

Brisbane North PHN Centre-Based Respite Project August 2020

Key Facts & Figures about the Brisbane North PHN region

BRISBANE NORTH
(6 sub-regions)
Brisbane Inner City
Brisbane West
Brisbane North
Pine Rivers
Redcliffe-North
Lakes

Moreton Bay North

Estimated Population

960,000 residents (1,200,000 by 2036) Over 14,000 people of Aboriginal and Torres Strait Island

20% born overseas (10% speak first anguage other than English) Pockets of social disadvantage across

Sub-regions of Pine Rivers, Moreton Bay North and Redcliffe-North Lakes demonstrate significantly higher levels of social disadvantage, poorer health outcomes and limited access to health services

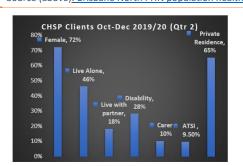
Older Persons' Support Needs

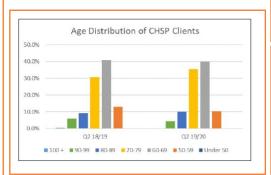
Percentage of people aged 65 and over who need assistance, by age and activity type, 2018

- Healthcare predominant type of personal assistance required across all age cohorts (22.5%)
- Mobility assistance second most frequent type (15.2%)
- Assistance for all personal activities increases with age
- 26% aged 65+ need assistance with personal activities
- 37% people aged 85-89 need assistance with transport (increases to 43.6% for those aged 90+)

Source: CHSP Consortium presentation 7/2/2020

Source (above): Brisbane North PHN population health snapshot





Culturally and Linguistically Diverse People

In June 2016, more than 245,000 older persons in the region were born overseas (i.e., 18% of the total pop. aged 65 and over).

Age distribution: 65-69 (34%); 70-74 (26%); 75-79 (18%); 80-85 (12%), and 85+ (10%)

In general, people born overseas have poorer socioeconomic status, may face substantial language barriers in accessing services, and risk having different cultural practices and norms, leading to lack of understanding of and barriers to service use (FECCA, 2015).

Aboriginal and Torres Strait Islander People

More likely to access community-based programs. 41% aged 50 and over in labour force (38% employed); 64% aged 50 and over report some form of disability (approx. 75% physical: 60% sight, hearing, speech); of those with a disability 40% have an informal carer; 45% who use services live alone and 32% live with others.

Facts about Carers

- Almost twice as many carers experience poor physical health compared with the general population (AIFS, 2008).
- Carers may experience loss and grief throughout their caring role and usually require access to a number of support services during the course of their caring role.
- Carers had the lowest collective wellbeing score of any group sampled and had an average rating on the depression scale classified as moderate (Deakin University, 2009).

Projected Population Growth (2020-2030)

By 2040, the Depression generation will be in their 100s, Baby Boomers in 90s, Gen X in 70s and Millennials in 50s.

The highest growth rates for people aged 65+ are in the Brisbane Inner City (46%) and Moreton Bay region.

| Moreton Bay North | |
|-------------------------|-----|
| Caboolture | 47% |
| Caboolture Hinterland | 45% |
| Narangba-Burpengary | 43% |
| Bribie-Beachmere | 30% |
| Redcliffe – North Lakes | |
| North Lakes | 54% |
| Redcliffe | 33% |
| Pine Rivers | |
| The Hills District | 41% |
| Strathpine | 31% |

All populations over 65 set to almost double by 2030.

Source: ABS, 2016, projected population (medium series), by five-year age group, by statistical area, Queensland, 2016 to 2041.

Source (above): CHSP clients, CALD and ATSI stats from CHSP Consortium Presentation 7/2/2020. Source for facts about carers from My Mental Health website

Key Stakeholder considerations

Key Informers Current and potential future consumers and carers; community groups/networks; carer and dementia support services; current respite providers; assessors (RAS/ACAT); health and hospital workers; ADA, and Aged Care Quality and Safety Commission (quality/complaints) State Office.

Key Connectors Community advocacy networks; community organisations and networks; council community development officers (indigenous, access and inclusion, community and cultural); community aged care supports (e.g. Meals on Wheels, Community Visitors Scheme.) and diversity and inclusion representatives/advocacy bodies.

Key Influencers DoH — Aged Care (State Office); DSS – CHSP Grants; DSS – Carers; Dept Veteran Affairs; Qld Dept Communities, Disability Services and Seniors; system and service advocacy peaks; & academics/researchers.

Useful Planning Resources

- Australian Government <u>Aged Care Diversity Framework</u>
- BNPHN Reports and Plans available at: https://www.brisbanenorthphn.org.au/page/publications/reports-and-plans/
- Brisbane North PHN CHSP Consortium presentation (7 February 2020) "Statistics: Build our understanding of community through meaningful data".
- Brisbane North PHN <u>Health Needs Assessment</u>
- Brisbane North PHN Health Priorities 2018-19
- Brisbane North PHN My Mental Health Service Navigator Map (including carer and family supports, and specialised services)
 The Mark Health Gran Plan Foodback Michael Problems North 2017 2022
- Five Year Health Care Plan For Older People Who Live In Brisbane North 2017-2022
- My Community Directory: <u>Brisbane</u>, <u>Moreton Bay Region</u> and <u>Somerset</u>.
- My Mental Health Service Map
- Planning for Wellbeing A Regional Plan for North Brisbane and Moreton Bay focussing on mental health, suicide prevention and alcohol and other drug services 2018-2023.
- Population Health Snapshot Brisbane North 2018 (Brisbane North PHN) PDF Document (5pp) and Video

Key informant considerations Dementia Support Chronic health support orgs Carers Support Services Socially isolated/at risk of Aged 50+ with chronic health condition Consumers & Carers Special Needs Groups

Providers in the region

There are around 23 Centre-based respite providers across the Brisbane North region. This includes parts of Brisbane City and Somerset Council areas, along with the Moreton Bay Regional Council. A map overlays these services with the Cabool Aged Care Planning regions (Attachment 3).