



Our Approach to Wellbeing

Celebrating our new North Brisbane and Moreton Bay, Regional Approach focusing on Mental Health, Suicide Prevention, and Alcohol and Other Drug Services - 2025–2030

| Time | Program |
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| 9:00 – 9:30am | Registration and welcome refreshments |
| 9.30 – 9:45am | Welcome to Country Presented by Songwoman Maroochy Barambah |
| 9:45-9:50am | Lived Experience Acknowledgement Presented by Ben Wheatley |
| 9:50-10am | Heading towards our Desired State: launching <i>Our Approach to Wellbeing</i> Libby Dunstan – CEO Brisbane North PHN, and Hitesh Joshi – Acting Executive Director Metro North Mental Health |
| 10:00 – 10:45am | Keynote presentation: Responsive Approaches to Real-Time Needs: innovative models of community mental healthcare Dr Paul Fung, Churchill Fellow The primary mental health care system has become increasingly complex. Comorbidity and complexity, consumer and carer frustration, clinician burnout, all within an ever-changing health and social sector landscape. How do we all navigate these issues well? Dr Fung will explore the roles and opportunities within the sector to move us towards a “ <i>whole-of-community</i> ” response for mental health and wellbeing. |
| 10:45 - 11am | Stop, Start, Continue: realising our shared vision for mental health wellbeing in our region Developed through 18 months of consultation and co-design, we introduce the four key focus areas of <i>Our Approach to Wellbeing</i> . These areas will guide how we plan, act, and collaborate to realise our shared vision for mental health and wellbeing in North Brisbane and Moreton Bay. This session ends with an invitation to continue the conversation over morning tea, through an interactive activity led by Karina Smith, Human Centred Design Specialist. |





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| 11:00 – 11:30am | Morning Tea |
| 11:30 – 12:20pm | Lived Experience Panel: Leading and Governing Authentically In this session we will engage in a range of perspectives from lived experience leaders who will illustrate how lived living experience is shaping the future of authentic mental health governance, leadership, service delivery, and quality improvement in our region. |
| 12:20 – 12:30pm | Connecting for Greater Impact: A Call to Action Our event concludes with a vision for the future from Caroline Radowski, Executive Manager Mental Health and Wellbeing, Brisbane North PHN, and Wade Norrie, General Manager Metro North Health. |
| 12:30 – 1:30pm | Networking Lunch |
| 1:30pm | Close |

