

Network Link

March 2019



Pictured left to right: Comedian, poet and MC Steven Oliver, Indigilez Women's Leadership Group and Support Group co-founder Rebecca Johnson and gar'ban'djee'lum network Chairperson Dion Tatow.

Integrated suicide prevention initiatives aim to save lives

Minister for Indigenous Health, Hon Ken Wyatt AM, MP has thanked Brisbane North PHN and its partners for the launch of local initiatives under the National Suicide Prevention Trial targeting high-risk populations in the North Brisbane and Moreton Bay region.

In a video message played at the launch on 21 February 2019, Minister Wyatt said the initiatives implemented through the Brisbane North trial mark a major step forward.

"I am committed to supporting young people, families, communities, Elders, and service providers, and all levels government as we work together to reduce the loss of life through suicide," he said.



Above: Minister for Indigenous Health, Hon Ken Wyatt AM, MP

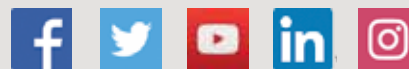
While the trial has been running locally since March last year, Brisbane North PHN Chief Executive Officer Abbe Anderson said the aim was to increase community awareness and access to services.

"We have identified three priority population groups whose rate of suicide is higher than average and who are therefore the focus of these campaigns," Ms Anderson said.

"The priority groups include LGBTIQ+ communities, Aboriginal and Torres Strait Islander communities, and young adult to middle aged men aged between 25 and 55 years," she said.

"Like a number of the other trial sites around the country, we have adopted the Black Dog Institute's LifeSpan Framework for our local trial implementation.

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phn
BRISBANE NORTH
An Australian Government Initiative

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"This framework incorporates nine interrelated strategies, which when implemented at the same time, are more likely to lead to a reduction in suicide.

"It is also important to note that we are conducting this trial within the broader context of our five-year regional plan for mental health, suicide prevention and alcohol and other drugs treatment services.

"We are determined to bring down the rate of suicide in our region and we think the LifeSpan Framework is the most effective way to achieve this among our priority population groups," Ms Anderson said.

Agencies funded under the Brisbane North trial will be implementing activities that include:

- improving emergency and follow up care after suicide attempts
- advanced suicide prevention training for practitioners, including building connection to community and care pathways
- developing a regional media protocol for best practice reporting
- increasing cultural responsiveness around suicide prevention
- establishing communities of practice for people with a lived experience of suicide

- promoting help-seeking, mental health and resilience in schools
- Aboriginal and Torres Strait Islander specialist support
- LGBTIQ+ specialist support
- GP capacity building.

For each priority group, a collaborative co-design process is guiding the work. Stakeholder consultations are community driven with cultural governance and informed by people with a lived experience.

For more information about the National Suicide Prevention Trial contact Brisbane North PHN on 07 3630 7300 or email info@brisbanenorthphn.org.au.

For crisis support call Lifeline on 13 11 14 or the Suicide Call Back Service on 1300 659 467.

Brisbane North PHN is partnering with a number of agencies to deliver its local implementation of the trial, including: Centre for Human Potential, Kurbingui Youth Development Ltd, Queensland AIDS Council, Open Doors Youth Service, Diverse Voices (QLife), True Relationships, Brook RED, Wendybird, Roses in the Ocean, y2K (Youth 2 Knowledge), Beacon Strategies, Wesley Mission, the Australian Institute of Suicide Research and Prevention (Griffith University), Indigilez and the gar'ban'djee'lum network.

A visit from the Shadow State Health Minister

Introducing the first MP to visit our new Lutwyche office!

Shadow State Health Minister Ros Bates MP dropped by in mid-February for a briefing on the PHN's activities supporting health and medical services across the North Brisbane and Moreton Bay region, and the joint planning we undertake through the Health Alliance and with Metro North Hospital and Health Service.

Pictured from left to right: Brisbane North PHN Executive Manager Mental Health, Alcohol and Other Drugs Paul Martin, Shadow State Health Minister Ros Bates MP, Brisbane North PHN CEO Abbe Anderson and Brisbane North PHN Manager Mental Health Reform Tonita Taylor.



