



North Brisbane and Moreton Bay region

**YOUR CARE NAVIGATOR**

**Dementia  
support and  
service directory**

Your home, your health, your way

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**2021-2025**

## Acknowledgement of land



We acknowledge the Traditional Owners of this land, the Turrbal and Jagera people of Brisbane, the Gubbi Gubbi people of Caboolture and Bribie Island, the Waka Waka people of Kilcoy and the Ningy Ningy people of Redcliffe. We pay our respects to Elders past, present and future, for they hold the memories, traditions, the culture and hopes of Aboriginal Australia.

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Disclaimer: This directory is not a complete compilation of all services in the North Brisbane and Moreton Bay region, nor does Brisbane North PHN take any responsibility for the services received or delivered by any or all of these organisations. This booklet serves as an information tool only, not endorsements or recommendations. While the Australian Government funded this document, it has not reviewed the content and is not responsible for any injury, loss or damage however arising from the use of or reliance on the information provided herein.

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## Our message to you

If you or a person you are caring for has been diagnosed with or affected by dementia, you are not alone in this journey.

This time can be overwhelming. We recognise that everyone's experience is different and respect the range of feelings you might have along the way.

There are a range of support services available that can help you improve your health and wellbeing.

## About the directory

Feedback from people living with dementia, their carers, service providers and health professionals has shown that the current health system is difficult to navigate.

This directory is for anyone who has been impacted by any form of dementia in any way, including:

- people living with dementia
- people with changes in brain function or memory
- family members of people living with dementia and carers
- health professionals.

*"We would like to express our gratitude to the people living with dementia, families, carers, service providers and health professionals who helped develop this resource. Thank you for sharing your stories and transferring your knowledge to make this resource meaningful for people living in the North Brisbane and Moreton Bay region."*

**–BRISBANE NORTH PHN.**

**Visit [yourcarenavigator.org.au](https://yourcarenavigator.org.au) to see an online version of this directory.**

# The Path to Living Well with Dementia

## Timely diagnosis

Talk to your GP or another doctor if you are concerned about your memory, thinking or any changes in behaviour.

- Seek investigation of your symptoms as soon as possible to support early diagnosis.
- Having a regular GP lets you build an ongoing relationship where your health needs are understood.

## Assessment of dementia

Your doctor will arrange a variety of tests and referral to a specialist for diagnosis of dementia. Assessments and tests may include:

- detailed medical history
- memory assessment
- CT or MRI (neuroimaging of your brain)
- blood and urine tests
- review of other health conditions.

## Caring for you and your carers

Taking the time to understand your diagnosis is important and your family and carers may experience a range of emotions. You can seek help and support by connecting with your community and support services, to:

- learn about dementia
- find a support group
- connect carers with support services
- talk to your doctor about your care needs.

## Maintaining your health and wellbeing

Many people live well with dementia for a number of years. Maintaining your health and wellbeing will help you live well with dementia for as long as possible. It also may slow the progression of the disease into the later stages. There are a number of ways you can support your health, including:

- building a healthcare team
- ensuring good nutrition
- getting regular exercise
- maintaining independence
- maintaining social engagement and connection
- taking medications to manage cognitive decline symptoms and changed behaviours.

## Living well

There are a number of practical strategies that can support you to live well in the community with a diagnosis of dementia, including:

- managing your finances
- using safety equipment
- using supportive aids
- ensuring your environment is dementia-friendly
- accessing transport support.

## Planning for the future

Planning for the future is an important step for you and your family. What matters to you is important and there are healthcare, legal and financial matters to consider such as:

- understanding respite
- advanced care directive
- enduring power of attorney
- financial legal support and updating wills.

# Learning about dementia

## Understanding dementia

Dementia is a collection of symptoms caused by disorders affecting the brain. It is not one specific disease. Dementia affects thinking, behaviour and the ability to perform everyday tasks. Dementia can happen to anyone and the risk of dementia increases with age. Most people with dementia are older, but not all older people develop dementia.

## What are the early signs of dementia?

The early signs of dementia are very subtle and vague with symptoms varying depending on the type of dementia. It is generally progressive, where symptoms begin slowly and gradually worsen over time. It is important to remember that no two people experience dementia in the same way. People often lead active and fulfilling lives for many years after their diagnosis.

Some of the common symptoms and signs include:

- progressive and frequent memory loss
- confusion and difficulty thinking, understanding and concentrating
- changed behaviours, such as agitation and depression
- apathy and withdrawal
- impairment of perception
- communication difficulties affecting reading, writing and speech
- reduced ability to perform activities of daily living.

## Understanding the different types of dementia

There are many types of dementia. The varying forms of dementia impact the brain differently, which means the experience of dementia is highly individual but has similar themes across the same forms.

It is important to identify the form of dementia you or someone you care for may be diagnosed with, as that will help with setting goals for the future and understanding changing behaviours.



## Hardcopy resources

### **Dementia Australia library**

The library service provides access to a comprehensive collection of print and digital resources about dementia.

There is a library located at **825 Stanley Street, Woolloongabba QLD 4105**. We recommend you call and ask if the library is open before visiting. The resources can also be accessed online at **[alzheimers.softlinkhosting.com.au](http://alzheimers.softlinkhosting.com.au)**.

### **'The Dementia Guide' by Dementia Australia**

This guide can help you learn about dementia and the treatments, support and services available. Call the National Dementia Helpline **1800 100 500** to order a free paperback version to be delivered to your home.

### **Practical guides for dementia care through Hammond Care**

The practical guide 'My home, my life' offers more than 280 tips for people with dementia and carers. Call **1800 826 166** to speak to a dementia advisor and order a guide to be delivered to your home.

### **Alzheimer's Queensland library**

This library has an extensive range of dementia-specific books, videos and journals, and is regularly updated with new resources.

Call AQ Advice Line on **1800 639 331**

**[alzheimeronline.org](http://alzheimeronline.org)**





## Online support resources

### Your Care Navigator portal

Your Care Navigator is a one-stop-shop for dementia support, services and resources in the North Brisbane and Moreton Bay region. You can also find up-to-date information on dementia education and learning tools.

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[yourcarenavigator.org.au](http://yourcarenavigator.org.au)

### My Dementia Companion

My Dementia Companion is a free online tool that enables you to create a personalised and practical information kit that will help you navigate your dementia diagnosis.

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[mydementiacompanion.com.au](http://mydementiacompanion.com.au)

“At first, we needed information about dementia and in particular Alzheimer’s disease. Then I needed to know how carers survived and lived meaningful lives with their partners. I read stories and reflections of inspiring people—people who dared to write about their thoughts and actions. The library (at Dementia Australia) has been an enormous resource and the librarians, intuitive companions on our journey into what often feels like a desolate and wondrous world of grief and unimaginable beauty.”

– WRITTEN BY JENNY, CARER AND WIFE OF NOEL,  
WHO LIVES WITH YOUNGER ONSET ALZHEIMER’S DISEASE

# Information and support services

## Dementia helplines

### National Dementia Helpline

#### Dementia Australia

This helpline is a free telephone service that provides information and advice to people living with dementia, carers, health workers and aged care workers. This service can also offer emotional guidance and government support information.

Operates Monday to Friday, 8am–8pm

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[dementia.org.au](https://dementia.org.au)

1800 100 500

### Dementia Advisory and Support Service

#### Ozcare

This is a free service funded by the Commonwealth Home Support Program. It can assist people with dementia in navigating the aged care system. They can do in-home visits or operate via telephone.

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[ozcare.org.au](https://ozcare.org.au)

1800 692 273

### 24/7 dementia helpline

#### Alzheimer's Queensland

This is a free 24/7 telephone helpline staffed by health professionals. Alzheimer's Queensland also offers respite services, support groups and a dementia secure unit.

