultation and Collaboration

Consultation *

Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023. This outcomes of this activity contribute to the success of the regional plan.

In 2017-18, consultation to inform the initial development of this activity highlighted the importance of not simply parachuting in new models of care which can further fragment service delivery, but to ensure any procurement increases coordination and connection across the system. Participants at co-design workshops consistently reported the silo nature of services, the fragmented nature of the service system and the need for service and system navigation. Achievement of an effective person-centred, stepped care model requires significant reform, and an understanding of how the various components within low-intensity services operate and coordinate with each other.

Further consultation in the development of the procurement strategy for this activity involved:

- Online Discussion paper & Survey – Distributed to 750+ people, 400 + visitors to the online site, 60 downloads of discussion paper, 78 (10% response rate) survey responses
- Stakeholder meetings – 8 meetings with key stakeholders including Beyond Blue, Sane Australia, Brook RED, Peach Tree and Institute for Urban Indigenous Health.

From the engagement activities Brisbane North PHN identified three key strategy areas for low intensity mental health services needed in the Brisbane North region:

5. access to low intensity psychological services, in a variety of modalities
6. education and support for GP's and other primary health and community service providers building the evidence base for low intensity services.

Collaboration *

This activity will be implemented by Brisbane North PHN, under the guidance of the Psychological Therapies Group.

Membership of this group will be drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.



Activity Milestone Details/Duration

Activity Start Date *

29 Jun 2019

Activity End Date *

28 Jun 2022

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

In 2017-18, consultation to inform the initial development of this activity highlighted the importance of not simply parachuting in new models of care which can further fragment service delivery, but to ensure any procurement increases coordination and connection across the system. Participants at co-design workshops consistently reported the silo nature of services, the fragmented nature of the service system and the need for service and system navigation. Achievement of an effective person-centred, stepped care model requires significant reform, and an understanding of how the various components within low-intensity services operate and coordinate with each other.

Further consultation in the development of the procurement strategy for this activity involved:

- Online Discussion paper & Survey – Distributed to 750+ people, 400 + visitors to the online site, 60 downloads of discussion paper, 78 (10% response rate) survey responses

- Stakeholder meetings – 8 meetings with key stakeholders including Beyond Blue, Sane Australia, Brook RED, Peach Tree and Institute for Urban Indigenous Health.



[MH - 1.4 - MH 1.4 – Sunshine Parenting Program]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

1.4

Activity Title *

MH 1.4 – Sunshine Parenting Program

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 1: Low intensity mental health services

Other Program Key Priority Area Description

Aim of Activity *

The aim of this activity is to improve the perinatal mental health among people aged 18 years and over in the Brisbane North PHN region. This was identified as a need in both the needs assessment and from the consultation associated with the development of the mental health, suicide prevention and alcohol and other drug treatment services regional plan.

This activity will improve access to low intensity services for mothers of infants aged 0 to 12 months who are experiencing mild postnatal depression and their partners. Brisbane North PHN will achieve this aim by continuing to commission structured, time-limited, evidence-based low intensity psychological services.

Description of Activity *

Brisbane North PHN will commission a provider to deliver Sunshine Parenting Program. This program will support mothers of infants aged 0 to 12 months who are experiencing mild postnatal depression. This program will deliver low intensity services to people aged 18 years and over who are at risk of experiencing, currently experience or have a history of experiencing symptoms of mild mental illness during the perinatal period.

This activity will consist of six group sessions across two separate centres. The six sessions will consist of two hour face-to-face group workshops. These workshops will be facilitated by peer workers with a lived experience in perinatal mental health challenges. Further support through referral to a psychologist will be available if required.

Needs Assessment Priorities *

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29

**Activity Demographics****Target Population Cohort ***

This activity is broadly targeted to people with mild mental illness and those in distress who may be at risk of developing a mental illness.

Specifically, the activity is targeted to mothers of infants aged 0-12 months who are experiencing mild postnatal depression.

In Scope AOD Treatment Type ***Indigenous Specific ***

No

Indigenous Specific Comments ***Coverage *****Whole Region**

Yes

SA3 Name	SA3 Code
Bald Hills - Everton Park	30201
Chermside	30202
Nundah	30203
Sandgate	30204
Kenmore - Brookfield - Moggill	30402
Sherwood - Indooroopilly	30403
The Gap - Enoggera	30404
Brisbane Inner	30501
Brisbane Inner - North	30503
Brisbane Inner - West	30504
Bribie - Beachmere	31301
Caboolture	31302
Caboolture Hinterland	31303
Narangba - Burpengary	31304
Redcliffe	31305
The Hills District	31401
North Lakes	31402
Strathpine	31403



Activity Consultation and Collaboration

Consultation *

Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023.

The consultation for Planning for Wellbeing also covered the development of activities included in this Activity Work Plan. This consultation occurred over a two year period between 2016 and 2018.

Specific consultation to inform the procurement strategy of this activity consisted of:

- An online discussion paper and survey, Distributed to 750+ people, 400 + visitors to the online site, 60 downloads of discussion paper, 78 (10% response rate) survey responses
- A range of meetings held with key stakeholders including Beyondblue, Sane Australia, Brook RED, Peach Tree and the Institute for Urban Indigenous Health.

Collaboration *

This activity will be implemented by Brisbane North PHN, under the guidance of the Psychological Therapies Group.

Membership of this group will be drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.



Activity Milestone Details/Duration

Activity Start Date *

29 Jun 2019

Activity End Date *

28 Jun 2022

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

No

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

N/A



[MH - 1.5 - MH 1.5 – Nexus program]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

1.5

Activity Title *

MH 1.5 – Nexus program

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 1: Low intensity mental health services

Other Program Key Priority Area Description

Aim of Activity *

The aim of this activity is to improve access to low intensity psychological services for people of a culturally and linguistically diverse background who may be at risk of suicide. This includes community based activities and liaison with the Metro North Hospital and Health Service and other providers to help ensure appropriate follow-up and support arrangements are in place at a regional level for individuals after a suicide attempt and for other people at high risk of suicide.

This activity will ensure continuity of care for people who access suicide prevention services who may be at risk if the service is withdrawn by providing the necessary supports through commissioning services targeted to people from a refugee and culturally diverse background.

Description of Activity *

Brisbane North PHN will continue to fund the Nexus program. This program will be delivered by the Queensland Program of Assistance to Survivors of Torture and Trauma, through a joint arrangement with Brisbane South PHN. This program ensures continuity of care for people from a refugee and culturally diverse background that are at risk of suicide. The service will work to ensure that the needs of culturally diverse communities are met.

Specifically, this activity includes:

- one on one counselling for those who have made a recent suicide attempt or deemed at risk of suicide
- School outreach for those who have made a recent suicide attempt or deemed at risk of suicide
- School holiday programs
- School group programs.

Brisbane North PHN will continue to contribute a proportion of funding to this project, based on the percentage of clients residing the Brisbane North PHN region.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

This activity is targeted to young refugee people who are not survivors of torture or trauma but are at increased risk of suicide.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Bald Hills - Everton Park	30201
Chermside	30202
Nundah	30203
Sandgate	30204
Kenmore - Brookfield - Moggill	30402
Sherwood - Indooroopilly	30403
The Gap - Enoggera	30404
Brisbane Inner	30501
Brisbane Inner - North	30503
Brisbane Inner - West	30504
Bribie - Beachmere	31301
Caboolture	31302
Caboolture Hinterland	31303
Narangba - Burpengary	31304
Redcliffe	31305
The Hills District	31401
North Lakes	31402



Activity Consultation and Collaboration

Consultation *

Consultation to inform the development of this activity initially occurred throughout the 2017-18 financial year. This consultation involved:

- Suicide Prevention Forums – 102 people attended 2 Forums, including consumers, GP's, psychologists, HHS staff, community and private services providers, youth services, Aboriginal and Torres Strait Islander services and academic and research bodies
- stakeholder meetings – 5 meetings with stakeholders including Redcliffe Hospital Collaborative and HHS Mental Health services and Queensland Police Service.

The feedback from the Forums helped us to identify the need for a trial follow up service model in the Redcliffe region. Subsequent stakeholder meetings informed the key elements required for this model. Additional feedback throughout all of the engagement also identified the need for:

- improved networking amongst existing service providers to improve patient outcomes
- workforce capacity training.

This feedback was incorporated into the development of the service model.

Collaboration *

This activity will be jointly implemented in partnership with Brisbane South PHN, who are the lead agency



Activity Milestone Details/Duration

Activity Start Date *

29 Jun 2019

Activity End Date *

28 Jun 2020

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

Yes

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

Consultation to inform the development of this activity initially occurred throughout the 2017-18 financial year. This consultation involved:

- Suicide Prevention Forums – 102 people attended 2 Forums, including consumers, GP's, psychologists, HHS staff, community and private services providers, youth services, Aboriginal and Torres Strait Islander services and academic and research bodies
- stakeholder meetings – 5 meetings with stakeholders including Redcliffe Hospital Collaborative and HHS Mental Health services and Queensland Police Service.

The feedback from the Forums helped us to identify the need for a trial follow up service model in the Redcliffe region. Subsequent stakeholder meetings informed the key elements required for this model. Additional feedback throughout all of the engagement also identified the need for:

- improved networking amongst existing service providers to improve patient outcomes
- workforce capacity training.

This feedback was incorporated into the development of the service model.



[MH - 2.1 - MH 2.1 - Headspace]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

2.1

Activity Title *

MH 2.1 - Headspace

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description

Aim of Activity *

This activity aims to improve the mental health of young people aged 12 to 25 years of age. Brisbane North PHN will achieve this aim by working with Headspace centres throughout the Brisbane North region to continue to provide early intervention services for young people. These services are delivered under four core streams: mental health, alcohol and other drugs, vocational/educational support and physical health.

This activity addresses the identified needs assessment priority of children and young people's health through the continued provision of mental health services for young people with mild to moderate mental illness.

Description of Activity *

Brisbane North PHN will continue to fund four existing Headspace sites and will fund the establishment and operation of a fifth site in Strathpine. Lead agencies will be contracted to continue to deliver Headspace services. Brisbane North PHN will work closely with each lead agency to monitor performance and ensure appropriate access and service delivery.

