

Brisbane North PHN Commissioned Services

Mental health, suicide prevention, alcohol and other drugs 2021/22

This snapshot provides an overview of the activities and services delivered across 2021/22 in the Brisbane North PHN region. The data captures services commissioned by the PHN under the Primary Mental Health Care, Psychosocial Support, National Suicide Prevention Trial, headspace and Alcohol and other drugs funding as well as additional funding supplements provided due to COVID-19.

For more information on PHN commissioned services see <https://brisbanenorthphn.org.au/our-programs/mental-health-services>

Mental health and suicide prevention

10,711

Ages ranged from 5 to 102 years

People accessing services:

Service providers deliver a wide range of services including psychological therapies, care coordination and psychosocial supports.

From 1 July 2021 to 30 June 2022, 10,711 people across the North Brisbane region accessed services commissioned by the PHN.

65%

of people accessing services were female and 31% were male

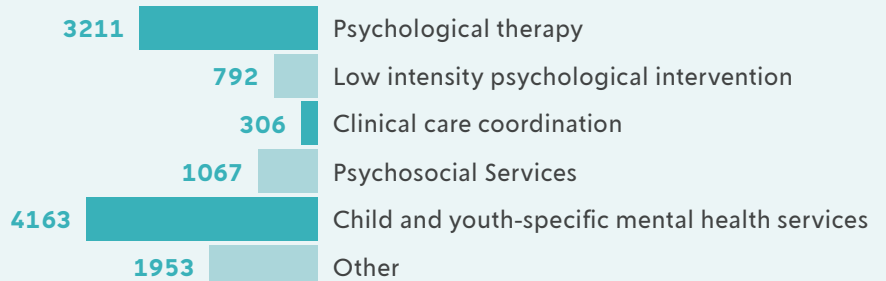
19%

identified as Aboriginal, Torres Strait Islander or both

16%

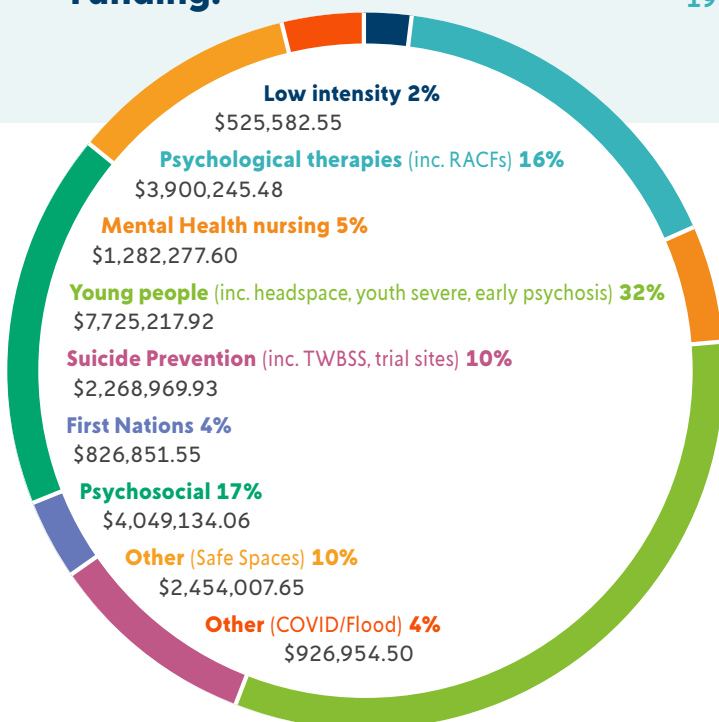
were born overseas

Number of episodes per service type across the Stepped Care continuum:



11492 Episode Count

Funding:



62,621

service contacts occurred over the year

40% had GP Mental Health Care Plan

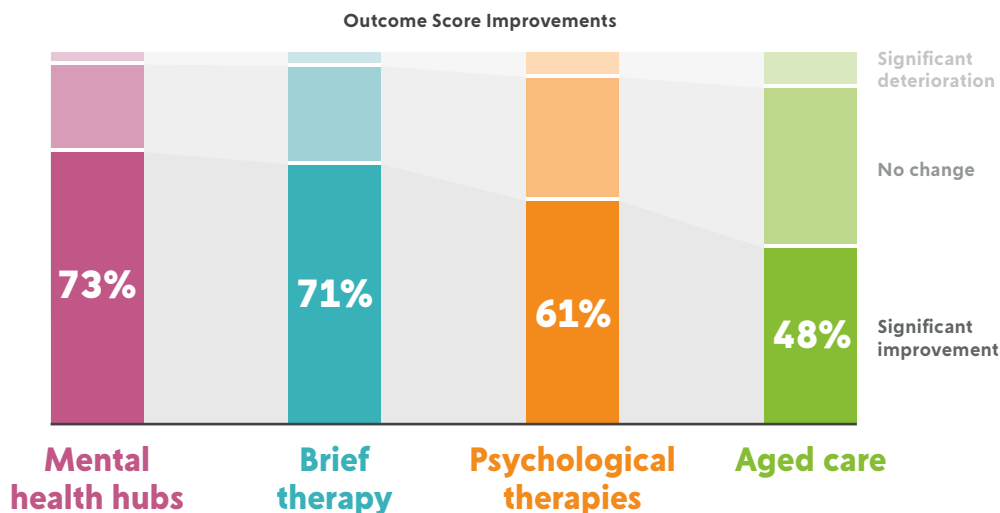
38% of service contacts were conducted as outreach (not in service providers office)

22% service contacts were delivered in a modality other than face to face i.e. telephone, virtual appointments etc.

46% of people accessing services lived in Moreton Bay region.

Outcomes achieved:

Positive outcomes were achieved for people in the region



Alcohol and other drugs:

Service providers provide a range of treatment support options to people experiencing concerns regarding their substance use, ranging from harm reduction based brief interventions through to counselling and day support programs.



12,927 occasions of service were delivered to **2,583** service users.

3.7% were delivered in a form other than face-to-face, predominantly via telehealth modes.



19% of all service users identified as Aboriginal and/or Torres Strait Islander.

6.6% of people identified as a member of the LGBTIQ+ communities.



6% of people seeking support were in vulnerable housing situations.

76% of all service users experienced a co-existing mental health concern along with problematic substance use.



Mental Health Service providers:

Brisbane North PHN commissions **37** organisations to deliver services.
493 staff are employed to provide services to people across the PHN region.

These staff come from a range of professional backgrounds including **160** psychologists, **8** social workers and **6** occupational therapists.

Engaging people with lived experience

The Peer Participation in Mental Health Services (PPIMS) network was established in April 2016 and consists of consumers and carers engaging in systemic change in the mental health arena. The membership has expanded to 286 members who receive information about industry updates, participation opportunities and employment in the mental health. Monthly meetings have been a key feature of the Network's success and in October recommenced in-person (vs virtual) meetings once again.

There are nine consumer and carer representatives that sit on Planning for Wellbeing Partnership Groups and represent a lived experience voice in mental health, suicide prevention, alcohol and other drugs.

Contribution by these consumer and carer representatives has resulted in:

- greater understanding of the lived/living experience community by service providers in the co-design and delivery of meaningful services
- inclusiveness of the lived/living experience voice in service design and delivery
- the creation of relationships between the lived/living experience community and service providers that will lead to continued and future co-design opportunities.