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[alheimersonline.org](https://alheimersonline.org)

1800 639 331

## **24/7 clinical support service for dementia-related challenging behaviours**

### **Dementia Support Australia**

The Dementia Behaviour Management Advisory Service (DBMAS) provides a 24/7 telephone line and mobile clinical support and assistance for anyone caring for someone whose behaviour is having an impact on their care. This service is available in all regions of Queensland.

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**dementia.com.au**

**1800 699 799**

## **Carer helplines**

Caring for someone with dementia can be very difficult and challenging. There are times when you may feel you need some emotional and practical support.

### **Carer Gateway – Wellways in QLD**

#### **Australian Government**

This is a national online and telephone service providing practical information, counselling and resources to support carers.

Operates Monday to Friday, 8am–6pm

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**carergateway.gov.au**

**1800 422 737**

### **Carers QLD**

Carers QLD is the peak body representing unpaid family and community carers in Queensland. Through their website you can access accredited training courses, financial advice, guardianship and advocacy information, and news and events.

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**carersqld.com.au**

**(07) 3900 8100**

## General health helplines

### Health advice 24/7 helpline

#### Queensland Health

This confidential 24/7 telephone service provides health advice from a registered nurse for the cost of a local call. In the case of an emergency please call 000 or go to a hospital emergency department immediately.

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[qld.gov.au](http://qld.gov.au)

13HEALTH (13 432584)

### My Aged Care helpline

#### My Aged Care

The government directs everyone to begin their search for aged care services through its national contact centre and website called My Aged Care (MAC).

Operates Monday to Friday, 8am–8pm and Saturday, 10am–2pm

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[myagedcare.gov.au](http://myagedcare.gov.au)

1800 200 422

### Seniors Enquiry Line

#### Uniting Care and Queensland Government

This is a free information and referral service for people in the community to access information about help at home, financial, transport, concession and health services.

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[seniorsenquiryline.com.au](http://seniorsenquiryline.com.au)

1300 135 500

## **National Continence Helpline**

### **Continence Foundation of Australia**

A team of experienced continence nurses staff this helpline. They provide confidential information, free brochures and referrals to local services for callers with bladder or bowel control problems or who are caring for someone with continence problems.

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**[continence.org.au](http://continence.org.au)**

**1800 330 066**

## **Building your healthcare team**

Building a healthcare team that will nurture and support all areas of your health—with you at the centre—is one of the most essential and proactive actions you can take in your healthcare journey.

## **National Health Service Directory**

This is an online interactive map of local health services. You can filter by your location and the type of service you need.

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**[about.healthdirect.gov.au/nhsd](http://about.healthdirect.gov.au/nhsd)**

**1800 022 222**

## **My Community Directory**

This directory lists organisations that provide health and care services throughout Australia, including those that are free or subsidised. If you enter your location on the home screen, it will open to a page where you can filter by category.

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**[mycommunitydirectory.com.au/queensland](http://mycommunitydirectory.com.au/queensland)**

## Young people living with dementia

Anyone can develop dementia, including people under the age of 65. As this diagnosis is often unexpected, people living with younger onset dementia may experience unique social, emotional and financial challenges. You can access support and information through Dementia Australia if you have been diagnosed with younger onset dementia.

### Younger Onset Dementia Hub

#### Dementia Australia

This website provides information on referral and support options, including the 'living with dementia' program. This is a group program for people living with younger onset dementia and their support person to meet and talk with others in a similar situation.

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[yod.dementia.org.au](http://yod.dementia.org.au)

## Dementia community groups

Dementia-friendly communities have an understanding of dementia and raise awareness of the needs of people living with dementia. Local community groups, organisations and businesses make simple changes to enable people living with dementia to access their services.

### Local Community Group: Moreton Bay Dementia Alliance

The group meets monthly and aims to create a dementia-friendly Moreton Bay by raising community awareness of dementia. All community members are invited to join.



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**Email:** [admin@mycareenterprises.com.au](mailto:admin@mycareenterprises.com.au)

# The services available to you

The Federal Government provides a number of funded home care services to support older people in continuing to live well at home.

There are three types of government-funded support services available:

## 1. Commonwealth Home Support Program

This is the Australian Government's home help and respite program for older people who need some help with daily tasks so they can live independently at home. If you want to access this 'entry level' support, someone from the local assessment service will visit you for a basic assessment of your needs.

## 2. Commonwealth home care packages (Levels 1–4)

This is the Australian Government's more involved home care support, offered at different levels of need (from Level 1 through to highest needs at Level 4). If you want to access these care packages, someone from the assessment team will need to visit you to conduct a comprehensive assessment of your needs.

### 3. Respite

Respite care supports carers by giving them a break for a short period of time. There are different forms of respite care available including flexible, overnight, residential and emergency.

#### **Flexible respite**

This is aimed at low support needs and helping carers to relax and recharge with support workers providing day and overnight care at home. An assessment is required for government funded services. You can contact individual providers directly, starting on page 22.

#### **Emergency residential respite care**

Emergency respite care can be arranged through the Carers Gateway. In the North Brisbane region, this is delivered through Wellways. You can contact them directly on **1800 422 737**.

#### **Overnight respite in a respite cottage**

This is for people with low support needs. An assessment is required for government funded services.

#### **Overnight residential respite**

To access respite in a residential home (overnight short-term stays, for up to 63 days per year), an assessment and approval is required.

### **Residential care/permanent placement**

If a person needs to move into a residential care home on a permanent basis, and they need Australian Government funding to support that placement, they will first need to be assessed by their local assessors. You are expected to contribute to the cost of your aged care if you can afford it. The amount you will pay for aged care is dependent on the type of care you are eligible for and the provider you choose.



## How to access My Aged Care services

Please see the steps below to access government subsidised home care.

### Step 1: Call My Aged Care on 1800 200 422

The government directs everyone to begin their search for aged care through its national contact centre and website, called 'My Aged Care' (MAC). Here you can access the government-funded services available.

MAC services include:

- help at home
- social support
- personal care
- transport
- residential aged care.

The MAC staff will ask you about your situation and needs.

If you're acting on someone's behalf, MAC will need to know you have their permission to proceed. Registration also requires a Medicare number.

Depending on your initial discussion with MAC and your eligibility, the MAC staff may organise for a free assessment to take place over the phone, in your or the person's home or in hospital if necessary.

### Step 2. Your assessment

You will receive a call from an assessment team to schedule an appointment for an assessor to visit you at home.

### **Step 3. Preparing for assessment**

An assessor will visit your home or call you on the day of your scheduled appointment to discuss your current needs and goals.

A family member or support person is welcome to attend the assessment.

You need to have ready on the assessment day:

- two forms of ID (Medicare card/drivers licence/DVA card/pension card/passport)
- any referral forms (e.g. GP referral)
- details of previous services
- list of medications
- list of health conditions.

### **Step 4. Assessment outcome**

Depending on the assessment outcome, you or the person being assessed may be eligible to receive Commonwealth Home Support Services.

The assessor will attempt to source appropriate service providers on your behalf at your visit and you will be given a referral number/s.

You can also find service providers yourself. You can check for services in your area by calling MAC or by using the 'Find a provider tool' on their website ([myagedcare.gov.au/find-a-provider](http://myagedcare.gov.au/find-a-provider)). You can also find local service providers from page 22 of this booklet. When you choose a service provider, give them the referral code/s you received from the assessor so they can start organising care for you.

When picking the best provider for you, there are a few things to keep in mind. Each organisation will offer services in a unique way and may charge a different fee. Before making a decision, consider your own preferences, availabilities of services, your needs, budget, and location. If you've been assessed to receive a home care package, you will be sent a letter advising you've been assigned a package to meet your needs. There may be a wait to receive this package.

