

Network Link

September 2019

Trailblazer aims to improve Indigenous palliative care access



Above: Kathryn Hooper in March 2019 receiving her Palliative Care Nurse Practitioner scholarship from Brisbane North PHN's Executive Manager for Aged and Community Care programs Michele Smith. **Inset:** At the 2019 Inala NAIDOC Family Fun Day, Kathryn Hooper caught up with Queensland Premier Annastacia Palaszczuk and Federal Member for Oxley Milton Dick.

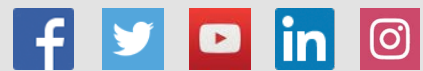
Worimi woman Kathryn Hooper is passionate about culturally appropriate palliative care for Aboriginal and Torres Strait Islander people and says those with terminal conditions should have the option to die on country whenever possible.

Kathryn was awarded a Brisbane North PHN scholarship earlier this year and, on completion of her studies, will be the first Indigenous Australian Palliative Care Nurse Practitioner in Queensland.

Palliative Care Nurse Practitioners possess highly advanced nursing skills and provide support to patients with complex palliative care needs.

Kathryn currently works at St Vincent's Hospital in Brisbane within the specialist community palliative care team. She has also worked at Karuna Hospice for many years as a Clinical Nurse (CN) and a CN/Educator within the aged care and public health sectors.

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BRISBANE NORTH

An Australian Government Initiative



Pictured above at the scholarship presentation (L-R): Brisbane North PHN Care Coordination Sector Collaboration Lead Emma White, PHN Care Coordination Manager Sharon Gavioli, scholarship recipient Kathryn Hooper, PHN Aged and Community Care Executive Manager Michele Smith, scholarship recipient Lynn Knowles and PHN Care Coordination Project Officer Susan Cook.

“Nurse practitioners can actually bring healthcare back into the community and hopefully try and minimise some of those presentations to emergencies, they’re really quite high, especially in palliative care,” Kathryn said.

She said the nurse practitioner role was an opportunity to break down silos and link services.

“So you might have a specialist, you might have a specialist palliative care organisation. You might have lots of other resources within the community, but everyone is looking at their own specific role,” Kathryn said.

“So I think where the nurse practitioner role can come into it is really linking those roles together to get coordination of care, that continuum of care.

“We can actually bring healthcare back into the community and hopefully try and minimise some of those presentations to emergencies, they’re really quite high, especially in palliative care,” she said.

Kathryn has equally high aspirations for Aboriginal and Torres Strait Islander peoples.

“My particular family is from the Port Stephens area of Northern NSW,” Kathryn said, reflecting on her Woromi heritage.

“My Great Grandfather was born on the riverbanks and so it’s really beautiful being able to identify with that culture,” she said.

But Kathryn said there are barriers preventing Indigenous Australians from accessing culturally appropriate palliative care.

“There are lots of deficits in that area, so being able to really link in would help with getting our people to die in home country,” she said.

“They say if they can’t make it to country, because there’s a lot of cost involved with that, even solutions just as simple as having a facility that points in the right direction would help.

“Or a room or a bed for instance that points in the right direction for country so that, when our end stages of disease take over, their spirit can actually be guided back to home country and it’s already pointing in the right direction,” she added.

Had the PHN scholarship not been available, Kathryn said completing her studies would have been a lot more difficult.

“I think this particular scholarship is amazing, in the sense of what PHN actually offers, and it wasn’t so much the money side of things,” Kathryn said.

The longer-term goal of the scholarship program is to build a network of palliative care nurse practitioners across acute, community, aged and primary care with more effective and accessible services.

The program also aims to improve communication between services and provide better support to patients navigating the system.

ABOUT NETWORK LINK

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Support for Dementia Action Week

During this year's Dementia Action Week, Brisbane North PHN is shining a light on carer support and community awareness activities developed under the Integrated Model of Dementia Care Program.

The program aims to improve quality of care for people living with dementia, their families and carers in the region.

The PHN has recently undertaken regional consultations with carers of people living with dementia to better understand their needs. Initial findings indicate more education is needed to help GPs identify and refer carers to the appropriate support services.