In 2016, Brisbane North PHN established a quarterly network meeting for all lead agencies and key centre staff. This mechanism will continue in 2020-21 and will contribute to quality improvement and planning processes.

In 2017, Brisbane North PHN funded the establishment of two outposts in the geographically isolated and high needs areas of Kilcoy and Bribie Island. Brisbane North PHN will continue to fund these services until 30 June 2021.

Needs Assessment Priorities *

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29

**Activity Demographics****Target Population Cohort ***

This activity is targeted to young people aged 12 to 25 years with mild to moderate mental health issues.

In Scope AOD Treatment Type ***Indigenous Specific ***

No

Indigenous Specific Comments ***Coverage *****Whole Region**

No

SA3 Name	SA3 Code
Nundah	30203
Sherwood - Indooroopilly	30403
Caboolture	31302
Redcliffe	31305
Strathpine	31403

**Activity Consultation and Collaboration****Consultation ***

The Headspace service model is a national model. As such, consultation on the development of the model has not occurred.

Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023.

The consultation for Planning for Wellbeing also covered the development of activities included in this Activity Work Plan. This consultation occurred over a two year period between 2016 and 2018.

Further consultation to support the implementation of this activity was undertaken in 2018 as part of the child and youth mental health services review in the Brisbane North PHN region.

Collaboration *

This activity will be implemented by Brisbane North PHN, under the guidance of an Infant, Child and Youth Advisory Group. This group's membership is drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.



Activity Milestone Details/Duration

Activity Start Date *

29 Jun 2019

Activity End Date *

28 Jun 2022

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

No

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

N/A



[MH - 2.2 - MH 2.2 – Services for young people with, or at risk of, a severe mental illness – Moreton Bay North.]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

2.2

Activity Title *

MH 2.2 – Services for young people with, or at risk of, a severe mental illness – Moreton Bay North.

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description

Aim of Activity *

This activity aims to improve access to mental health services for young people aged 12 to 25 years of age who experience, or at risk of, a severe mental illness.

Brisbane North PHNs' needs assessment indicates that the highest need for mental health services among this cohort reside in the Moreton Bay North region.

Brisbane North PHN will achieve this aim by commissioning holistic, evidence-based outreach services for hard to reach young people, their families, carers and support persons. These services will be delivered by a multi-disciplinary team.

Medium term outcomes of this activity involve increased engagement of young people aged 12 to 25 experiencing or at risk of a severe mental illness in clinical mental health services. This activity also aims to better support families in addressing issues associated with poor mental health among the target cohort.

Description of Activity *

Brisbane North PHN will continue to commission a provider to deliver holistic, evidence-based outreach services in the Moreton Bay North region. The service will undertake centre based and outreach activities.

Activities undertaken by the commissioned provider include:

- Case formulation and treatment planning
- Care coordination

- Stepped care clinical and simultaneous psychosocial case management
- Clinical monitoring and simultaneous focus on social inclusion and active participation
- Interagency collaboration and partnerships
- Information and referral for families.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

This activity is targeted to young people aged 12 to 25 years residing in the Moreton Bay North region with, or at risk of developing, a severe mental illness.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

No

SA3 Name	SA3 Code
Bribie - Beachmere	31301
Caboolture	31302
Caboolture Hinterland	31303
Narangba - Burpengary	31304
Redcliffe	31305



Activity Consultation and Collaboration

Consultation *

The following consultation was undertaken to inform the procurement strategy for services for young people with, or at risk of developing, severe mental illness.

- Headspace Centre meetings – meeting with lead agencies and key staff from each headspace centre in the region to workshop ideas for future service provision and local needs
- stakeholder meetings – 25 meetings with stakeholders including Act for Kids, Children’s Health Queensland, Brisbane Youth Services, YourTown, Open Minds, Create Foundation and Mercy Services
- focus Groups – workshops with Caboolture, Nundah and Redcliffe headspace youth reference groups
- Advisory Group meetings – two meetings including workshopping activities with a cross sectoral stakeholder advisory group.

This extensive consultation process informed the procurement strategy for services for young people with, or at risk of developing, severe mental illness and the key service design components as outlines in the description above.

In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network and community mental health services to contribute to the reviews, which focused on the following areas:

- Psychological services
- Infant, child and youth mental health services
- Services for people with severe mental illness.

The outcomes of the review of infant, child and youth mental health services refined the service model outlined in this activity work plan.

Collaboration *

This activity will be implemented by Brisbane North PHN, under the guidance of an Infant, Child and Youth Advisory Group. This group’s membership is drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.



Activity Milestone Details/Duration

Activity Start Date *

29 Jun 2019

Activity End Date *

28 Jun 2022

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

The following consultation was undertaken to inform the procurement strategy for services for young people with, or at risk of developing, severe mental illness.

- Headspace Centre meetings – meeting with lead agencies and key staff from each headspace centre in the region to workshop ideas for future service provision and local needs
- stakeholder meetings – 25 meetings with stakeholders including Act for Kids, Children’s Health Queensland, Brisbane Youth Services, YourTown, Open Minds, Create Foundation and Mercy Services
- focus Groups – workshops with Caboolture, Nundah and Redcliffe headspace youth reference groups
- Advisory Group meetings – two meetings including workshopping activities with a cross sectoral stakeholder advisory group.

This extensive consultation process informed the procurement strategy for services for young people with, or at risk of developing, severe mental illness and the key service design components as outlines in the description above.

In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network and community mental health services to contribute to the reviews, which focused on the following areas:

- Psychological services
- Infant, child and youth mental health services
- Services for people with severe mental illness.

The outcomes of the review of infant, child and youth mental health services refined the service model outlined in this activity work plan.



[MH - 2.3 - MH 2.3 – Services for young people with, or at risk of, a severe mental illness – other regions]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

2.3

Activity Title *

MH 2.3 – Services for young people with, or at risk of, a severe mental illness – other regions

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description

Aim of Activity *

This activity aims to improve access to mental health services for young people aged 12 to 25 years of age who experience, or at risk of, a severe mental illness.

Brisbane North PHN will achieve this aim by commissioning holistic, evidence-based services for young people who require more intensive support than what primary headspace can offer, yet do not meet eligibility for state tertiary services.

Outcomes include the reduction in future burden on mental health services as early interventions help change the young persons' mental health trajectory and engagement with activities such as attending work, school and university.

Description of Activity *

Brisbane North PHN will expand existing headspace centres in the inner, west and north regions to respond to young people with severe mental illness who can be managed at a headspace centre.

The activity will include limited, intensive clinical support and coordinated team based care for each young person that meets both clinical and non-clinical needs

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

This activity is targeted to young people aged 12 to 25 years residing in the Brisbane inner, west and north regions with, or at risk of developing, a severe mental illness.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

No

SA3 Name	SA3 Code
Bald Hills - Everton Park	30201
Chermside	30202
Nundah	30203
Sandgate	30204
Kenmore - Brookfield - Moggill	30402
Sherwood - Indooroopilly	30403
The Gap - Enoggera	30404
Brisbane Inner	30501
Brisbane Inner - North	30503
Brisbane Inner - West	30504



Activity Consultation and Collaboration

Consultation *

In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network and community mental health organisations to contribute to the reviews, which focused on the following areas:

- Psychological services
- Infant, child and youth mental health services

- Services for people with severe mental illness.

The outcomes of the infant, child and youth mental health services review informed the service model outlined in this activity work plan.

Collaboration *

This activity will be implemented by Brisbane North PHN, under the guidance of an Infant, Child and Youth Advisory Group. This group's membership is drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.



Activity Milestone Details/Duration

Activity Start Date *

29 Jun 2019

Activity End Date *

28 Jun 2022

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:

- Psychological services
- Infant, child and youth mental health services
- Services for people with severe mental illness.

The outcomes of the review of infant, child and youth mental health services refined the service model outlined in this activity work plan.



[MH - 3.1 - MH 3.1 – Commission evidence-based psychological therapies for children 0-11 years]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

3.1

Activity Title *

MH 3.1 – Commission evidence-based psychological therapies for children 0-11 years

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups

Other Program Key Priority Area Description

Aim of Activity *

The aim of this activity is to address service gaps by commissioning psychological therapy services for people in underserved and hard to reach populations, where there are barriers in accessing Medicare Benefits Schedule based psychological interventions.

This activity will be achieved by contracting providers to deliver structured, time limited, evidence-based psychological therapies that are embedded into a wider range of services and supports that are funded or provided from other sources. This will increase access to integrated services with 'wrap around' supports.

Longer term outcomes for this activity include improved wellbeing for people from underserved groups experiencing moderate levels of distress who have benefited from accessing evidence-based psychological therapies.

Description of Activity *

Brisbane North PHN will commission providers to deliver short term individual psychological therapy services to underserved populations. Referrals to psychological therapies will originate from general practitioners and comprise part of a GP Mental Health Treatment Plan. There will be limited flexibility for provisional referrals from people who are eligible for the program and are referred through other established pathways.

Specific services will include a maximum of 12 sessions per person of individual psychological therapy. Commissioned providers will be able to deliver therapeutic groups and support people to access evidence based e-mental health. There will also be flexibility to provide a higher number of sessions for people with greater needs.

The service model for this activity has been modified as a result of a review of the delivery of psychological therapies for underserved and hard-to-reach populations. Psychological therapies will be embedded within a wider range of wrap-around services and supports for the individual and their family as needed. Psychological therapies will not be provided in isolation, but rather as part of a wider range of services and supports that are funded or provided from other sources.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

The activity comprises part of the psychological therapies for underserved and hard to reach groups program, which is targeted to underserved and vulnerable populations within the Brisbane North PHN region. This part of the program is targeted to children aged 0-11 years.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Bald Hills - Everton Park	30201
Chermside	30202
Nundah	30203
Sandgate	30204
Kenmore - Brookfield - Moggill	30402
Sherwood - Indooroopilly	30403
The Gap - Enoggera	30404
Brisbane Inner	30501
Brisbane Inner - North	30503
Brisbane Inner - West	30504
Bribie - Beachmere	31301
Caboolture	31302
Caboolture Hinterland	31303
Narangba - Burpengary	31304
Redcliffe	31305

The Hills District	31401
North Lakes	31402
Strathpine	31403



Activity Consultation and Collaboration

Consultation *

Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023. The outcomes of this activity contribute to the success of the regional plan.