ABOUT NETWORK LINK

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Psychological treatment services now available for people living in residential aged care facilities

Residential aged care facilities (RACFs) in the North Brisbane and Moreton Bay region are now able to offer psychological treatment services for their residents, under new funding from the Department of Health.

The funding will address the current gap in services for older people with mild to moderate mental illness. Approximately 39 per cent of residents are living with mild to moderate depression,

Mental health services are not routinely available to older people living in RACFs, despite approximately 39 per cent of residents living with mild to moderate depression (Australian Institute of Health and Welfare, 2015).

The Psychology in Aged Care Wellbeing program commenced on 1 January 2019, with full implementation by 2023. Primary Health Networks are commissioning local models for the delivery of this program Australia-wide.

Within the Brisbane North and Moreton Bay region, Brisbane North PHN has provided funding to Change Futures to expand their current low intensity service offering to include services for people with moderate mental illness in nine RACFs, with plans to reach an additional seven RACFs by June 2019.

Change Futures has reported positive outcomes for residents who received low intensity services in RACFs over the last 18 months, with evaluation showing the program leads to measurable reductions in residents' anxiety and psychological distress. Providing moderate services under the new funding will open the program up to more people in need of mental health services.

Services are delivered by mental health professionals including psychologists, social workers and mental health nurses and benefits for residents are expected to include mood improvements, reduction in anxiety and stress, and increased ability to cope with life changes.

Brisbane North PHN is currently working to identify RACFs within the Brisbane North and Moreton Bay region interested in providing the Psychology in Aged Care Wellbeing program.

For more information or to refer to the service please email racmentalhealth@changeutures.org.au or phone 07 3857 0847.



PHN clinicians' advisory group member receives Order of Australia medal

Brisbane North PHN Clinicians' Advisory Group (CAG) member, Dr Greg Thompson has received a 2019 Order of Australia medal for his contributions to community and the profession of medicine.

One of three GPs from the North Brisbane and Moreton Bay region to receive Australia Day honours, Dr Thompson has been a CAG member for twelve years.

Since taking over Bardon Rainworth Medical Centre in 2006, he has been practicing as a GP within the region. Prior to working as a GP, Dr Thompson was a PE teacher in regional NSW and his lifelong interest in sports and sports medicine has seen him heavily involved in his local cricket and AFL clubs—both on and off the field.

"I'm the club doctor for the Western Magpies, I've been involved in cricket and coaching all my life, as well as the administrative side of things and I've never not been active," Dr Thompson said.

Dr Thompson said his involvement with CAG, and more broadly with Brisbane North PHN, has helped him as a practitioner by connecting him to a wider network of GPs.

"It's been a learning experience to be involved in the group, to help figure out how we can improve patient care and to be involved in advancing electronic health," Dr Thompson said.

"It goes both ways too, because the support I received when I was establishing my practice in 2006 was invaluable, and not much has changed."

Dr Thompson said receiving the honour was a great surprise and it is icing on the cake of a career he loves.

"I'm 64 now and have no plans to slow down, I love my job and I love my sport—as long as I've got the mental and physical capacity I will keep on going," Dr Thompson said.

The PHN congratulates all of the GPs from the North Brisbane and Moreton Bay region who received Australia Day honours.

We've moved!

Brisbane North PHN's Lutwyche office has relocated from the ground floor at Lutwyche City Shopping Centre to Level 4.

Our new street address is Level 4, Lutwyche City, 543 Lutwyche Road, Lutwyche QLD 4030.

Our postal address (PO Box 845, Lutwyche QLD 4030) remains unchanged. Visitors can download the visitor information fact sheet from our website via www.brisbanenorthphn.org.au/page/contact-us.

New medical assisting intake commences in April

Enrolments are now open for the next intake of medical assistants, with studies commencing in April for students throughout Queensland.