### Step 5. Managing your services

You can change your MAC services if your situation changes.

This might include changing when your services are delivered, the type of care you receive and your service provider (the organisation who delivers your services).

You can do this by logging onto your MAC online account or speaking directly to your provider.

#### Do you need an interpreter?

People who speak a language other than English can connect with other services with the help of an interpreter through Translating and Interpreting Services (TIS). You can call TIS on **131 450** (24/7, for the cost of a local call) and they will organise an interpreter for you. Alternatively, if you contact a service directly, they may organise an interpreter on your behalf.

#### Do you have a hearing or speech impairment?

People who are deaf or have a hearing or speech impairment can contact health services using the National Relay Service. If you can access the internet, check their website for their communication options at **relayservice.gov.au**.

## What other help is available?

### National Disability Insurance Scheme (NDIS)

This Commonwealth Government program provides funding for people under the age of 65 with a permanent and significant disability. It can connect people living with dementia to reasonable and necessary supports and services to help in daily life.

Operates Monday to Friday, 8am–8pm

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[NDIS.gov.au](https://www.ndis.gov.au)

1800 800 110

### The Queensland Community Support Scheme (QCSS)

The support scheme can help you maintain independence and connect with the community. Support can be accessed for people under 65 years old (and Aboriginal and Torres Strait Islander people under 50 years old) who are not eligible for NDIS.

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[serviceavailabilityregister.com.au](https://serviceavailabilityregister.com.au)

1800 600 300

### Veterans Home Care

The Department of Veterans' Affairs (DVA) helps veterans of the Australian Defence Forces (Gold or White Card holders only) access home care services. To request an assessment, contact the Veterans' Home Care Assessment Agency.

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1800 200 422

## Private care

Many companies and organisations offer fee-for-service home care. You don't need an assessment or to speak with MAC, and you can contact organisations directly to find out what care they provide. You choose what services you want to purchase and are responsible for paying the full costs. This option is ideal if you:

- need home care services immediately
- are looking to specifically tailor your care to meet the exact services you need
- are waiting for government funding, but need care services while you wait
- are under the age of 65 and not eligible for government funding.

## Help navigating aged care services

If you are struggling, there are services to help you navigate aged care services and people who can advocate on your behalf. There are also paid private navigators available to help with care coordination.

### Navigation support services

#### Older Persons Advocacy Network (OPAN)

OPAN provides free information about aged care services to help you navigate your journey. In some cases, there are intensive support navigators who can offer one-on-one assistance.

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[opan.org.au](http://opan.org.au) 1800 700 600

#### Council on the Ageing (COTA)

The aged care navigator program is a free and independent service providing reliable information to help you navigate the system in selected locations.

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[cota.org.au](http://cota.org.au)

# North Brisbane Service Directory

## Help at home and residential aged care

### All About Living



**SANDGATE 4017**

*Services the whole  
Brisbane North region*

**P** (07) 3269 1915

**E** [info@allaboutliving.com.au](mailto:info@allaboutliving.com.au)

**W** [allaboutliving.com.au](http://allaboutliving.com.au)

#### **A non-for-profit provider of home care services, delivering:**

- Commonwealth Home Support Program, home care package providers, personal care, domestic assistance, home nursing, transport, NDIS provider, social activities and exercise classes.

### All Good Care



**CHERMSIDE 4032**

**Home care services**  
*In-home services to the  
Brisbane North region*

**P** 0447 670 665

**E** [admin@allgoodcare.com.au](mailto:admin@allgoodcare.com.au)

**W** [allgoodcare.com.au](http://allgoodcare.com.au)

#### **A home care service operated by registered nurses, delivering:**

- dementia information and support, home care packages, personal care, domestic assistance, home nursing, flexible respite, transport, NDIS provider and carer support groups.

### Allity



**KEPERRA 4054**

**Home care services**  
*In-home services to the  
Brisbane North region*

**P** (07) 3355 5599

**W** [allity.com.au](http://allity.com.au)

#### **A provider of all levels of permanent and respite care, delivering:**

- residential aged care and respite, centre-day respite, emergency respite and palliative care.

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## Alzheimer's Association of Queensland Inc



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### AQ Gordon Park Multi Service Centre 4031

*Services the whole  
Brisbane North region*

**P** (07) 3857 2191  
**E** alzgp@alzheimeronline.org  
**W** alzheimeronline.org

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### PADDINGTON 4064

*Rosalie Nursing Care Centre*

**P** (07) 3367 0132  
**E** rnccdoc@alzqld.org.au  
**W** alzheimeronline.org

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### WINDSOR 4030

*Windsor Aged Care Services*

**P** (07) 3357 9099  
**E** wacsdoc@alzheimeronline.org  
**W** alzheimeronline.org

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### A non-for-profit Dementia Expert provider for Community Support and Aged care Residential services, delivering:

- Commonwealth Home Support Program, home care package providers, dementia information and support, personal care, domestic assistance, meals, home nursing, social activities, exercise classes, transport, flexible respite at home and carer support groups
- residential aged care and respite, dementia specific respite unit and centre-based day respite.

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## Angels in Aprons



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### KELVIN GROVE 4059

#### Home care services

*In-home services to the  
Brisbane North region*

**P** (07) 3356 2563  
**E** admin@angelsinaprons.com.au  
**W** angelsinaprons.com.au

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### A home care provider that has specialised training and experience in caring for people living with Dementia, delivering:

- Commonwealth Home Support Program, home care package providers, dementia information and support, personal care, domestic assistance, meals, home nursing, flexible respite, transport, palliative care and social activities and events.

## Anglicare Southern Queensland



### Home care

*Services in the North Brisbane region*

#### Residential locations

##### **TAIGUM 4018**

*Symes Grove*

*Residential Aged Care*

**P** (07) 3623 6901

**E** [symesgrove@anglicaresq.org.au](mailto:symesgrove@anglicaresq.org.au)

**W** [anglicaresq.org.au](http://anglicaresq.org.au)

##### **TAIGUM 4018**

*St Martin's*

**P** (07) 3265 0900

**W** [anglicaresq.org.au](http://anglicaresq.org.au)

##### **TOOWONG 4066**

*St John's Residential*

*Aged Care Home*

**P** (07) 3870 7479

**W** [anglicaresq.org.au](http://anglicaresq.org.au)

#### **A not-for-profit provider of services for people, including to those living with dementia, delivering:**

- Commonwealth Home Support Program, home care package providers, dementia information and support, personal care, domestic assistance, meals, home nursing, centre-based respite, flexible respite, transport, social activities, exercise activities, pastoral care and assistance navigating My Aged Care
- extended dementia respite hours 6am–6pm, located at the respite centre in Zillmere
- St John's program—reserved for men only, providing special accommodation and recreational amenities for those with dementia.



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## Arcare



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### Home care

Arcare

**P** 1300 726 291

*Home care services in the  
North Brisbane region*

**E** admin.caboolture@arcare.com.au

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### Residential locations

#### CABOOLTURE 4510

Arcare

**P** (07) 5490 0100

**E** admin.caboolture@arcare.com.au

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#### NORTH LAKES 4509

Arcare

**P** (07) 3482 5900

**E** admin.northlakes@arcare.com.au

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#### TAIGUM 4018

Arcare

**P** (07) 3215 7800

**E** admin.taigum@arcare.com.au

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### A provider of home care and aged care residential services, delivering:

- home care packages, personal care, domestic assistance, meals, home and garden maintenance, home nursing, flexible respite, transport and assistance navigating My Aged Care
  - residential aged care facility and respite.
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## Aveo



Freedom Aged Care

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### Residential care

*Locations in Newstead,  
Albany Creek and Clayfield*

**P** 1300 785 054

**E** customerservice@aveo.com.au

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### A provider of aged care residential services, delivering:

- assistance navigating My Aged Care, residential aged care and respite, retirement living and independent living.
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## BallyCara



### Home care

*BallyCara Community Care*

#### **REDCLIFFE 4020**

*Oyster Point Esplanade*

*Home care services in the  
North Brisbane region*

**P** 1300 272 222

**E** [info@ballycara.com](mailto:info@ballycara.com)

### Residential care

#### **SCARBOROUGH 4020**

*BallyCara Residential Care*

#### **A not-for-profit provider of home care and aged care residential services, delivering:**

- Commonwealth Home Support Program, home care package providers, residential aged care and respite, personal care, domestic support, exercise activities and classes, social activities and events, centre-based day respite and short-term restorative care (rehabilitative care)
- memory support unit, wellness centre with exercise clinic and centre-based day respite (our invigorate program) at Woolloowin in North Brisbane and Scarborough in Moreton Bay.