Additionally, education to help carers manage the changing and challenging behaviours of their loved ones was identified as a priority. The findings also revealed carer burden and stress as a significant issue across the region, and the PHN is now looking at ways to address these needs.

Some of the key recommendations for the next phase of the Integrated Model of Dementia Care program include:

- education and skills building for carer and health professionals
- improving access and awareness of available support services

- better planning for the future including case management and respite
- creating dementia friendly communities and healthcare systems.

Dementia Action Week runs from 16–22 September and includes World Alzheimer's Day on 21 September. The PHN will be joining the Moreton Bay Dementia Alliance for a community awareness event, Walk with Me, on 15 September 2019 from 9.00 am–11.30 am at Woody Point.

This event is open to all community members including people living with dementia and their carers. The purpose is to walk together and symbolise the dementia friendly community we want to create within the Redcliffe and Moreton Bay region. The event will also include an expo of local services, businesses, live music and guest speakers. For more information visit www.trybooking.com/BDQPD.

For more information on the dementia project email agedcareprojects@brisbanenorthphn.org.au.



Dementia Action Week

16–22 September 2019

World Alzheimer's Day

21 September 2019

Walk with Me

15 September 2019

9 am – 11.30 am

Woody Point

www.trybooking.com/BDQPD



THE
PRACTICE
INCENTIVES
PROGRAM (PIP) QUALITY
IMPROVEMENT (QI)
INCENTIVE
STARTED ON
1 AUGUST 2019

Helping practices meet quality improvement milestones

Under the PIP QI Incentive, general practices work with their local Primary Health Network (PHN) to undertake continuous quality improvement activities through the collection and review of practice data on specified improvement measures.

The Primary Care Liaison team at Brisbane North PHN has supported practices for many years in the collection of data to inform quality improvement. In the north Brisbane region, 72 per cent of practices are currently sharing data with the PHN through our Health Data Project and approximately 60 per cent of those practices have already signed on to the PIP QI.

With the PIP QI Incentive payment now in place, the PHN will continue to act as a regional data custodian and store de-identified practice data in accordance with the data governance guidelines.

Once practices have registered for the PIP QI through Health Professional Online Services (HPOS) using their PRODA account they will need to notify the PHN as soon as possible, by contacting their Primary Care Liaison Officer.

The PHN's Enhanced Quality in Practice (EQiP) program is a new and structured approach to supporting practices as they work towards continuous quality improvement. The program

offers a bespoke approach to quality improvement for practices based on their needs.

EQiP resources will soon be available to support practices in meeting the quality improvement requirements of the PIP QI.

To receive the PIP QI Incentive payment, an annual declaration to the Department of Human services will be necessary, confirming practices have undertaken continuous quality improvement activities. To help with this, the PHN recommends that practices maintain a register of QI activities undertaken for auditing purposes. For assistance please speak with your Primary Care Liaison Officer.

Brisbane North PHN has developed a PIP QI fact sheet which can be accessed here: http://bit.ly/fact-sheet_PIPQI.

For more information on how we can support your practice in quality improvement please contact your Primary Care Liaison Officer.



BRISBANE NORTH PHN EVENT:

Improving risk management with quality improvement

Join us for a workshop that will explore how to improve risk management with quality improvement. Discover how to approach quality improvement within the practice, both clinically and administratively.

This session for GPs, practice nurses, practice managers and administrators will show you how to perform quality improvement in your practice by giving practical examples and involving the whole team.

Event details:

Wednesday 18 September, 5.30 pm – 8.00 pm

Venue: Brisbane North PHN, North Lakes office
Level 2, 10 Endeavour Boulevard,
North Lakes, Qld 4509

Dinner provided

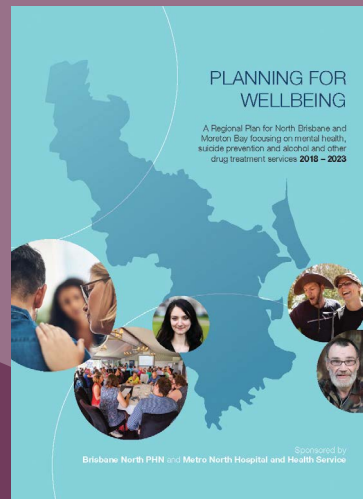
Thursday 19 September, 7.30 am – 10.00 am

Venue: Brisbane North PHN, Lutwyche office
Level 4, 543 Lutwyche Road, Qld 4030

Breakfast provided

Please note the same session will be repeated in both locations.