In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:

- Psychological services
- Infant, child and youth mental health services
- Services for people with severe mental illness.

As part of the review for infant, child and youth mental health services, Brisbane North PHN consulted with:

- People with a lived experience
- Consumers
- Carers
- Psychology providers
- GPs and practice staff
- Mental health providers
- Metro North Hospital and Health Service
- Academics and policy experts
- Professional bodies.

The outcomes of the review into infant, child and youth mental health services informed the development of the service model outlined in this activity plan.

Collaboration *

This activity will be implemented by Brisbane North PHN, under the guidance of an Infant, Child and Youth Advisory group and Psychological Therapies Advisory group.

Membership of these groups are drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.



Activity Milestone Details/Duration

Activity Start Date *

30 Jun 2018

Activity End Date *

29 Jun 2022

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

Yes

Is this activity the result of a previous co-design process? *

No

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:

- Psychological services
- Infant, child and youth mental health services
- Services for people with severe mental illness.

As part of the review for infant, child and youth mental health services, Brisbane North PHN consulted with:

- People with a lived experience
- Consumers
- Carers
- Psychology providers
- GPs and practice staff
- Mental health providers
- Metro North Hospital and Health Service
- Academics and policy experts
- Professional bodies.

The outcomes of the review into infant, child and youth mental health services informed the development of the service model outlined in this activity plan.



[MH - 3.2 - MH 3.2 – Commission evidence-based psychological therapies for 12-25 years]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

3.2

Activity Title *

MH 3.2 – Commission evidence-based psychological therapies for 12-25 years

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups

Other Program Key Priority Area Description

Aim of Activity *

The aim of this activity is to address service gaps by commissioning psychological therapy services for people in underserved and hard to reach populations, where there are barriers in accessing Medicare Benefits Schedule based psychological interventions.

This activity will be achieved by contracting providers to deliver structured, time limited, evidence-based psychological therapies that are embedded into a wider range of services and supports that are funded or provided from other sources. This will increase access to integrated services with 'wrap around' supports.

Longer term outcomes for this activity include improved wellbeing for people from underserved groups experiencing moderate levels of distress who have benefited from accessing evidence-based psychological therapies.

Description of Activity *

Brisbane North PHN will commission the headspace Caboolture and Redcliffe Centres to deliver short term individual psychological therapy services to young people aged 12 to 25years. Referrals to psychological therapies will originate from general practitioners and comprise part of a GP Mental Health Treatment Plan. There will be limited flexibility for provisional referrals from people who are eligible for the program and are referred through other established pathways.

Specific services will include a maximum of 12 sessions per person of individual psychological therapy. Commissioned providers will be able to deliver therapeutic groups and support people to access evidence based e-mental health. There will also be flexibility to provide a higher number of sessions for people with greater needs.

The service model for this activity was modified in 2019-20 as a result of a review of the delivery of psychological therapies for underserved and hard-to-reach populations. Psychological therapies will be embedded within a wider range of wrap-around services and supports for the individual and their family as needed. Psychological therapies will not be provided in isolation, but rather as part of a wider range of services and supports that are funded or provided from other sources.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

The activity comprises part of the psychological therapies for underserved and hard to reach groups program, which is targeted to underserved and vulnerable populations within the Brisbane North PHN region. This part of the program is targeted to young people aged 12-25 years.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

No

SA3 Name	SA3 Code
Caboolture	31302
Redcliffe	31305



Activity Consultation and Collaboration

Consultation *

Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023. The outcomes of this activity contribute to the success of the regional plan.

In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network and community mental health organisations to contribute to the reviews, which focused on the following areas:

- Psychological services
- Infant, child and youth mental health services
- Services for people with severe mental illness.

As part of the review for infant, child and youth mental health services, Brisbane North PHN consulted with:

- People with a lived experience
- Consumers
- Carers
- Psychology providers
- GPs and practice staff
- Mental health providers
- Metro North Hospital and Health Service
- Academics and policy experts
- Professional bodies.

The outcomes of the review into infant, child and youth mental health services informed the development of the service model outlined in this activity plan.

Collaboration *

This activity will be implemented by Brisbane North PHN, under the guidance of an Infant, Child and Youth Advisory group and Psychological Therapies Advisory group.

Membership of these groups are drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.



Activity Milestone Details/Duration

Activity Start Date *

29 Jun 2018

Activity End Date *

28 Jun 2022

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: Yes

Brisbane North PHN has directly engaged the Headspace centres in the north of the region (Caboolture and Redcliffe) to provide these services. This will enable each Headspace centre to expand the reach of their psychology services.

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network and community mental health organisations to contribute to the reviews, which focused on the following areas:

- Psychological services
- Infant, child and youth mental health services
- Services for people with severe mental illness.

As part of the review for infant, child and youth mental health services, Brisbane North PHN consulted with:

- People with a lived experience
- Consumers
- Carers
- Psychology providers
- GPs and practice staff
- Mental health providers
- Metro North Hospital and Health Service
- Academics and policy experts
- Professional bodies.

The outcomes of the review into infant, child and youth mental health services informed the development of the service model outlined in this activity plan.



[MH - 3.3 - MH 3.3 – Commission evidence-based psychological therapies to vulnerable populations]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

3.3

Activity Title *

MH 3.3 – Commission evidence-based psychological therapies to vulnerable populations

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups

Other Program Key Priority Area Description

Aim of Activity *

The aim of this activity is to address service gaps by commissioning psychological therapy services for people in underserved and hard to reach populations, where there are barriers in accessing Medicare Benefits Schedule based psychological interventions.

This activity will be achieved by contracting providers to deliver structured, time limited, evidence-based psychological therapies that are embedded into a wider range of services and supports that are funded or provided from other sources. This will increase access to integrated services with 'wrap around' supports.

Longer term outcomes for this activity include improved wellbeing for people from underserved groups experiencing moderate levels of distress who have benefited from accessing evidence-based psychological therapies.

Description of Activity *

Brisbane North PHN will commission providers to deliver short term individual psychological therapy services to underserved populations. Referrals to psychological therapies will originate from general practitioners and comprise part of a GP Mental Health Treatment Plan. There will be limited flexibility for provisional referrals from people who are eligible for the program and are referred through other established pathways.

Specific services will include a maximum of 12 sessions per person of individual psychological therapy. Commissioned providers will be able to deliver therapeutic groups and support people to access evidence based e-mental health. There will also be flexibility to provide a higher number of sessions for people with greater needs.

The service model for this activity has been modified as a result of a review of the delivery of psychological therapies for underserved and hard-to-reach populations. Psychological therapies will be embedded within a wider range of wrap-around services and supports for the individual and their family as needed. Psychological therapies will not be provided in isolation, but rather as part of a wider range of services and supports that are funded or provided from other sources

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

The activity comprises part of the psychological therapies for underserved and hard to reach groups program, which is targeted to underserved and vulnerable populations within the Brisbane North PHN region. The program will specifically target a range of vulnerable populations including:

- Culturally and linguistically diverse people
- People at risk of suicide
- People who have experienced trauma and abuse
- People who identify as LGBTIQ+
- People who live in geographically isolated regions of the PHN

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
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Activity Consultation and Collaboration

Consultation *

Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023. This outcomes of this activity contribute to the success of the regional plan.

In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:

- Psychological services
- Infant, child and youth mental health services
- Services for people with severe mental illness.

As part of the review for psychological services, Brisbane North PHN consulted with:

- People with a lived experience
- Consumers
- Carers
- Psychology providers
- GPs and practice staff
- Mental health providers
- Metro North Hospital and Health Service
- Academics and policy experts
- Professional bodies.

The outcomes of the review into psychological services informed the development of the service model outlined in this activity plan.

Collaboration *

This activity will be implemented by Brisbane North PHN, under the guidance of the Psychological Therapies Advisory group and Strategic Coordination group.

Membership of these groups are drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.



Activity Milestone Details/Duration

Activity Start Date *

29 Jun 2018

Activity End Date *

28 Jun 2022

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:

- Psychological services
- Infant, child and youth mental health services
- Services for people with severe mental illness.

As part of the review for psychological services, Brisbane North PHN consulted with:

- People with a lived experience
- Consumers
- Carers
- Psychology providers
- GPs and practice staff
- Mental health providers

- Metro North Hospital and Health Service
- Academics and policy experts
- Professional bodies.

The outcomes of the review into psychological services informed the development of the service model outlined in this activity plan.



[MH - 3.4 - MH 3.4 – Commission evidence-based psychological therapies to people with severe mental illness]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

3.4

Activity Title *

MH 3.4 – Commission evidence-based psychological therapies to people with severe mental illness

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-served and / or hard to reach groups

Other Program Key Priority Area Description**Aim of Activity ***

The aim of this activity is to address service gaps by commissioning psychological therapy services for people in underserved and hard to reach populations, where there are barriers in accessing Medicare Benefits Schedule based psychological interventions.

This activity will be achieved by contracting providers to deliver structured, time limited, evidence-based psychological therapies that are embedded into a wider range of services and supports that are funded or provided from other sources. This will increase access to integrated services with 'wrap around' supports.

Longer term outcomes for this activity include improved wellbeing for people from underserved groups experiencing moderate levels of distress who have benefited from accessing evidence-based psychological therapies.

Description of Activity *

Brisbane North PHN will commission providers to deliver short term individual psychological therapy services to underserved populations. Referrals to psychological therapies will originate from general practitioners and comprise part of a GP Mental Health Treatment Plan. There will be limited flexibility for provisional referrals from people who are eligible for the program and are referred through other established pathways.

Specific services will include therapeutic group work and limited individual sessions for assessment and review.