## Be:



### Home care

#### **NARANGBA 4504**

*Home care services in the  
North Brisbane region*

**P** 1300 761 011

**E** [careofficenorthbrisbane@wearebe.org.au.au](mailto:careofficenorthbrisbane@wearebe.org.au.au)

#### **A not-for-profit provider of home care services, delivering:**

- Commonwealth Home Support Program, home care packages, personal care, domestic assistance, meals and meal preparation, home and garden maintenance, home nursing, flexible respite, transport, social activities and events and assistance navigating My Aged Care.

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## Beaumont Care



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### Residential care

CLONTARF 4019

P 1300 217 336

KIPPA-RING 4021

E [enquiries@beaumontcare.com.au](mailto:enquiries@beaumontcare.com.au)

WAMURAN 4512

**A provider of all levels of permanent residential and respite care, delivering:**

- residential aged care facilities and respite, NDIS provider and independent living.

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## Bellevue Care Centre



**Bellevue Care Centre**

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### Residential care

FERNY HILLS 4055

P (07) 3550 5999

*Bellevue Care Centre*

E [info@bellcare.biz](mailto:info@bellcare.biz)

**A provider of flexible levels of residential care, delivering:**

- dementia information and support, residential aged care and respite, dementia specific respite unit, palliative care, social activities and events and exercise activities and classes.

## Blue Care



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### Home care

*Arcare*

**P** 1300 971 043

*Home care services in the  
North Brisbane region*

**E** [customerservice@bluecare.org.au](mailto:customerservice@bluecare.org.au)

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### Residential Locations

**HAMILTON 4007**

**LAWNTON 4501**

**KALLANGUR 4503**

**REDCLIFFE 4020**

**KENMORE HILLS 4069**

**ROTHWELL 4022**

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#### **A not-for-profit provider of home care and residential services, delivering:**

- dementia information and support, Commonwealth Home Support Program services, home care packages, personal care, domestic assistance, meals and meal preparation, home and garden maintenance, allied health, home nursing, flexible respite, transport, social activities and events, residential aged care, respite and specialist dementia residential care—memory support unit.
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## Bolton Clarke



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### Home care

#### RSL

*Home care services in  
the North Brisbane and  
Moreton Bay region*

**P** 1300 22 11 22

**W** [boltonclarke.com.au](http://boltonclarke.com.au)

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### Residential care

#### PINJARRA HILLS 4069

*Bolton Clarke Fairview  
Pinjarra Hills*

**P** (07) 3335 5500

**E** [adminfairview@boltonclarke.com.au](mailto:adminfairview@boltonclarke.com.au)

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#### CABOOLTURE 4510

*Bolton Clarke Fernhill*

**P** (07) 5490 6300

**E** [adminfernhill@boltonclarke.com.au](mailto:adminfernhill@boltonclarke.com.au)

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#### MURRUMBA DOWNS 4503

*Bolton Clarke Inverpine*

**P** (07) 3490 3100

**E** [admininverpine@boltonclarke.com.au](mailto:admininverpine@boltonclarke.com.au)

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### A not-for-profit provider of home care, retirement living and residential services, delivering:

- Commonwealth Home Support Program, home care packages, dementia information and support, domestic assistance, personal care, meals and meal preparation, home and garden maintenance, home nursing, flexible respite, social activities and events, assistance navigating My Aged Care and assistive technology
- residential aged care and respite, centre-based day respite, social activities and events, retirement living, assistance navigating My Aged Care and assistive technology.

## Bupa



### Residential care

**NEW FARM 4005**

*Bupa*

**P** (07) 3532 3247

**E** [adminnewfarm@bupa.com.au](mailto:adminnewfarm@bupa.com.au)

### A provider of residential services, delivering:

- dementia information and support, residential aged care and respite, social activities and events and assistance navigating My Aged Care.

## Burnie Brae



### Burnie Brae

**CHERMSIDE 4032**

*Home care services in  
the North Brisbane and  
Moreton Bay region*

**P** (07) 3623 6901

**E** [symesgrove@anglicaresq.org.au](mailto:symesgrove@anglicaresq.org.au)

**W** [anglicaresq.org.au](http://anglicaresq.org.au)

### A not-for-profit community provider of home care services, delivering:

- Commonwealth Home Support Program, home care packages, domestic assistance, personal care, meals and meal preparation, home and garden maintenance, home nursing, centre-based day respite, flexible respite, transport, NDIS—allied health, social activities and events, and exercise activities and classes
- a progressive safe haven offering respite care for older seniors who require extra support.

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## Carinity



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### Home care

#### **Bribie and Caboolture**

**P** 1300 109 109

*Home care services in the  
North Brisbane region*

**W** [carinity.org.au](http://carinity.org.au)

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### Residential locations

#### **WOOLOOWIN 4030**

**P** (07) 3866 5300

*Carinity Clifford House*

**E** [clifford.reception@carinity.org.au](mailto:clifford.reception@carinity.org.au)

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#### **KELVIN GROVE 4059**

**P** (07) 3835 2555

*Carinity Hilltop*

**E** [hilltop.reception@carinity.org.au](mailto:hilltop.reception@carinity.org.au)

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#### **BROOKFIELD 4069**

**P** (07) 3374 7111

*Carinity Brookfield Green*

**E** [brookfield.green@carinity.org.au](mailto:brookfield.green@carinity.org.au)

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**A not-for-profit provider of home care and residential care services, with dementia-specific trained staff, delivering:**

- dementia information and support, Commonwealth Home Support Program, home care packages, domestic assistance, personal care, meals and meal preparation, home and garden maintenance, home nursing, flexible respite, transport, social activities and events, exercise activities and classes and assistance navigating My Aged Care
  - residential aged care, respite provider and memory assisted living.
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## Catholic Healthcare



### Home care

#### FORTITUDE VALLEY 4066

*Home care services in the North Brisbane region*

**P** 1800 225 474

**E** intake@chcs.com.au

### Residential care

#### FORTITUDE VALLEY 4006

*Catholic Healthcare, Villa Maria Centre*

**P** (07) 3811 1500

**E** chlvillamariacentrefortitudevalley@chcs.com.au

#### **A not-for-profit provider of home care and residential care services, delivering:**

- home care packages, dementia information and support, domestic assistance, personal care, meals, home nursing, flexible respite, transport, NDIS—allied health, social activities and events, exercise activities and classes and assistance navigating My Aged Care.

## Centcare Aspley



### Home care

#### ASPLEY 4034

*Home care services to the North Brisbane region*

**P** 1300 236 822

**E** enquire@centacarebrisbane.net.au

**W** centacarebrisbane.net.au

#### **A not-for-profit provider of home care services to the community, delivering:**

- Commonwealth Home Support Program, home care packages, dementia information and support, domestic assistance, personal care, meals and meal preparation, home and garden maintenance, residential aged care and respite, flexible respite cottage respite, transport, NDIS—allied health, social activities and events, memory café, exercise activities and classes, assistance navigating My Aged Care and home modifications.