Brisbane North PHN offers the nationally accredited Certificate IV in Medical Practice Assisting (HLT 47715) in partnership with registered training organisation UNE Partnerships (RTO Code 6754).

Delivery is via self-paced online learning with practical support and learning provided by on-the-job training and face-to-face clinical skills workshops and assessments.

Medical assistants are multi-skilled team members, formally trained to perform administrative tasks and front desk duties as well as a wide range of treatment room procedures. This benefits the practice by reducing the workload of doctors and nurses, allowing them to spend more time on services where their higher levels of training are required.

Medical assistant studies also have the potential to increase job satisfaction and staff retention as studies provide recognition and a pathway to higher level education for medical reception staff.

The course is delivered over three study terms with a compulsory workshop in each term and government funding is available for eligible students.

For more information call Maralan Southern on 3630 7349, Annette Dunlop on 3630 7371 or email medicalassistant@brisbanenorthphn.org.au.



HealthPathways now mobile friendly

Brisbane North PHN and Metro North Hospital and Health Service are adopting a new mobile friendly HealthPathways platform, to ensure users can continue to access valuable pathway information no matter what device they are using.

The mobile friendly HealthPathways platform provides users with many benefits, including:

- a clean, modern look which is easier to read and scan
- a responsive design that works on desktop, tablet, and mobile devices
- convenient access to functions for printing, sending feedback, and expanding drop-boxes.

The clinical content on each version remains the same with both the classic and mobile-friendly versions displaying the most recently reviewed and updated pathways.

Until 11 March 2019, users are invited to try out the new platform and send feedback. All users will still be directed to the classic site first, and then have the option to visit the new mobile-friendly site and set it as their default.

After 12 March 2019, the mobile-friendly site becomes the default user experience and all users will be directed to the mobile-friendly site. Users may need to log in again with their username and password. Username and password details are available by phoning 07 3630 7300.

You can find more information on the mobile-friendly platform via <http://bit.ly/mobilefriendlyHP>.

Visit the new look HealthPathways at <https://brisbanenorth.communityhealthpathways.org> and submit feedback on the content and usability of the site by clicking on the floating feedback button on the bottom of any page.



From left to right: Stephanie Wilson and Emma Van Leeuwen from St Paul's Retirement and Aged Care Living Caboolture, Brisbane North PHN Sector Collaboration Lead, Care Coordination Emma White, Caboolture Hospital Nurse Navigator, Geriatric Flow Rosie Trent and Brisbane North PHN Manager, Care Coordination Sharon Gavioli.

Collaborative improving care for older people

Residential aged care providers in the Caboolture region have come together to improve the care journey and experience for the growing number of people living in aged care facilities.

Caboolture Residential Aged Care Collaborative meetings include Residential Aged Care Facility (RACF) managers and clinicians, several areas of Caboolture Hospital, Brisbane North PHN staff and local GPs within the Caboolture Hospital catchment.

Caboolture Hospital Nurse Navigator Geriatric Flow Rosie Trent said the collaborative was developed in partnership between the Brisbane North PHN and Caboolture Hospital.

"The 16 residential aged care facilities in the Caboolture Hospital catchment have more than 1,500 residents," Rosie said.

"It's great to have all providers in the one room, working together and sharing information, which assists in identifying areas that we can work on to improve care for residents, improve systems and further educate RACF staff.

"It provides the opportunity to reinvigorate and develop our relationships and benchmark what true collaboration does to improve systems and patient outcomes.

"Without this avenue for communication, simple changes and opportunities may have not been identified so early.

"While members come from different providers, we all share a common goal of wanting to work closely together to provide better access to high quality and coordinated care for residents of RACFs in the Caboolture region."

Meetings are held every two months at a different RACF in the Caboolture region.

For more details on the new collaborative contact Emma White from Brisbane North PHN on 07 3630 7381 or emma.white@brisbanenorthphn.org.au.

A safe space for mental health distress

An innovative new community-based model of care supporting people experiencing mental health distress, has commenced in Caboolture and Redcliffe.