RSVP to aimie.thomson@brisbanenorthphn.org.au by Friday 13 September 2019.



Stakeholders progressing important work

Brisbane North PHN has partnered with five key organisations to further progress *Planning for Wellbeing – A Regional Plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services*.

Informed by extensive consultation, *Planning for Wellbeing* identifies significant opportunities for service and system improvement across three areas of healthcare – mental health, suicide prevention and alcohol and other drug treatment services – and articulates a suite of shared objectives and actions.

The PHN has partnered with the following agencies to support implementation of different parts of the plan.

- **Carers Qld** – *Chapter two: Supporting Families and Carers*
- **Queensland Alliance for Mental Health** – *Chapter three: Sustaining Good Mental Health*
- **Ethnic Communities Council of Queensland (ECCQ)** – *Chapter six: Responding to Diversity*
- **Queensland Aids Council (QuAC)** – *Chapter six: Responding to Diversity*
- **Council on the Ageing (COTA) Queensland** – *Chapter six: Responding to Diversity*

Each of the five agencies have established action groups comprised of relevant stakeholders, including those with a lived experience of mental illness. These action groups will consider the shared objectives and actions within their respective chapter, and will develop an implementation plan to support action over the next 12 months.

To download a PDF of the plan visit:
<http://bit.ly/planforwellbeing>.

For more information about *Planning for Wellbeing*, or to enquire about being part of the action groups contact Tonita Taylor via tonita.taylor@brisbanenorthphn.org.au or 07 3490 3403.



Brisbane North PHN Chief Executive Officer Abbe Anderson at the Yarns Heal campaign launch in June 2019



Community awareness campaigns are starting conversations

Two community awareness campaigns aimed at starting a conversation around suicide prevention were recently launched as part of the National Suicide Prevention Trial.

Brisbane North PHN is one of the 12 trial sites around the country taking part in the trial, with work in the region targeted towards Aboriginal and Torres Strait Islander people, LGBTIQ+ people and men aged 24-54 years of age.

The trial within the North Brisbane and Moreton Bay region is guided by the Black Dog Institute's LifeSpan Model, which combines strategies for suicide prevention into a community-led approach, which incorporates health, education, frontline services, business and community.

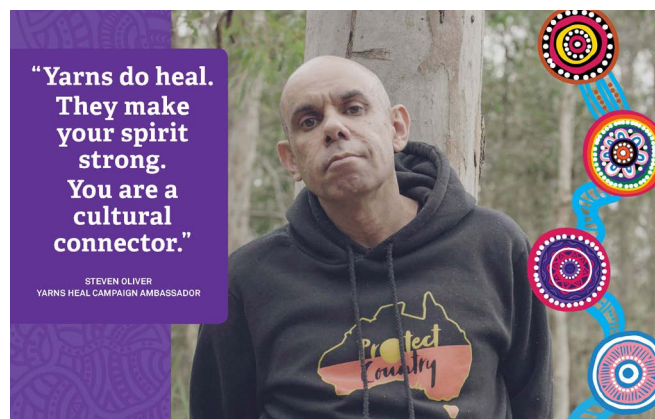
Some of the strategies involve improving emergency and follow up services, mental health and resilience training for young people, and engaging the community with awareness campaigns.

Yarns Heal is the Aboriginal and Torres Strait Islander community awareness campaign, led by the gar'ban'djee'lum network and IndigiLEZ Women's Leadership and Support Group.

The campaign is the first of its kind in Australia directly targeting suicide prevention for the Aboriginal and Torres Strait Islander LGBTIQ+ Sistergirl and Brotherboy communities. Through a number of cultural ambassadors, including writer and actor Steven Oliver, the campaign encourages the community to open up and have a yarn.

This approach is echoed by the Talking Heals campaign, launched by the Queensland AIDS Council for the LGBTIQ+ community. Within this campaign, members of the community are also reminded that talking can help.