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## Christadelphian Aged Care



CHRISTADELPHIAN  
AGED CARE

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### Residential care

#### **KALLANGUR 4503**

*Maranatha Aged Care  
& Retirement Village*

**P** (07) 3482 5333

**E** admin@chomes.com.au

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### A not-for-profit Christian provider of residential aged care, delivering:

- residential aged care facility, respite and retirement living.

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## Churches of Christ Care



Churches of Christ  
in Queensland

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### Home care

*Home care services in the  
North Brisbane region,  
including Bribie Island*

**P** 1800 772 011

**E** ccbrisbanenorth@cofcqld.com.au

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### Residential locations

#### **BONGAREE 4507**

*Churches of Christ Care Aged  
Care Service Bribie Island*

**P** (07) 3410 3700

**E** bribieislandacs@cofcqld.com.au

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#### **WOORIM 4507**

*Woorim Retirement Village*

**P** (07) 3410 3708

**E** woorimstaff@cofcqld.com.au

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#### **MITCHELTON 4053**

*Moonah Park Aged Care Service*

**P** (07) 3513 9010

**E** moonahparkACS@cofcqld.com.au

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### A not-for-profit Christian provider of home care and residential care services, delivering:

- Commonwealth Home Support Program, home care packages, personal care, domestic assistance, meals and meal preparation, home and garden maintenance, home nursing, centre-based day respite, flexible respite, cottage respite, transport, NDIS—allied health, social activities and events, and home modifications
- residential aged care and respite providers.

## CO.AS.IT. Community Services



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### Home care

**ALBION 4010**

**P** 1800 262 748

*Home care services in the North Brisbane region*

**E** [mail@coasit.asn.au](mailto:mail@coasit.asn.au)

**A not-for-profit provider of home care services with cultural and linguistically diverse focus, delivering:**

- Commonwealth Home Support Program, home care packages, dementia information and support, personal care, domestic assistance, meals and meal preparation, home and garden maintenance, home nursing, and social activities and events
- social group activity centres providing activities and opportunities for social connections.

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## Communify Queensland



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### Home care

**BARDON 4065**

**P** (07) 3510 2700

*Home care services in the North Brisbane region*

**W** [communify.org.au](http://communify.org.au)

**A not-for-profit provider of home care and day-respite services, delivering:**

- Commonwealth Home Support Program, home care package provider, personal care, meals and meal preparation, home nursing, centre-based day respite, transport, social activities and event, exercise activities and classes, and home modifications.

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**CPL -  
Choice, Passion, Life**



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**Home care**

**BRISBANE 4000**

*Home care services in the  
North Brisbane region*

**P** 1800 275 753

**W** [cpl.org.au](http://cpl.org.au)

**A not-for-profit provider of home care and day-respite services, delivering:**

- Commonwealth Home Support Program, home care package provider, personal care, meals and meal preparation, home and garden maintenance, centre-based day respite, transport, NDIS—allied health, social activities and events, exercise activities and classes, assistance navigating My Aged Care and assistive technology
- Redcliffe Cascade centre, range of ages using NDIS funding.

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**CPSM Care**



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**Residential care**

**ASPLEY 4034**

*Aspley Aged Care*

**P** (07) 3505 1382

**E** [adminaspley@cpsmcare.com.au](mailto:adminaspley@cpsmcare.com.au)

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**KIPPA-RING 4021**

*CPSM Care, Lodges on  
George Kippa-Ring*

**P** (07) 3283 1114

**E** [adminlog@cpsmcare.com.au](mailto:adminlog@cpsmcare.com.au)

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**A provider of aged care residences, delivering:**

- dementia specific information and support, residential aged care and respite, and memory assisted living.

## Embracia



### Residential locations

#### **BURPENGARY EAST 4505**

*Embracia in Burpengary*

**P** (07) 5316 6000

**E** burpengary@embracia.com.au

#### **WOODFORD 4514**

*Embracia in Woodford*

**P** (07) 5420 4000

**E** woodford@embracia.com.au

### **A provider of aged care residences, delivering:**

- dementia specific respite unit, emergency respite, residential aged care and respite, and palliative care.

## Envigor



### Home care

#### **NORTH LAKES 4509**

*Home care services in the  
North Brisbane region*

**P** 1300 368 446

**W** envigor.com.au

### **A provider of home care and respite services delivering:**

- Commonwealth Home Support Program, home care package provider, dementia information and support, personal care, domestic assistance, meals and meal preparation, home and garden maintenance, home nursing, flexible respite, cottage respite, transport, NDIS provider, palliative care, assistance navigating My Aged Care and home modifications.

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## Estia Health



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**Residential**  
**ALBANY CREEK 4035**

**P** (07) 3264 4850  
**E** [albanycreek@estiahealth.com.au](mailto:albanycreek@estiahealth.com.au)

**A provider of residential aged care services, delivering:**

- residential aged care and respite, memory assisted living, social activities and events.

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## FiveGoodFriends



**five.good.friends**

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**Home care**  
**BRISBANE 4000**

*Home care services in the  
North Brisbane region*

**P** 1300 787 581  
**W** [fivegoodfriends.com.au](http://fivegoodfriends.com.au)

**A provider of home care services, delivering:**

- home care package provider, personal care, domestic assistance, meals and meal preparation, home and garden maintenance, NDIS provider and assistance navigating My Aged Care.

## Focused Health Care



**Focused Health Care**  
Personalised home care just for you!

**Home care**

**BRENDALE 4500**

*Focused Health Care*

**P** 1300 201 351

**W** [focusedhealthcare.com.au](http://focusedhealthcare.com.au)

**A provider of home care services led by registered nurses, delivering:**

- home care package provider, personal care, domestic assistance, meals and meal preparation, home and garden maintenance, home nursing and NDIS provider.

## Footprints



**Home care**

**NEWSTEAD 4006**

**P** (07) 3252 3488

**W** [footprintsinc.org.au](http://footprintsinc.org.au)

**A provider of home care aged care and disability support services, delivering:**

- Commonwealth Home Support Program, home care package provider, dementia information and support, personal care, domestic assistance, meals and meal preparation, home nursing, transport, NDIS provider and dementia support groups.

## Hammond Care



**Home care**

**Chermside 4032**

*Home care services in the  
North Brisbane region*

**P** 1800 826 166

**W** [hammond.com.au](http://hammond.com.au)

**An independent Christian charity specialising in aged and dementia care, palliative care, rehabilitation, older person's mental health and younger onset dementia, delivering:**

- Commonwealth Home Support Program, home care package provider, dementia information and support, personal care, domestic assistance, meals and meal preparation, NDIS provider and dementia support groups.

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## Heather Hill Home Care



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### Home care

**TOOWONG 4066**

**P** 1300 227 949

*Home care services in the  
North Brisbane region*

**E** [hello@heatherhillgroup.com.au](mailto:hello@heatherhillgroup.com.au)

#### **A provider of home care services, delivering:**

- home care, home care package providers, domestic assistance and assistance navigating My Aged Care.

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## Home Instead



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### Home care

**REDCLIFFE 4020**

**P** (07) 3482 0800

*Home Instead North Brisbane*

**E** [bris.north@homeinstead.com.au](mailto:bris.north@homeinstead.com.au)

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### Home Instead Senior Care Brisbane West

**TOOWONG 4066**

**P** (07) 3720 8400

*Home care services in  
the North Brisbane and  
Moreton Bay region*

**E** [briswest@homeinstead.com.au](mailto:briswest@homeinstead.com.au)

#### **A provider of home care service, with a specialisation in people living with dementia, delivering:**

- Commonwealth Home Support Program, home care package provider, dementia information and support, personal care, domestic assistance, meals and meal preparation, home and garden maintenance, home nursing, transport, NDIS—allied health services, palliative care, social activities and events, and assistance navigating My Aged Care.