The Safe Space Network evolved as a community response to research conducted by Brisbane North Partners in Recovery that identified a high number of people presenting to emergency departments in psychological distress but were ineligible for admission. The research highlighted the need for a more appropriate environment for people to receive low to mid-level social and emotional support.

Currently two safe spaces are open in the North Brisbane and Moreton Bay region as part of the Safe Space Strategy, led by a collaborative of NGO and government partners. Safe Space staff are trained mental health workers who work one-on-one with clients to identify symptoms and give them the tools they need to self-manage recovery at home. These tools include access to social and emotional support, safety planning, a sensory room, creative activities and a safe space to ease distress.

Safe Space is a self-referral service and health practitioners are welcome to contact the team with enquires. For more information visit <http://bit.ly/mymentalhealth-safespace>.





News from Metro North Public Health Unit

The Metro North Public Health Unit focuses on protecting the community from communicable diseases and other illnesses, as well as promoting health and wellbeing. For further information on any of the updates below contact 07 3624 1111.

Increase in mumps cases in Queensland

Recent media articles have drawn attention to an increase in the number of mumps cases notified in Queensland.

Between January 2017 and December 2018 there were 875 cases of mumps state-wide. Only 53 cases of mumps were reported in the Metro North area over this period. These cases were typically sporadic and not related to outbreaks.

Waning immunity is thought to be the main driver behind the regional outbreaks. Decades after widespread mumps vaccination (MMR) was introduced, it appears that immunity may have waned in the absence of natural boosting from exposure to circulating wild virus. This has led to increased population susceptibility and slowly evolving community outbreaks, mostly involving older children and adults living in environments where overcrowding is common, such as school dormitories.

When outbreaks have occurred, a third dose of MMR has been recommended for those aged over eight years, born after 1965 and who live in affected communities. However, a third dose of MMR is not currently recommended for the general community living in the Metro North area, in the absence of community outbreaks. A third dose of MMR may be considered for Aboriginal and Torres Strait Islander people in the above age group who temporarily reside in Metro North, but who are returning to a community where an outbreak is occurring.

For more information visit <http://bit.ly/MNPHU-mumpsinfo>.

MMR: an important travel vaccine

Measles remains a global health issue, with the World Health Organization estimating seven million people were infected in 2016. In Australia, more than 100 cases were recognised and reported in 2018. Typically, people with confirmed measles have acquired the illness overseas, and this was certainly the case for each of the people known to have measles in the Brisbane area over the Christmas period.

Ensuring that patients who are heading overseas are measles immune is therefore a very important part of a pre-travel consultation.

Measles, mumps, rubella (MMR) vaccine is recommended for anyone born during or since 1966, if they do not already have either two documented doses of measles-containing vaccine; or previous laboratory-proven measles. MMR vaccine is funded for people meeting these criteria.

Two doses should be separated by a minimum of four weeks. If a complete course is not possible prior to travel, the second dose may be given on return to Australia. One vaccine prior to travel is still highly effective for preventing measles.

Promoting the facts around HPV and HPV vaccine

With the human papillomavirus (HPV) school immunisation program commencing again for the 12th year, it is important for health professionals to know the facts about this life saving vaccine:

1. HPV is very common – nine out of ten people have HPV at some point in their lives. Most people clear the virus without ever knowing they have it. It is when it persists in the cells that some types of HPV can, usually over decades, cause cancer. Although cervical cancer is the most common type of cancer caused by HPV, it also causes penile, anal and throat cancers in men, and vaginal, vulval, anal and throat cancers in women.
2. The HPV vaccine works, protecting against around 90 per cent of cervical cancers, it also provides protection against most of the genital cancers in men caused by HPV infection. Additionally, the vaccine protects against 90 per cent of genital warts in both women and men.
3. The Global Advisory Committee on Vaccine Safety of the World Health Organization has reviewed all published and emerging data about the vaccines in real world use and declared HPV vaccines safe for use.
4. The vaccine does not cause fertility issues and can help protect women from future fertility problems linked to cervical cancer.