The service model for this activity has been modified as a result of a review of the delivery of psychological therapies for underserved and hard-to-reach populations. Previously, Brisbane North PHN commissioned individual providers to deliver psychological therapies. Brisbane North PHN will continue to commission providers to deliver this activity, however providers must be embedded within service 'hubs'.

The service hubs will consist of single organisations that are able to provide access to existing infrastructure and a wider range of services, or single providers that are co-located with other services providers that can provide a range of supports.

Psychological therapies services will be integrated with a wider range of separately funded wrap around services as required. This may involve a single organisation providing multiple services, colocation of services in a single location or a network of services providing in-reach and outreach services. This will ensure that providers will work together to provide appropriate wrap around care to patients.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

The activity comprises part of the psychological therapies for underserved and hard to reach groups program, which is targeted to underserved and vulnerable populations within the Brisbane North PHN region. This part of the program is targeted to people with severe mental illness.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Bald Hills - Everton Park	30201
Chermside	30202
Nundah	30203
Sandgate	30204
Kenmore - Brookfield - Moggill	30402
Sherwood - Indooroopilly	30403
The Gap - Enoggera	30404
Brisbane Inner	30501
Brisbane Inner - North	30503

Brisbane Inner - West	30504
Bribie - Beachmere	31301
Caboolture	31302
Caboolture Hinterland	31303
Narangba - Burpengary	31304
Redcliffe	31305
The Hills District	31401
North Lakes	31402
Strathpine	31403



Activity Consultation and Collaboration

Consultation *

Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023. The outcomes of this activity contribute to the success of the regional plan.

In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:

- Psychological services
- Infant, child and youth mental health services
- Services for people with severe mental illness.

As part of the review for psychological services and services for people with severe mental illness, Brisbane North PHN consulted with:

- People with a lived experience
- Consumers
- Carers
- Psychology providers
- GPs and practice staff
- Mental health providers
- Metro North Hospital and Health Service
- Academics and policy experts
- Professional bodies.

The outcomes of the review into psychological services and services for people with severe mental illness informed the development of the service model outlined in this activity plan.

Collaboration *

This activity will be implemented by Brisbane North PHN, under the guidance of the Psychological Therapies Advisory group and the Collaboration in Mind partnership group.

Membership of these groups are drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families



Activity Milestone Details/Duration

Activity Start Date *

29 Jun 2018

Activity End Date *

28 Jun 2022

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

Yes

Is this activity the result of a previous co-design process? *

No

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:

- Psychological services
- Infant, child and youth mental health services
- Services for people with severe mental illness.

As part of the review for psychological services and services for people with severe mental illness, Brisbane North PHN consulted with:

- People with a lived experience
- Consumers
- Carers
- Psychology providers
- GPs and practice staff
- Mental health providers
- Metro North Hospital and Health Service
- Academics and policy experts
- Professional bodies.

The outcomes of the review into psychological services and services for people with severe mental illness informed the development of the service model outlined in this activity plan.



[MH - 3.5 - MH 3.5 – Psychological treatment services for people living in residential aged care]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

3.5

Activity Title *

MH 3.5 – Psychological treatment services for people living in residential aged care

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups

Other Program Key Priority Area Description

Aim of Activity *

Mental health services are not routinely available to older people living in aged care and are not within scope of the personal care or accommodation services that aged care facilities provide. There is evidence that residents of aged care have high rates of common mental illness, with an estimated 39 per cent of all permanent aged care residents living with mild to moderate depression.

The aim of this activity is to enable residents of aged care facilities with mental illness to access mental health services similar to those available in the community through improved access to psychologists, psychiatrists and general practitioners through the MBS Better Access initiative.

Brisbane North PHN will continue to commission a provider to deliver the Psychology in Aged Care (PAC) Well-being Program that provides low and moderate psychological services. These services will be similar to those available in the community under the MBS Better Access initiative. The model is designed to support early, low and severe episodic needs, where there is an identified service gap. This activity addresses the needs assessment priority of access to psychological therapies for underserved and hard to reach population groups.

Description of Activity *

This activity consists of three main components, including:

- Low intensity psychological supports
- Psychological therapy services
- Psychoeducation workshops.

The psychological supports will consist of five weekly sessions of 60 minutes duration every six weeks, or as needed by the aged care facility. These sessions will provide support to all new residents who are transitioning into aged care and adjusting to a new community living environment. Adjustment assessments will also take place during the low intensity sessions, and people who have been identified as having mild to moderate mental health needs will be stepped up into psychological therapy services.

The psychological therapy service will consist of five sessions of evidence based psychological therapies per episode of care. The sessions will be delivered to aged care residents who have been identified as having mild to moderate mental health needs. Residents who have accessed a severe/complex State service will have access to psychological therapies post acute phase to support maintenance of well-being. A range of external specialist consultants (i.e. gerontologist) will provide case consultancy as required and monthly professional development sessions to the workforce.

The psychoeducation workshops will be available as required to aged care facility staff to support learning and development in topics that are relevant to the mental health needs of aged care residents. Family members and carers will also be able to attend the workshops, where it has been identified that the aged care resident's condition is directly impacted by family and carer relationships.

The activity is embedded within the stepped care continuum of primary mental health care. Aged care residents are assessed to ensure that their mental health needs are being met, or whether they would benefit from more intensive or less intensive care, depending on the circumstance. Referrals into the activity can originate from a range of sources, with service providers triaging accordingly to ensure continuity of care.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

This activity is targeted to people living in residential aged care facilities with or at risk of a diagnosed mental illness.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Bald Hills - Everton Park	30201

Chermside	30202
Nundah	30203
Sandgate	30204
Kenmore - Brookfield - Moggill	30402
Sherwood - Indooroopilly	30403
The Gap - Enoggera	30404
Brisbane Inner	30501
Brisbane Inner - North	30503
Brisbane Inner - West	30504
Bribie - Beachmere	31301
Caboolture	31302
Caboolture Hinterland	31303
Narangba - Burpengary	31304
Redcliffe	31305
The Hills District	31401
North Lakes	31402
Strathpine	31403



Activity Consultation and Collaboration

Consultation *

Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023. This outcomes of this activity contribute to the success of the regional plan.

In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:

- Psychological services
- Infant, child and youth mental health services
- Services for people with severe mental illness.

As part of the review for psychological services, Brisbane North PHN consulted with:

- People with a lived experience
- Consumers
- Carers
- Psychology providers
- GPs and practice staff
- Mental health providers
- Metro North Hospital and Health Service
- Academics and policy experts
- Professional bodies.

The outcomes of the review into psychological services informed the development of the service model outlined in this activity plan.

Collaboration *

This activity will be implemented by Brisbane North PHN, under the guidance of the Psychological Therapies Advisory group.

Membership of this group is drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.



Activity Milestone Details/Duration

Activity Start Date *

29 Jun 2019

Activity End Date *

28 Jun 2021

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:

- Psychological services
- Infant, child and youth mental health services
- Services for people with severe mental illness.

As part of the review for psychological services, Brisbane North PHN consulted with:

- People with a lived experience
- Consumers
- Carers
- Psychology providers
- GPs and practice staff
- Mental health providers
- Metro North Hospital and Health Service
- Academics and policy experts
- Professional bodies.

The outcomes of the review into psychological services informed the development of the service model outlined in this activity plan.



[MH - 3.6 - MH 3.6 – Initial Assessment, Referral and Intake]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

3.6

Activity Title *

MH 3.6 – Initial Assessment, Referral and Intake

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups

Other Program Key Priority Area Description

Aim of Activity *

The aim of this activity is to address service gaps by providing intake and assessment services to ensure appropriate referral to psychological therapy services for people in underserved and hard to reach populations, where there are barriers in accessing Medicare Benefits Schedule based psychological interventions.

Longer term outcomes for this activity include improved wellbeing for people from underserved groups experiencing moderate levels of distress who have benefited from accessing evidence-based psychological therapies.

Description of Activity *

The Service Navigation team based at Brisbane North PHN will continue to assist potential clients and referrers to make referrals to psychological services, process referrals and check accuracy of referrals as an administrative intake function.

This activity will be achieved by providing intake and assessment services and on referring to contracted providers to deliver structured, time limited, evidence-based psychological therapies that are embedded into a wider range of services and supports that are funded or provided from other sources. This will increase access to integrated services with 'wrap around' supports.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

The activity comprises part of the psychological therapies for underserved and hard to reach groups program, which is targeted to underserved and vulnerable populations within the Brisbane North PHN region. This part of the program is the initial assessment, referral and intake function.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Bald Hills - Everton Park	30201
Chermside	30202
Nundah	30203
Sandgate	30204
Kenmore - Brookfield - Moggill	30402
Sherwood - Indooroopilly	30403
The Gap - Enoggera	30404
Brisbane Inner	30501
Brisbane Inner - North	30503
Brisbane Inner - West	30504
Bribie - Beachmere	31301
Caboolture	31302
Caboolture Hinterland	31303
Narangba - Burpengary	31304
Redcliffe	31305
The Hills District	31401
North Lakes	31402
Strathpine	31403



Activity Consultation and Collaboration

Consultation *

Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023. This outcomes of this activity contribute to the success of the regional plan.

In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:

- Psychological services
- Infant, child and youth mental health services
- Services for people with severe mental illness.

As part of the review for psychological services, Brisbane North PHN consulted with:

- People with a lived experience
- Consumers
- Carers
- Psychology providers
- GPs and practice staff
- Mental health providers
- Metro North Hospital and Health Service
- Academics and policy experts
- Professional bodies.

The outcomes of the review into psychological services informed the development of the service model outlined in this activity plan.

Collaboration *

This activity will be implemented by Brisbane North PHN, under the guidance of the Psychological Therapies Advisory group.

Membership of this group is drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.



Activity Milestone Details/Duration

Activity Start Date *

29 Jun 2018

Activity End Date *

28 Jun 2022

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: No

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : Yes

Brisbane North PHN houses the initial assessment, referral and intake function for psychological therapies within our MyMental Health Service Navigation functions. We have found from years of delivery ATAPS and now psychological therapies, that providers and referrer prefer us as a neutral player, to play this role.