## Institute of Urban Indigenous Health



### Home care

#### CABOOLTURE 4510

*IUIH Home Support*

**P** 1800 802 265

*Home care services in the North Brisbane and Moreton Bay region*

**W** [iuih.org.au](http://iuih.org.au)

**IUIH home support services is a community controlled, designed and led approach for Aboriginal and Torres Strait Islander clients, delivering:**

- Commonwealth Home Support Program, home care package provider, dementia information and support, personal care, domestic assistance, meals and meal preparation, home and garden maintenance, home nursing, centre-based day respite, transport, allied health services, social activities and events, and assistance navigating My Aged Care.

## Jubilee Community Care



### Home care

#### INDOOROOPILLY 4068

*Home care services in the North Brisbane region*

**P** (07) 3871 3220

**W** [jccagedcare.org.au](http://jccagedcare.org.au)

**A not-for-profit provider of home care services, delivering:**

- Commonwealth Home Support Program, home care package provider, personal care, domestic assistance, meals and meal preparation, home and garden maintenance, home nursing, centre-based day respite, flexible respite, transport, home modifications and assistance navigating My Aged Care.



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## Just Better Care



### Home care

**GRANGE 4051**

**P** (07) 3056 0777

*Home care services in the  
North Brisbane region*

**E** adminbn@justbettercare.com

**A provider of home care aged care and disability support services, delivering:**

- home care packages, dementia information and support, personal care, domestic assistance, meals and meal preparation, home and garden maintenance, home nursing, flexible respite, transport, NDIS—allied health services, palliative care, and social activities and events.

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## Life Without Barriers



### Home care

**MILTON 4064**

**P** (07) 3633 1500

*Home care services in the  
North Brisbane region*

**E** info@lwb.org.au

**A not-for-profit provider of home care and disability support services, delivering:**

- Commonwealth Home Support Program, home care package provider, personal care, domestic assistance, meals and meal preparation, home and garden maintenance, home nursing, flexible respite, transport, NDIS—allied health services and assistance navigating My Aged Care.

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## My Care Enterprises



### Clinical Nursing Care

*Home nursing services in the  
North Brisbane region*

**P** 0412 130 329

**E** admin@mycareenterprises.com.au

**A provider of in-home nursing, dementia and palliative care services, delivering:**

- Therapeutic dementia care, 24/7 palliative care, nursing services for home care package, NDIS and private clients.

## Lutheran Services



### Home care

*Home care services in the North Brisbane region*

**P** 1800 960 433  
**E** [hello@lutheranservices.org.au](mailto:hello@lutheranservices.org.au)

### Residential locations

#### **NUNDAH 4012**

*Zion Aged Care at Nundah*

**P** (07) 3266 5911  
**E** [zion@lutheranservices.org.au](mailto:zion@lutheranservices.org.au)

#### **CABOOLTURE 4510**

*St Paul's Lutheran Aged Care*

**P** (07) 5495 1300  
**E** [stpauls@lutheranservices.org.au](mailto:stpauls@lutheranservices.org.au)

### **A not-for-profit provider of home care and residential care services, delivering:**

- Commonwealth Home Support Program, home care package provider, personal care, domestic assistance, meals and meal preparation, home and garden maintenance, home nursing, flexible respite, transport, NDIS provider and assistance navigating My Aged Care
- residential aged care and respite, and retirement living.

## McKenzie Aged Care



### Residential locations

#### **DECEPTION BAY 4508**

*McKenzie Aged Care, Seabrook*

**P** (07) 3817 7300  
**E** [seabrook@mckenzieacg.com](mailto:seabrook@mckenzieacg.com)

#### **BONGAREE 4507**

*McKenzie, Bribie Cove*

**P** (07) 3400 1000  
**E** [briebecove@mckenzieacg.com](mailto:briebecove@mckenzieacg.com)

### **A provider of residential care services, delivering:**

- residential aged care and respite, and retirement living.

## Mercy Community Aged Care



### Home care

#### NUDGENE 4014

*Mercy Community Aged  
Care Packages*

*Home care services in the  
North Brisbane region*

**P** (07) 3400 1000

**E** [bribiecove@mckenzieacg.com](mailto:bribiecove@mckenzieacg.com)

### Residential care

#### NUDGENE 4014

**P** 1300 113 223

**E** [enquiries@mercycommunity.org.au](mailto:enquiries@mercycommunity.org.au)

### A not-for-profit Christian provider of home care and residential care services, delivering:

- home care package provider, dementia information and support, personal care, domestic assistance, meals and meal preparation, home and garden maintenance, home nursing, residential aged care and respite, and assisted living.

## Metro North Health

Metro North  
Health



Queensland  
Government

### Residential locations

#### BRIGHTON 4017

*Brighton Health Campus  
Gannet House*

**P** (07) 3631 7400

**E** [gannet-house@health.qld.gov.au](mailto:gannet-house@health.qld.gov.au)

#### KIPPA-RING 4021

*Cooinda House*

**P** (07) 3897 6101

**E** [ccoinda@health.qld.gov.au](mailto:ccoinda@health.qld.gov.au)

### Queensland health managed facilities for complex and high-level residential care services, delivering:

- a care home for residents with a range of specialised care needs
- an aged care facility for residents requiring high-level residential aged care services.

## NewDirection Care



### Residential location

**BELLMERE 4510**

*NewDirection Care at Bellmere*

**P** (07) 3505 3201

**E** bellmere@newdirectioncare.com.au

**A residential community for the elderly with complex care needs and for those living with dementia or younger onset dementia, delivering:**

- dementia information and support, residential aged care and respite, and retirement living.

## Opal HealthCare



### Residential location

**MORAYFIELD 4506**

*Morayfield Grove*

**P** (07) 5495 9000

**E** morayfieldgrove@opalhealthcare.com.au

**BURPENGARY 4505**

*Opal Burpengary Gardens*

**P** (07) 3481 6100

**E** burpengarygardens@opalhealthcare.com.au

**CARSELDINE 4034**

*Opal Carseldine Greens Care  
Community Raynbird Place*

**P** (07) 3500 9300

**E** carseldinegreens@opalhealthcare.com.au

**NORTH LAKES 4509**

*North Lakes Terrace  
Care Community*

**P** (07) 3384 2700

**E** northlakesterrace@opalhealth.com.au

**A provider of residential care services, delivering:**

- dementia specific support, residential aged care and respite, memory assisted living and palliative care.

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## Ozcare



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### Home care

*Home care services to the North Brisbane and Moreton Bay region*

**P** 1800 692 273  
**E** info@ozcare.org.au

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### Residential locations

#### **CLONTARF 4019**

*Ozcare Ozanam Villa Aged Care Facility*

**P** (07) 3480 4444  
**E** carefacility.clontarf@ozcare.org.au

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#### **NEW FARM 4005**

*Ozcare Palm Lodge*

**P** (07) 3648 3244  
**E** carefacility.newfarm@ozcare.org.au

**A not-for-profit provider of home care services and residential aged services, delivering:**

- specialist dementia information and support, personal care, domestic assistance, meals and meal preparation, home and garden maintenance, home nursing, centre-based day respite, flexible respite, NDIS provider, allied health and palliative care
- residential aged care and respite, and dementia specific respite unit.

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## OzPol



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### Home care

#### **BRISBANE 4000**

*Home care services to the North Brisbane region*

**P** (07) 3211 3833  
**E** reception@allagedcare.com.au

**A not-for-profit provider of home care and residential care services, delivering:**

- Commonwealth Home Support Program, home care package provider, personal care, domestic assistance, meals and meal preparation, home nursing, centre-based day respite, flexible respite, cottage respite, transport and allied health.