HPV vaccine resources can be found at: <http://bit.ly/QH-HPVvaccine>.

This March wear purple and support epilepsy awareness



Purple Day is a worldwide campaign dedicated to increasing awareness and understanding of epilepsy.

On 26 March each year, people are encouraged to wear purple to show their support of those living with epilepsy. This year Purple Day coincides with the epilepsy education event, Epilepsy for GPs, a joint initiative between Metro North Hospital and Health Service (MNHHS) and Brisbane North PHN.

On the evening of Tuesday 26 March 2019, GPs are invited to attend an evening of discussion about epilepsy within the context of general practice. The educational evening will cover first presentation through to diagnosis and will focus on medications, breakthrough seizure management and refractory epilepsy.

Attendees are encouraged to bring in cases for discussion during the neurology Q & A session and take advantage of the opportunity to network with specialists from MNHHS.

About four per cent of the population will have a diagnosis of epilepsy at some stage of their life and it presents uniquely to every person. During March, get involved by wearing purple, attending an event or hosting a purple day fundraiser. For more information visit <http://bit.ly/purple-day>.

Common challenges in primary care education series

Epilepsy for GPs

Join us for an educational evening outlining common problems encountered in general practice concerning epilepsy.

Bring in your cases for discussion during the neurology Q & A and take advantage of the opportunity to network with specialists from Metro North public hospital system.

Event details

Date: Tuesday 26 March 2019

Time: 6.00 pm – 8.30 pm

Venue: Education Centre, The Prince Charles Hospital

No cost to attend.

Activity ID: 148864 RACGP 4 Category 2 points

RSVP: Please download a registration form from <http://bit.ly/epilepsyforGPs> and fax 07 3630 7841 or email to administration.integration@brisbanenorthphn.org.au.

My Health Record creation in progress

Between 16 July 2018 and 31 January 2019, Australians had the opportunity to decide if they wanted a My Health Record and to opt out if they didn't want one. The opt-out period has now ended, and records are in the process of being created.

Records will be created for every eligible Australian who wants one. Once created, healthcare providers will be able to start uploading and viewing information within the records. Health professionals can access My Health Record training and resources at <http://bit.ly/MHR-healthprofessionals>.

As more people use the My Health Record system, Australia's national health system will become better connected. The result is safer, faster and more efficient care. Learn more at <http://bit.ly/MHR-benefits>.

You can still have your My Health Record permanently deleted by calling 1800 723 471, or if you change your mind and decide to create a My Health Record later you can do so by registering online.



News in brief

▶ GPs to refer to the guidelines during ongoing syphilis outbreak

Since 2016, increases in syphilis notifications in women of reproductive age and in pregnancy are being observed in South East Queensland, which has resulted in several cases of congenital syphilis.

When providing care to pregnant women, clinicians are encouraged to refer to the recently developed Queensland Syphilis in Pregnancy Guideline (SiP), endorsed by the Statewide Maternity and Neonatal Clinical Network. The guideline can be downloaded as a PDF via <http://bit.ly/QLD-SiP>.

The guideline recommends ongoing assessment throughout antenatal care to identify women at increased and higher risk of syphilis, and recommends additional screening.

For more information contact the Queensland Syphilis Surveillance Service on 1800 032 238 or visit <http://bit.ly/QH-syphilis>.

▶ Prepare for increase in cervical screening enquiries

The National Cancer Screening Register (the national register) has been supporting the renewed National Cervical Screening Program (the program) since the commencement of the new HPV-based cervical screening test on 1 December 2017.

Following the migration of records of state and territory cervical screening registers to the national register, the national Register became responsible for all Program correspondence.

Since January 2019, the register has been sending correspondence and the volume of these letters have increased to address a backlog, which is anticipated to be cleared by March 2019.