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:

- Psychological services
- Infant, child and youth mental health services
- Services for people with severe mental illness.

As part of the review for psychological services, Brisbane North PHN consulted with:

- People with a lived experience
- Consumers
- Carers

- Psychology providers
- GPs and practice staff
- Mental health providers
- Metro North Hospital and Health Service
- Academics and policy experts
- Professional bodies.

The outcomes of the review into psychological services informed the development of the service model outlined in this activity plan.



[MH - 4.1 - MH 4.1 – Commission Innovative primary mental health care services for people with severe mental ill]

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Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

4.1

Activity Title *

MH 4.1 – Commission Innovative primary mental health care services for people with severe mental ill

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 4: Mental health services for people with severe and complex mental illness including care packages

Other Program Key Priority Area Description

Aim of Activity *

The aim of this activity is to deliver innovative primary mental health care services to people who are being managed in primary care. Brisbane North PHN will achieve this aim through the provision of best practice clinical care coordination for people with severe and complex mental illness who are being managed in primary care, through the use of mental health nurses. These supports will be located within service hubs, which include a range of clinical and non-clinical supports.

The provision of clinical mental health supports within broader service hubs for people with severe mental illness addresses the needs assessment priorities associated with improving access to mental health services. This activity is a part of the overall stepped care approach to mental health, where people's needs are understood and they connect to the right service for them.

Description of Activity *

Brisbane North PHN will continue to commission clinical mental health nurse services to support the needs of people with severe and complex mental illness who are best managed in primary health care.

The mental health nurse services will be located within service 'hubs', and complement separately funded clinical and non-clinical mental health services for people living with severe mental illness. The service hubs will leverage off and strengthen existing infrastructure by providing access to a wider range of services and supports in a single location. By negotiation, other

services will provide in-reach into each of the service hubs. This will expand the service offerings available and facilitate connections to other services as appropriate.

This activity will fund the care coordination and mental health nurse components present in the service hubs. This includes the following services:

- Agreed clinical care within the scope of practice of the mental health nurse, in accordance with the agreed treatment plan
- Monitoring a client's mental state
- Liaising with carers and families as appropriate
- Administering and monitoring medication compliance
- Providing information on and assisting in addressing physical health needs where appropriate.

Continuity of care will be assured for this activity by the use of a single multiagency care plan for people with severe and complex mental illness. Consumers currently accessing mental health nursing services will be transitioned accordingly to the services hubs, ensuring that the level and quality of care delivered remains high throughout the transition period.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

This activity is broadly targeted to people who are experiencing a severe mental illness.

The mental health nursing components of this activity contain an eligibility criteria which must be met:

- a diagnosed mental disorder (according to criteria defined in the Diagnostic and Statistical Manual of Mental Health Disorders – Fifth Edition or the World Health Organisation Diagnostic and Management Guidelines for Mental Health Disorders in Primary Care: ICD-10 Chapter V Primary Care Version) which is severe and either episodic or persistent in nature
- the mental disorder significantly impacts at least two areas of the persons social, personal and/or occupational functioning
- the person has, or is at risk of developing, a physical health problem
- the mental disorder has resulted in hospital treatment in the previous 2 years or there is a risk of hospitalisation within the next 12 months if clinical care by a mental health nurse is not provided
- the patient is expected to need ongoing treatment and management of their mental disorder over the next two years
- a primary care based GP or psychiatrist is the main person responsible for the patients clinical mental health care
- they are not currently receiving clinical care coordination from another service
- they are over 18 years of age (services for young people with severe mental illness are being procured through a separate process)
- the patient provides consent to treatment from a mental health nurse.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Bald Hills - Everton Park	30201
Chermside	30202
Nundah	30203
Sandgate	30204
Kenmore - Brookfield - Moggill	30402
Sherwood - Indooroopilly	30403
The Gap - Enoggera	30404
Brisbane Inner	30501
Brisbane Inner - North	30503
Brisbane Inner - West	30504
Bribie - Beachmere	31301
Caboolture	31302
Caboolture Hinterland	31303
Narangba - Burpengary	31304
Redcliffe	31305
The Hills District	31401
North Lakes	31402
Strathpine	31403



Activity Consultation and Collaboration

Consultation *

Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023. This outcomes of this activity contribute to the success of the regional plan.

In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:

- Psychological services
- Infant, child and youth mental health services
- Services for people with severe mental illness.

As part of the review for services for people with severe mental illness, Brisbane North PHN contracted an engagement consultant to hold a number of sessions. These sessions focused on reviewing the current landscape and workshopping potential solutions to identified problems. Representation at these workshops consisted of:

- People with a lived experience
- Consumers
- Carers
- Psychology providers
- GPs and practice staff

- Mental health providers
- Metro North Hospital and Health Service
- Academics and policy experts
- Professional bodies.

The outcomes of the review into services for people with people with severe mental illness informed the development of the service model outlined in this activity plan.

Collaboration *

This activity will be implemented by Brisbane North PHN, under the guidance of the Collaboration in Mind partnership group.

Membership of this group is drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, peak bodies, consumers and families.



Activity Milestone Details/Duration

Activity Start Date *

29 Jun 2018

Activity End Date *

28 Jun 2022

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:

- Psychological services
- Infant, child and youth mental health services
- Services for people with severe mental illness.

As part of the review for services for people with severe mental illness, Brisbane North PHN contracted an engagement consultant to hold a number of sessions. These sessions focused on reviewing the current landscape and workshopping potential solutions to identified problems. Representation at these workshops consisted of:

- People with a lived experience
- Consumers
- Carers
- Psychology providers
- GPs and practice staff
- Mental health providers
- Metro North Hospital and Health Service
- Academics and policy experts
- Professional bodies.

The outcomes of the review into services for people with people with severe mental illness informed the development of the service model outlined in this activity plan.



[MH - 5.1 - MH 5.1 – The Way Back Support Service]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

5.1

Activity Title *

MH 5.1 – The Way Back Support Service

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Other Program Key Priority Area Description

Aim of Activity *

The overall aim of The Way Back Support Service is to reduce the risk of suicide (re)attempts following a previous suicide attempt or suicidal crisis.

A previous suicide attempt is a strong predictor of future suicide related behaviour with the period after discharge from hospital a time of increased risk. The transition from hospital to community care is a crucial but often neglected step for people at risk of suicide. Providing access to high quality follow up and support, including connection with support services and networks has been found to reduce the risk of future suicidal behaviour.

Description of Activity *

The Way Back is a non-clinical support service focused on providing practical psychosocial support to people experiencing a suicidal crisis or who have attempted suicide. Psychosocial assertive outreach support is provided to eligible clients for up to three months.

This activity is targeted to people who present to Redcliffe or Caboolture Hospitals following a suicide attempt or in suicidal crisis.

Upon entry into the service, comprehensive safety planning is completed in conjunction with the client. In addition, the Support Coordinator and client develops a support plan which outlines the client's needs, their goals in participating in The Way Back and proposed actions and interventions to meet needs and goals.

In response to local need, the Redcliffe and Caboolture site delivers a modified version of The Way Back with two key additional components – clients must receive contact from The Way Back within 24 hours of referral (including weekends)

and psychological counseling is also available short term for clients who are unable to access counseling through alternative community services.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

This activity is targeted to people who present to Redcliffe or Caboolture Hospitals following a suicide attempt or in suicidal crisis.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

No

SA3 Name	SA3 Code
Caboolture	31302
Redcliffe	31305



Activity Consultation and Collaboration

Consultation *

Consultation to inform the development of this activity initially occurred throughout the 2017-18 financial year. This consultation involved:

- Suicide Prevention Forums – 102 people attended 2 Forums, including consumers, GP's, psychologists, HHS staff, community and private services providers, youth services, Aboriginal and Torres Strait Islander services and academic and research bodies
- stakeholder meetings – 5 meetings with stakeholders including Redcliffe Hospital Collaborative and HHS Mental Health services and Queensland Police Service.

The feedback from the Forums helped us to identify the need for a trial follow up service model in the Redcliffe region. Subsequent stakeholder meetings informed the key elements required for this model. Additional feedback throughout all of the engagement also identified the need for:

- improved networking amongst existing service providers to improve patient outcomes
- workforce capacity training.

This feedback was incorporated into the development of the service model.

Collaboration *

This activity will be implemented by Brisbane North PHN, under the guidance of the Suicide Prevention Strategic Partnership Group.

Membership of this group is drawn from the Metro North Hospital and Health Service, community based agencies, Queensland Government agencies, consumers and carers



Activity Milestone Details/Duration

Activity Start Date *

29 Jun 2019

Activity End Date *

28 Jun 2022

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: Yes

The Way Back Support Service has been operated by the commissioned provider, in the Redcliffe region, since 2016/17 and is expanding to cover the Caboolture region. To facilitate patient access and ensure equitable and ongoing service delivery, direct engagement to existing service provider was enacted.

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

Yes

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

Co-commissioning: This activity is jointly commissioned with the Queensland State Government through a bilateral agreement with the Australian Government. The activity is also supported by CHHP funding.

Consultation to inform the development of this activity initially occurred throughout the 2017-18 financial year. This consultation involved:

- Suicide Prevention Forums – 102 people attended 2 Forums, including consumers, GP's, psychologists, HHS staff, community and private services providers, youth services, Aboriginal and Torres Strait Islander services and academic and research bodies
- stakeholder meetings – 5 meetings with stakeholders including Redcliffe Hospital Collaborative and HHS Mental Health services and Queensland Police Service.

The feedback from the Forums helped us to identify the need for a trial follow up service model in the Redcliffe region. Subsequent stakeholder meetings informed the key elements required for this model. Additional feedback throughout all of the engagement also identified the need for:

- improved networking amongst existing service providers to improve patient outcomes
- workforce capacity training.

This feedback was incorporated into the development of the service model.