Brisbane North PHN will launch a companion suicide prevention campaign for the wider community, with more information available in the October edition of Network Link.



Actor Steven Oliver in the campaign, featuring artwork created by Riki Salam in collaboration with the Yarns Heal Community Working Group.



Questions and answers with the BreastScreen team

Breast cancer is one of the leading causes of death in Australia, and responsible for significant years of potential life lost. One in seven Queensland women will develop breast cancer at some stage in their life but screening provides the opportunity for early detection and subsequent intervention, improving survivorship and reducing mortality.

The Metro North BreastScreen Queensland team recently attended the Cancer Preceptorship for GPs at the Royal Brisbane and Women's Hospital, and these are some questions the team were asked:

Who is eligible to participate in the program?

The evidence most strongly supports the use of breast screening in women aged 50–74 years who are not presenting signs or symptoms of breast cancer (we are a 'well' women's program). Women aged 40–49 and 75-and-over are also eligible to receive a free breast screen.

When can women re-join the program following a breast cancer diagnosis?

Women with a breast cancer diagnosis will be reinvited to participate five years after their diagnosis, if appropriate.

How can I support early detection?

To support proactive, early detection and screening, we encourage GPs to display BreastScreen Queensland promotional items in your practice this October and take photos of your displays. To order items and submit your photos email nicole.starkey@health.qld.gov.au.

How can I refer to the program?

Finally, although a referral is not required, women are more likely to attend a breast screen if their GP refers them. In this way, GPs can regularly help spread the proactive message of early detection of breast cancer. To book appointments, phone 13 20 50, or book online at www.breastscreen.qld.gov.au.

Can I keep up-to-date with BreastScreen updates?

BreastScreen Queensland Brisbane Northside Service invites GPs to engage with the program. To subscribe to email updates email nicole.starkey@health.qld.gov.au.



Metro North Health Forum

Wednesday 16 October 2019

9.00 am – 4.00 pm

Royal International Convention Centre
Bowen Hills, Brisbane



Limited sponsored registrations are available for not-for-profit organisations and community consumer groups.
To enquire, please email info@health2gether.org.au.

Keynote speakers announced for this year's Metro North Health Forum

The annual Metro North Health Forum is a joint initiative between Brisbane North PHN and Metro North Hospital and Health Service highlighting the collaborative work happening at the interface between hospital and primary care.



Professor Leonie Callaway

Presenting on the hidden epidemic in maternity care and trauma informed care

Keynote speaker Professor Leonie Callaway, holds a conjoint position as Head, Royal Brisbane Clinical School, and Senior Specialist in Obstetric and Internal Medicine at the Royal Brisbane and Women's Hospital, will be presenting on the hidden epidemic in maternity care and trauma informed care.



Dr Bruce McCabe

Presenting on technology crossover to change healthcare

Dr Bruce McCabe is a futurist, writer and speaker who presents on 'Technologies to Change the World.' He brings stories from the future of medicine, computing, artificial intelligence, energy, genomics—wherever the game-changers happen to be.



GP breakfast briefing | 7.00 am – 9.00 am

The GP breakfast briefing will be an opportunity to hear about the latest initiatives for general practice, and how both organisations are working together to support GPs and their patients to navigate the health system.

This year's GP breakfast briefing keynote speaker is Dr Toby Ford, who will present on preventing GP burnout and improving health and wellbeing. Toby has been a leader in corporate health for more than two decades and has helped organisations and their executives and staff—across countries and industries—through their unique executive and employee health checks and preventative methods, and on-going wellbeing programs.

Visit www.health2gether.org.au to register now to attend the GP breakfast briefing.

For more information or to register online visit: www.health2gether.org.au

The Metro North Health Forum is a joint initiative between Metro North Hospital and Health Service and Brisbane North PHN

News in brief

▶ New charter of healthcare rights

The second edition of the Australian Charter of Healthcare Rights is now available. The new charter empowers consumers to take an active role in their healthcare and reflects an increased focus on person-centred care within the Australian healthcare system.

The charter is supported by a range of accessible resources to help as many people as possible understand their healthcare rights. Available resources include translations into 19 languages plus Braille, Auslan and Easy English versions.

