



Activity Work Plan 2019-2022: Primary Mental Health Care Funding

This Activity Work Plan template has the following parts:

1. The Primary Mental Health Care Activity Work Plan for the financial years 2019-20, 2020-2021 and 2021-2022. Please complete the table of planned activities funded under the following:
 - Primary Mental Health Care Schedule - Primary Mental Health and Suicide Prevention - Flexible Funding
 - Primary Mental Health Care Schedule - Indigenous Mental Health - Flexible Funding
 - Primary Mental Health Care Schedule - Per- and Poly- Fluoroalkyl Substances (PFAS) – Flexible Funding
2. The Indicative Budget for the financial years 2019-20, 2020-21 and 2021-22. Please attach an excel spreadsheet using the template provided to submit indicative budgets for:
 - Primary Mental Health Care Schedule - Primary Mental Health and Suicide Prevention - Operational and Flexible Funding
 - Primary Mental Health Care Schedule - Indigenous Mental Health - Flexible Funding
 - Primary Mental Health Care Schedule - Per- and Poly- Fluoroalkyl Substances (PFAS) – Flexible Funding

Brisbane North PHN

When submitting this Activity Work Plan to the Department of Health, the PHN must ensure that all internal clearances have been obtained and has been endorsed by the CEO.

Overview

This Primary Mental Health Care Activity Work Plan covers the period from 1 July 2019 to 30 June 2022. To assist with PHN planning, each activity nominated in this work plan can be proposed for a period of up to 36 months. Regardless of the proposed duration for each activity, the Department of Health will require PHNs to submit updates to the Activity Work Plan on an annual basis.

Important documents to guide planning

The following documents will assist in the preparation of your Activity Work Plan:

- Activity Work Plan guidance material;
- Primary Mental Health Care Minimum Data Set (PMHC-MDS) Documentation;
- The Fifth National Mental Health and Suicide Prevention Plan;
- PHN Needs Assessment Guide;
- PHN Program Performance and Quality Framework;
- Primary Health Networks Grant Programme Guidelines;
- Clause 3, Financial Provisions of the Standard Funding Agreement.

Formatting requirements

- Submit plans in Microsoft Word format only.
- Submit budgets in Microsoft Excel format only.
- Do not change the orientation of any page in this document.
- Do not add any columns or rows to tables, or insert tables/charts within tables – use attachments if necessary.
- Delete all instructions prior to submission.

1. (a) **Planned activities for 2019-20 to 2021-22**
 - **Primary Mental Health and Suicide Prevention Funding**
 - **Indigenous Mental Health Funding**
 - **Response to PFAS Funding**

PHNs must use the table below to outline the activities proposed to be undertaken within the period 2019-2022.

Proposed Activities - copy and complete the table as many times as necessary to report on each activity	
Mental Health Priority Area	Priority area 1: Low intensity mental health services
ACTIVITY TITLE	MH 1.1 – New Access service
Existing, Modified, or New Activity	Existing Activity Activity 1.1 in the 2018-19 Primary Mental Health Care Activity Work Plan.
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	This activity addresses the needs assessment priority MH1 – Low Intensity Mental Illness (page 29). This activity is aligned to the option of commissioning a range of low intensity psychological services identified in the needs assessment (page 35).
Aim of Activity	The aim of this activity is to improve access to low intensity services for people aged 12 years and over. Brisbane North PHN will achieve this aim by continuing to commission structured, time-limited, evidence-based low intensity psychological services. These services will be delivered by non-clinical staff through various modalities. The services will target hard-to-reach, vulnerable, socially disadvantaged population groups and others experiencing a significant life transition.
Description of Activity	Brisbane North PHN will continue to commission the Richmond Fellowship Queensland to deliver Beyondblue’s New Access program, which supports the general population who need help to managed everyday life stresses and pressures. This activity will consist six sessions, which includes a face to face assessments. The sessions will be a mixture of face to face, phone or skype contact, as

	determined by consumer needs. Consumers will be followed up four weeks and six months after the completion of the program.
Target population cohort	This activity is broadly targeted to people with mild mental illness and those in distress who may be at risk of developing a mental illness.
Indigenous specific	No
Coverage	This activity will cover the whole Brisbane North PHN region.
Consultation	<p>Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the <i>Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023</i>. This outcomes of this activity contribute to the success of the regional plan.</p> <p>In 2017-18, consultation to inform the initial development of this activity highlighted the importance of not simply parachuting in new models of care which can further fragment service delivery, but to ensure any procurement increases coordination and connection across the system. Participants at co-design workshops consistently reported the silo nature of services, the fragmented nature of the service system and the need for service and system navigation. Achievement of an effective person-centred, stepped care model requires significant reform, and an understanding of how the various components within low-intensity services operate and coordinate with each other.</p> <p>Further consultation in the development of the procurement strategy for this activity involved:</p> <ul style="list-style-type: none"> • <i>Online Discussion paper & Survey</i> – Distributed to 750+ people, 400 + visitors to the online site, 60 downloads of discussion paper, 78 (10% response rate) survey responses • <i>Stakeholder meetings</i> – 8 meetings with key stakeholders including Beyond Blue, Sane Australia, Brook RED, Peach Tree and Institute for Urban Indigenous Health. <p>From the engagement activities Brisbane North PHN identified three key strategy areas for low intensity mental health services needed in the Brisbane North region:</p> <ol style="list-style-type: none"> 1. access to low intensity psychological services, in a variety of modalities 2. education and support for GP's and other primary health and community service providers building the evidence base for low intensity services.
Collaboration	This activity will be implemented by Brisbane North PHN, under the guidance of the Psychological Therapies Group.

	Membership of this group will be drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.
Activity milestone details/ Duration	<p>Activity start date: 1/07/2019 Activity end date: 30/06/2022</p> <p>This activity is ongoing and services are already in place.</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p>
Commissioning method and approach to market	<p><i>1. Please identify your intended procurement approach for commissioning services under this activity:</i></p> <p><input type="checkbox"/> Not yet known <input checked="" type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date. <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details)</p> <p><i>2a. Is this activity being co-designed?</i> No</p> <p><i>2b. Is this activity this result of a previous co-design process?</i> Yes</p> <p><i>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</i> No</p> <p><i>3b. Has this activity previously been co-commissioned or joint-commissioned?</i> No</p>
Decommissioning	No (drop-down menu)
Data collection	Yes

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 1: Low intensity mental health services
ACTIVITY TITLE	MH 1.2 – Optimal Health Program
Existing, Modified, or New Activity	Existing Activity Activity 1.2 – group based supports in the 2018-19 Primary Mental Health Care Activity Work Plan
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	This activity addresses the needs assessment priority MH1 – Low Intensity Mental Illness (page 29). This activity is aligned to the option of commissioning a range of low intensity psychological services identified in the needs assessment (page 35).
Aim of Activity	The aim of this activity is to improve access to low intensity services for people aged 12 years and over. Brisbane North PHN (the PHN) will achieve this aim by continuing to commission structured, time-limited, evidence-based low intensity psychological services. These services will be delivered by non-clinical staff through various modalities. The services will target hard-to-reach, vulnerable, socially disadvantaged population groups and others experiencing a significant life transition.
Description of Activity	Brisbane North PHN will continue to commission a provider to deliver the Optimal Health Program. This program supports the general population through activities that are focused on developing resilience and mental health and well-being. The Optimal Health Program will consist of eight face to face sessions. Four individual telephone coaching sessions are available between group sessions on request. A final peer-facilitated review session will occur four weeks after completion of the eight main sessions. The program will be tailored to meet the needs of the following hard to reach groups, in addition to the general population: <ul style="list-style-type: none"> • People who work full time • People who are on probation on parole with the justice system • People who identify as LGBTI.
Target population cohort	

	<p>This activity is broadly targeted to people with mild mental illness and those in distress who may be at risk of developing a mental illness. This activity will also be targeted to hard-to-reach and vulnerable population groups.</p>
Indigenous specific	No
Coverage	This activity will cover the whole Brisbane North PHN region.
Consultation	<p>Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the <i>Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023</i>. This outcomes of this activity contribute to the success of the regional plan.</p> <p>In 2017-18, consultation to inform the initial development of this activity highlighted the importance of not simply parachuting in new models of care which can further fragment service delivery, but to ensure any procurement increases coordination and connection across the system. Participants at co-design workshops consistently reported the silo nature of services, the fragmented nature of the service system and the need for service and system navigation. Achievement of an effective person-centred, stepped care model requires significant reform, and an understanding of how the various components within low-intensity services operate and coordinate with each other.</p> <p>Further consultation in the development of the procurement strategy for this activity involved:</p> <ul style="list-style-type: none"> • <i>Online Discussion paper & Survey</i> – Distributed to 750+ people, 400 + visitors to the online site, 60 downloads of discussion paper, 78 (10% response rate) survey responses • <i>Stakeholder meetings</i> – 8 meetings with key stakeholders including Beyond Blue, Sane Australia, Brook RED, Peach Tree and Institute for Urban Indigenous Health. <p>From the engagement activities Brisbane North PHN identified three key strategy areas for low intensity mental health services needed in the Brisbane North region:</p> <ol style="list-style-type: none"> 3. access to low intensity psychological services, in a variety of modalities 4. education and support for GP's and other primary health and community service providers building the evidence base for low intensity services.
Collaboration	<p>This activity will be implemented by Brisbane North PHN, under the guidance of the Psychological Therapies Group.</p> <p>Membership of this group will be drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.</p>

<p>Activity milestone details/ Duration</p>	<p>Activity start date: 1/07/2019 Activity end date: 30/06/2022</p> <p>This activity is ongoing and services are already in place.</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p>
<p>Commissioning method and approach to market</p>	<p><i>1. Please identify your intended procurement approach for commissioning services under this activity:</i></p> <p><input type="checkbox"/> Not yet known <input checked="" type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date. <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details)</p> <p><i>2a. Is this activity being co-designed?</i> No</p> <p><i>2b. Is this activity this result of a previous co-design process?</i> Yes</p> <p><i>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</i> No</p> <p><i>3b. Has this activity previously been co-commissioned or joint-commissioned?</i> No</p>
<p>Decommissioning</p>	<p>No (drop-down menu)</p>
<p>Data collection</p>	<p>Yes</p>

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 1: Low intensity mental health services
ACTIVITY TITLE	MH 1.3 – Problem Management Plus program
Existing, Modified, or New Activity	Existing Activity Activity 1.2 in the 2018-19 Primary Mental Health Care Activity Work Plan
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	This activity addresses the needs assessment priority MH1 – Low Intensity Mental Illness (page 29). This activity is aligned to the option of commissioning a range of low intensity psychological services identified in the needs assessment (page 35).
Aim of Activity	The aim of this activity is to improve access to low intensity services for people aged 12 years and over. Brisbane North PHN (the PHN) will achieve this aim by continuing to commission structured, time-limited, evidence-based low intensity psychological services. These services will be delivered by non-clinical staff through various modalities. The services will target hard-to-reach, vulnerable, socially disadvantaged population groups and others experiencing a significant life transition.
Description of Activity	Brisbane North PHN will continue to commission a provider to deliver the Problem Management Plus program. This program supports the culturally and linguistically diverse population through a range of low intensity mental health services. There are two Problem Management Plus program options available, based on client needs and preferences. Option A is designed for clients who require individual sessions. Option B is designed for clients who require group sessions. Option A will consist of seven individual sessions. These sessions are made up of two face to face assessment and planning sessions and five weekly face to face intervention sessions. Telephone support between sessions will also be available for clients who require extra levels of support, along with additional support through existing group programs. Option B will consist of seven sessions. These sessions are made up of two face to face assessment planning sessions and five group support sessions of eight to ten participants. Clients will also be offered additional support through existing support programs.