[MH - 5.2 - MH 5.2 - Codesign and commission appropriate suicide prevention services]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

5.2

Activity Title *

MH 5.2 - Codesign and commission appropriate suicide prevention services

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Other Program Key Priority Area Description

Aim of Activity *

The overall aim of this activity is to work collaboratively with stakeholders to codesign and commission appropriate suicide prevention services targeted to local needs and service gaps.

This activity will build on the work undertaken to identify and understand regional suicide prevention needs through the Regional Planning process to ascertain current service needs and develop an appropriate service model for commissioning and implementation.

Description of Activity *

The PHN will engage and consult with stakeholders to codesign suicide prevention service needs and models to ensure that suicide prevention services are targeted to meet the needs of vulnerable and at risk populations in the community.

Once the codesign process has identified and refined the proposed service needs and models the PHN will seek to commission the services proposed.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

This activity is targeted to people who are at risk of suicide.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
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Activity Consultation and Collaboration

Consultation *

Consultation to inform the development of this activity initially occurred throughout the 2017-18 financial year. This consultation involved:

- Suicide Prevention Forums – 102 people attended 2 Forums, including consumers, GP's, psychologists, HHS staff, community and private services providers, youth services, Aboriginal and Torres Strait Islander services and academic and research bodies
- stakeholder meetings – 5 meetings with stakeholders including Redcliffe Hospital Collaborative and HHS Mental Health services and Queensland Police Service.

The feedback from the Forums helped us to identify the need for a trial follow up service model in the Redcliffe region. Subsequent stakeholder meetings informed the key elements required for this model. Additional feedback throughout all of the engagement also identified the need for:

- improved networking amongst existing service providers to improve patient outcomes
- workforce capacity training.

This previous consultation will be used as the basis of the next stage of codesign and consultation to better understand postvention needs and service gaps.

Collaboration *

This activity will be implemented by Brisbane North PHN, under the guidance of the Suicide Prevention Strategic Partnership Group.

Membership of this group is drawn from the Metro North Hospital and Health Service, community based agencies, Queensland Government agencies, consumers and carers



Activity Milestone Details/Duration

Activity Start Date *

30 Jun 2020

Activity End Date *

29 Jun 2022

Service Delivery Start Date

January 2021

Service Delivery End Date

June 2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: Yes

Continuing service provider / contract extension: No

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

Yes

Is this activity the result of a previous co-design process? *

No

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

Consultation to inform the development of this activity initially occurred throughout the 2017-18 financial year. This consultation involved:

- Suicide Prevention Forums – 102 people attended 2 Forums, including consumers, GP's, psychologists, HHS staff, community and private services providers, youth services, Aboriginal and Torres Strait Islander services and academic and research bodies
- stakeholder meetings – 5 meetings with stakeholders including Redcliffe Hospital Collaborative and HHS Mental Health services and Queensland Police Service.

The feedback from the Forums helped us to identify the need for a trial follow up service model in the Redcliffe region. Subsequent stakeholder meetings informed the key elements required for this model. Additional feedback throughout all of the engagement also identified the need for:

- improved networking amongst existing service providers to improve patient outcomes
- workforce capacity training.

This previous consultation will be used as the basis of the next stage of codesign and consultation to better understand postvention needs and service gaps.



[MH - 5.3 - MH 5.3 – Commission suicide prevention services for Aboriginal and Torres Strait Islander people]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

5.3

Activity Title *

MH 5.3 – Commission suicide prevention services for Aboriginal and Torres Strait Islander people

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Other Program Key Priority Area Description

Aim of Activity *

The aim of this activity is to encourage and promote a systems based regional approach to suicide prevention. This approach includes community based activities and liaison with the Metro North Hospital and Health Service and other providers.

These providers will work together to ensure appropriate follow-up and support arrangements are in place, at the regional level, for individuals after a suicide attempt. This approach is also designed to support other people at high risk of suicide and includes Aboriginal and Torres Strait Islander people.

Brisbane North PHN will achieve this aim by commissioning a suicide prevention service that is specifically targeted to Aboriginal and Torres Strait Islander people.

Description of Activity *

This activity will continue to commission a service to provide youth and outreach services in the Moreton Bay North region, specific to Aboriginal and Torres Strait Islander people. This activity will deliver culturally responsive suicide prevention services to Indigenous people, and promote and sustain social and emotional wellbeing.

The service will continue to be part of a broader, holistic, integrated mental health and alcohol and drug service for Indigenous people. Brisbane North PHN will continue to commission the Institute for Urban Indigenous Health to deliver this activity.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Culturally responsive services for Aboriginal and Torres Strait Islander people	28
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

This activity is targeted to young Aboriginal and Torres Strait Islander people.

In Scope AOD Treatment Type *

Indigenous Specific *

Yes

Indigenous Specific Comments *

Brisbane North PHN engages with the Indigenous sector via the Institute for Urban Indigenous Health in the ongoing development and implementation of this activity. Brisbane North PHN will also continue to engage with the Indigenous sector through the Aboriginal and Torres Strait Islander Engagement Steering Group and Brisbane North Elders Network.

Coverage *

Whole Region

No

SA3 Name	SA3 Code
Bribie - Beachmere	31301
Caboolture	31302
Caboolture Hinterland	31303
Narangba - Burpengary	31304



Activity Consultation and Collaboration

Consultation *

Consultation to inform the development of this activity initially occurred throughout the 2017-18 financial year. This consultation involved:

- Suicide Prevention Forums – 102 people attended 2 Forums, including consumers, GP's, psychologists, HHS staff, community and private services providers, youth services, Aboriginal and Torres Strait Islander services and academic and research bodies

- stakeholder meetings – 5 meetings with stakeholders including Redcliffe Hospital Collaborative and HHS Mental Health services and Queensland Police Service.

The feedback from the Forums helped us to identify the need for a trial follow up service model in the Redcliffe region. Subsequent stakeholder meetings informed the key elements required for this model. Additional feedback throughout all of the engagement also identified the need for:

- improved networking amongst existing service providers to improve patient outcomes
- workforce capacity training.

This feedback was incorporated into the development of the service model.

Collaboration *

This activity will be implemented by Brisbane North PHN, under the guidance of the Suicide Prevention Strategic Partnership Group and Aboriginal and Torres Strait Islander Engagement Steering Group.

Membership of these groups are drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.



Activity Milestone Details/Duration

Activity Start Date *

29 Jun 2019

Activity End Date *

28 Jun 2022

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

Consultation to inform the development of this activity initially occurred throughout the 2017-18 financial year. This consultation involved:

- Suicide Prevention Forums – 102 people attended 2 Forums, including consumers, GP's, psychologists, HHS staff, community and private services providers, youth services, Aboriginal and Torres Strait Islander services and academic and research bodies
- stakeholder meetings – 5 meetings with stakeholders including Redcliffe Hospital Collaborative and HHS Mental Health services and Queensland Police Service.

The feedback from the Forums helped us to identify the need for a trial follow up service model in the Redcliffe region. Subsequent stakeholder meetings informed the key elements required for this model. Additional feedback throughout all of the engagement also identified the need for:

- improved networking amongst existing service providers to improve patient outcomes
- workforce capacity training.

This feedback was incorporated into the development of the service model.



[MH - 6.1 - MH 6.1 – Commission mental health services for Aboriginal and Torres Strait Islander people.]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

6.1

Activity Title *

MH 6.1 – Commission mental health services for Aboriginal and Torres Strait Islander people.

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 6: Aboriginal and Torres Strait Islander mental health services

Other Program Key Priority Area Description

Aim of Activity *

The needs of Aboriginal and Torres Strait Islander people were documented as priorities in the Mental Health Needs Assessment and the Methamphetamine, Alcohol and Other Drugs Needs Assessment. The opportunities and priorities were documented in the Aboriginal and Torres Strait Islander priority area of our broader Health Needs Assessment.

The aim of this activity is to enhance access to and better integrate Aboriginal and Torres Strait Islander mental health services at a local level, facilitating a joined up approach with other closely connected services. These services include social and emotional wellbeing, suicide prevention and alcohol and other drug services.

Description of Activity *

Brisbane North PHN will continue to commission a service provider to provide a range of services through:

- a Senior Social Health Professional to carry out intake assessments
- a Child Psychologist to deliver services and respond to the demand for children-centred services
- a Psychologist to extend and deliver services
- a Social Health Care Coordinator to work closely with other Care Coordinator type roles (i.e. ITC,) to support clients with complex chronic and mental health conditions
- a Mental Health Nurse (Registered Nurse) to deliver services.

These services form part of an integrated social and emotional health and wellbeing approach, together with suicide prevention and alcohol and other drug treatment services.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Culturally responsive services for Aboriginal and Torres Strait Islander people	28
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

This activity is targeted to Aboriginal and Torres Strait Islander people.

In Scope AOD Treatment Type *

Indigenous Specific *

Yes

Indigenous Specific Comments *

Brisbane North PHN engages with the Indigenous sector via the Institute for Urban Indigenous Health in the ongoing development and implementation of this activity. Brisbane North PHN will also continue to engage with the Indigenous sector through the Aboriginal and Torres Strait Islander Engagement Steering Group.

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Bald Hills - Everton Park	30201
Chermside	30202
Nundah	30203
Sandgate	30204
Kenmore - Brookfield - Moggill	30402
Sherwood - Indooroopilly	30403
The Gap - Enoggera	30404
Brisbane Inner	30501
Brisbane Inner - North	30503
Brisbane Inner - West	30504
Bribie - Beachmere	31301
Caboolture	31302
Caboolture Hinterland	31303
Narangba - Burpengary	31304
Redcliffe	31305
The Hills District	31401
North Lakes	31402
Strathpine	31403



Activity Consultation and Collaboration

Consultation *

Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023. This outcomes of this activity contribute to the success of the regional plan.

In 2017, the PHN worked with the Institute for Urban Indigenous Health to identify needs and service gaps in Aboriginal and Torres Strait Islander mental health services.

Following this, the PHN entered into a direct tender negotiation with the Institute for Urban Indigenous Health for the delivery of integrated mental health, suicide prevention and alcohol and drug treatment services. A plan of activity and a contract has been agreed. The Institute for Urban Indigenous Health (IUIH) will subcontract some of the service delivery to Brisbane Aboriginal and Torres Strait Islander Community Health Service.