Download the resources at www.safetyandquality.gov.au/your-rights.

▶ My Health Record toolkit for mental healthcare providers

Mental healthcare providers and their patients will benefit from the launch of a new My Health Record Mental Health toolkit, released by the Australian Digital Health Agency.

The toolkit was developed to ensure healthcare providers are equipped to assist their patients with clear and specific information to make an informed decision about the benefits of using My Health Record. The toolkit addresses how to reap the benefits of the system, and how to manage patient information securely, sensitively and privately.

For more information visit <http://bit.ly/MHR-mentalhealthtoolkit>.

▶ Metro North Public Health Unit vaccine reminder

INFANRIX hexa is a vaccine used to prevent six diseases: diphtheria, tetanus, pertussis (whooping cough), hepatitis B, poliomyelitis (polio) and Haemophilus influenzae type b (Hib).

INFANRIX hexa comes in two parts. The first part is a white, milky liquid (0.5 mL) in a pre-filled syringe that consists of the combined diphtheria, tetanus, pertussis, hepatitis B and inactivated poliovirus vaccine.

The second part is the Hib vaccine and is a white pellet in a separate glass vial. These parts are mixed together before use. When both parts are mixed the vaccine looks like a white, cloudy/milky liquid.

If you discover a vaccine error contact the Metro North Public Health Unit on **07 3621 1111**.

▶ Return your unused opioids campaign

The Therapeutic Goods Administration has launched an awareness campaign aimed at curbing the growing incidence of harm caused by opioid-containing products.

In Australia, nearly 150 people are hospitalised everyday due to opioid harm, which is why the campaign is encouraging all Australians to return their unused opioids to their local pharmacy, which provides a free and convenient way to dispose of unwanted medicines responsibly, rather than keeping them 'just in case'.

To help get this important message out, each community pharmacy in Australia has been sent 500 repeat script covers encouraging safe disposal of unwanted medicines. For more information visit <http://bit.ly/TGA-unusedopioids>.

▶ Improving the care of older Queenslanders

The Minister for Health has identified improved care for older Queenslanders as a priority area for Queensland Health.

The improved care is supported by *Healthy ageing: A strategy for older Queenslanders*, which focuses on helping Queenslanders to stay well in the community, to receive care closer to home and promoting seamless connection to health services. A web page has been developed to highlight the key priority areas identified to enhance the care provided to older persons.

The five priority areas are identification of frailty, residential aged care facility support service, emergency department care, inpatient care, advance care planning and care at end of life.

For more information visit <http://bit.ly/care-older-qlders>.

Noticeboard

Please contact the relevant organisation for more information about the items below.

Comments sought on clinical care standard

Comments are sought from healthcare professionals, peak healthcare and consumer organisations, consumers and any other interested parties on the draft *Peripheral Venous Access Clinical Care Standard*.

The clinical care standard assists clinicians to make decisions about appropriate care and health service organisations to examine the performance of their organisation and make improvement in the care they provide.

The consultation period will be open until Sunday 15 September 2019. For more information or to provide feedback visit <http://bit.ly/clinicalcaresstandard>.

Paedicare consulting in Brisbane's inner north

Paedicare paediatricians are excited to announce they are expanding to Brisbane's inner north to provide a new local paediatric specialist service in Clayfield.

Qualified paediatrician Dr John Gunn is operating a fortnightly clinic at College Junction, 695 Sandgate Road; Clayfield's new health and commercial precinct. After graduating from the University of Queensland medical school in 2005 Dr Gunn spent subsequent years working in paediatrics at the Royal Children's Hospital. He has experience in ICU and acute medicine for babies and older children.

Referrals can be made by calling 07 3358 8890 or emailing reception@paedicare.com.au. For more information visit www.paedicare.com.au.

Support your patients to screen

More than 100 Australians die each week from bowel cancer, but if found early, more than 90 per cent of cases could be treated successfully. Currently only four in 10 eligible Australians complete the National Bowel Cancer Screening Program test kit when it is sent to them in the mail. Cancer Council Australia have this year launched a nationwide media campaign to increase participation in the National Bowel Cancer Screening Program.

