



Brisbane North PHN Centre-Based Respite Project

August 2020

Key Facts & Figures about the Brisbane North PHN region

<p>BRISBANE NORTH (6 sub-regions)</p> <ul style="list-style-type: none"> Brisbane Inner City Brisbane West Brisbane North Pine Rivers Redcliffe-North Lakes Moreton Bay North 	<p>Estimated Population</p> <p>960,000 residents (1,200,000 by 2036)</p> <p>Over 14,000 people of Aboriginal and Torres Strait Island descent</p> <p>20% born overseas (10% speak first language other than English)</p>	<p>Pockets of social disadvantage across entire region</p> <p>Sub-regions of Pine Rivers, Moreton Bay North and Redcliffe-North Lakes demonstrate significantly higher levels of social disadvantage, poorer health outcomes and limited access to health services</p>	<p>Older Persons' Support Needs</p> <p>Percentage of people aged 65 and over who need assistance, by age and activity type, 2018</p> <ul style="list-style-type: none"> Healthcare predominant type of personal assistance required across all age cohorts (22.5%) Mobility assistance second most frequent type (15.2%) Assistance for all personal activities increases with age 26% aged 65+ need assistance with personal activities 37% people aged 85-89 need assistance with transport (increases to 43.6% for those aged 90+) <p>Source: CHSP Consortium presentation 7/2/2020</p>
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Source (above): [Brisbane North PHN population health snapshot](#)

	<p>Culturally and Linguistically Diverse People</p> <p>In June 2016, more than 245,000 older persons in the region were born overseas (i.e., 18% of the total pop. aged 65 and over).</p> <p>Age distribution: 65-69 (34%); 70-74 (26%); 75-79 (18%); 80-85 (12%), and 85+ (10%)</p> <p>In general, people born overseas have poorer socioeconomic status, may face substantial language barriers in accessing services, and risk having different cultural practices and norms, leading to lack of understanding of and barriers to service use (FECCA, 2015).</p>	<p>Projected Population Growth (2020-2030)</p> <p>By 2040, the Depression generation will be in their 100s, Baby Boomers in 90s, Gen X in 70s and Millennials in 50s.</p> <p>The highest growth rates for people aged 65+ are in the Brisbane Inner City (46%) and Moreton Bay region.</p> <table border="1"> <thead> <tr> <th colspan="2">Moreton Bay North</th> </tr> </thead> <tbody> <tr> <td>Caboolture</td> <td>47%</td> </tr> <tr> <td>Caboolture Hinterland</td> <td>45%</td> </tr> <tr> <td>Narangba-Burpengary</td> <td>43%</td> </tr> <tr> <td>Bribie-Beachmere</td> <td>30%</td> </tr> <tr> <th colspan="2">Redcliffe – North Lakes</th> </tr> <tr> <td>North Lakes</td> <td>54%</td> </tr> <tr> <td>Redcliffe</td> <td>33%</td> </tr> <tr> <th colspan="2">Pine Rivers</th> </tr> <tr> <td>The Hills District</td> <td>41%</td> </tr> <tr> <td>Strathpine</td> <td>31%</td> </tr> </tbody> </table> <p>All populations over 65 set to almost double by 2030.</p> <p>Source: ABS, 2016, projected population (medium series), by five-year age group, by statistical area, Queensland, 2016 to 2041.</p>	Moreton Bay North		Caboolture	47%	Caboolture Hinterland	45%	Narangba-Burpengary	43%	Bribie-Beachmere	30%	Redcliffe – North Lakes		North Lakes	54%	Redcliffe	33%	Pine Rivers		The Hills District	41%	Strathpine	31%
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	<p>Aboriginal and Torres Strait Islander People</p> <p>More likely to access community-based programs.</p> <p>41% aged 50 and over in labour force (38% employed); 64% aged 50 and over report some form of disability (approx. 75% physical: 60% sight, hearing, speech); of those with a disability 40% have an informal carer; 45% who use services live alone and 32% live with others.</p>	<p>Facts about Carers</p> <ul style="list-style-type: none"> Almost twice as many carers experience poor physical health compared with the general population (AIFS, 2008). Carers may experience loss and grief throughout their caring role and usually require access to a number of support services during the course of their caring role. Carers had the lowest collective wellbeing score of any group sampled and had an average rating on the depression scale classified as moderate (Deakin University, 2009). 																						

Source (above): CHSP clients, CALD and ATSI stats from CHSP Consortium Presentation 7/2/2020. Source for facts about carers from [My Mental Health website](#)

Key Stakeholder considerations

Key Informers Current and potential future consumers and carers; community groups/networks; carer and dementia support services; current respite providers; assessors (RAS/ACAT); health and hospital workers; ADA, and Aged Care Quality and Safety Commission (quality/complaints) State Office.

Key Connectors Community advocacy networks; community organisations and networks; council community development officers (indigenous, access and inclusion, community and cultural); community aged care supports (e.g. Meals on Wheels, Community Visitors Scheme.) and diversity and inclusion representatives/advocacy bodies.

Key Influencers DoH — Aged Care (State Office); DSS – CHSP Grants; DSS – Carers; Dept Veteran Affairs; Qld Dept Communities, Disability Services and Seniors; system and service advocacy peaks; & academics/researchers.

Key informant considerations



Providers in the region

There are around 23 Centre-based respite providers across the Brisbane North region. This includes parts of Brisbane City and Somerset Council areas, along with the Moreton Bay Regional Council. A map overlays these services with the Cabool Aged Care Planning regions (Attachment 3).

Useful Planning Resources

- Australian Government - [Aged Care Diversity Framework](#)
- BNPHN Reports and Plans available at: <https://www.brisbanenorthphn.org.au/page/publications/reports-and-plans/>
- Brisbane North PHN CHSP Consortium presentation (7 February 2020) "Statistics: Build our understanding of community through meaningful data".
- Brisbane North PHN [Health Needs Assessment](#)
- [Brisbane North PHN Health Priorities 2018-19](#)
- [Brisbane North PHN My Mental Health Service Navigator Map](#) (including [carer and family supports](#), and [specialised services](#))
- [Five Year Health Care Plan For Older People Who Live In Brisbane North 2017-2022](#)
- My Community Directory: [Brisbane](#), [Moreton Bay Region](#) and [Somerset](#).
- [My Mental Health Service Map](#)
- [Planning for Wellbeing – A Regional Plan for North Brisbane and Moreton Bay focussing on mental health, suicide prevention and alcohol and other drug services 2018-2023.](#)
- Population Health Snapshot Brisbane North 2018 (Brisbane North PHN) – [PDF Document](#) (5pp) and [Video](#)