Brisbane North PHN will continue to engage the wider Aboriginal and Torres Strait Islander via IUIH as part of the implementation of the regional plan.

Collaboration *

This activity will be implemented by Brisbane North PHN, under the guidance of the Aboriginal and Torres Strait Islander Engagement Steering Group.

Membership of this group is drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families



Activity Milestone Details/Duration

Activity Start Date *

29 Jun 2019

Activity End Date *

28 Jun 2022

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

In 2017, the PHN worked with the Institute for Urban Indigenous Health to identify needs and service gaps in Aboriginal and Torres Strait Islander mental health services. Following this, the PHN entered into a direct tender negotiation with the Institute for Urban Indigenous Health for the delivery of integrated mental health, suicide prevention and alcohol and drug treatment services. A plan of activity and a contract has been agreed. The Institute for Urban Indigenous Health (IUIH) will subcontract some of the service delivery to Brisbane Aboriginal and Torres Strait Islander Community Health Service. Brisbane North PHN will continue to engage the wider Aboriginal and Torres Strait Islander via IUIH as part of the implementation of the regional plan.



[MH - 7.1 - MH 7.1 – Promote a stepped care approach to mental health service provision.]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

7.1

Activity Title *

MH 7.1 – Promote a stepped care approach to mental health service provision.

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 7: Stepped care approach

Other Program Key Priority Area Description

Aim of Activity *

The aim of this activity is to develop a continuum of primary mental health services within a person-centred stepped care approach so that a range of service types, making the best use of available workforce and technology, are available within local regions to better match with individual and local population need.

To meet this aim, Brisbane North PHN will continue to commission primary mental health care services across the continuum of needs, from low intensity psychological services, to psychological services for hard-to-reach groups, to services for people with severe mental illness, to follow-up services for people after a suicide attempt. Contracts with service providers will require them to work within a stepped care approach and to refer on consumers whose needs change.

Description of Activity *

Brisbane North PHN will continue to develop educational resources to promote an understanding and use of a stepped care approach to mental health services. Communications from Brisbane North PHN and funded providers will reference the stepped care approach. Stepped care will be an overall theme in the implementation of Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023.

Working with other PHNs, Brisbane North PHN has developed an IT solution, rediCASE, which includes the collection of the Primary Mental Health Care Minimum Dataset (PMHC-MDS) from providers. This system is a comprehensive IT and case management solution that incorporates screening/triage, referral, assessment and billing. Should a national approach emerge, this local approach will cease. MDS data is either entered directly into the web-based system provided, or returned

to the PHN on a bi-monthly basis (as per providers contracts) and reviewed. Data visualisation software is currently under development to help “make sense” of the data.

The Queensland Department of Health and the Metro North Hospital and Health Service are working on a number of projects to develop and implement systems to support sharing of consumer clinical information between service providers and consumers. This includes GP access to ‘The Viewer’ (read only access to hospital records) and a trial of shared-care clinical records. Brisbane North PHN is an active partner in these developments. We will also review ‘My Health Record’ developments and incorporate into local systems as appropriate.

The PHN will continue to work with providers to explore approaches to consumer feedback, including complaints). At present, feedback and complaints about services are made to the service provider in the first instance and can be escalated to the PHN as funded if necessary. The PHN has also adopted the use of the YES (Your Experience of Service) survey among all PHN commissioned service users. Representatives of the PHN sit on the YES National Project Reference Group, which has supported the development of the PHN version of the survey.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

This activity is targeted to people experiencing a mental illness, at risk of developing a mental illness, people at risk of suicide and their carers.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Bald Hills - Everton Park	30201
Chermside	30202
Nundah	30203
Sandgate	30204
Kenmore - Brookfield - Moggill	30402
Sherwood - Indooroopilly	30403
The Gap - Enoggera	30404
Brisbane Inner	30501
Brisbane Inner - North	30503

Brisbane Inner - West	30504
Bribie - Beachmere	31301
Caboolture	31302
Caboolture Hinterland	31303
Narangba - Burpengary	31304
Redcliffe	31305
The Hills District	31401
North Lakes	31402
Strathpine	31403



Activity Consultation and Collaboration

Consultation *

Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023. The outcomes of this activity contribute to the success of the regional plan.

The approach to and implementation of stepped care for mental health will continue to be a topic of consultation through the implementation of the regional plan.

Collaboration *

This activity will be implemented by Brisbane North PHN, under the guidance of the following groups:

- Aboriginal and Torres Strait Islander Engagement Steering Group
- Collaboration in Mind
- Suicide Prevention Strategic Partnership Group
- Alcohol and Drug Partnership Group
- Infant, Child and Youth Partnership Group
- Psychological Therapies Advisory Group
- Strategic Coordination Group.

Membership of these groups are drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, peak bodies, consumers and families.



Activity Milestone Details/Duration

Activity Start Date *

29 Jun 2019

Activity End Date *

28 Jun 2022

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: No

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : Yes

Brisbane North PHN will deliver this activity through operational funds

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023. This outcomes of this activity contribute to the success of the regional plan.

The approach to and implementation of stepped care for mental will continue to be a topic of consultation through the implementation of the regional plan.



[MH - 8.1 - MH 8.1 –Implement and review a mental health and suicide prevention regional plan.]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

8.1

Activity Title *

MH 8.1 –Implement and review a mental health and suicide prevention regional plan.

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 8: Regional mental health and suicide prevention plan

Other Program Key Priority Area Description

Aim of Activity *

The aim of this activity is to implement and review an evidence based joint regional mental health and suicide prevention plan, which has been developed and agreed with the Hospital and Health Service, and other stakeholders.

The regional plan will provide a vital resource to State Government, non-government and Commonwealth services in the region to support integrated delivery of mental health and suicide prevention services within the community. The plan identifies needs and gaps, reduces duplication, removes inefficiencies and encourage innovation. It is evidence based and informed by comprehensive needs assessments and service mapping.

Description of Activity *

Brisbane North PHN will oversee the implementation of the joint regional plan, in partnership with the Metro North Hospital and Health Service. Content areas of the plan include 14 chapters, divided into four main parts. The content areas are:

- Our Vision
- Better Health in Brisbane North
 - a. People with a lived experience leading change
 - b. Supporting families and carers
 - c. Sustaining good mental health
 - d. Commissioning services
 - e. Delivering integrated services
 - f. Responding to diversity
- Focus areas

- a. Aboriginal and Torres Strait Islander social and emotional wellbeing
- b. Alcohol and other drug treatment services
- c. Infants, children, young people and families
- d. Psychological therapies
- e. Severe and complex mental illness
- f. Suicide prevention
 - Measuring, monitoring, reporting
- a. Our governance approach
- b. Measuring outcomes, implementing, and reviewing the Plan.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

This activity is targeted to residents and services providers in the Brisbane North PHN region.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Bald Hills - Everton Park	30201
Chermside	30202
Nundah	30203
Sandgate	30204
Kenmore - Brookfield - Moggill	30402
Sherwood - Indooroopilly	30403
The Gap - Enoggera	30404
Brisbane Inner	30501
Brisbane Inner - North	30503
Brisbane Inner - West	30504
Bribie - Beachmere	31301
Caboolture	31302
Caboolture Hinterland	31303
Narangba - Burpengary	31304

Redcliffe	31305
The Hills District	31401
North Lakes	31402
Strathpine	31403



Activity Consultation and Collaboration

Consultation *

Brisbane North PHN consulted with a wide range of stakeholders in the development of Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023. These stakeholders included:

- People with a lived experience
- Consumers
- Carers
- Psychology providers
- GPs and practice staff
- Mental health providers
- Metro North Hospital and Health Service
- Academics and policy experts
- Professional bodies.

Following an extended period of development, the regional plan moved into the implementation phase in 2018-19. This phase will continue in the 2019-20 financial year.

Collaboration *

The development of the mental health, suicide prevention and alcohol and drug regional plan is a joint initiative between Brisbane North PHN and the Metro North Hospital and Health Service.

In 2017, the PHN established ongoing Partnership Groups in the following areas:

- child & youth mental health
- people with severe mental illness (Collaboration in Mind)
- suicide prevention
- alcohol and other drugs.

Membership and structure of the partnership groups has been reviewed and reconfirmed. These Partnership Groups will continue to guide the development, content and implementation of the regional plan in their areas of interest. The PHN has also established a high-level Strategic Coordination Group to oversee and address system wide issues that were identified throughout the consultation process of the regional plan. The PHN anticipates that specific partnership groups will report to the high-level Strategic Coordination Group.



Activity Milestone Details/Duration

Activity Start Date *

29 Jun 2019

Activity End Date *

28 Jun 2022

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: No

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : Yes

Brisbane North PHN will deliver this activity through operational funds

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023. These stakeholders included:

- People with a lived experience
- Consumers

- Carers
- Psychology providers
- GPs and practice staff
- Mental health providers
- Metro North Hospital and Health Service
- Academics and policy experts
- Professional bodies.



[NSPT - 1 - NATIONAL SUICIDE PREVENTION TRIAL 1 – Aboriginal and Torres Strait Islander communities]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

NSPT

Activity Number *

1

Activity Title *

NATIONAL SUICIDE PREVENTION TRIAL 1 – Aboriginal and Torres Strait Islander communities

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

a. Emergency response and evidence based treatment

Purpose: Enhance the capacity and capability of services to provide specialist suicide prevention treatment (including aftercare) to Aboriginal and Torres Strait Islander peoples in the Brisbane North PHN region.

b. Promoting help-seeking and mental health resilience in schools.

Purpose: Increase school based peer support and mental health literacy of Aboriginal and Torres Strait Islander young people.

Description of Activity *

a. Emergency response and evidence based treatment

Fund specific Indigenous service providers to deliver evidence based interventions/treatment and postvention services to Aboriginal and Torres Strait Islander people in the Brisbane North PHN region.

b. Promoting help-seeking and mental health resilience in schools.