	The activity will be delivered as an outreach model in various locations throughout the Brisbane North PHN region. Individual support will also be provided in people’s homes or a safe place where required.
Target population cohort	This activity is specifically targeted to culturally and linguistically diverse populations, including refugees who have a mild mental illness or who may be at risk of developing a mental illness.
Indigenous specific	No.
Coverage	This activity will cover the whole Brisbane North PHN region.
Consultation	<p>Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the <i>Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023</i>. This outcomes of this activity contribute to the success of the regional plan.</p> <p>In 2017-18, consultation to inform the initial development of this activity highlighted the importance of not simply parachuting in new models of care which can further fragment service delivery, but to ensure any procurement increases coordination and connection across the system. Participants at co-design workshops consistently reported the silo nature of services, the fragmented nature of the service system and the need for service and system navigation. Achievement of an effective person-centred, stepped care model requires significant reform, and an understanding of how the various components within low-intensity services operate and coordinate with each other.</p> <p>Further consultation in the development of the procurement strategy for this activity involved:</p> <ul style="list-style-type: none"> • <i>Online Discussion paper & Survey</i> – Distributed to 750+ people, 400 + visitors to the online site, 60 downloads of discussion paper, 78 (10% response rate) survey responses • <i>Stakeholder meetings</i> – 8 meetings with key stakeholders including Beyond Blue, Sane Australia, Brook RED, Peach Tree and Institute for Urban Indigenous Health. <p>From the engagement activities Brisbane North PHN identified three key strategy areas for low intensity mental health services needed in the Brisbane North region:</p> <ol style="list-style-type: none"> 5. access to low intensity psychological services, in a variety of modalities 6. education and support for GP’s and other primary health and community service providers building the evidence base for low intensity services.
Collaboration	

	<p>This activity will be implemented by Brisbane North PHN, under the guidance of the Psychological Therapies Group.</p> <p>Membership of this group will be drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.</p>
<p>Activity milestone details/ Duration</p>	<p>Activity start date: 1/07/2019 Activity end date: 30/06/2022</p> <p>This activity is ongoing and services are already in place.</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p>
<p>Commissioning method and approach to market</p>	<p><i>1. Please identify your intended procurement approach for commissioning services under this activity:</i></p> <p><input type="checkbox"/> Not yet known <input checked="" type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date. <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details)</p> <p><i>2a. Is this activity being co-designed?</i> No</p> <p><i>2b. Is this activity this result of a previous co-design process?</i> Yes</p> <p><i>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</i> No</p> <p><i>3b. Has this activity previously been co-commissioned or joint-commissioned?</i> No</p>
<p>Decommissioning</p>	<p>No (drop-down menu)</p>
<p>Data collection</p>	<p>Yes</p>

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 1: Low intensity mental health services
ACTIVITY TITLE	MH 1.4 – Sunshine Parenting Program
Existing, Modified, or New Activity	<p>Modified Activity</p> <p>This activity was previously a part of low intensity lead site work conducted by Brisbane North PHN. The successful trial of the lead site activity has resulted in the inclusion of this activity in this activity work plan.</p>
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	<p>This activity addresses the needs assessment priority MH1 – Low Intensity Mental Illness (page 29).</p> <p>This activity is aligned to the option of commissioning a range of low intensity psychological services identified in the needs assessment (page 35).</p>
Aim of Activity	<p>The aim of this activity is to improve the perinatal mental health among people aged 18 years and over in the Brisbane North PHN region. This was identified as a need in both the needs assessment and from the consultation associated with the development of the mental health, suicide prevention and alcohol and other drug treatment services regional plan.</p> <p>This activity will improve access to low intensity services for mothers of infants aged 0 to 12 months who are experiencing mild postnatal depression and their partners. Brisbane North PHN will achieve this aim by continuing to commission structured, time-limited, evidence-based low intensity psychological services.</p>
Description of Activity	<p>Brisbane North PHN will commission a provider to deliver Sunshine Parenting Program. This program will support mothers of infants aged 0 to 12 months who are experiencing mild postnatal depression. This program will deliver low intensity services to people aged 18 years and over who are at risk of experiencing, currently experience or have a history of experiencing symptoms of mild mental illness during the perinatal period.</p> <p>This activity will consist of a six group sessions across two separate centres. The six sessions will consist of two hour face-to-face group workshops. These workshops will be facilitated by peer workers with a lived experience in perinatal mental health challenges. Further support through referral to a psychologist will be available if required.</p>
Target population cohort	This activity is broadly targeted to people with mild mental illness and those in distress who may be at risk of developing a mental illness.

	Specifically, the activity is targeted to mothers of infants aged 0-12 months who are experiencing mild postnatal depression.
Indigenous specific	No
Coverage	This activity will cover the whole Brisbane North PHN region.
Consultation	<p>Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the <i>Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023</i>.</p> <p>The consultation for <i>Planning for Wellbeing</i> also covered the development of activities included in this Activity Work Plan. This consultation occurred over a two year period between 2016 and 2018.</p> <p>Specific consultation to inform the procurement strategy of this activity consisted of:</p> <ul style="list-style-type: none"> • An online discussion paper and survey, Distributed to 750+ people, 400 + visitors to the online site, 60 downloads of discussion paper, 78 (10% response rate) survey responses • A range of meetings held with key stakeholders including Beyondblue, Sane Australia, Brook RED, Peach Tree and the Institute for Urban Indigenous Health.
Collaboration	<p>This activity will be implemented by Brisbane North PHN, under the guidance of the Psychological Therapies Group.</p> <p>Membership of this group will be drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.</p>
Activity milestone details/ Duration	<p>Activity start date: 1/07/2019 Activity end date: 30/06/2022</p> <p>This activity is ongoing and services are already in place.</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p>
Commissioning method and approach to market	<p>1. Please identify your intended procurement approach for commissioning services under this activity:</p> <p><input type="checkbox"/> Not yet known <input checked="" type="checkbox"/> Continuing service provider / contract extension</p>

	<input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date. <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details) <i>2a. Is this activity being co-designed?</i> No <i>2b. Is this activity this result of a previous co-design process?</i> No <i>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</i> No <i>3b. Has this activity previously been co-commissioned or joint-commissioned?</i> No
Decommissioning	No (drop-down menu)
Data collection	Yes

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 1: Low intensity mental health services
ACTIVITY TITLE	MH 1.5 – Nexus program
Existing, Modified, or New Activity	Existing Activity Activity 5.1 – Ensure continuity of care for clients of existing suicide prevention services who may be at risk if the service is withdrawn in the 2018-19 Primary Mental Health Care Activity Work Plan.
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	This activity addresses the following needs assessment priorities: <ul style="list-style-type: none"> • MH1 – Low intensity mental illness (page 29) • MH9 – Suicide prevention for at risk population groups, including LGBTIQ, Aboriginal and Torres Strait Islander people and young to middle aged men (page 30). This activity is aligned to the options of: <ul style="list-style-type: none"> • commission a range of low intensity psychological services (page 35) • improve and integrate suicide prevention responses on a systems-wide basis in the PHN region (page 36).
Aim of Activity	The aim of this activity is to improve access to low intensity psychological services for people of a culturally and linguistically diverse background who may be at risk of suicide. This includes community based activities and liaison with the Metro North Hospital and Health Service and other providers to help ensure appropriate follow-up and support arrangements are in place at a regional level for individuals after a suicide attempt and for other people at high risk of suicide. This activity will ensure continuity of care for people who access suicide prevention services who may be at risk if the service is withdrawn by providing the necessary supports through commissioning services targeted to people from a refugee and culturally diverse background.
Description of Activity	Brisbane North PHN will continue to fund the Nexus program. This program will be delivered by the Queensland Program of Assistance to Survivors of Torture and Trauma, through a joint arrangement with Brisbane South PHN. This program ensures continuity of care for people from a refugee and culturally diverse background that are at risk of suicide. The service will work to ensure that the needs of culturally diverse communities are met. Specifically, this activity includes:

	<ul style="list-style-type: none"> • one on one counselling for those who have made a recent suicide attempt or deemed at risk of suicide • School outreach for those who have made a recent suicide attempt or deemed at risk of suicide • School holiday programs • School group programs. <p>Brisbane North PHN will continue to contribute a proportion of funding to this project, based on the percentage of clients residing the Brisbane North PHN region.</p> <p>Continuation of this funding in 2019-20 will be confirmed prior to the end of the 2018-19 financial year, based on performance review with Brisbane South PHN.</p>
Target population cohort	This activity is targeted to young refugee people who are not survivors of torture or trauma but are at increased risk of suicide.
Indigenous specific	No
Coverage	This activity will cover the whole Brisbane North PHN region.
Consultation	<p>Consultation to inform the development of this activity initially occurred throughout the 2017-18 financial year. This consultation involved:</p> <ul style="list-style-type: none"> • <i>Suicide Prevention Forums</i> – 102 people attended 2 Forums, including consumers, GP's, psychologists, HHS staff, community and private services providers, youth services, Aboriginal and Torres Strait Islander services and academic and research bodies • <i>stakeholder meetings</i> – 5 meetings with stakeholders including Redcliffe Hospital Collaborative and HHS Mental Health services and Queensland Police Service. <p>The feedback from the Forums helped us to identify the need for a trial follow up service model in the Redcliffe region. Subsequent stakeholder meetings informed the key elements required for this model. Additional feedback throughout all of the engagement also identified the need for:</p> <ul style="list-style-type: none"> • improved networking amongst existing service providers to improve patient outcomes • workforce capacity training. <p>This feedback was incorporated into the development of the service model.</p>
Collaboration	This activity will be jointly implemented in partnership with Brisbane South PHN, who are the lead agency.

Activity milestone details/ Duration	<p>Activity start date: 1/07/2019 Activity end date: 30/06/2022</p> <p>This activity is ongoing and services are already in place.</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p>
Commissioning method and approach to market	<p>1. Please identify your intended procurement approach for commissioning services under this activity:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Not yet known <input checked="" type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date. <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details) <p>2a. Is this activity being co-designed? No</p> <p>2b. Is this activity this result of a previous co-design process? Yes</p> <p>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? No</p> <p>3b. Has this activity previously been co-commissioned or joint-commissioned? Yes</p>
Decommissioning	No (drop-down menu)
Data collection	Yes

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 2: Child and youth mental health services
ACTIVITY TITLE	MH 2.1 - Headspace
Existing, Modified, or New Activity	Existing Activity Activity 2.1 – Continue funding to existing headspace sites at existing levels in the 2018-19 Primary Mental Health Care Activity Work Plan.
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	This activity addresses the needs assessment priority MH2 – Children and young people’s mental health (page 29). This activity is aligned to the option of commissioning more effective services for children and young people (page 35).
Aim of Activity	This activity aims to improve the mental health of young people aged 12 to 25 years of age. Brisbane North PHN will achieve this aim by working with Headspace centres throughout the Brisbane North region to continue to provide early intervention services for young people. These services are delivered under four core streams: mental health, alcohol and other drugs, vocational/educational support and physical health. This activity addresses the identified needs assessment priority of children and young people’s health through the continued provision of mental health services for young people with mild to moderate mental illness.
Description of Activity	Brisbane North PHN will continue to fund existing Headspace sites at existing levels. Lead agencies for the four Headspace centres in the region will be subcontracted to continue to deliver Headspace services. Brisbane North PHN will work closely with each lead agency to monitor performance and ensure appropriate access and service delivery. In 2016, Brisbane North PHN established a quarterly network meeting for all lead agencies and key centre staff. This mechanism will continue in 2019-20 and will contribute to quality improvement and planning processes. In addition to the quarterly network meetings, Brisbane North will continue to hold six monthly meetings for lead agencies and key centre staff from within the Brisbane North PHN region and neighbouring PHN regions. This will provide increase visibility of service provision and further enhance quality improvement and planning processes.
Target population cohort	This activity is targeted to young people aged 12 to 25 years with mild to moderate mental health issues.

Indigenous specific	No
Coverage	This activity will cover the existing Headspace centres located in Taringa, Nundah, Redcliffe and Caboolture.
Consultation	<p>The Headspace service model is a national model. As such, consultation on the development of the model has not occurred.</p> <p>Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the <i>Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023</i>.</p> <p>The consultation for <i>Planning for Wellbeing</i> also covered the development of activities included in this Activity Work Plan. This consultation occurred over a two year period between 2016 and 2018.</p> <p>Further consultation to support the implementation of this activity was undertaken in 2018 as part of the child and youth mental health services review in the Brisbane North PHN region.</p>
Collaboration	This activity will be implemented by Brisbane North PHN, under the guidance of an Infant, Child and Youth Advisory Group. This group's membership is drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.
Activity milestone details/ Duration	<p>Activity start date: 1/07/2019 Activity end date: 30/06/2022</p> <p>This activity is ongoing and services are already in place.</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p>
Commissioning method and approach to market	<p>1. Please identify your intended procurement approach for commissioning services under this activity:</p> <p><input type="checkbox"/> Not yet known <input checked="" type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date. <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details)</p> <p>2a. Is this activity being co-designed?</p>

	<p>No</p> <p><i>2b. Is this activity this result of a previous co-design process?</i></p> <p>No</p> <p><i>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</i></p> <p>No</p> <p><i>3b. Has this activity previously been co-commissioned or joint-commissioned?</i></p> <p>No</p>
Decommissioning	No (drop-down menu)
Data collection	Yes

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 2: Child and youth mental health services
ACTIVITY TITLE	MH 2.2 – Services for young people with, or at risk of, a severe mental illness – Moreton Bay North.
Existing, Modified, or New Activity	Existing Activity Activity 2.2 – Services for young people with, or at risk of, a severe mental illness in the 2018-19 Primary Mental Health Care Activity Work Plan.
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	This activity addresses the needs assessment priority MH2 – Children and young people’s mental health (page 29). This activity is aligned to the option of commissioning more effective services for children and young people (page 35).
Aim of Activity	This activity aims to improve access to mental health services for young people aged 12 to 25 years of age who experience, or at risk of, a severe mental illness. Brisbane North PHNs’ needs assessment indicates that the highest need for mental health services among this cohort reside in the Moreton Bay North region. Brisbane North PHN will achieve this aim by commissioning holistic, evidence-based outreach services for hard to reach young people, their families, carers and support persons. These services will be delivered by a multi-disciplinary team. Medium term outcomes of this activity involve increased engagement of young people aged 12 to 25 experiencing or at risk of a severe mental illness in clinical mental health services. This activity will also aims to better support families in addressing issues associated with poor mental health among the target cohort.
Description of Activity	Brisbane North PHN will continue to commission a provider to deliver holistic, evidence-based outreach services in the Moreton Bay North region. The service will undertake centre based and outreach activities. Activities undertaken by the commissioned provider include: <ul style="list-style-type: none"> • Case formulation and treatment planning • Care coordination • Stepped care clinical and simultaneous psychosocial case management • Clinical monitoring and simultaneous focus on social inclusion and active participation • Interagency collaboration and partnerships

	<ul style="list-style-type: none"> Information and referral for families.
Target population cohort	This activity is targeted to young people aged 12 to 25 years residing in the Moreton Bay North region with, or at risk of developing, a severe mental illness.
Indigenous specific	No
Coverage	This activity will cover the Moreton Bay North Statistical Area level 4.
Consultation	<p>The following consultation was undertaken to inform the procurement strategy for services for young people with, or at risk of developing, severe mental illness.</p> <ul style="list-style-type: none"> <i>Headspace Centre meetings</i> – meeting with lead agencies and key staff from each headspace centre in the region to workshop ideas for future service provision and local needs <i>stakeholder meetings</i> – 25 meetings with stakeholders including Act for Kids, Children’s Health Queensland, Brisbane Youth Services, YourTown, Open Minds, Create Foundation and Mercy Services <i>focus Groups</i> – workshops with Caboolture, Nundah and Redcliffe headspace youth reference groups <i>Advisory Group meetings</i> – two meetings including workshoping activities with a cross sectoral stakeholder advisory group. <p>This extensive consultation process informed the procurement strategy for services for young people with, or at risk of developing, severe mental illness and the key service design components as outlined in the description above.</p> <p>In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:</p> <ul style="list-style-type: none"> Psychological services Infant, child and youth mental health services Services for people with severe mental illness. <p>The outcomes of the review of infant, child and youth mental health services refined the service model outlined in this activity work plan.</p>
Collaboration	This activity will be implemented by Brisbane North PHN, under the guidance of an Infant, Child and Youth Advisory Group. This group’s membership is drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.