## Palm Lake Care



### Residential locations

#### BEACHMERE 4510

*Palm Lake Care*

**P** 1800 246 677

**E** beachmerecareadmin@pallmlake.com.au

#### DECEPTION BAY 4508

*Palm Lake Care*

**P** 1800 246 677

**E** deceptionbaycarecc@pallmlake.com.au

### A provider of residential care services, delivering:

- specific dementia support, and residential aged care and respite.

## PM Aged Care



### Residential care

#### BALD HILLS 4036

*PM Aged Care*

**P** (07) 3261 5133

**E** reception@pmagedcare.com

### A provider of residential care services in a village style setting, delivering:

- residential aged care and respite.

## Peninsula Palms Aged & Community Services



### Residential care

#### ROTHWELL 4022

*Peninsula Palms Aged & Community Services*

**P** (07) 3897 2800

**E** admin@peninsulapalms.com

### A provider of residential care services, delivering:

- residential aged care and respite, social activities and events, and independent living.

## Peppermint Care



### Home care

Home care services in the  
North Brisbane region

**E** [info@peppermintcare.com.au](mailto:info@peppermintcare.com.au)

#### **A provider of home care aged care and disability support services, delivering:**

- home care packages, assistance navigating My Aged Care, emergency respite, flexible respite, palliative care and transport.

## Regis



### Residential locations

**SANDGATE 4017**

*Griffith, Lucinda, Musgrave*

**P** 1300 998 100

**W** [regis.com.au](http://regis.com.au)

**CABOOLTURE 4510, FERNY GROVE 4055, LUTWYCHE 4030, THE GAP 4061**

#### **A provider of residential care services, delivering:**

- dementia information and support, dementia specific respite unit, emergency respite, residential aged care and respite, palliative care, counselling, memory café, exercise activities and classes, and social activities and events
- dementia specific respite unit at Regis Lucinda and Musgrave.

## Rockpool Residential Aged Care



### Residential care

**MORAYFIELD 4506**

*Rockpool Morayfield*

**P** (07) 5405 1000

**E** [enquiries@rockpoolrac.com](mailto:enquiries@rockpoolrac.com)

#### **A provider of residential care services, delivering specific dementia support:**

- residential aged care, respite, memory support, palliative care and allied health
- experienced team providing specialist dementia care in safe, secure and inclusive environment.

## Salvation Army



**Residential and home care**

**CHAPEL HILL 4069**

*The Cairns Aged Care Centre*

**P** (07) 3379 9800

**W** [agedcare.salvos.org.au](http://agedcare.salvos.org.au)

**A not-for-profit provider of home care services and residential care services, delivering:**

- dementia information and support, Commonwealth Home Support Program, home care packages, NDIS provider, residential aged care and respite, and social activities and events.

## Signature Care



**Residential care**

**NARANGBA 4504**

Narangba Community  
Aged Care

**P** (07) 3094 1800

**E** [CS.NB@signaturecare.com.au](mailto:CS.NB@signaturecare.com.au)

**A provider of residential care services, delivering:**

- residential aged care and respite, and memory support unit.



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## St Vincent Care



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### Home care

**CARSELDINE 4034**

**P** 1800 931 816

*Home services in the  
North Brisbane region*

**W** [svcs.org.au](http://svcs.org.au)

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### Residential locations

**BARDON 4065, BOONDALL 4034, CARSELDINE 4034, MITCHELTON 4053**

**A not-for-profit Christian provider of home care and residential care and retirement services, delivering:**

- Commonwealth Home Support Program, home care package provider, personal care, domestic assistance, meals and meal preparation, home and garden maintenance, home nursing, centre-based day respite, flexible respite, cottage respite, transport and allied health
  - residential aged care and respite, and independent living.
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## Seasons Living



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### Residential care

**P** 1300 732 766

**MANGO HILL 4509**

**E** [info@seasonsliving.com.au](mailto:info@seasonsliving.com.au)

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**A retirement village with onsite support 24/7, with facilities for people living with dementia, delivering:**

- dementia specific respite unit, social activities and events, and home nursing.
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## Suncare Community Services



### Home care

**NORTH LAKES 4509**

**P** (07) 3094 1800

*Home care services in the  
North Brisbane region*

**E** CS.NB@signaturecare.com.au

### **A not-for-profit provider of home care services, delivering:**

- home care package provider, personal care, domestic assistance, meals and meal preparation, home and garden maintenance, home nursing, flexible respite, transport, allied health, social activities and events, and assistance navigating My Aged Care.

## Sundale



### Home care

**KILCOY 4515**

**P** 1800 786 325

### Residential care

**KILCOY 4515**

**E** enquiries@sundale.org.au

*Aloaka Care Centre*

### **A not-for-profit provider of home care services and residential aged care, delivering:**

- Commonwealth Home Support Program, home care package provider, personal care, domestic assistance, meals and meal preparation, home and garden maintenance, and home nursing
- dementia information and support, residential aged care and respite, and memory support unit.

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## Sunny Care Home Service



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### Home care

**CABOOLTURE 4510**

*Home care services in the North Brisbane region*

**P** (07) 3272 2615

**E** [info@sunnycare.com.au](mailto:info@sunnycare.com.au)

#### **A provider of in-home care services, delivering:**

- home care package provider, personal care, domestic assistance, meals and meal preparation, home and garden maintenance, home nursing, flexible respite, transport, allied health, social activities and events, and assistance navigating My Aged Care.

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## Sunnymeade Park Aged Care Community



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### Residential care

**CABOOLTURE 4510**

*Sunnymeade Park*

**P** (07) 5495 4233

**E** [admissions@sunnymeadepark.com.au](mailto:admissions@sunnymeadepark.com.au)

#### **A provider of residential care services, delivering:**

- dementia-specific support, residential aged care and respite, secure dementia care and centre-based day respite.

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## North Brisbane PHN



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### Team Care Coordination

**P** 1800 250 502

**E** [info@brisbanenorthphn.org.au](mailto:info@brisbanenorthphn.org.au)

#### **A coordination service for people living with chronic health conditions, delivering:**

- personalised disease, health and community service information and education
- assessment and coordination of health, community and social support services
- liaising with service providers and health professionals to maximise appropriate and timely delivery of support services.

## Tingari Group



### Residential locations

#### ROTHWELL 4022

*Seabrae Manor Aged Care*

**P** (07) 3053 3333

**E** [receptionist@seabraemanor.com.au](mailto:receptionist@seabraemanor.com.au)

#### NARANGBA 4504

*Narangba Aged Care*

**P** (07) 3053 3700

**E** [info@narangbaagedcare.com.au](mailto:info@narangbaagedcare.com.au)

### A provider of residential care services, delivering:

- dementia-specific information and support, residential aged care and respite, and secure dementia care unit.

## Tricare



### Residential care

#### CHERMSIDE WEST 4032

*Stafford Lakes Aged Care  
Residence*

**P** (07) 3350 7000

**E** [staffordlakesacr@tricare.com.au](mailto:staffordlakesacr@tricare.com.au)

### A provider of residential care services, delivering:

- dementia-specific information and support, residential aged care and respite, and secure dementia care unit.

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## Wesley Mission



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### Home care

*Home care services in the North Brisbane region*

**P** 1800 411 825

**E** [contactus@wmq.org.au](mailto:contactus@wmq.org.au)

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### Residential locations

#### **BRAY PARK 4500**

*Anam Cara*

#### **CHERMSIDE 4032**

*Parkview, Cooper House, Emmaus Village, St Marks*

#### **GEEBUNG 4034**

*John Wesley Gardens*

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### Respite centres

*Hyland House Respite Care Centre*

*Arana Hills Pine Rivers Respite Centre*

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#### **A not-for-profit Christian provider of residential care services, delivering:**

- Commonwealth Home Support Program, home care package providers, domestic assistance, personal care, home nursing, centre-based day respite, residential aged care and respite, allied health professionals, home modifications, counselling, exercise activities and classes, transport and NDIS provider.