Fund evidence-based programs/support to in-reach into schools to support Aboriginal and Torres Strait Islander young people at risk of suicide.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Culturally responsive services for Aboriginal and Torres Strait Islander people	28
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

- Emergency response and evidence based treatment Aboriginal and Torres Strait Islander people at risk of suicide.
- Promoting help-seeking and mental health resilience in schools. Aboriginal and Torres Strait Islander young people at risk of suicide.

In Scope AOD Treatment Type *

Indigenous Specific *

Yes

Indigenous Specific Comments *

The Governance mechanism for the activity is the Aboriginal and Torres Strait Islander NSPT Community Implementation Team.

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Bald Hills - Everton Park	30201
Chermside	30202
Nundah	30203
Sandgate	30204
Kenmore - Brookfield - Moggill	30402
Sherwood - Indooroopilly	30403
The Gap - Enoggera	30404
Brisbane Inner	30501
Brisbane Inner - North	30503
Brisbane Inner - West	30504
Bribie - Beachmere	31301
Caboolture	31302
Caboolture Hinterland	31303
Narangba - Burpengary	31304
Redcliffe	31305
The Hills District	31401
North Lakes	31402
Strathpine	31403



Activity Consultation and Collaboration

Consultation *

The key partners for this activity are spread across three levels:

- The Brisbane North Suicide Prevention Strategic Partnership Group;
- The Aboriginal and Torres Strait Islander NSPT Community Implementation Team; and
- The agencies funded to deliver the services/activities.

Collaboration *

The key partners for this activity are spread across three levels:

- The Brisbane North Suicide Prevention Strategic Partnership Group;
- The Aboriginal and Torres Strait Islander NSPT Community Implementation Team; and
- The agencies funded to deliver the services/activities.



Activity Milestone Details/Duration

Activity Start Date *

30 Jun 2018

Activity End Date *

28 Jun 2021

Service Delivery Start Date

July 2018

Service Delivery End Date

July 2021

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

The key partners for this activity are spread across three levels:

- The Brisbane North Suicide Prevention Strategic Partnership Group;
- The Aboriginal and Torres Strait Islander NSPT Community Implementation Team; and
- The agencies funded to deliver the services/activities.



[NSPT - 2 - NATIONAL SUICIDE PREVENTION TRIAL 2 – LGBTI+ communities]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

NSPT

Activity Number *

2

Activity Title *

NATIONAL SUICIDE PREVENTION TRIAL 2 – LGBTI+ communities

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

Description of Activity *

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
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Activity Demographics

Target Population Cohort *

In Scope AOD Treatment Type *

Indigenous Specific *

Indigenous Specific Comments *

Coverage *

Whole Region

SA3 Name	SA3 Code
Bald Hills - Everton Park	30201
Chermside	30202
Nundah	30203
Sandgate	30204
Kenmore - Brookfield - Moggill	30402
Sherwood - Indooroopilly	30403
The Gap - Enoggera	30404
Brisbane Inner	30501
Brisbane Inner - North	30503
Brisbane Inner - West	30504
Bribie - Beachmere	31301
Caboolture	31302
Caboolture Hinterland	31303
Narangba - Burpengary	31304
Redcliffe	31305
The Hills District	31401
North Lakes	31402
Strathpine	31403



Activity Consultation and Collaboration

Consultation *

Collaboration *



Activity Milestone Details/Duration

Activity Start Date *

Activity End Date *

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: No

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

Is this activity the result of a previous co-design process? *

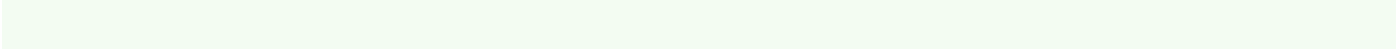
Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

Has this activity previously been co-commissioned or joint-commissioned? *

Decommissioning *

Decommissioning Details? *

Co-design or co-commissioning details *





[NSPT - 3 - NATIONAL SUICIDE PREVENTION TRIAL 3 - Young adult to middle-aged men]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

NSPT

Activity Number *

3

Activity Title *

NATIONAL SUICIDE PREVENTION TRIAL 3 - Young adult to middle-aged men

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

Not required as will be submitted through a separate template as advised by DoH.

Description of Activity *

Not required as will be submitted through a separate template as advised by DoH.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

Not required as will be submitted through a separate template as advised by DoH.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

No

SA3 Name	SA3 Code
Caboolture	31302



Activity Consultation and Collaboration

Consultation *

Not required as will be submitted through a separate template as advised by DoH.

Collaboration *

Not required as will be submitted through a separate template as advised by DoH.



Activity Milestone Details/Duration

Activity Start Date *

30 Jun 2018

Activity End Date *

28 Jun 2021

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2021

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: Yes

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : No

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

Not required as will be submitted through a separate template as advised by DoH.

Co-design or co-commissioning details *

Not required as will be submitted through a separate template as advised by DoH.



[NSPT - 4 - NATIONAL SUICIDE PREVENTION TRIAL 4 – Whole of population]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

NSPT

Activity Number *

4

Activity Title *

NATIONAL SUICIDE PREVENTION TRIAL 4 – Whole of population

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

Improving the competency and confidence of frontline workers to deal with suicidal crisis and training the community to recognise and respond to suicidality.

Description of Activity *

- Fund the delivery of appropriate gatekeeper training and awareness activities to enhance community awareness and response to suicide
- Fund the development and implementation of referral pathways and help seeking resources as a result of the previously developed community awareness campaigns.

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Suicide prevention for at risk population groups, including LGBTIQ, Aboriginal and Torres Strait Islander people and young to middle aged men	30



Activity Demographics

Target Population Cohort *

Not required as advised will be submitted through template provided by DoH.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code
Bald Hills - Everton Park	30201
Chermside	30202
Nundah	30203
Sandgate	30204
Kenmore - Brookfield - Moggill	30402
Sherwood - Indooroopilly	30403
The Gap - Enoggera	30404
Brisbane Inner	30501
Brisbane Inner - North	30503
Brisbane Inner - West	30504
Bribie - Beachmere	31301
Caboolture	31302
Caboolture Hinterland	31303
Narangba - Burpengary	31304
Redcliffe	31305
The Hills District	31401
North Lakes	31402
Strathpine	31403



Activity Consultation and Collaboration

Consultation *

The key partners for this activity are spread across three levels:

- The Brisbane North Suicide Prevention Strategic Partnership Group;
- The Aboriginal and Torres Strait Islander and LGBTIQ+ NSPT Community Implementation Teams; and
- The agencies funded to deliver the services/activities.

Collaboration *

The key partners for this activity are spread across three levels:

- The Brisbane North Suicide Prevention Strategic Partnership Group;
- The Aboriginal and Torres Strait Islander and LGBTIQ+ NSPT Community Implementation Teams; and
- The agencies funded to deliver the services/activities.



Activity Milestone Details/Duration

Activity Start Date *

30 Jun 2018

Activity End Date *

29 Jun 2021

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: No

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : Yes

Not required as advised will be submitted through template provided by DoH.

Is this activity being co-designed? *

No

Is this activity the result of a previous co-design process? *

Yes

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

The key partners for this activity are spread across three levels:

- The Brisbane North Suicide Prevention Strategic Partnership Group;
- The Aboriginal and Torres Strait Islander and LGBTIQ+ NSPT Community Implementation Teams; and
- The agencies funded to deliver the services/activities.



[NSPT - 5 - NATIONAL SUICIDE PREVENTION TRIAL 5 - Trial Coordination and Transition]



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

NSPT

Activity Number *

5

Activity Title *

NATIONAL SUICIDE PREVENTION TRIAL 5 - Trial Coordination and Transition

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

Purpose: Enable the PHN and community partners to plan for and implement safe and effective transition and sustainability measures to support the ongoing work developed throughout the Trial and to ensure support for clients accessing the Trial services once the Trial is completed.

Description of Activity *

Actions:

Will include:

- Coordination, management and support of Trial activities and partners
- Identifying and sourcing alternative funding to sustain priority activity after the trial period
- Developing and implementing strategies to safely transition clients from individual services to other existing or planned services
- Local evaluation and review processes to develop evidence based resources to sustain the impacts of the Trial
- Consolidating and communicating the learnings and outcomes of the Trial

Needs Assessment Priorities *

Brisbane North PHN Needs Assessment 2019/20-2021/22

Priorities

Needs Assessment Priority	Page Reference
Mental health and Suicide Prevention	29



Activity Demographics

Target Population Cohort *

Target Group/s: Participants of the NSPT services and all people at risk of suicide, their families and carers.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments *

Coverage *

Whole Region

Yes

SA3 Name	SA3 Code



Activity Consultation and Collaboration

Consultation *

Key Partner(s): The key partners for this activity are spread across three levels:

- The Brisbane North Suicide Prevention Strategic Partnership Group;
- The Aboriginal and Torres Strait Islander and LGBTIQ+ NSPT Community Implementation Teams; and
- The agencies funded to deliver the services/activities.

Collaboration *

Key Partner(s): The key partners for this activity are spread across three levels:

- The Brisbane North Suicide Prevention Strategic Partnership Group;
- The Aboriginal and Torres Strait Islander and LGBTIQ+ NSPT Community Implementation Teams; and
- The agencies funded to deliver the services/activities.



Activity Milestone Details/Duration

Activity Start Date *

30 Jun 2020

Activity End Date *

29 Jun 2021

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity: *

Not yet known: No

Continuing service provider / contract extension: No

Direct engagement. Please provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date: No

Open tender : No

Expression of interest (EOI): No

Other approach (please provide details) : Yes

Direct Service Delivery

Is this activity being co-designed? *

Yes

Is this activity the result of a previous co-design process? *

No

Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? *

No

Has this activity previously been co-commissioned or joint-commissioned? *

No

Decommissioning *

No

Decommissioning Details? *

N/A

Co-design or co-commissioning details *

The key partners for this activity are spread across three levels:

- The Brisbane North Suicide Prevention Strategic Partnership Group;
- The Aboriginal and Torres Strait Islander and LGBTIQ+ NSPT Community Implementation Teams; and
- The agencies funded to deliver the services/activities.