Some healthcare providers may experience an increase in patient enquiries and requests for cervical screening tests during this period. Women should be reassured by their cervical screening test providers that while it is recommended that asymptomatic women aged 25-74 years undergoing routine screening have their first HPV-based screening test two years after their last pap test, the risk from delaying their test for a few months is extremely low.

If you are unsure of your patient's cervical screening history or status call the National Cancer Screening Register contact centre team on 1800 627 701 or visit www.ncsr.gov.au.

▶ Aged care diversity framework launched

In February, The Hon. Ken Wyatt AM MP, Minister for Senior Australians and Aged Care launched the aged care diversity framework action plans, which will act as guiding resources to help providers, peak organisations and governments ensure their services are inclusive and culturally safe for all consumers.

The plans were developed by the Aged Care Sector Committee Diversity Sub-Group in consultation with the sector. They cover older Aboriginal and Torres Strait Islander people, older people from culturally and linguistically diverse backgrounds and older lesbian, gay, bisexual, transgender diverse, and intersex elders, with the expectation of more plans to come.

To view the framework visit <http://bit.ly/agedcaresdiversityframework>.

▶ Heart Foundation launches heart age calculator

In an effort to get more people thinking about their personal risk of heart disease, the Heart Foundation has launched a new heart age calculator.

The heart age calculator asks questions about age, sex, smoking and diabetes status, body mass index, cholesterol levels, blood pressure levels and blood pressure medication, and whether there is an immediate family history of heart attack or stroke.

If the calculator determines a consumer's heart age is higher than their actual age, it recommends they see their doctor for a heart health check. The calculator is not a clinical tool and the Heart Foundation recommends doctors or health professionals use the absolute cardiovascular disease risk assessment tool to complete a heart health check.

Find more information at www.heartfoundation.org.au.

▶ Chronic kidney disease education event

Kidney Health Australia's primary care education program in partnership with Metro North Hospital and Health Service and Brisbane North PHN, will present an interactive workshop on chronic kidney disease on Thursday 14 March.

The workshop will feature case studies presented by Royal Brisbane and Women's Hospital Consultant Nephrologist, Dr Sharad Ratanjee and aims to increase awareness and implementation of best practice detection, and management of chronic kidney disease.

For more information or to RSVP email administration.integration@brisbanenorthphn.org.au.

Noticeboard

Please contact the relevant organisation for more information about the items below.

Indoor walking group at Chermiside

GPs can now refer their patients to a free indoor walking group, which launched in February at Westfield Chermiside. The Heart Foundation walking group offers local residents of all ages and abilities a friendly, safe and cool environment to become more physically active.

The group meet on Tuesdays at 7.30 am at the northern end of the centre and walk for 45 minutes in the comfort of the shopping centre.

Heart Foundation Walking General Manager, Kay Richards encouraged people living in the Northern Brisbane area to join the Westfield Chermiside Shopping Centre walking group.

"There are many health benefits of regular exercise and participating in a walking group is also a great way to socialise and meet new people," Ms Richards said.

To sign up, direct patients to walking.heartfoundation.org.au and search for groups in Chermiside.

Mental health, alcohol and other drugs treatment program

Located in Spring Hill, Springboard is a free day treatment program for people experiencing difficulties with alcohol and other drugs, and co-occurring mental health problems.

The program is run by CommuniFi and underpinned by an acceptance and commitment therapy framework, to assist participants to develop mindfulness and relapse prevention skills, emotional intelligence, assertive communication and healthy routines.

Springboard is available to people aged 18+ who have completed a supervised detox, or are stabilised on an opiate replacement therapy. We understand that there are many pathways to recovery, so people who have not undertaken a supervised detox should contact staff to discuss their individual circumstances.

For more information or to refer visit <http://bit.ly/springboardprogram> or call 07 3308 4513.

Independent evaluator sought

Redcliffe Area Youth Space is seeking an independent evaluator to work collaboratively with the organisation in conducting an evaluation of Asha, a program for young people, at risk of, or experiencing, severe mental illness.