Activity milestone details/ Duration	<p>Activity start date: 1/07/2019 Activity end date: 30/06/2022</p> <p>This activity is ongoing and services are already in place.</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p>
Commissioning method and approach to market	<p><i>1. Please identify your intended procurement approach for commissioning services under this activity:</i></p> <p><input type="checkbox"/> Not yet known <input checked="" type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date. <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details)</p> <p><i>2a. Is this activity being co-designed?</i> No</p> <p><i>2b. Is this activity this result of a previous co-design process?</i> Yes</p> <p><i>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</i> No</p> <p><i>3b. Has this activity previously been co-commissioned or joint-commissioned?</i> No</p>
Decommissioning	No (drop-down menu)
Data collection	Yes

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 2: Child and youth mental health services
ACTIVITY TITLE	MH 2.3 – Services for young people with, or at risk of, a severe mental illness – Brisbane – Inner, West & North.
Existing, Modified, or New Activity	New Activity
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	<p>This activity addresses the needs assessment priority MH2 – Children and young people’s mental health (page 29).</p> <p>This activity is aligned to the option of commissioning more effective services for children and young people (page 35).</p>
Aim of Activity	<p>This activity aims to improve access to mental health services for young people aged 12 to 25 years of age who experience, or at risk of, a severe mental illness.</p> <p>Brisbane North PHN will achieve this aim by commissioning holistic, evidence-based outreach services for hard to reach young people, their families, carers and support persons. These services will be delivered by a multi-disciplinary team.</p> <p>Medium term outcomes of this activity involve increased engagement of young people aged 12 to 25 experiencing or at risk of a severe mental illness in clinical mental health services. This activity will also aims to better support families in addressing issues associated with poor mental health among the target cohort.</p>
Description of Activity	<p>Brisbane North PHN will co-design with stakeholders a service model to commission a provider to deliver holistic, evidence-based services in the Brisbane inner, west and north regions.</p> <p>Two service models are broadly possible:</p> <ol style="list-style-type: none"> 1. Expand existing headspace centres in the region to respond to young people with severe mental illness, or 2. Procure a service from existing youth agency/ies working with vulnerable young people.
Target population cohort	This activity is targeted to young people aged 12 to 25 years residing in the Brisbane inner, west and north regions with, or at risk of developing, a severe mental illness.
Indigenous specific	No

Coverage	<p>This activity will cover the following SA3s:</p> <ul style="list-style-type: none"> • Brisbane Inner –West • Brisbane Inner • Brisbane Inner – North • Sherwood – Indooroopilly • Kenmore – Brookfield – Moggill • The Gap – Enoggera • Chermside • Bald Hills – Everton Park • Nundah • Sandgate.
Consultation	<p>In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:</p> <ul style="list-style-type: none"> • Psychological services • Infant, child and youth mental health services • Services for people with severe mental illness. <p>The outcomes of the review of infant, child and youth mental health services refined the service model outlined in this activity work plan.</p>
Collaboration	<p>This activity will be implemented by Brisbane North PHN, under the guidance of an Infant, Child and Youth Advisory Group. This group’s membership is drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.</p>
Activity milestone details/ Duration	<p>Activity start date: 1/07/2019 Activity end date: 30/06/2022</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p>
Commissioning method and approach to market	<p><i>1. Please identify your intended procurement approach for commissioning services under this activity:</i></p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Not yet known <input type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date. <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details)

	<p><i>2a. Is this activity being co-designed?</i> Yes</p> <p><i>2b. Is this activity this result of a previous co-design process?</i> No</p> <p><i>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</i> No</p> <p><i>3b. Has this activity previously been co-commissioned or joint-commissioned?</i> No</p>
Decommissioning	No (drop-down menu)
Data collection	Yes

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups
ACTIVITY TITLE	MH 3.1 – Commission a range of providers to deliver evidence-based psychological therapies to vulnerable children aged 0 – 11 years.
Existing, Modified, or New Activity	Modified Activity Activity 3.1 – Commission a range of providers to deliver evidence-based psychological therapies to underserviced and hard to reach populations in the 2018-19 Primary Mental Health Care Activity Work Plan.
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	This activity addresses the needs assessment priority MH3 – High mental health distress in underserviced areas and MH4 - Mental health issues among vulnerable population groups (page 29). This activity is aligned to the option of better aligned PHN funded psychological therapies with consumer preferences and needs, including for specific population groups that cannot access appropriate options (page 35).
Aim of Activity	The aim of this activity is to address service gaps by commissioning psychological therapy services for people in underserviced and hard to reach populations, where there are barriers in accessing Medicare Benefits Schedule based psychological interventions. This activity will be achieved by contracting providers to deliver structured, time limited, evidence-based psychological therapies that are embedded into a wider range of services and supports that are funded or provided from other sources. This will increase access to integrated services with ‘wrap around’ supports. Longer term outcomes for this activity include improved wellbeing for people from underserviced groups experiencing moderate levels of distress who have benefited from accessing evidence-based psychological therapies.
Description of Activity	Brisbane North PHN will commission providers to deliver short term individual psychological therapy services to underserviced populations. Referrals to psychological therapies will originate from general practitioners and comprise part of a GP Mental Health Treatment Plan. There will be limited flexibility for provisional referrals from people who are eligible for the program and are referred through other established pathways. Specific services will include a maximum of 12 sessions per person of individual psychological therapy. Commissioned providers will be able to deliver

	<p>therapeutic groups and support people to access evidence based e-mental health. There will also be flexibility to provide a higher number of sessions for people with greater needs.</p> <p>The service model for this activity has been modified as a result of a review of the delivery of psychological therapies for underserved and hard-to-reach populations. Psychological therapies will be embedded within a wider range of wrap-around services and supports for the individual and their family as needed. Psychological therapies will not be provided in isolation, but rather as part of a wider range of services and supports that are funded or provided from other sources.</p> <p>Clients will be able to be referred into the current Brisbane MIND program up until June 30. Clients referred up until June 30 will then have until December 31 to use their allocated sessions.</p> <p>Existing providers with active clients will therefore have their contracts extended until December 31 to ensure clients can receive their full treatment.</p>
Target population cohort	<p>The activity comprises part of the psychological therapies for underserved and hard to reach groups program, which is targeted to underserved and vulnerable populations within the Brisbane North PHN region. This part of the program is targeted to children aged 0-11 years.</p>
Indigenous specific	<p>No</p>
Coverage	<p>This activity will cover the whole Brisbane North PHN region.</p>
Consultation	<p>Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the <i>Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023</i>. The outcomes of this activity contribute to the success of the regional plan.</p> <p>In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:</p> <ul style="list-style-type: none"> • Psychological services • Infant, child and youth mental health services • Services for people with severe mental illness. <p>As part of the review for infant, child and youth mental health services, Brisbane North PHN consulted with:</p> <ul style="list-style-type: none"> • People with a lived experience

	<ul style="list-style-type: none"> • Consumers • Carers • Psychology providers • GPs and practice staff • Mental health providers • Metro North Hospital and Health Service • Academics and policy experts • Professional bodies. <p>The outcomes of the review into infant, child and youth mental health services informed the development of the service model outlined in this activity plan.</p>
<p>Collaboration</p>	<p>This activity will be implemented by Brisbane North PHN, under the guidance of an Infant, Child and Youth Advisory group and Psychological Therapies Advisory group.</p> <p>Membership of these groups are drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.</p>
<p>Activity milestone details/ Duration</p>	<p>Activity start date: 1/07/2018 Activity end date: 30/06/2022</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p>
<p>Commissioning method and approach to market</p>	<p><i>1. Please identify your intended procurement approach for commissioning services under this activity:</i></p> <p><input type="checkbox"/> Not yet known <input type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date. <input checked="" type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details)</p> <p>The invitation to tender document for this activity is included in appendix 1.</p> <p><i>2a. Is this activity being co-designed?</i> Yes</p> <p><i>2b. Is this activity this result of a previous co-design process?</i> No</p> <p><i>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</i> No</p> <p><i>3b. Has this activity previously been co-commissioned or joint-commissioned?</i> No</p>

Decommissioning	<p>Yes (drop-down menu)</p> <p>Due to changes in the service model, all providers currently delivering psychological therapies under the current service model will be decommissioned as of 30 June 2019. At this point, new providers will be brought online and will deliver services as of 1 July 2019.</p> <p>Clients will be able to be referred into the current Brisbane MIND program up until June 30. Clients referred up until June 30 will then have until December 31 to use their allocated sessions.</p> <p>Existing providers with active clients will therefore have their contracts extended until December 31 to ensure clients can receive their full treatment.</p>
Data collection	Yes

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups
ACTIVITY TITLE	MH 3.2 – Commission a range of providers to deliver evidence-based psychological therapies to vulnerable young people aged 12 – 25years.
Existing, Modified, or New Activity	Modified Activity Activity 3.1 – Commission a range of providers to deliver evidence-based psychological therapies to underserved and hard to reach populations in the 2018-19 Primary Mental Health Care Activity Work Plan.
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	This activity addresses the needs assessment priority MH3 – High mental health distress in underserved areas and MH4 - Mental health issues among vulnerable population groups (page 29). This activity is aligned to the option of better aligned PHN funded psychological therapies with consumer preferences and needs, including for specific population groups that cannot access appropriate options (page 35).
Aim of Activity	The aim of this activity is to address service gaps by commissioning psychological therapy services for people in underserved and hard to reach populations, where there are barriers in accessing Medicare Benefits Schedule based psychological interventions. This activity will be achieved by contracting providers to deliver structured, time limited, evidence-based psychological therapies that are embedded into a wider range of services and supports that are funded or provided from other sources. This will increase access to integrated services with ‘wrap around’ supports. Longer term outcomes for this activity include improved wellbeing for people from underserved groups experiencing moderate levels of distress who have benefited from accessing evidence-based psychological therapies.
Description of Activity	Brisbane North PHN will commission providers to deliver short term individual psychological therapy services to young people aged 12 to 25years. Referrals to psychological therapies will originate from general practitioners and comprise part of a GP Mental Health Treatment Plan. There will be limited flexibility for provisional referrals from people who are eligible for the program and are referred through other established pathways.

	<p>Specific services will include a maximum of 12 sessions per person of individual psychological therapy. Commissioned providers will be able to deliver therapeutic groups and support people to access evidence based e-mental health. There will also be flexibility to provide a higher number of sessions for people with greater needs.</p> <p>The service model for this activity has been modified as a result of a review of the delivery of psychological therapies for underserved and hard-to-reach populations. Psychological therapies will be embedded within a wider range of wrap-around services and supports for the individual and their family as needed. Psychological therapies will not be provided in isolation, but rather as part of a wider range of services and supports that are funded or provided from other sources.</p> <p>Clients will be able to be referred into the current Brisbane MIND program up until June 30. Clients referred up until June 30 will then have until December 31 to use their allocated sessions.</p> <p>Existing providers with active clients will therefore have their contracts extended until December 31 to ensure clients can receive their full treatment.</p>
Target population cohort	<p>The activity comprises part of the psychological therapies for underserved and hard to reach groups program, which is targeted to underserved and vulnerable populations within the Brisbane North PHN region. This part of the program is targeted to young people aged 12-25 years.</p>
Indigenous specific	<p>No</p>
Coverage	<p>This activity will cover the whole Brisbane North PHN region.</p>
Consultation	<p>Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the <i>Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023</i>. The outcomes of this activity contribute to the success of the regional plan.</p> <p>In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:</p> <ul style="list-style-type: none"> • Psychological services • Infant, child and youth mental health services • Services for people with severe mental illness.