As part of the campaign, Cancer Council has recently launched a new online toolkit to make it even easier for GPs and other health professionals to support their patients to screen. The toolkit includes links to order resources, helpful audit documents, and templates for sending reminder letters and can be found online at www.bowelcancer.org.au/health-professionals. For more information visit www.bowelcancer.org.au or call 1800 118 868.

Research to help GPs support people with alcohol or drug issues

The University of New South Wales (UNSW) is conducting research in the North Brisbane and Moreton Bay region to inform the design of support strategies for GPs to allow for better engagement with people who have alcohol and other drugs issues.

Any GPs operating in the North Brisbane and Moreton Bay region with past or current patients experiencing alcohol or drug issues are encouraged to apply.

Participants will be interviewed (either by phone or in person) by the research team asked questions about medical interests, preferred modes of care for chronic conditions and experiences with clients experiencing problems with alcohol or other drugs use.

For more information or to take part in the study contact Research Officer UNSW, Michala Kowalski via email m.kowalski@unsw.edu.au or phone 02 93850449.

Mental healthcare for children and adolescents

Eton Place is a multidisciplinary child and adolescent mental health practice with a team that comprises of child/adolescent psychiatrists, psychologists, a speech pathologist, social worker and dietician.

The clinic can assess and treat a wide range of mental health difficulties and disorders in children, adolescents and adults and offers a nurturing and private therapeutic space for individuals and families. Eton Place is able to see urgently referred patients and offers after school and Saturday morning appointments as well as telehealth services.

For further details visit www.etonplace.com.au or www.facebook.com/etonplacepsych. For appointments or referrals call 07 3736 1268.



What's on elsewhere

Please contact the relevant organisation for more information about these events. Note, these are not Brisbane North PHN events.

For more events, visit brisbanenorthphn.org.au/page/news-and-events/events.

September 2019

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|--|--|--|
| <p>02 ACD practical dermoscopy certificate online – the Australasian College of Dermatologists
online
e kirsty@dermcoll.edu.au</p> <p>02 ACD benign and precancerous lesions certificate online – the Australasian College of Dermatologists
online
e kirsty@dermcoll.edu.au</p> <p>03 Dementia essentials: Providing support to people living with dementia – Dementia Australia
Bray Park, Qld
e QLD.Education@dementia.org.au</p> <p>03 Personal productivity and effective decision making – Australian Health Industry Group
online
e rwenban@ahig.com.au</p> <p>05 Companion training: Season for growth young people's program – Good Grief
Plainland, Qld
e louise.hall@goodgrief.org.au</p> <p>06 Trauma informed care and practice (level 2) – Blue Knot Foundation
Brisbane City, Qld
e training@blueknot.org.au</p> <p>10 Women's health – September GP education evening – Mater Hospital
Cleveland, Qld
e Abbie.Watkins@mater.org.au</p> <p>11 Herston Healthcare Symposium – GP Forum – Royal Brisbane and Women's Hospital
Herston, Qld
e Herston-Symposium@health.qld.gov.au</p> | <p>11 Introduction to working therapeutically with complex trauma clients (level 1) – Blue Knot Foundation
Brisbane City, Qld
e training@blueknot.org.au</p> <p>12 Wesley LifeForce suicide prevention practice staff workshop – Wesley Mission Queensland
Chermside, Qld
e mary.mcnamara@wesleymission.org.au</p> <p>14 Dealing with depression – Black Dog Institute
Brisbane City, Qld
e o.depomeroy@blackdog.org.au</p> <p>14 Wesley LifeForce suicide prevention GP & nurse workshop – Wesley Mission Queensland
Chermside, Qld
e mary.mcnamara@wesleymission.org.au</p> <p>19 Understanding and responding to prolonged grief disorder – Australian Centre for Grief and Bereavement
Brisbane City, Qld
e education@grief.org.au</p> <p>20 Afternoon symposium – Occupational health – OccPhyz Consulting
Morningside, Qld
e practicemanager@occphyz.com.au</p> <p>21 Hand-on skin cancer medicine courses for GPs by GPs – Skin Cancer College Australia
Brisbane City, Qld
e kim@skincancercollege.org</p> <p>23–24 Companion training: Season for growth young people's program – Good Grief
Fortitude Valley, Qld
e louise.hall@goodgrief.org.au</p> | <p>27 APNA foundations of general practice nursing workshop – Australian Primary Health Care Nurses Association
Brisbane City, Qld
e events@apna.asn.au</p> <p>30 Introduction to animal assisted therapy – Therapy Dogs Australia
Burrpengary, Qld
e info@therapydog.com.au</p> |
|--|--|--|