The Brisbane North PHN-funded program delivers services in the Moreton Bay North region and is managed by lead agency Redcliffe Area Youth Space. It is a partnership project that has service hubs in Deception Bay and Caboolture.

The purpose of the evaluation is to demonstrate the outcomes of the program and evaluate the effectiveness of the Asha program.

The contract term is to commence immediately, and be completed by 30 June 2019. Full information and application details are available at <http://bit.ly/asha-evaluation>.

Pain management service for children and families

Support Kids in Pain is a community-based pain management service for children and families coping with chronic pain. The organisation provides support and education for children and families and professional inservice training for allied health professionals and general practitioners.

Referrals can be made via referrals@skip.org.au or register your practice for a service visit from the organisation's allied health team. Email info@skip.org.au for more information.

Dementia prevention survey for GPs and primary care nurses

GPs and primary care nurses are invited to answer a 15 minute online survey to inform the International Research Network on Dementia Prevention's (IRNDP) understanding of dementia risk reduction in primary health settings.

IRNDP aims to facilitate and support knowledge translation relating to the prevention or delay of cognitive decline and dementia.

The survey asks respondents what primary healthcare providers already know about dementia risk reduction, whether primary healthcare staff feel that further knowledge is required and where there might be barriers for dementia risk reduction in primary healthcare.

For more information and to complete the survey visit <http://bit.ly/irndp>.

Survey seeks views on menopause related experience of migrants

Monash University is conducting research investigating menopause-related experiences and health care needs among women who have migrated from low and middle-income countries.

If you provide care for women in midlife who have migrated from low and middle-income countries to Australia, Monash University want to learn from your experience.

Complete a short anonymous survey for the chance to win one of three \$100 Coles-Myer Gift Vouchers. Visit <http://bit.ly/monash-survey> or email Karin Stanzel on sphps-menopause.study@monash.edu.

What's on elsewhere

Please contact the relevant organisation for more information about these events. Note, these are not Brisbane North PHN events.

For more events, visit brisbanenorthphn.org.au/page/news-and-events/events.

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|---------------|--|---------------|---|-------------------------------|---|
| 7 Mar | Wesley LifeForce suicide prevention practice staff workshop - Wesley Mission Queensland (see cover story)
The Gap, Qld
mary.mcnamara@wesleymission.org.au | 23 Mar | Depression dilemmas - Black Dog Institute
Brisbane City, Qld
education@blackdog.org.au | 4 Apr | Dementia essentials: providing support to people living with dementia - Centre for Dementia Learning
Burrpengary, Qld
QLD.Education@dementia.org.au |
| 9 Mar | Wesley LifeForce suicide prevention practice staff workshop - Wesley Mission Queensland (see cover story)
The Gap, Qld
mary.mcnamara@wesleymission.org.au | 27 Mar | Refugee trauma recovery in resettlement conference – Forum of Australian Services for Survivors of Torture and Trauma
South Brisbane, Qld
info@refugeetraumaconf.org.au | 4 Apr | APNA 2019 National Conference - Australian Primary Health Care Nurses Association
Adelaide, SA
conference@apna.asn.au |
| 14 Mar | Chronic wound care conference – Metro North Hospital and Health Service
Herston, Qld
MetroNorth-events@health.qld.gov.au | 30 Mar | Mental health skills training - CheckUP
South Brisbane, Qld
info@checkup.org.au | 5 Apr | Kidney supportive care symposium - Metro North Hospital and Health Service
Herston, Qld
MetroNorth-events@health.qld.gov.au |
| 21 Mar | Technology forum – Australia Association of Practice Management
Southbank, Qld
events@aapm.org.au | 2 Apr | Methamphetamine workshop - Forever in Motion and New Life Perspectives
Morayfield, Qld
laurie@newlifeperspectives.net | <hr/> In the community | |
| 23 Mar | Otitis media management program, ear and hearing health project - Benchmark Group
North Lakes, Qld
www.benchmarkgroup.com.au | 2 Apr | Managing difficult behaviours webinar - Australian Health Industry Group
Webinar
training@ahig.com.au | 1 – 31 | Epilepsy awareness month |
| | | 4 Apr | Teaching and mentoring: practical skills for junior doctors - AMA Queensland
Herston, Qld
registrations@amaq.com.au | 9 – 13 | Headache awareness week |
| | | | | 11 – 17 | Brain Awareness Week |
| | | | | 26 | Purple Day (epilepsy) |