	<p>As part of the review for infant, child and youth mental health services, Brisbane North PHN consulted with:</p> <ul style="list-style-type: none"> • People with a lived experience • Consumers • Carers • Psychology providers • GPs and practice staff • Mental health providers • Metro North Hospital and Health Service • Academics and policy experts • Professional bodies. <p>The outcomes of the review into infant, child and youth mental health services informed the development of the service model outlined in this activity plan.</p>
<p>Collaboration</p>	<p>This activity will be implemented by Brisbane North PHN, under the guidance of an Infant, Child and Youth Advisory group and Psychological Therapies Advisory group.</p> <p>Membership of these groups are drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.</p>
<p>Activity milestone details/ Duration</p>	<p>Activity start date: 1/07/2018 Activity end date: 30/06/2022</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p>
<p>Commissioning method and approach to market</p>	<p><i>1. Please identify your intended procurement approach for commissioning services under this activity:</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Not yet known <input type="checkbox"/> Continuing service provider / contract extension <input checked="" type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date. <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details) <p>Brisbane North PHN will be directly engage the Headspace centres in the north of the region (Caboolture and Redcliffe) to provide these services. This will enable each Headspace centre to expand the reach of their psychology services.</p> <p><i>2a. Is this activity being co-designed?</i> Yes</p> <p><i>2b. Is this activity this result of a previous co-design process?</i> No</p>

	<p><i>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</i> No</p> <p><i>3b. Has this activity previously been co-commissioned or joint-commissioned?</i> No</p>
Decommissioning	<p>Yes (drop-down menu)</p> <p>Due to changes in the service model, all providers currently delivering psychological therapies under the current service model will be decommissioned as of 30 June 2019. At this point, new providers will be brought online and will deliver services as of 1 July 2019.</p> <p>Clients will be able to be referred into the current Brisbane MIND program up until June 30. Clients referred up until June 30 will then have until December 31 to use their allocated sessions.</p> <p>Existing providers with active clients will therefore have their contracts extended until December 31 to ensure clients can receive their full treatment.</p>
Data collection	Yes

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups
ACTIVITY TITLE	MH 3.3 – Commission a range of providers to deliver evidence-based psychological therapies to vulnerable culturally and linguistically diverse populations.
Existing, Modified, or New Activity	Modified Activity Activity 3.1 – Commission a range of providers to deliver evidence-based psychological therapies to underserved and hard to reach populations in the 2018-19 Primary Mental Health Care Activity Work Plan.
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	This activity addresses the needs assessment priority MH3 – High mental health distress in underserved areas and MH4 - Mental health issues among vulnerable population groups (page 29). This activity is aligned to the option of better aligned PHN funded psychological therapies with consumer preferences and needs, including for specific population groups that cannot access appropriate options (page 35).
Aim of Activity	The aim of this activity is to address service gaps by commissioning psychological therapy services for people in underserved and hard to reach populations, where there are barriers in accessing Medicare Benefits Schedule based psychological interventions. This activity will be achieved by contracting providers to deliver structured, time limited, evidence-based psychological therapies that are embedded into a wider range of services and supports that are funded or provided from other sources. This will increase access to integrated services with ‘wrap around’ supports. Longer term outcomes for this activity include improved wellbeing for people from underserved groups experiencing moderate levels of distress who have benefited from accessing evidence-based psychological therapies.
Description of Activity	Brisbane North PHN will commission providers to deliver short term individual psychological therapy services to underserved populations. Referrals to psychological therapies will originate from general practitioners and comprise part of a GP Mental Health Treatment Plan. There will be limited flexibility for provisional referrals from people who are eligible for the program and are referred through other established pathways.

	<p>Specific services will include a maximum of 12 sessions per person of individual psychological therapy. Commissioned providers will be able to deliver therapeutic groups and support people to access evidence based e-mental health. There will also be flexibility to provide a higher number of sessions for people with greater needs.</p> <p>The service model for this activity has been modified as a result of a review of the delivery of psychological therapies for underserved and hard-to-reach populations. Psychological therapies will be embedded within a wider range of wrap-around services and supports for the individual and their family as needed. Psychological therapies will not be provided in isolation, but rather as part of a wider range of services and supports that are funded or provided from other sources.</p> <p>Clients will be able to be referred into the current Brisbane MIND program up until June 30. Clients referred up until June 30 will then have until December 31 to use their allocated sessions.</p> <p>Existing providers with active clients will therefore have their contracts extended until December 31 to ensure clients can receive their full treatment.</p>
Target population cohort	<p>The activity comprises part of the psychological therapies for underserved and hard to reach groups program, which is targeted to underserved and vulnerable populations within the Brisbane North PHN region. This part of the program is targeted to culturally and linguistically diverse population groups.</p>
Indigenous specific	<p>No</p>
Coverage	<p>This activity will cover the whole Brisbane North PHN region.</p>
Consultation	<p>Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the <i>Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023</i>. This outcomes of this activity contribute to the success of the regional plan.</p> <p>In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:</p> <ul style="list-style-type: none"> • Psychological services • Infant, child and youth mental health services • Services for people with severe mental illness. <p>As part of the review for psychological services, Brisbane North PHN consulted with:</p>

	<ul style="list-style-type: none"> • People with a lived experience • Consumers • Carers • Psychology providers • GPs and practice staff • Mental health providers • Metro North Hospital and Health Service • Academics and policy experts • Professional bodies. <p>The outcomes of the review into psychological services informed the development of the service model outlined in this activity plan.</p>
<p>Collaboration</p>	<p>This activity will be implemented by Brisbane North PHN, under the guidance of the Psychological Therapies Advisory group and Strategic Coordination group.</p> <p>Membership of these groups are drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.</p>
<p>Activity milestone details/ Duration</p>	<p>Activity start date: 1/07/2018 Activity end date: 30/06/2022</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p>
<p>Commissioning method and approach to market</p>	<p><i>1. Please identify your intended procurement approach for commissioning services under this activity:</i></p> <p><input type="checkbox"/> Not yet known <input type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date. <input checked="" type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details)</p> <p>The invitation to tender document for this activity is included in appendix 1.</p> <p><i>2a. Is this activity being co-designed?</i> Yes</p> <p><i>2b. Is this activity this result of a previous co-design process?</i> No</p> <p><i>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</i> No</p>

	<p>3b. Has this activity previously been co-commissioned or joint-commissioned?</p> <p>No</p>
Decommissioning	<p>Yes (drop-down menu)</p> <p>Due to changes in the service model, all providers currently delivering psychological therapies under the current service model will be decommissioned as of 30 June 2019. At this point, new providers will be brought online and will deliver services as of 1 July 2019.</p> <p>Clients will be able to be referred into the current Brisbane MIND program up until June 30. Clients referred up until June 30 will then have until December 31 to use their allocated sessions.</p> <p>Existing providers with active clients will therefore have their contracts extended until December 31 to ensure clients can receive their full treatment.</p>
Data collection	<p>Yes</p>

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups
ACTIVITY TITLE	MH 3.4 – Commission a range of providers to deliver evidence-based psychological therapies to people who identify as Lesbian, Gay, Bisexual, Transgender and Intersex (LGBTI) people.
Existing, Modified, or New Activity	Modified Activity Activity 3.1 – Commission a range of providers to deliver evidence-based psychological therapies to underserved and hard to reach populations in the 2018-19 Primary Mental Health Care Activity Work Plan.
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	This activity addresses the needs assessment priority MH3 – High mental health distress in underserved areas and MH4 - Mental health issues among vulnerable population groups (page 29). This activity is aligned to the option of better aligned PHN funded psychological therapies with consumer preferences and needs, including for specific population groups that cannot access appropriate options (page 35).
Aim of Activity	The aim of this activity is to address service gaps by commissioning psychological therapy services for people in underserved and hard to reach populations, where there are barriers in accessing Medicare Benefits Schedule based psychological interventions. This activity will be achieved by contracting providers to deliver structured, time limited, evidence-based psychological therapies that are embedded into a wider range of services and supports that are funded or provided from other sources. This will increase access to integrated services with ‘wrap around’ supports. Longer term outcomes for this activity include improved wellbeing for people from underserved groups experiencing moderate levels of distress who have benefited from accessing evidence-based psychological therapies.
Description of Activity	Brisbane North PHN will commission providers to deliver short term individual psychological therapy services to underserved populations. Referrals to psychological therapies will originate from general practitioners and comprise part of a GP Mental Health Treatment Plan. There will be limited flexibility for provisional referrals from people who are eligible for the program and are referred through other established pathways.

	<p>Specific services will include a maximum of 12 sessions per person of individual psychological therapy. Commissioned providers will be able to deliver therapeutic groups and support people to access evidence based e-mental health. There will also be flexibility to provide a higher number of sessions for people with greater needs.</p> <p>The service model for this activity has been modified as a result of a review of the delivery of psychological therapies for underserved and hard-to-reach populations. Psychological therapies will be embedded within a wider range of wrap-around services and supports for the individual and their family as needed. Psychological therapies will not be provided in isolation, but rather as part of a wider range of services and supports that are funded or provided from other sources.</p> <p>Clients will be able to be referred into the current Brisbane MIND program up until June 30. Clients referred up until June 30 will then have until December 31 to use their allocated sessions.</p> <p>Existing providers with active clients will therefore have their contracts extended until December 31 to ensure clients can receive their full treatment.</p>
Target population cohort	The activity comprises part of the psychological therapies for underserved and hard to reach groups program, which is targeted to underserved and vulnerable populations within the Brisbane North PHN region. This part of the program is targeted to people who identify as LGBTI.
Indigenous specific	No
Coverage	This activity will cover the whole Brisbane North PHN region.
Consultation	<p>Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the <i>Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023</i>. This outcomes of this activity contribute to the success of the regional plan.</p> <p>In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:</p> <ul style="list-style-type: none"> • Psychological services • Infant, child and youth mental health services • Services for people with severe mental illness.

	<p>As part of the review for psychological services, Brisbane North PHN consulted with:</p> <ul style="list-style-type: none"> • People with a lived experience • Consumers • Carers • Psychology providers • GPs and practice staff • Mental health providers • Metro North Hospital and Health Service • Academics and policy experts • Professional bodies. <p>The outcomes of the review into psychological services informed the development of the service model outlined in this activity plan.</p>
<p>Collaboration</p>	<p>This activity will be implemented by Brisbane North PHN, under the guidance of the Psychological Therapies Advisory group and Strategic Coordination group.</p> <p>Membership of these groups are drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.</p>
<p>Activity milestone details/ Duration</p>	<p>Activity start date: 1/07/2018 Activity end date: 30/06/2022</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p>
<p>Commissioning method and approach to market</p>	<p><i>1. Please identify your intended procurement approach for commissioning services under this activity:</i></p> <p><input type="checkbox"/> Not yet known</p> <p><input type="checkbox"/> Continuing service provider / contract extension</p> <p><input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date.</p> <p><input checked="" type="checkbox"/> Open tender</p> <p><input type="checkbox"/> Expression of Interest (EOI)</p> <p><input type="checkbox"/> Other approach (please provide details)</p> <p>The invitation to tender document for this activity is included in appendix 1.</p> <p><i>2a. Is this activity being co-designed?</i> Yes</p> <p><i>2b. Is this activity this result of a previous co-design process?</i> No</p>

	<p><i>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</i> No</p> <p><i>3b. Has this activity previously been co-commissioned or joint-commissioned?</i> No</p>
Decommissioning	<p>Yes (drop-down menu)</p> <p>Due to changes in the service model, all providers currently delivering psychological therapies under the current service model will be decommissioned as of 30 June 2019. At this point, new providers will be brought online and will deliver services as of 1 July 2019.</p> <p>Clients will be able to be referred into the current Brisbane MIND program up until June 30. Clients referred up until June 30 will then have until December 31 to use their allocated sessions.</p> <p>Existing providers with active clients will therefore have their contracts extended until December 31 to ensure clients can receive their full treatment.</p>
Data collection	Yes

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups
ACTIVITY TITLE	MH 3.5 – Commission a range of providers to deliver evidence-based psychological therapies to people with a history of trauma and abuse.
Existing, Modified, or New Activity	Modified Activity Activity 3.1 – Commission a range of providers to deliver evidence-based psychological therapies to underserved and hard to reach populations in the 2018-19 Primary Mental Health Care Activity Work Plan.
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	This activity addresses the needs assessment priority MH3 – High mental health distress in underserved areas and MH4 - Mental health issues among vulnerable population groups (page 29). This activity is aligned to the option of better aligned PHN funded psychological therapies with consumer preferences and needs, including for specific population groups that cannot access appropriate options (page 35).
Aim of Activity	The aim of this activity is to address service gaps by commissioning psychological therapy services for people in underserved and hard to reach populations, where there are barriers in accessing Medicare Benefits Schedule based psychological interventions. This activity will be achieved by contracting providers to deliver structured, time limited, evidence-based psychological therapies that are embedded into a wider range of services and supports that are funded or provided from other sources. This will increase access to integrated services with ‘wrap around’ supports. Longer term outcomes for this activity include improved wellbeing for people from underserved groups experiencing moderate levels of distress who have benefited from accessing evidence-based psychological therapies.
Description of Activity	Brisbane North PHN will commission providers to deliver short term individual psychological therapy services to underserved populations. Referrals to psychological therapies will originate from general practitioners and comprise part of a GP Mental Health Treatment Plan. There will be limited flexibility for provisional referrals from people who are eligible for the program and are referred through other established pathways.

	<p>Specific services will include a maximum of 16 sessions per person of individual psychological therapy. Commissioned providers will be able to deliver therapeutic groups and support people to access evidence based e-mental health. There will also be flexibility to provide a higher number of sessions for people with greater needs.</p> <p>The service model for this activity has been modified as a result of a review of the delivery of psychological therapies for underserved and hard-to-reach populations. Psychological therapies will be embedded within a wider range of wrap-around services and supports for the individual and their family as needed. Psychological therapies will not be provided in isolation, but rather as part of a wider range of services and supports that are funded or provided from other sources.</p> <p>Clients will be able to be referred into the current Brisbane MIND program up until June 30. Clients referred up until June 30 will then have until December 31 to use their allocated sessions.</p> <p>Existing providers with active clients will therefore have their contracts extended until December 31 to ensure clients can receive their full treatment.</p>
Target population cohort	<p>The activity comprises part of the psychological therapies for underserved and hard to reach groups program, which is targeted to underserved and vulnerable populations within the Brisbane North PHN region. This part of the program is targeted to people with a history of trauma and abuse, especially adult survivors of child abuse.</p>
Indigenous specific	<p>No</p>
Coverage	<p>This activity will cover the whole Brisbane North PHN region.</p>
Consultation	<p>Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the <i>Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023</i>. This outcomes of this activity contribute to the success of the regional plan.</p> <p>In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:</p> <ul style="list-style-type: none"> • Psychological services • Infant, child and youth mental health services • Services for people with severe mental illness.

