



Change Futures

# End of Life Care in Residential Aged Care

Palliative care supports people to live their life as completely and as comfortably as possible in ways that are meaningful to them. Providing psychosocial support is an important part of quality palliative care.

To assist aged care staff to feel confident in providing this support to residents, this six module training package presents opportunities to explore palliative care as a person-centred approach which focusses on the social and emotional needs of residents approaching end of life.

The psychoeducation modules are delivered onsite by mental health professionals who work with residents in aged care and the training can be tailored as a single half day session, two 1.5 hour sessions or alternatively as six 30 minute sessions. Core modules may be available via online learning.

## Support

Further support and mentoring is available for residential aged care facility staff by appointment or participation in palliative care staff support groups. Please use the contact details below to register your interest.

## Register your interest

Please contact Change Futures to schedule a meeting to discuss your staff training needs or register your interest in the staff mentoring and support group opportunities.

**Phone:** 07 3857 0847 | **Email:** [education@changeutures.org.au](mailto:education@changeutures.org.au)

## Psychoeducation Modules

- 1 End of Life Stage
- 2 Communication & Validation
- 3 Grief in Aged Care
- 4 Palliative Care Part 1
- 5 Palliative Care Part 2
- 6 Self-care for Staff working in Aged Care

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