In the community

- 1–30 **Blue September: Men's cancer awareness**
- 1–30 **Dementia Awareness Month**
- 1–30 **International Childhood Cancer Awareness Month**
- 1–30 **Prostate Cancer Awareness Month**
- 2 – 6 **Women's Health Week**
- 10 **World Suicide Prevention Day**
- 13 **World Sepsis Day**
- 14–21 **Atrial Fibrillation Awareness Week**
- 22–30 **Veterans' Health Week**

GP bulletin – September 2019

News from General Practice Liaison Officers at Brisbane North PHN and Metro North Hospital and Health Service.

Please provide feedback to the GPLO program mngplo@health.qld.gov.au.

HealthPathways update

Newly released HealthPathways:

- influenza infection and control
- hypertension
- otitis media in children
- jaundice in babies
- developmental concerns in young children
- elder abuse and neglect
- low birth weight infants
- behavioural concerns in young children

To submit feedback about HealthPathways, please contact administration.integration@brisbanenorthphn.org.au.

Login at: brisbanenorth.communityhealthpathways.org or phone 07 3630 7300 for login details.

GP education

- **12 September** – Common challenges in primary care: Heart failure – The Prince Charles Hospital
- **12 September** – Brisbane North Annual Aged Care Forum – Eatons Hill Hotel
- **12 October** – Paediatric masterclass for general practice – Queensland Children's Hospital
- **26 October** – Metro North GP alignment program: gynaecology workshop – Royal Brisbane and Women's Hospital.

Visit <http://bit.ly/phnevents> for upcoming education events.

Missed a GP education event?

Slides from our recent GP education events are now available online at <http://bit.ly/mngpedu>.

Local pulmonary rehabilitation options now available

Metro North Hospital and Health Service are offering a suite of pulmonary rehabilitation programs for patients diagnosed with chronic obstructive pulmonary disease (COPD).

Referrals can be made according to your local referral pathway. For further information please contact the BeFIT 4 Lungs Project Lead on 0437 157 019 or email BeFIT4Lungs@health.qld.gov.au.

Recall of textured breast implants

The Therapeutic Goods Administration removed the Allergan BIOCELL textured breast implants and tissue expanders from the Australian market after a review found the devices have a small risk of causing Breast Implant Associated Anaplastic Large Cell Lymphoma (BIA-ALCL).

All women with Allergan BIOCELL textured breast implants are advised to be aware of BIA-ALCL symptoms and to perform regular breast self-examinations. Women are advised to consult their doctor if symptoms develop, if any changes are noticed on self-examination, or if they have any concerns.

For information visit <http://bit.ly/QH-recall>.

Dementia service directory now available

The Moreton Bay Dementia Alliance have created a useful service directory for dementia patients in the Brisbane North area, which will soon be available through HealthPathways. It can also be accessed online at <http://bit.ly/dementia-directory>.

Emerging Minds

The Emerging Minds: National Workforce Centre for Child Mental Health has released a new course: *Supporting children's resilience in general practice*.

This free course was developed in consultation with GPs and examines the opportunities to have conversations with parents about the social and emotional wellbeing of their children. For more information or to register for the course visit <http://bit.ly/EM-resilience>.

Frailty presentation now available

Dr Lucy Dakin, Director of Geriatrics at The Prince Charles Hospital, recently presented at the Health Alliance's Ageing Well Initiative Workshop on the benefits of recognising frailty in hospital and primary care.

Identifying frailty and responding in ways that are proactive, preventative and coordinated can modify frailty severity, reduce stressors and improve outcomes. To view the presentation visit <https://youtu.be/iu3lvxtstBw>.