	<p>As part of the review for psychological services, Brisbane North PHN consulted with:</p> <ul style="list-style-type: none"> • People with a lived experience • Consumers • Carers • Psychology providers • GPs and practice staff • Mental health providers • Metro North Hospital and Health Service • Academics and policy experts • Professional bodies. <p>The outcomes of the review into psychological services informed the development of the service model outlined in this activity plan.</p>
<p>Collaboration</p>	<p>This activity will be implemented by Brisbane North PHN, under the guidance of the Psychological Therapies Advisory group.</p> <p>Membership of this group is drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.</p>
<p>Activity milestone details/ Duration</p>	<p>Activity start date: 1/07/2018 Activity end date: 30/06/2022</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p>
<p>Commissioning method and approach to market</p>	<p><i>1. Please identify your intended procurement approach for commissioning services under this activity:</i></p> <p><input type="checkbox"/> Not yet known <input type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date. <input checked="" type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details)</p> <p>The invitation to tender document for this activity is included in appendix 1.</p> <p><i>2a. Is this activity being co-designed?</i> Yes</p> <p><i>2b. Is this activity this result of a previous co-design process?</i> No</p> <p><i>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</i> No</p>

	<p><i>3b. Has this activity previously been co-commissioned or joint-commissioned?</i></p> <p>No</p>
Decommissioning	<p>Yes (drop-down menu)</p> <p>Due to changes in the service model, all providers currently delivering psychological therapies under the current service model will be decommissioned as of 30 June 2019. At this point, new providers will be brought online and will deliver services as of 1 July 2019.</p> <p>Clients will be able to be referred into the current Brisbane MIND program up until June 30. Clients referred up until June 30 will then have until December 31 to use their allocated sessions.</p> <p>Existing providers with active clients will therefore have their contracts extended until December 31 to ensure clients can receive their full treatment.</p>
Data collection	<p>Yes</p>

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups
ACTIVITY TITLE	MH 3.6 – Commission a range of providers to deliver evidence-based psychological therapies to people at risk of suicide.
Existing, Modified, or New Activity	Modified Activity Activity 3.1 – Commission a range of providers to deliver evidence-based psychological therapies to underserved and hard to reach populations in the 2018-19 Primary Mental Health Care Activity Work Plan.
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	This activity addresses the needs assessment priority MH3 – High mental health distress in underserved areas and MH4 - Mental health issues among vulnerable population groups (page 29). This activity is aligned to the option of better aligned PHN funded psychological therapies with consumer preferences and needs, including for specific population groups that cannot access appropriate options (page 35).
Aim of Activity	The aim of this activity is to address service gaps by commissioning psychological therapy services for people in underserved and hard to reach populations, where there are barriers in accessing Medicare Benefits Schedule based psychological interventions. This activity will be achieved by contracting providers to deliver structured, time limited, evidence-based psychological therapies that are embedded into a wider range of services and supports that are funded or provided from other sources. This will increase access to integrated services with ‘wrap around’ supports. Longer term outcomes for this activity include improved wellbeing for people from underserved groups experiencing moderate levels of distress who have benefited from accessing evidence-based psychological therapies.
Description of Activity	Brisbane North PHN will commission providers to deliver short term individual psychological therapy services to underserved populations. Referrals to psychological therapies will originate from general practitioners and comprise part of a GP Mental Health Treatment Plan. There will be limited flexibility for provisional referrals from people who are eligible for the program and are referred through other established pathways.

	<p>Specific services will include a maximum of 16 sessions per person of individual psychological therapy. Commissioned providers will be able to deliver therapeutic groups and support people to access evidence based e-mental health. There will also be flexibility to provide a higher number of sessions for people with greater needs.</p> <p>The service model for this activity has been modified as a result of a review of the delivery of psychological therapies for underserved and hard-to-reach populations. Psychological therapies will be embedded within a wider range of wrap-around services and supports for the individual and their family as needed. Psychological therapies will not be provided in isolation, but rather as part of a wider range of services and supports that are funded or provided from other sources.</p> <p>Clients will be able to be referred into the current Brisbane MIND program up until June 30. Clients referred up until June 30 will then have until December 31 to use their allocated sessions.</p> <p>Existing providers with active clients will therefore have their contracts extended until December 31 to ensure clients can receive their full treatment.</p>
Target population cohort	<p>The activity comprises part of the psychological therapies for underserved and hard to reach groups program, which is targeted to underserved and vulnerable populations within the Brisbane North PHN region. This part of the program is targeted to people at risk of suicide.</p>
Indigenous specific	<p>No</p>
Coverage	<p>This activity will cover the whole Brisbane North PHN region.</p>
Consultation	<p>Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the <i>Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023</i>. This outcomes of this activity contribute to the success of the regional plan.</p> <p>In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:</p> <ul style="list-style-type: none"> • Psychological services • Infant, child and youth mental health services • Services for people with severe mental illness. <p>As part of the review for psychological services, Brisbane North PHN consulted with:</p>

	<ul style="list-style-type: none"> • People with a lived experience • Consumers • Carers • Psychology providers • GPs and practice staff • Mental health providers • Metro North Hospital and Health Service • Academics and policy experts • Professional bodies. <p>The outcomes of the review into psychological services informed the development of the service model outlined in this activity plan.</p>
<p>Collaboration</p>	<p>This activity will be implemented by Brisbane North PHN, under the guidance of the Psychological Therapies Advisory group and the Suicide Prevention Strategic Partnership group.</p> <p>Membership of these groups are drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.</p>
<p>Activity milestone details/ Duration</p>	<p>Activity start date: 1/07/2018 Activity end date: 30/06/2022</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p>
<p>Commissioning method and approach to market</p>	<p><i>1. Please identify your intended procurement approach for commissioning services under this activity:</i></p> <p><input type="checkbox"/> Not yet known</p> <p><input type="checkbox"/> Continuing service provider / contract extension</p> <p><input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date.</p> <p><input checked="" type="checkbox"/> Open tender</p> <p><input type="checkbox"/> Expression of Interest (EOI)</p> <p><input type="checkbox"/> Other approach (please provide details)</p> <p>The invitation to tender document for this activity is included in appendix 1.</p> <p><i>2a. Is this activity being co-designed?</i> Yes</p> <p><i>2b. Is this activity this result of a previous co-design process?</i> No</p> <p><i>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</i> No</p>

	<p><i>3b. Has this activity previously been co-commissioned or joint-commissioned?</i></p> <p>No</p>
Decommissioning	<p>Yes (drop-down menu)</p> <p>Due to changes in the service model, all providers currently delivering psychological therapies under the current service model will be decommissioned as of 30 June 2019. At this point, new providers will be brought online and will deliver services as of 1 July 2019.</p> <p>Clients will be able to be referred into the current Brisbane MIND program up until June 30. Clients referred up until June 30 will then have until December 31 to use their allocated sessions.</p> <p>Existing providers with active clients will therefore have their contracts extended until December 31 to ensure clients can receive their full treatment.</p>
Data collection	<p>Yes</p>

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups
ACTIVITY TITLE	MH 3.7 – Commission a range of providers to deliver evidence based psychological therapies in geographically isolated areas.
Existing, Modified, or New Activity	Modified Activity Activity 3.1 – Commission a range of providers to deliver evidence-based psychological therapies to underserviced and hard to reach populations in the 2018-19 Primary Mental Health Care Activity Work Plan.
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	This activity addresses the needs assessment priority MH3 – High mental health distress in underserviced areas and MH4 - Mental health issues among vulnerable population groups (page 29). This activity is aligned to the option of better aligned PHN funded psychological therapies with consumer preferences and needs, including for specific population groups that cannot access appropriate options (page 35).
Aim of Activity	The aim of this activity is to address service gaps by commissioning psychological therapy services for people in underserviced and hard to reach populations, where there are barriers in accessing Medicare Benefits Schedule based psychological interventions. This activity will be achieved by contracting providers to deliver structured, time limited, evidence-based psychological therapies that are embedded into a wider range of services and supports that are funded or provided from other sources. This will increase access to integrated services with ‘wrap around’ supports. Longer term outcomes for this activity include improved wellbeing for people from underserviced groups experiencing moderate levels of distress who have benefited from accessing evidence-based psychological therapies.
Description of Activity	Brisbane North PHN will commission providers to deliver short term individual psychological therapy services to underserviced populations. Referrals to psychological therapies will originate from general practitioners and comprise part of a GP Mental Health Treatment Plan. There will be limited flexibility for provisional referrals from people who are eligible for the program and are referred through other established pathways.

	<p>Specific services will include a maximum of 12 sessions per person of individual psychological therapy. Commissioned providers will be able to deliver therapeutic groups and support people to access evidence based e-mental health. There will also be flexibility to provide a higher number of sessions for people with greater needs.</p> <p>The service model for this activity has been modified as a result of a review of the delivery of psychological therapies for underserved and hard-to-reach populations. Psychological therapies will be embedded within a wider range of wrap-around services and supports for the individual and their family as needed. Psychological therapies will not be provided in isolation, but rather as part of a wider range of services and supports that are funded or provided from other sources.</p>
Target population cohort	<p>The activity comprises part of the psychological therapies for underserved and hard to reach groups program, which is targeted to underserved and vulnerable populations within the Brisbane North PHN region. This part of the program is targeted to people living in more geographically isolated parts of the region.</p>
Indigenous specific	<p>No</p>
Coverage	<p>This activity will cover pockets of the region that are geographically isolated, including the Caboolture Hinterland SA3 and Bribie – Beachmere SA3.</p>
Consultation	<p>Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the <i>Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023</i>. This outcomes of this activity contribute to the success of the regional plan.</p> <p>In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:</p> <ul style="list-style-type: none"> • Psychological services • Infant, child and youth mental health services • Services for people with severe mental illness. <p>As part of the review for psychological services, Brisbane North PHN consulted with:</p> <ul style="list-style-type: none"> • People with a lived experience • Consumers • Carers

	<ul style="list-style-type: none"> • Psychology providers • GPs and practice staff • Mental health providers • Metro North Hospital and Health Service • Academics and policy experts • Professional bodies. <p>The outcomes of the review into psychological services informed the development of the service model outlined in this activity plan.</p>
Collaboration	<p>This activity will be implemented by Brisbane North PHN, under the guidance of the Psychological Therapies Advisory group.</p> <p>Membership of this group is drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.</p>
Activity milestone details/ Duration	<p>Activity start date: 1/07/2018 Activity end date: 30/06/2022</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p>
Commissioning method and approach to market	<p><i>1. Please identify your intended procurement approach for commissioning services under this activity:</i></p> <p><input type="checkbox"/> Not yet known <input checked="" type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date. <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details)</p> <p><i>2a. Is this activity being co-designed?</i> No</p> <p><i>2b. Is this activity this result of a previous co-design process?</i> Yes</p> <p><i>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</i> No</p> <p><i>3b. Has this activity previously been co-commissioned or joint-commissioned?</i> No</p>
Decommissioning	

	No (drop-down menu)
Data collection	Yes

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups
ACTIVITY TITLE	MH 3.8 – Psychological treatment services for people with mental illness living in residential aged care facilities.
Existing, Modified, or New Activity	Existing Activity This activity was included as an update in priority area 3 of the 2018-19 Primary Mental Health Care Activity Work Plan.
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	This activity addresses the needs assessment priority MH3 – High mental health distress in underserved areas and MH4 - Mental health issues among vulnerable population groups (page 29). This activity is aligned to the option of better aligned PHN funded psychological therapies with consumer preferences and needs, including for specific population groups that cannot access appropriate options (page 35).
Aim of Activity	Mental health services are not routinely available to older people living in aged care and are not within scope of the personal care or accommodation services that aged care facilities provide. There is evidence that residents of aged care have high rates of common mental illness, with an estimated 39 per cent of all permanent aged care residents living with mild to moderate depression. The aim of this activity is to enable residents of aged care facilities with mental illness to access mental health services similar to those available in the community through improved access to psychologists, psychiatrists and general practitioners through the MBS Better Access initiative. This aim will be achieved by commissioning current low intensity aged care providers in aged care to provide moderate psychological services. These services will be similar to those available in the community under the MBS Better Access initiative. Brisbane North PHN co-designed a service model to meet moderate needs of residents of aged care with a diagnosed mental illness or who are assessed as at risk if they do not receive services. The model is designed to support early, low and severe episodic needs, where there is an identified service gap. This activity addresses the needs assessment priority of access to psychological therapies for underserved and hard to reach population groups.
Description of Activity	This activity consists of three main components, including:

	<ul style="list-style-type: none"> • Low intensity psychological supports • Psychological therapy services • Psychoeducation workshops. <p>The low intensity psychological supports will consist of five weekly sessions of 60 minutes duration every six weeks, or as needed by the aged care facility. These sessions will provide support to all new residents who are transitioning into aged care and adjusting to a new community living environment. Adjustment assessments will also take place during the low intensity sessions, and people who have been identified as having mild to moderate mental health needs will be stepped up into psychological therapy services.</p> <p>The psychological therapy service will consist of five sessions of evidence based psychological therapies per episode of care. The sessions will be delivered to aged care residents who have been identified as having mild to moderate mental health needs. Residents who have accessed a severe/complex State service will have access to psychological therapies post acute phase to support maintenance of well-being. A range of external specialist consultants (i.e. gerontologist) will provide case consultancy as required and monthly professional development sessions to the workforce.</p> <p>The psychoeducation workshops will be available as required to aged care facility staff to support learning and development in topics that are relevant to the mental health needs of aged care residents. Family members and carers will also be able to attend the workshops, where it has been identified that the aged care resident’s condition is directly impacted by family and carer relationships.</p> <p>The activity is embedded within the stepped care continuum of primary mental health care. Aged care residents are assessed to ensure that their mental health needs are being met, or whether they would benefit from more intensive or less intensive care, depending on the circumstance. Referrals into the activity can originate from a range of sources, with service providers triaging accordingly to ensure continuity of care.</p>
Target population cohort	This activity is targeted to people living in residential aged care facilities with or at risk of a diagnosed mental illness.
Indigenous specific	No
Coverage	This activity will cover the whole Brisbane North PHN region.
Consultation	Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the <i>Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services</i>

	<p>2018-2023. This outcomes of this activity contribute to the success of the regional plan.</p> <p>In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:</p> <ul style="list-style-type: none"> • Psychological services • Infant, child and youth mental health services • Services for people with severe mental illness. <p>As part of the review for psychological services, Brisbane North PHN consulted with:</p> <ul style="list-style-type: none"> • People with a lived experience • Consumers • Carers • Psychology providers • GPs and practice staff • Mental health providers • Metro North Hospital and Health Service • Academics and policy experts • Professional bodies. <p>The outcomes of the review into psychological services informed the development of the service model outlined in this activity plan.</p>
Collaboration	<p>This activity will be implemented by Brisbane North PHN, under the guidance of the Psychological Therapies Advisory group.</p> <p>Membership of this group is drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.</p>
Activity milestone details/ Duration	<p>Activity start date: 1/07/2019 Activity end date: 30/06/2021</p> <p>This activity is ongoing and services are already in place.</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2021</p>
Commissioning method and approach to market	<p><i>1. Please identify your intended procurement approach for commissioning services under this activity:</i></p> <p><input type="checkbox"/> Not yet known</p> <p><input checked="" type="checkbox"/> Continuing service provider / contract extension</p> <p><input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date.</p>

	<input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details) <i>2a. Is this activity being co-designed?</i> No <i>2b. Is this activity this result of a previous co-design process?</i> Yes <i>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</i> No <i>3b. Has this activity previously been co-commissioned or joint-commissioned?</i> No
Decommissioning	No (drop-down menu)
Data collection	Yes

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups
ACTIVITY TITLE	MH 3.9 – Commission a range of providers to deliver evidence-based psychological therapies to people with severe mental illness.
Existing, Modified, or New Activity	Modified Activity Activity 3.1 – Commission a range of providers to deliver evidence-based psychological therapies to underserved and hard to reach populations in the 2018-19 Primary Mental Health Care Activity Work Plan.
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	This activity addresses the needs assessment priority MH3 – High mental health distress in underserved areas and MH4 - Mental health issues among vulnerable population groups (page 29). This activity is aligned to the option of better aligned PHN funded psychological therapies with consumer preferences and needs, including for specific population groups that cannot access appropriate options (page 35).
Aim of Activity	The aim of this activity is to address service gaps by commissioning psychological therapy services for people in underserved and hard to reach populations, where there are barriers in accessing Medicare Benefits Schedule based psychological interventions. This activity will be achieved by contracting providers to deliver structured, time limited, evidence-based psychological therapies that are embedded into a wider range of services and supports that are funded or provided from other sources. This will increase access to integrated services with ‘wrap around’ supports. Longer term outcomes for this activity include improved wellbeing for people from underserved groups experiencing moderate levels of distress who have benefited from accessing evidence-based psychological therapies.
Description of Activity	Brisbane North PHN will commission providers to deliver short term individual psychological therapy services to underserved populations. Referrals to psychological therapies will originate from general practitioners and comprise part of a GP Mental Health Treatment Plan. There will be limited flexibility for provisional referrals from people who are eligible for the program and are referred through other established pathways.

	<p>Specific services will include therapeutic group work and limited individual sessions for assessment and review.</p> <p>The service model for this activity has been modified as a result of a review of the delivery of psychological therapies for underserved and hard-to-reach populations. Previously, Brisbane North PHN commissioned individual providers to deliver psychological therapies. Brisbane North PHN will continue to commission providers to deliver this activity, however providers must be embedded within service 'hubs'.</p> <p>The service hubs will consist of single organisations that are able to provide access to existing infrastructure and a wider range of services, or single providers that are co-located with other services providers that can provide a range of supports.</p> <p>Psychological therapies services will be integrated with a wider range of separately funded wrap around services as required. This may involve a single organisation providing multiple services, colocation of services in a single location or a network of services providing in-reach and outreach services. This will ensure that providers will work together to provide appropriate wrap around care to patients.</p>
Target population cohort	<p>The activity comprises part of the psychological therapies for underserved and hard to reach groups program, which is targeted to underserved and vulnerable populations within the Brisbane North PHN region. This part of the program is targeted to people with severe mental illness.</p>
Indigenous specific	<p>No</p>
Coverage	<p>This activity will cover the whole Brisbane North PHN region.</p>
Consultation	<p>Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the <i>Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023</i>. The outcomes of this activity contribute to the success of the regional plan.</p> <p>In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:</p> <ul style="list-style-type: none"> • Psychological services • Infant, child and youth mental health services • Services for people with severe mental illness.

	<p>As part of the review for psychological services and services for people with severe mental illness, Brisbane North PHN consulted with:</p> <ul style="list-style-type: none"> • People with a lived experience • Consumers • Carers • Psychology providers • GPs and practice staff • Mental health providers • Metro North Hospital and Health Service • Academics and policy experts • Professional bodies. <p>The outcomes of the review into psychological services and services for people with severe mental illness informed the development of the service model outlined in this activity plan.</p>
<p>Collaboration</p>	<p>This activity will be implemented by Brisbane North PHN, under the guidance of the Psychological Therapies Advisory group and the Collaboration in Mind partnership group.</p> <p>Membership of these groups are drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families</p>
<p>Activity milestone details/ Duration</p>	<p>Activity start date: 1/07/2018 Activity end date: 30/06/2022</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p>
<p>Commissioning method and approach to market</p>	<p><i>1. Please identify your intended procurement approach for commissioning services under this activity:</i></p> <p><input type="checkbox"/> Not yet known <input type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date. <input checked="" type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details)</p> <p>The invitation to tender document for this activity is included in appendix 2.</p> <p><i>2a. Is this activity being co-designed?</i> Yes</p> <p><i>2b. Is this activity this result of a previous co-design process?</i> No</p>

	<p><i>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</i> No</p> <p><i>3b. Has this activity previously been co-commissioned or joint-commissioned?</i> No</p>
Decommissioning	<p>Yes (drop-down menu)</p> <p>Due to changes in the service model, all providers currently delivering psychological therapies under the current service model will be decommissioned as of 30 June 2019. At this point, new providers will be brought online and will deliver services as of 1 July 2019.</p> <p>Clients will be able to be referred into the current Brisbane MIND program up until June 30. Clients referred up until June 30 will then have until December 31 to use their allocated sessions.</p> <p>Existing providers with active clients will therefore have their contracts extended until December 31 to ensure clients can receive their full treatment.</p>
Data collection	Yes

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups
ACTIVITY TITLE	MH 3.10 – Initial Assessment, Referral and Intake
Existing, Modified, or New Activity	Modified Activity Activity 3.1 – Commission a range of providers to deliver evidence-based psychological therapies to underserved and hard to reach populations in the 2018-19 Primary Mental Health Care Activity Work Plan.
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	This activity addresses the needs assessment priority MH3 – High mental health distress in underserved areas and MH4 - Mental health issues among vulnerable population groups (page 29). This activity is aligned to the option of better aligned PHN funded psychological therapies with consumer preferences and needs, including for specific population groups that cannot access appropriate options (page 35).
Aim of Activity	The aim of this activity is to address service gaps by commissioning psychological therapy services for people in underserved and hard to reach populations, where there are barriers in accessing Medicare Benefits Schedule based psychological interventions. This activity will be achieved by contracting providers to deliver structured, time limited, evidence-based psychological therapies that are embedded into a wider range of services and supports that are funded or provided from other sources. This will increase access to integrated services with ‘wrap around’ supports. Longer term outcomes for this activity include improved wellbeing for people from underserved groups experiencing moderate levels of distress who have benefited from accessing evidence-based psychological therapies.
Description of Activity	Brisbane North PHN will commission providers to deliver short term individual psychological therapy services to underserved populations. Referrals to psychological therapies will originate from general practitioners and comprise part of a GP Mental Health Treatment Plan. There will be limited flexibility for provisional referrals from people who are eligible for the program and are referred through other established pathways. Specific services will include a maximum of 12 sessions per person of individual psychological therapy. Commissioned providers will be able to deliver therapeutic groups and support people to access evidence based e-mental

	<p>health. There will also be flexibility to provide a higher number of sessions for people with greater needs.</p> <p>The service model for this activity has been modified as a result of a review of the delivery of psychological therapies for underserved and hard-to-reach populations. Psychological therapies will be embedded within a wider range of wrap-around services and supports for the individual and their family as needed. Psychological therapies will not be provided in isolation, but rather as part of a wider range of services and supports that are funded or provided from other sources.</p> <p>Clients will be able to be referred into the current Brisbane MIND program up until June 30. Clients referred up until June 30 will then have until December 31 to use their allocated sessions.</p> <p>Existing providers with active clients will therefore have their contracts extended until December 31 to ensure clients can receive their full treatment.</p> <p>The Service Navigation team based at Brisbane North PHN will continue to assist potential clients and referrers to make referrals to psychological services, process referrals and check accuracy of referrals as an administrative intake function.</p>
Target population cohort	<p>The activity comprises part of the psychological therapies for underserved and hard to reach groups program, which is targeted to underserved and vulnerable populations within the Brisbane North PHN region. This part of the program is the initial assessment, referral and intake function.</p>
Indigenous specific	<p>No</p>
Coverage	<p>This activity will cover the whole Brisbane North PHN region.</p>
Consultation	<p>Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the <i>Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023</i>. This outcomes of this activity contribute to the success of the regional plan.</p> <p>In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:</p> <ul style="list-style-type: none"> • Psychological services • Infant, child and youth mental health services • Services for people with severe mental illness.

	<p>As part of the review for psychological services, Brisbane North PHN consulted with:</p> <ul style="list-style-type: none"> • People with a lived experience • Consumers • Carers • Psychology providers • GPs and practice staff • Mental health providers • Metro North Hospital and Health Service • Academics and policy experts • Professional bodies. <p>The outcomes of the review into psychological services informed the development of the service model outlined in this activity plan.</p>
<p>Collaboration</p>	<p>This activity will be implemented by Brisbane North PHN, under the guidance of the Psychological Therapies Advisory group.</p> <p>Membership of this group is drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.</p>
<p>Activity milestone details/ Duration</p>	<p>Activity start date: 1/07/2018 Activity end date: 30/06/2022</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p>
<p>Commissioning method and approach to market</p>	<p><i>1. Please identify your intended procurement approach for commissioning services under this activity:</i></p> <p><input type="checkbox"/> Not yet known <input type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date. <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input checked="" type="checkbox"/> Other approach (please provide details)</p> <p>Brisbane North PHN houses the initial assessment, referral and intake function for psychological therapies. We have found from years of delivery ATAPS and now psychological therapies, that providers and referrer prefer us as a neutral player, to play this role.</p> <p><i>2a. Is this activity being co-designed?</i> Yes</p>

	<p><i>2b. Is this activity this result of a previous co-design process?</i> No</p> <p><i>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</i> No</p> <p><i>3b. Has this activity previously been co-commissioned or joint-commissioned?</i> No</p>
Decommissioning	<p>Yes (drop-down menu)</p> <p>Due to changes in the service model, all providers currently delivering psychological therapies under the current service model will be decommissioned as of 30 June 2019. At this point, new providers will be brought online and will deliver services as of 1 July 2019.</p> <p>Clients will be able to be referred into the current Brisbane MIND program up until June 30. Clients referred up until June 30 will then have until December 31 to use their allocated sessions.</p> <p>Existing providers with active clients will therefore have their contracts extended until December 31 to ensure clients can receive their full treatment.</p>
Data collection	Yes

