

# Brisbane North PHN Commissioned Services

Mental health, suicide prevention, alcohol and other drugs 2022/23

This snapshot provides an overview of the activities and services delivered across 2022/23 in the Brisbane North PHN region. The data captures services commissioned by the PHN under the Primary Mental Health Care, Psychosocial Support, headspace and Alcohol and other drugs funding as well as additional funding supplements provided due to COVID-19.

For more information on PHN commissioned services see <https://brisbanenorthphn.org.au/our-programs/mental-health-services>

## Mental health and suicide prevention

10,413

### People accessing services:

Service providers deliver a wide range of services including psychological therapies, care coordination and psychosocial supports.

From 1 July 2022 to 30 June 2023, 10,413 people across the North Brisbane region accessed services commissioned by the PHN.

**63%**

of people accessing services were female and **31%** were male

**20%**

identified as Aboriginal, Torres Strait Islander or both

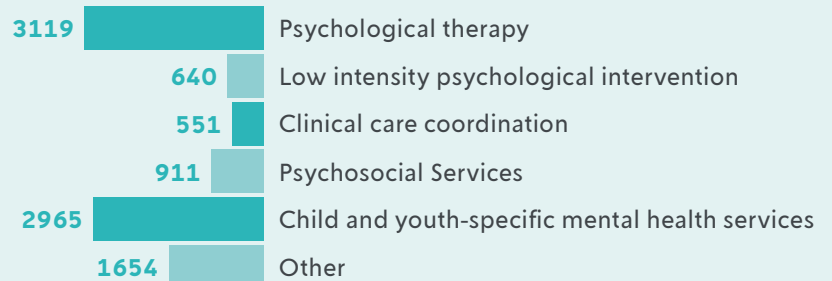
**20%**

were born overseas

**3.5%**

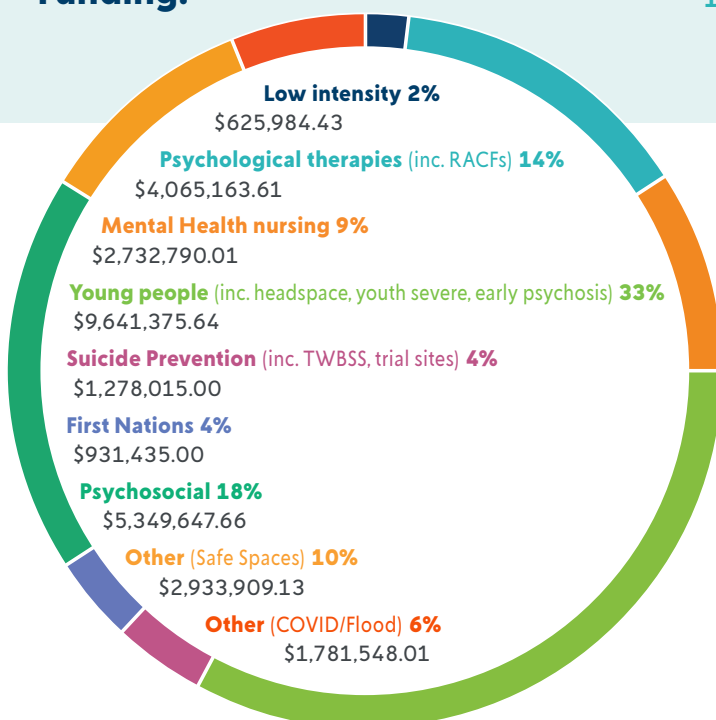
other gender

## Number of episodes per service type across the Stepped Care continuum:



**10,338 Episode Count**

## Funding:



77,363

**service contacts occurred over the year**

**29%** had GP Mental Health Care Plan

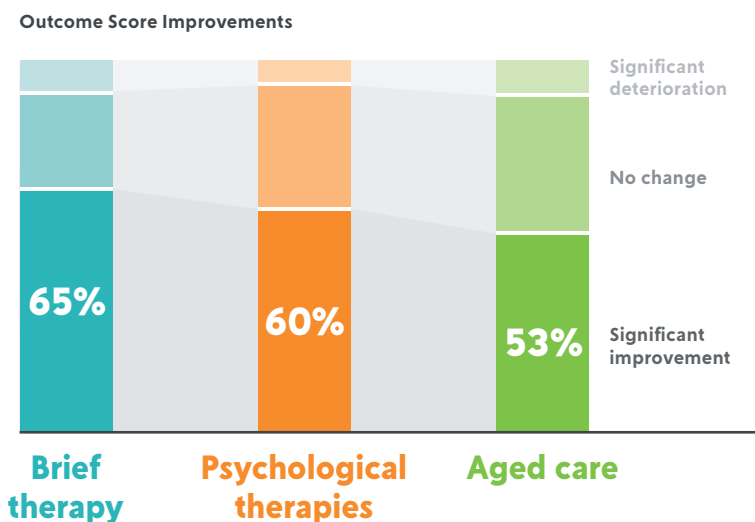
**48%** of service contacts were conducted as outreach (not in service providers office)

**38%** service contacts were delivered in a modality other than face to face i.e. telephone, virtual appointments etc.

**43%** of people accessing services lived in Moreton Bay region.

## Outcomes achieved:

Positive outcomes were achieved for people in the region



## Alcohol and other drugs:

Service providers provide a range of treatment support options to people experiencing concerns regarding their substance use, ranging from harm reduction based brief interventions through to counselling and day support programs.



**16,135** occasions of service were delivered to **2,583** service users, **3,204** more than 2021/22.



**19%** of all service users identified as Aboriginal and/or Torres Strait Islander.



**3.5%** of people identified as a member of the LGBTIQ+ communities.

**74.6%** of all service users experienced a co-existing mental health concern along with problematic substance use.



## Mental Health Service providers:

Brisbane North PHN commissions **37** organisations to deliver services.

**506** staff are employed to provide services to people across the PHN region.

These staff come from a range of professional backgrounds including

**140** psychologist and **85** social workers.

## Engaging people with lived experience

**100%** of PHNs represented on the National PHN MHLEEN network.

Average of **65%** attendance rate at monthly meetings, a **15%** increase from last financial year.

Representation from **72%** of PHNs at the annual MHLEEN forum, **50%** of attendees who were people with a lived experience.

- Lived Experience Leadership Digital Library initiative launched
- scoping paper – Pathways for Supporting the ‘Not Negotiable’ Lived Experience (Peer) Workforces to Thrive – for formal lived experience training programs and supports delivered
- Lived Experience Governance Framework launched
- a toolkit to authentically embed lived experience governance launched.