

Planning for Wellbeing Forum

Key event for the Brisbane North and Moreton Bay Mental Health, Suicide Prevention and Alcohol and Other Drug Regional Plan

10:00am – 3:00pm, 9 February 2023 | Eatons Hill Hotel, South Pine Rd, Eatons Hill

Purposes

1. **Network:** To bring together in person all of the key stakeholders involved, to enable networking, collaboration, partnership, sharing, and learning
2. **Reflect:** To identify key learnings and lessons learned to date, to inform comprehensive regional plan
3. **Look forward:** To identify clear future strategy and direction for the comprehensive regional plan
4. **Actions-focused:** To generate cross-sector and cross-chapter collaboration
5. **Acknowledge:** To acknowledge the implementation work that has been done to date, and to hear the voices of stakeholders, including the community

Time	Session	Duration	Format	Facilitators	Link to Purposes
9:30 am	1. Registrations open & collect name badges <i>Tea, coffee & light snacks available now & all day</i>	30 min	N/A	Nico Salomo (they/them) Krystal Casey (she/her) Program Support Officers, MHAOD, Brisbane North PHN	N/A
10:00 am	2. Welcome	10 min	<ul style="list-style-type: none"> • Presentation/speech 	MC: Zoey Ka (she/her) Lived Experience Project Lead, Mental Illness Fellowship of Australia	N/A
10:10 am	3. Welcome to Country	10 min	<ul style="list-style-type: none"> • Ceremony 	Songwoman Maroochy Barambah (she/her) Songwoman and Law-woman of the Turrbal people	N/A
10:20 am	4. Ice breaker	20 min	<ul style="list-style-type: none"> • Table-top discussions (<i>table allocation</i>) 	MC: Zoey Ka (she/her)	<ul style="list-style-type: none"> • Network
10:40 am	5. Release of snapshot & stories, followed by table-top discussions	30 min	<ul style="list-style-type: none"> • Video • Printed hand-outs • Table-top discussions 	Chelsea Muscat (she/her)	<ul style="list-style-type: none"> • Acknowledge • Network

Time	Session	Duration	Format	Facilitators	Link to Purposes
				Mental Health Development Coordinator, Health Alliance - Brisbane North PHN & Metro North Health	
11:10 am	6. Key lessons from current regional plan to inform next plan	1 hour 30 min	<ul style="list-style-type: none"> • Small group discussions, followed by whole room discussion 	MC: Zoey Ka (she/her)	<ul style="list-style-type: none"> • Reflect • Actions-focused • Network
12:40 pm	7. Networking lunch	45 min	N/A	MC: Zoey Ka (she/her)	<ul style="list-style-type: none"> • Network
1:25 pm	8. Next regional plan: Strategic directions	35 min	<ul style="list-style-type: none"> • Presentation & questions 	Paul Martin (he/him) Executive Manager, Commissioned Services, Brisbane North PHN Kathryn Turner (she/her) Executive Director, Metro North Mental Health, Metro North Health	<ul style="list-style-type: none"> • Look forward
2:00 pm	9. Partnerships professional development	45 min	<ul style="list-style-type: none"> • Table-top discussions or activity (<i>choose your table</i>) 	Michelle Costello (she/her) Accredited partnership broker with Partnerships Broker Association via Brisbane North PHN	<ul style="list-style-type: none"> • Actions-focused • Look forward
2:45 pm	10. Wrap up	5 min	<ul style="list-style-type: none"> • Verbal 	MC: Zoey Ka (she/her) Paul Martin (he/him) Kathryn Turner (she/her)	<ul style="list-style-type: none"> • N/A
2:50 pm	11. Feedback	10 min	<ul style="list-style-type: none"> • Menti 	Chelsea Muscat (she/her)	<ul style="list-style-type: none"> • Acknowledge • Look forward
3:00 pm	12. Close				