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 4: Mental health services for people with severe and complex mental illness including care packages
ACTIVITY TITLE	MH 4.1 – Commission innovative clinical primary mental health care services to people with severe mental illness.
Existing, Modified, or New Activity	Modified Activity Activity 4.1 – Commission innovative clinical primary mental health care services to people with severe mental illness in the 2018-19 Primary Mental Health Care Activity Work Plan.
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	This activity addresses the needs assessment priority MH6 – Severe mental illness (page 29). This activity is aligned to the option of procure clinical and psychosocial services for people with severe mental illness, through the development of regional service hubs (page 36).
Aim of Activity	The aim of this activity is to deliver innovative primary mental health care services to people who are being managed in primary care. Brisbane North PHN will achieve this aim through the provision of best practice clinical care coordination for people with severe and complex mental illness who are being managed in primary care, through the use of mental health nurses. These supports will be located within service hubs, which include a range of clinical and non-clinical supports. The provision of clinical mental health supports within broader service hubs for people with severe mental illness addresses the needs assessment priorities associated with improving access to mental health services. This activity is a part of the overall stepped care approach to mental health, where people’s needs are understood and they connect to the right service for them.
Description of Activity	Brisbane North PHN will continue to commission clinical mental health nurse services to support the needs of people with severe and complex mental illness who are best managed in primary health care. The mental health nurse services will be located within service ‘hubs’, and complement separately funded clinical and non-clinical mental health services for people living with severe mental illness. The service hubs will leverage off and strengthen existing infrastructure by providing access to a wider range of services and supports in a single location. By negotiation, other services will

	<p>provide in-reach into each of the service hubs. This will expand the service offerings available and facilitate connections to other services as appropriate.</p> <p>This activity will fund the care coordination and mental health nurse components present in the service hubs. This includes the following services:</p> <ul style="list-style-type: none"> • Agreed clinical care within the scope of practice of the mental health nurse, in accordance with the agreed treatment plan • Monitoring a client’s mental state • Liaising with carers and families as appropriate • Administering and monitoring medication compliance • Providing information on and assisting in addressing physical health needs where appropriate. <p>Continuity of care will be assured for this activity by the use of a single multiagency care plan for people with severe and complex mental illness. Consumers currently accessing mental health nursing services will be transitioned accordingly to the services hubs, ensuring that the level and quality of care delivered remains high throughout the transition period.</p>
Target population cohort	<p>This activity is broadly targeted to people who are experiencing a severe mental illness.</p> <p>The mental health nursing components of this activity contain an eligibility criteria which must be met:</p> <ul style="list-style-type: none"> • a diagnosed mental disorder (according to criteria defined in the Diagnostic and Statistical Manual of Mental Health Disorders – Fifth Edition or the World Health Organisation Diagnostic and Management Guidelines for Mental Health Disorders in Primary Care:ICD-10 Chapter V Primary Care Version) which is severe and either episodic or persistent in nature • the mental disorder significantly impacts at least two areas of the persons social, personal and/or occupational functioning • the person has, or is at risk of developing, a physical health problem • the mental disorder has resulted in hospital treatment in the previous 2 years or there is a risk of hospitalisation within the next 12 months if clinical care by a mental health nurse is not provided • the patient is expected to need ongoing treatment and management of their mental disorder over the next two years • a primary care based GP or psychiatrist is the main person responsible for the patients clinical mental health care • they are not currently receiving clinical care coordination from another service • they are over 18 years of age (services for young people with severe mental illness are being procured through a separate process) • the patient provides consent to treatment from a mental health nurse.
Indigenous specific	No
Coverage	This activity will cover the whole Brisbane North PHN region.

<p>Consultation</p>	<p>Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the <i>Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023</i>. This outcomes of this activity contribute to the success of the regional plan.</p> <p>In 2018-19, Brisbane North PHN worked with consumers, carers, service providers and other stakeholders to review activities and plan for the future. Consumer and carer representatives were actively recruited from the Peer Participation in Mental Health Services (PPIMS) network to contribute to the reviews, which focused on the following areas:</p> <ul style="list-style-type: none"> • Psychological services • Infant, child and youth mental health services • Services for people with severe mental illness. <p>As part of the review for services for people with severe mental illness, Brisbane North PHN contracted an engagement consultant to hold a number of sessions. These sessions focused on reviewing the current landscape and workshopping potential solutions to identified problems. Representation at these workshops consisted of:</p> <ul style="list-style-type: none"> • People with a lived experience • Consumers • Carers • Psychology providers • GPs and practice staff • Mental health providers • Metro North Hospital and Health Service • Academics and policy experts • Professional bodies. <p>The outcomes of the review into services for people with people with severe mental illness informed the development of the service model outlined in this activity plan.</p>
<p>Collaboration</p>	<p>This activity will be implemented by Brisbane North PHN, under the guidance of the Collaboration in Mind partnership group.</p> <p>Membership of this group is drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, peak bodies, consumers and families.</p>
<p>Activity milestone details/ Duration</p>	<p>Activity start date: 1/07/2018 Activity end date: 30/06/2022</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p>

<p>Commissioning method and approach to market</p>	<p><i>1. Please identify your intended procurement approach for commissioning services under this activity:</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Not yet known <input type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date. <input checked="" type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details) <p>The invitation to tender document for this activity is included in appendix 2.</p> <p><i>2a. Is this activity being co-designed?</i> Yes</p> <p><i>2b. Is this activity this result of a previous co-design process?</i> No</p> <p><i>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</i> No</p> <p><i>3b. Has this activity previously been co-commissioned or joint-commissioned?</i> No</p>
<p>Decommissioning</p>	<p>Yes (drop-down menu)</p> <p>Due to changes in the service model, all providers of mental health nursing services under the current service model will be decommissioned as of 30 June 2019. These providers are:</p> <ul style="list-style-type: none"> • Morayfield Psychology Centre • Footprints • Toowong Private Hospital. <p>New providers will be brought online and will deliver services as of 1 July 2019.</p> <p>Arrangements are in place to ensure that existing patients are transitioned from current service providers to new providers where required, to ensure continuity of care.</p>
<p>Data collection</p>	<p>Yes</p>

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 5: Community based suicide prevention activities
ACTIVITY TITLE	MH 5.1 – The Way Back Support Service
Existing, Modified, or New Activity	Existing Activity Activity 5.2 – commission suicide prevention activities in the 2018-19 Primary Mental Health Care Activity Work Plan.
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	<p>This activity addresses the needs assessment priority MH9 – Suicide prevention for at risk population groups, including LGBTIQ, Aboriginal and Torres Strait Islander people and young to middle aged men (page 30).</p> <p>This activity is aligned to the options of improve and integrate suicide prevention responses on a systems-wide basis in the PHN region and Improve access to high quality local suicide prevention services, information and resources (page 36).</p>
Aim of Activity	<p>The aim of this activity is to encourage and promote a systems based regional approach to suicide prevention. This approach includes community based activities and liaison with the Metro North Hospital and Health Service and other providers.</p> <p>These providers will work together to ensure appropriate follow-up and support arrangements are in place, at the regional level, for individuals after a suicide attempt. This approach is also designed to support other people at high risk of suicide and includes Aboriginal and Torres Strait Islander people.</p> <p>As part of the systems based regional approach to suicide prevention, this activity aims to provide a short term follow up support service that links individuals back into the community.</p>
Description of Activity	<p>Brisbane North PHN will continue to commission a provider to deliver the Way Back Support Service. This service will continue to integrate, complement and work collaboratively with the Redcliffe Hospital to improve the immediacy of follow-up response for individuals at risk of suicide, or who have recently attempted suicide. This service will also provide wrap around supports.</p> <p>The service will continue to operate as a short-term transitional service, linking individuals back into the community by providing:</p> <ul style="list-style-type: none"> • Follow-up support • Short-term counselling • Case coordination.

Target population cohort	This activity is targeted to people who are referred by services in the Redcliffe area who have recently attempted suicide or who are at a high risk of suicide.
Indigenous specific	No
Coverage	This activity will cover the Redcliffe Statistical Area level 3 (SA3).
Consultation	<p>Consultation to inform the development of this activity initially occurred throughout the 2017-18 financial year. This consultation involved:</p> <ul style="list-style-type: none"> • <i>Suicide Prevention Forums</i> – 102 people attended 2 Forums, including consumers, GP's, psychologists, HHS staff, community and private services providers, youth services, Aboriginal and Torres Strait Islander services and academic and research bodies • <i>stakeholder meetings</i> – 5 meetings with stakeholders including Redcliffe Hospital Collaborative and HHS Mental Health services and Queensland Police Service. <p>The feedback from the Forums helped us to identify the need for a trial follow up service model in the Redcliffe region. Subsequent stakeholder meetings informed the key elements required for this model. Additional feedback throughout all of the engagement also identified the need for:</p> <ul style="list-style-type: none"> • improved networking amongst existing service providers to improve patient outcomes • workforce capacity training. <p>This feedback was incorporated into the development of the service model.</p>
Collaboration	<p>This activity will be implemented by Brisbane North PHN, under the guidance of the Suicide Prevention Strategic Partnership Group.</p> <p>Membership of this group is drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.</p>
Activity milestone details/ Duration	<p>Activity start date: 1/07/2019 Activity end date: 30/06/2022</p> <p>This activity is ongoing and services are already in place.</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p>
Commissioning method and	<p>1. Please identify your intended procurement approach for commissioning services under this activity:</p> <p><input type="checkbox"/> Not yet known</p>

<p>approach to market</p>	<p><input checked="" type="checkbox"/> Continuing service provider / contract extension</p> <p><input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date.</p> <p><input type="checkbox"/> Open tender</p> <p><input type="checkbox"/> Expression of Interest (EOI)</p> <p><input type="checkbox"/> Other approach (please provide details)</p> <p><i>2a. Is this activity being co-designed?</i> No</p> <p><i>2b. Is this activity this result of a previous co-design process?</i> Yes</p> <p><i>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</i> No</p> <p><i>3b. Has this activity previously been co-commissioned or joint-commissioned?</i> Yes</p>
<p>Decommissioning</p>	<p>No (drop-down menu)</p>
<p>Data collection</p>	<p>Yes</p>

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 5: Community based suicide prevention activities
ACTIVITY TITLE	MH 5.2 – Commission suicide prevention services specifically targeting Aboriginal and Torres Strait Islander people.
Existing, Modified, or New Activity	Existing Activity Activity 5.3 – Commission suicide prevention services specifically targeting Aboriginal and Torres Strait Islander people in the 2018-19 Primary Mental Health Care Activity Work Plan.
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	This activity addresses the needs assessment priority MH9 – Suicide prevention for at risk population groups, including LGBTIQ, Aboriginal and Torres Strait Islander people and young to middle aged men (page 30). This activity is aligned to the options of improve and integrate suicide prevention responses on a systems-wide basis in the PHN region and Improve access to high quality local suicide prevention services, information and resources (page 36).
Aim of Activity	The aim of this activity is to encourage and promote a systems based regional approach to suicide prevention. This approach includes community based activities and liaison with the Metro North Hospital and Health Service and other providers. These providers will work together to ensure appropriate follow-up and support arrangements are in place, at the regional level, for individuals after a suicide attempt. This approach is also designed to support other people at high risk of suicide and includes Aboriginal and Torres Strait Islander people. Brisbane North PHN will achieve this aim by commissioning a suicide prevention service that is specifically targeted to Aboriginal and Torres Strait Islander people.
Description of Activity	This activity will continue to commission a service to provide youth and outreach services in the Moreton Bay North region, specific to Aboriginal and Torres Strait Islander people. This activity will deliver culturally responsive suicide preventions services to Indigenous people, and promote and sustain social and emotional wellbeing.

	<p>The service will continue to be part of a broader, holistic, integrated mental health and alcohol and drug service for Indigenous people. Brisbane North PHN will continue to commission the Institute for Urban Indigenous Health to deliver this activity.</p>
Target population cohort	<p>This activity is targeted to young Aboriginal and Torres Strait Islander people.</p>
Indigenous specific	<p>Yes</p> <p>Brisbane North PHN engages with the Indigenous sector via the Institute for Urban Indigenous Health in the ongoing development and implementation of this activity. Brisbane North PHN will also continue to engage with the Indigenous sector through the Aboriginal and Torres Strait Islander Engagement Steering Group and Brisbane North Elders Network.</p>
Coverage	<p>This activity will cover the Moreton Bay North SA4.</p>
Consultation	<p>Consultation to inform the development of this activity initially occurred throughout the 2017-18 financial year. This consultation involved:</p> <ul style="list-style-type: none"> • <i>Suicide Prevention Forums</i> – 102 people attended 2 Forums, including consumers, GP's, psychologists, HHS staff, community and private services providers, youth services, Aboriginal and Torres Strait Islander services and academic and research bodies • <i>stakeholder meetings</i> – 5 meetings with stakeholders including Redcliffe Hospital Collaborative and HHS Mental Health services and Queensland Police Service. <p>The feedback from the Forums helped us to identify the need for a trial follow up service model in the Redcliffe region. Subsequent stakeholder meetings informed the key elements required for this model. Additional feedback throughout all of the engagement also identified the need for:</p> <ul style="list-style-type: none"> • improved networking amongst existing service providers to improve patient outcomes • workforce capacity training. <p>This feedback was incorporated into the development of the service model.</p>
Collaboration	<p>This activity will be implemented by Brisbane North PHN, under the guidance of the Suicide Prevention Strategic Partnership Group and Aboriginal and Torres Strait Islander Engagement Steering Group.</p> <p>Membership of these groups are drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families.</p>

Activity milestone details/ Duration	<p>Activity start date: 1/07/2019 Activity end date: 30/06/2022</p> <p>This activity is ongoing and services are already in place.</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p>
Commissioning method and approach to market	<p>1. Please identify your intended procurement approach for commissioning services under this activity:</p> <p><input type="checkbox"/> Not yet known <input checked="" type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date. <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details)</p> <p>2a. Is this activity being co-designed? No</p> <p>2b. Is this activity this result of a previous co-design process? Yes</p> <p>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? No</p> <p>3b. Has this activity previously been co-commissioned or joint-commissioned? No</p>
Decommissioning	No (drop-down menu)
Data collection	Yes