#NEXTCARE HEALTH CONFERENCE

CONNECTING, INSPIRING & TRANSFORMING HEALTH LEADERS

30-31 MAY 2019 BRISBANE CONVENTION AND EXHIBITION CENTRE

WWW.NEXTCAREHEALTHCONFERENCE.COM.AU

GP bulletin – March 2019

News from General Practice Liaison Officers at Brisbane North PHN and Metro North Hospital and Health Service.

Any feedback or suggestions please send to mngplo@health.qld.gov.au. Please share with your GP colleagues.

HealthPathways update

Newly released HealthPathways:

- prediabetes
- osteoporosis

To submit feedback about HealthPathways, please contact administration.integration@brisbanenorthphn.org.au.

Login at: brisbanenorth.healthpathwayscommunity.org or phone 07 3630 7300 for login details.

GP education

- **14 March 2019** - Managing stage 3 chronic kidney disease - The Prince Charles Hospital
- **21 March 2019** - Fracture management - The Prince Charles Hospital
- **23 March 2019** - Improving dementia outcomes in general practice (ALM) - Mon Komo Hotel, Redcliffe
- **26 March 2019** - Epilepsy for GPs – The Prince Charles Hospital

Visit bit.ly/phnevents for upcoming education events.

Over 45 GPs attend genetics education event

Over 45 GPs attended a session on the latest in genetics presented by Dr Chirag Patel, Clinical Geneticist for Genetic Health Queensland. Presentations from this and previous GP education events are available from <http://bit.ly/mngpedu>.

Share the GP bulletin with your colleagues

To subscribe to the electronic version of the GP bulletin visit <http://bit.ly/GPbulletin-subscribe>.

Updated Metro North outpatient referral guidelines

The following referral guidelines have been updated, and are now available at <http://bit.ly/mnrefer>:

- neurology
- urology
- gynaecology

Dementia care support available to Redcliffe Peninsula GPs

The Dementia Quality Enhancement Project (DQEP) aims to support general practices in the Redcliffe Peninsula area to enhance the quality of care for people living with dementia.

To support GPs, a series of educational events have been developed with the first taking place on Saturday 23 March (for more information refer to the GP education section).

Aged care collaborative

The Redcliffe Aged, Primary and Health Care Collaborative will hold their first meeting on Friday 22 March at Blue Care Rothwell Aged Care Facility. The Collaborative aims to build working relationships among all service providers to improve continuity of care for our seniors in the Redcliffe Peninsula area.

Further information at <http://bit.ly/dementia-qualityforGPs> or contact GP Liaison Officer, Dr John Bennett via john.bennett@brisbanenorthphn.org.au.

HealthPathways now mobile friendly (see page 5)

Brisbane North PHN and Metro Hospital and Health Service are adopting a new mobile-friendly HealthPathways platform, to ensure users can continue to access valuable pathway information no matter what device they are using.

You can find more information on the mobile-friendly platform via <http://bit.ly/mobilefriendlyHP>.

Visit the new look HealthPathways at <https://brisbanenorth.communityhealthpathways.org> and submit feedback on the content and usability of the site by clicking on the floating feedback button on the bottom of any page.

Ageing Well Initiative seeks GPs to help co-design model of care

The Ageing Well Initiative is forging ahead in 2019 and has begun designing a new system of care for older people in the TPCCH catchment.

We are interested in engaging GPs, practice nurses and practice managers to help us co-design a new care model, initially focusing on the GP/specialist interface and care coordination in primary care.

An expression of interest will be released soon and contact us via contact@healthalliance.org.au to subscribe to updates.