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## Woodlands Park Aged Care

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### **NEWMARKET 4051**

*Woodlands Park Aged Care*

**P** (07) 3352 6488

**E** [admin@woodlandsagedcare.com.au](mailto:admin@woodlandsagedcare.com.au)

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#### **A not-for-profit provider of residential care services, delivering:**

- dementia information and support, and residential aged care and respite.

## Transport

Alternative transport can help you stay active in the community. It may include public transport, community transport organisations, community buses and taxis.

You may be eligible to receive subsidised alternative transport through the community transport program, your NDIS package, MAC services or other government initiatives. Local community transport organisations also do fee-for-service.

SERVICE NAME	ABOUT
<b>Queensland Government transport initiatives</b>	There are a range of travel subsidy schemes and cards you may be able to access to assist with travel costs. This could include the Companion Card, which allows carers to accompany the person for whom they are caring on public transport for free, as well as the Taxi transport subsidy scheme, which provides subsidised Taxi rides for people who require a carer.
	<b>CONTACT: 13 QGOV (13 74 68)</b>
<b>Council Cabs Booking</b>	This cab service is for eligible people over the age of 60. This service will transport you from your home to your local shopping centre and back at a minimal cost.
	<b>CONTACT: (07) 3403 2227</b>
<b>QConnect Bus Services Moreton Bay</b>	There are subsidised bus and coach services from Kilcoy to Caboolture.
	<b>CONTACT: (07) 5497 1478</b>
<b>Redcliffe Community Bus</b>	Redcliffe Community Bus takes members to Kippa Ring Shopping Centre on Mondays and Wednesdays to access the shops, banks and medical services, as well as to socialise. Visits to other shopping centres include Morayfield, Taigum, Strathpine and Toombul.
	<b>CONTACT: (07) 3284 6429</b>

SERVICE NAME	ABOUT
<p><b>St John Ambulance Australia Queensland</b></p>	<p>St John Qld provides a reliable, pre-booked and cost-effective transport solution servicing North Brisbane and Moreton Bay. They transport people of all ages, backgrounds and needs. Eligible customers can obtain subsidised transportation through the Commonwealth Home Support Program or through Queensland Government Community Transport funding (depending on location). They also offer transportation on a fee-for-service basis and to people with an NDIS package. If eligible, you can pre-book transportation for every event, with no additional fees for caregivers.</p> <p><b>CONTACT: 1300 785 646</b></p>
<p><b>Bribie Island Voluntary Community Help Association</b></p>	<p>This transport service operates off-island transport for medical appointments, visits or social outings to North Brisbane and Moreton Bay. Eligible customers can obtain subsidised transportation through the Commonwealth Home Support Program or through Queensland Government Community Transport funding.</p> <p><b>CONTACT: (07) 3408 0111</b></p>
<p><b>TransitCare</b></p>	<p>TransitCare is a not-for-profit organisation providing pre-booked door-to-door transport for people who have difficulty getting around.</p> <p><b>CONTACT: 1300 153 636</b></p>

## Equipment and supportive aids

It's important to put safety measures in place for people living with dementia so they can live in the comfort of their own home for longer.

Consult your doctor or allied health professional—like an occupational therapist—when you're considering ordering equipment. This ensures you get the right piece of equipment that supports your needs and they can assist you with lodging an application for government funding if you are eligible. Below are some suggested medical and safety equipment providers, however the list is not exhaustive.

SERVICE NAME	ABOUT
<b>LifeTec Australia</b>	Qualified allied health professionals can provide a needs assessment to find out if appropriate assistive technology might be helpful for you. LifeTec has dementia-specific education and assistive technology training.
	<b>CONTACT: 1300 543 383</b>
<b>Assistive Technology Australia</b>	This is a free information service available to anyone needing advice on assistive technology solutions, home modifications and design ideas.
	<b>CONTACT: 1300 452 679</b>
<b>Think Mobility Dementia Care Equipment</b>	This company specialises in dementia care equipment and is located in the North Brisbane region.
	<b>CONTACT: 1300 881 968</b>
<b>Mobility HQ / AidaCare</b>	This company has a range of dementia care products that aim to promote safety in the home. It is NDIS registered and a DVA provider. It has delivery options and offers a price match guarantee.
	<b>CONTACT: 1300 017 592</b>



SERVICE NAME	ABOUT
<p><b>Rehab and Mobility</b></p>	<p>This company has a wide range of healthcare equipment, including mobility and rehabilitation equipment. They provide a wide choice of assistive technologies and home aids from their Brisbane showroom located in Deception Bay.</p> <p><b>CONTACT: 1300 368 085</b></p>
<p><b>Mobility and You Equipment</b></p>	<p>This company specialises in mobility and assistive aids and is located in the North Brisbane region.</p> <p><b>CONTACT: 1300 366 096</b></p>
<p><b>Dementia Shop Australia</b></p>	<p>This online store provides a variety of goods that improve the quality of life for people living with dementia.</p> <p><b>CONTACT: 0490 344 606</b></p>

## Planning for the future

Planning for the future is an important step for you and your family after a diagnosis. Make sure your wishes about healthcare, finances and legal matters are organised in the event you're unable to make decisions for yourself.

SERVICE NAME	ABOUT
<b>Advanced Care Planning Australia</b>	This organisation has advisory services and instructions to help you plan. Operates Monday to Friday, 9am–5pm
	<b>CONTACT: 1300 208 582</b> advancecareplanning.org.au
<b>Community Legal Centres</b>	You can access free legal advice either by telephone or by visiting a centre. Centres are located in North Brisbane, Pine Rivers and Moreton Bay.
	<b>CONTACT: (07) 3392 0092   communitylegalqld.org.au</b>
<b>The Office of Advanced Care Planning</b>	The Office of Advance Care Planning is a statewide service that helps promote the important process of advance care planning. You can contact the organisation to arrange for paper copies of the advanced care planning forms to be mailed to you.
	<b>CONTACT: 1800 007 227</b> metronorth.health.qld.gov.au/hospitals-services/advance-care-planning
<b>Making a will with the Public Trustee</b>	The Public Trustee is a free phone and online support service to help with will preparation, power of attorney, enduring guardianship, and storage of wills.
	<b>CONTACT: 1300 360 044   pt.qld.gov.au</b>

SERVICE NAME	ABOUT
<p><b>PalAssist Support Service</b></p>	<p>This is a phone and online support service operated by health professionals to provide information and support to people with life-limiting illnesses, their family and their carers. The staff can refer to other services including the PalAssist Counselling Service.</p> <p>Operates Monday to Friday, 7am–7pm</p> <hr/> <p><b>CONTACT: 1800 772 273   <a href="http://palassist.org.au">palassist.org.au</a></b></p>
<p><b>Palliative Care QLD</b></p>	<p>This is a not-for-profit peak body representing palliative care providers, consumers and families. It supports the community by listing the Queensland Palliative Care Service Directory and PalliLearn, which offers high quality, easy-to-understand palliative care education courses.</p> <hr/> <p><b>CONTACT: (07) 3842 3242   <a href="http://palliativecareqld.org.au">palliativecareqld.org.au</a></b></p>

This online version will have up-to-date information and include additional dementia support, services and resources in the North Brisbane and Moreton Bay region.

For health workers, this online version has information on dementia-specific referral pathways, education and training, advocacy, research and resources.

**Visit [yourcarenavigator.org.au](http://yourcarenavigator.org.au) to see an online version of this directory.**