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 6: Aboriginal and Torres Strait Islander mental health services
ACTIVITY TITLE	MH 6.1 – Commission mental health services for Aboriginal and Torres Strait Islander people.
Existing, Modified, or New Activity	Existing Activity Activity 6.1 – Commission mental health services for Aboriginal and Torres Strait Islander people in the 2018-19 Primary Mental Health Care Activity Work Plan.
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	This activity addresses the needs assessment priority MH5 – Aboriginal and Torres Strait Islander social and emotional wellbeing (page 29). This activity is aligned to the option of continue to procure integrated social and emotional wellbeing services from Aboriginal community controlled health services (page 35).
Aim of Activity	The needs of Aboriginal and Torres Strait Islander people were documented as priorities in the Mental Health Needs Assessment and the Methamphetamine, Alcohol and Other Drugs Needs Assessment. The opportunities and priorities were documented in the Aboriginal and Torres Strait Islander priority area of our broader Health Needs Assessment. The aim of this activity is to enhance access to and better integrate Aboriginal and Torres Strait Islander mental health services at a local level, facilitating a joined up approach with other closely connected services. These services include social and emotional wellbeing, suicide prevention and alcohol and other drug services.
Description of Activity	Brisbane North PHN will continue to commission a service provider to provide a range of services through: <ul style="list-style-type: none"> • a Senior Social Health Professional to carry out intake assessments • a Child Psychologist to deliver services and respond to the demand for children-centred services • a Psychologist to extend and deliver services • a Social Health Care Coordinator to work closely with other Care Coordinator type roles (i.e. CCSS, Partners in Recovery Facilitators) to support clients with complex chronic and mental health conditions • a Mental Health Nurse (Registered Nurse) to deliver services. These services form part of an integrated social and emotional health and

	wellbeing approach, together with suicide prevention and alcohol and other drug treatment services.
Target population cohort	This activity is targeted to Aboriginal and Torres Strait Islander people.
Indigenous specific	<p>Yes</p> <p>Brisbane North PHN engages with the Indigenous sector via the Institute for Urban Indigenous Health in the ongoing development and implementation of this activity. Brisbane North PHN will also continue to engage with the Indigenous sector through the Aboriginal and Torres Strait Islander Engagement Steering Group.</p>
Coverage	This will cover the whole Brisbane North PHN region.
Consultation	<p>Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the <i>Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023</i>. This outcomes of this activity contribute to the success of the regional plan.</p> <p>In 2017, the PHN worked with the <i>Institute for Urban Indigenous Health</i> to identify needs and service gaps in Aboriginal and Torres Strait Islander mental health services.</p> <p>Following this, the PHN entered into a direct tender negotiation with the <i>Institute for Urban Indigenous Health</i> for the delivery of integrated mental health, suicide prevention and alcohol and drug treatment services. A plan of activity and a contract has been agreed. The Institute for Urban Indigenous Health (UIIH) will subcontract some of the service delivery to Brisbane Aboriginal and Torres Strait Islander Community Health Service.</p> <p>Brisbane North PHN will continue to engage the wider Aboriginal and Torres Strait Islander via UIIH as part of the implementation of the regional plan.</p>
Collaboration	<p>This activity will be implemented by Brisbane North PHN, under the guidance of the Aboriginal and Torres Strait Islander Engagement Steering Group.</p> <p>Membership of this group is drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, consumers and families</p>
Activity milestone details/ Duration	<p>Activity start date: 1/07/2019</p> <p>Activity end date: 30/06/2022</p> <p>This activity is ongoing and services are already in place.</p>

	<p>Service delivery start date: July 2019 Service delivery end date: June 2022</p>
Commissioning method and approach to market	<p>1. Please identify your intended procurement approach for commissioning services under this activity:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Not yet known <input checked="" type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date. <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details) <p>2a. Is this activity being co-designed? No</p> <p>2b. Is this activity this result of a previous co-design process? Yes</p> <p>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? No</p> <p>3b. Has this activity previously been co-commissioned or joint-commissioned? No</p>
Decommissioning	No (drop-down menu)
Data collection	Yes

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 7: Stepped care approach
ACTIVITY TITLE	MH 7.1 – Promote a stepped care approach to mental health service provision.
Existing, Modified, or New Activity	Existing Activity Activity 7.1 – Promote a stepped care approach to mental health service provision in the 2018-19 Primary Mental Health Care Activity Work Plan.
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	This activity is aligned with the national mental health priority area of the stepped care approach. This activity underpins the primary mental health care options identified in the needs assessment (pages 35 and 36).
Aim of Activity	The aim of this activity is to develop a continuum of primary mental health services within a person-centred stepped care approach so that a range of service types, making the best use of available workforce and technology, are available within local regions to better match with individual and local population need. To meet this aim, Brisbane North PHN will continue to commission primary mental health care services across the continuum of needs, from low intensity psychological services, to psychological services for hard-to-reach groups, to services for people with severe mental illness, to follow-up services for people after a suicide attempt. Contracts with service providers will require them to work within a stepped care approach and to refer on consumers whose needs change.
Description of Activity	Brisbane North PHN will continue to develop educational resources to promote an understanding and use of a stepped care approach to mental health services. Communications from Brisbane North PHN and funded providers will reference the stepped care approach. Stepped care will be an overall theme in the implementation of <i>Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023</i> . Working with other PHNs, Brisbane North PHN has developed an IT solution, rediCASE, which includes the collection of the Primary Mental Health Care Minimum Dataset (PMHC-MDS) from providers. This system is a comprehensive IT and case management solution that incorporates screening/triage, referral, assessment and billing. Should a national approach

	<p>emerge, this local approach will cease. MDS data is either entered directly into the web-based system provided, or returned to the PHN on a bi-monthly basis (as per providers contracts) and reviewed. Data visualisation software is currently under development to help “make sense” of the data.</p> <p>The Queensland Department of Health and the Metro North Hospital and Health Service are working on a number of projects to develop and implement systems to support sharing of consumer clinical information between service providers and consumers. This includes GP access to ‘The Viewer’ (read only access to hospital records) and a trial of shared-care clinical records. Brisbane North PHN is an active partner in these developments. We will also review ‘My Health Record’ developments and incorporate into local systems as appropriate.</p> <p>The PHN will continue to work with providers to explore approaches to consumer feedback, including complaints). At present, feedback and complaints about services are made to the service provider in the first instance and can be escalated to the PHN as funded if necessary. The PHN has also adopted the use of the YES (Your Experience of Service) survey among all PHN commissioned service users. Representatives of the PHN sit on the YES National Project Reference Group, which is supporting the development of the PHN version of the survey.</p>
Target population cohort	This activity is targeted to people experiencing a mental illness, at risk of developing a mental illness, people at risk of suicide and their carers.
Indigenous specific	No
Coverage	This activity will cover the whole Brisbane North PHN region.
Consultation	<p>Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the <i>Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023</i>. This outcomes of this activity contribute to the success of the regional plan.</p> <p>The approach to and implementation of stepped care for mental will continue to be a topic of consultation through the implementation of the regional plan.</p>
Collaboration	<p>This activity will be implemented by Brisbane North PHN, under the guidance of the following groups:</p> <ul style="list-style-type: none"> • Aboriginal and Torres Strait Islander Engagement Steering Group • Collaboration in Mind • Suicide Prevention Strategic Partnership Group • Alcohol and Drug Partnership Group • Infant, Child and Youth Partnership Group • Psychological Therapies Advisory Group

	<ul style="list-style-type: none"> • Strategic Coordination Group. <p>Membership of these groups are drawn from the Metro North Hospital and Health Service, Allied Health providers, Queensland Government agencies, peak bodies, consumers and families.</p>
Activity milestone details/ Duration	<p>Activity start date: 1/07/2019 Activity end date: 30/06/2022</p> <p>Service delivery start date: Month. Year. Service delivery end date: Month. Year.</p>
Commissioning method and approach to market	<p><i>1. Please identify your intended procurement approach for commissioning services under this activity:</i></p> <p><input type="checkbox"/> Not yet known <input type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date. <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input checked="" type="checkbox"/> Other approach (please provide details)</p> <p>Brisbane North PHN will deliver this activity through operational funds.</p> <p><i>2a. Is this activity being co-designed?</i> No</p> <p><i>2b. Is this activity this result of a previous co-design process?</i> Yes</p> <p><i>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</i> No</p> <p><i>3b. Has this activity previously been co-commissioned or joint-commissioned?</i> No</p>
Decommissioning	No (drop-down menu)
Data collection	No

Proposed Activities - copy and complete the table as many times as necessary to report on each activity

Mental Health Priority Area	Priority area 8: Regional mental health and suicide prevention plan
ACTIVITY TITLE	MH 8.1 –Implement and review a mental health and suicide prevention regional plan.
Existing, Modified, or New Activity	Existing Activity Activity 8.1 – Develop a Joint mental health and suicide prevention regional plan.
PHN Program Key Priority Area	Mental Health
Needs Assessment Priority	<p>This activity addresses the national mental health priority area of the joint regional mental health and suicide prevention plan. This is an action derived from the 5th National Mental Health and Suicide Prevention Plan.</p> <p>This activity is underpins a range of development activities outlined in pages 35 and 36 of the needs assessment. Specifically, these options are:</p> <ul style="list-style-type: none"> • Develop, diversify and geographically redistribute the workforce delivering psychological therapies • Improve access to mental health services for people from culturally and linguistically diverse backgrounds • Strengthen integration between services working with Indigenous people • Improve the experience of people transitioning between hospital and the community • Development and promotion of activities that improve the physical health of people experiencing severe and complex mental illness • Improve and integrate suicide prevention responses on a systems-wide basis in the PHN region.
Aim of Activity	<p>The aim of this activity is to implement and review an evidence based joint regional mental health and suicide prevention plan, which has been developed and agreed with the Hospital and Health Service, and other stakeholders.</p> <p>The regional plan will provide a vital resource to State Government, non-government and Commonwealth services in the region to support integrated delivery of mental health and suicide prevention services within the community. The plan identifies needs and gaps, reduce duplication, remove inefficiencies and encourage innovation. It is evidence based and informed by comprehensive needs assessments and service mapping.</p>
Description of Activity	Brisbane North PHN will oversee the implementation of the joint regional plan, in partnership with the Metro North Hospital and Health Service. Content areas of the plan include 14 chapters, divided into four main parts. The content areas are:

	<ul style="list-style-type: none"> • Our Vision • Better Health in Brisbane North <ul style="list-style-type: none"> a. People with a lived experience leading change b. Supporting families and carers c. Sustaining good mental health d. Commissioning services e. Delivering integrated services f. Responding to diversity • Focus areas <ul style="list-style-type: none"> a. Aboriginal and Torres Strait Islander social and emotional wellbeing b. Alcohol and other drug treatment services c. Infants, children, young people and families d. Psychological therapies e. Severe and complex mental illness f. Suicide prevention • Measuring, monitoring, reporting <ul style="list-style-type: none"> a. Our governance approach b. Measuring outcomes, implementing, and reviewing the Plan.
Target population cohort	This activity is targeted to residents and services providers in the Brisbane North PHN region.
Indigenous specific	No
Coverage	This activity will cover the whole Brisbane North PHN region.
Consultation	<p>Brisbane North PHN consulted with a wide range of stakeholders in the development of a range of activities and for the development of the <i>Planning for Wellbeing: A regional plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023</i>. These stakeholders included:</p> <ul style="list-style-type: none"> • People with a lived experience • Consumers • Carers • Psychology providers • GPs and practice staff • Mental health providers • Metro North Hospital and Health Service • Academics and policy experts • Professional bodies. <p>Following an extended period of development, the regional plan moved into the implementation phase in 2018-19. This phase will continue in the 2019-20 financial year.</p>

Collaboration	<p>The development of the mental health, suicide prevention and alcohol and drug regional plan is a joint initiative between Brisbane North PHN and the Metro North Hospital and Health Service.</p> <p>In 2017, the PHN established ongoing Partnership Groups in the following areas:</p> <ul style="list-style-type: none"> • child & youth mental health • people with severe mental illness (Collaboration in Mind) • suicide prevention • alcohol and other drugs. <p>Membership and structure of the partnership groups has been reviewed and reconfirmed. These Partnership Groups will continue to guide the development, content and implementation of the regional plan in their areas of interest. The PHN has also established a high-level Strategic Coordination Group to oversee and address system wide issues that were identified throughout the consultation process of the regional plan. The PHN anticipates that specific partnership groups will report to the high-level Strategic Coordination Group.</p>
Activity milestone details/ Duration	<p>Activity start date: 1/07/2019 Activity end date: 30/06/2022</p> <p>Service delivery start date: Month. Year. Service delivery end date: Month. Year.</p>
Commissioning method and approach to market	<p><i>1. Please identify your intended procurement approach for commissioning services under this activity:</i></p> <p><input type="checkbox"/> Not yet known <input type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement. If selecting this option, provide justification for direct engagement, and if applicable, the length of time the commissioned provider has provided this service, and their performance to date. <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input checked="" type="checkbox"/> Other approach (please provide details)</p> <p>Brisbane North PHN will deliver this activity through operational funds.</p> <p><i>2a. Is this activity being co-designed?</i> No</p> <p><i>2b. Is this activity this result of a previous co-design process?</i> Yes</p> <p><i>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements?</i> No</p> <p><i>3b. Has this activity previously been co-commissioned or joint-commissioned?</i></p>

	No
Decommissioning	No (drop-down menu)
Data collection	No