

Network Link

October 2019



Campaign addresses barriers to suicide prevention

Focus group feedback showing low consumer awareness of local suicide prevention services and how to access them has prompted a new digital media campaign.

Brisbane North PHN developed the campaign as part of its local implementation of the Australian Government-funded National Suicide Prevention Trial (NSPT).

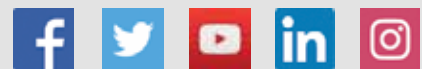
The campaign website – www.reasonstostay.com.au – provides information about accessing face-to-face services or telephone support in the Brisbane North region.

Chief Executive Officer Abbe Anderson said the campaign targets people who are experiencing or at risk of experiencing a suicidal crisis, and those who are concerned about a friend or family member.

“The Reasons to Stay campaign encourages people to reach out and start a conversation, so they can find their reasons to stay,” Ms Anderson said.

“This message complements other campaigns currently in circulation and highlights that you don’t need to be a health professional to start a conversation around suicide prevention,” she said.

Continued on page 2



In this edition:

Campaign addresses barriers to suicide prevention	1
A quick PIP QI update	2
GOAS benefits continue, 12 months on	3
Challenge ageism to overcome discrimination, aged care sector told	4-5
Traditional ceremony connects Gubbi Gubbi babies to country	5
Shared care for kidney health	6
Time to be liver smart	6
New Metro North foot ulcer clinics	7
News in brief	8
Noticeboard	9
Metro North Health Forum speakers set to shine	10
What’s on elsewhere	11
GP bulletin – October 2019	12

The PHN ran community consultations in 2016 that showed:

- **the Brisbane North region lacked a clear pathway to follow** for people experiencing a suicidal crisis, those who have made a suicide attempt or those who have been bereaved by suicide
- **health and other professionals** in the region **did not have a good understanding** of the appropriate services to refer people
- people experiencing suicidal crisis or who have made a suicide attempt often **present to a hospital Emergency Department (ED) for help and support.**

Ms Anderson said that while presenting to the ED was sometimes the right first step, consultations showed that EDs are not necessarily the best place for a person in crisis.

“By increasing local community knowledge of suicide prevention generally, specific suicide prevention services and resources available in the region, the Reasons to Stay campaign aims to guide people experiencing a crisis toward more appropriate longer-term support,” Ms Anderson said.

The Reasons to Stay campaign aligns with the NSPT-funded Yarns Heal campaign, targeting the region’s Aboriginal and Torres Strait Islander population, and the Talking Helps campaign that is targeting the LGBTI population.

Visit www.reasonstostay.com.au to find out more.



A quick PIP QI update

The Practice Incentives Program (PIP) Quality Improvement (QI) Incentive started on 1 August 2019.

Under the PIP QI Incentive, general practices work with their local Primary Health Network (PHN) to undertake continuous quality improvement activities through the collection and review of practice data on specified improvement measures.

In the North Brisbane and Moreton Bay region 197 practices have registered to receive the PIP QI payment.

With the PIP QI Incentive payment now in place, the PHN will continue to act as a regional data custodian and store de-identified practice data in accordance with the data governance guidelines.

Once practices have registered for the PIP QI through Health Professional Online Services (HPOS) using their PRODA account they will need to notify the PHN as soon as possible, by contacting their Primary Care Liaison Officer.

Brisbane North PHN has developed a PIP QI fact sheet which can be accessed here: http://bit.ly/fact-sheet_PIPQI.

For more information on the PIP QI or how we can support your practice in quality improvement please contact your Primary Care Liaison Officer.

ABOUT NETWORK LINK

For submissions and advertising or to subscribe, visit brisbanenorthphn.org.au/page/publications.

e info@brisbanenorthphn.org.au | w brisbanenorthphn.org.au | t 07 3630 7300

© 2019, Brisbane North PHN.

While the Australian Government Department of Health has contributed to the funding of this material, the information contained in it does not necessarily reflect the views of the Australian Government and is not advice that is provided, or information that is endorsed, by the Australian Government. The Australian Government is not responsible in negligence or otherwise for any injury, loss or damage however arising from the use of or reliance on the information provided herein.



Denae Barlott, Nurse Practitioner at Mercy Community Aged Care at the launch of the Geriatric Outreach Assessment Service report in August 2018.

GOAS benefits continue, 12 months on

The results of the Geriatric Assessment Outreach Service (GOAS) pilot project, announced just over a year ago, have left a lasting legacy for the care of older people in Brisbane North.

Jointly funded by Brisbane North PHN and Metro North Hospital and Health Service, the GOAS pilot project began in June 2017 and was trialled over 12 months in 24 Residential Aged Care Facilities (RACFs) across The Prince Charles Hospital catchment.

The GOAS model-of-care comprised of an outreach geriatrician-led, 5-day service and training for RACFs on clinical pathways.

An internal evaluation found the trial had improved the quality of care provided to acutely unwell aged care residents and reduced potentially preventable emergency department presentations, at a significant cost saving to the health system.

The trial was so successful, it contributed to an expansion of the Nurse Navigator-led Residential Aged Care District Assessment and Referral (RADAR) Service outreach service to all RACFs in the Brisbane North region.

The RADAR Service provides one point of contact for RACFs needing medical support for acutely unwell and deteriorating older people in their care. RADAR services include:

- emergency department alternatives
- facilitating hospital admissions
- RACF resident post discharge medication review
- advice for navigating hospital services.

To contact RADAR, phone 1300 072 327 between 9.00 am – 5.30 pm, seven days a week.

Watch a video about the GOAS trial at youtu.be/-A4uKNWNwI8 or for more information contact agedcareprojects@brisbanenorthphn.org.au.



Challenge ageism to overcome discrimination, aged care sector told

Ageism and ageist stereotypes must be acknowledged as commonplace in society as a first step in preventing discrimination against older people, according to a keynote speaker at the recent Brisbane North Annual Aged Care Forum.

Kirsty Nowlan is the Executive Director of the Benevolent Society and spoke at the forum on 12 September 2019 about the advocacy campaign it is running against ageism called Every Age Counts.

"Ageism can happen to people at any age," Ms Nowlan said, which she defined as "stereotyping, discrimination and mistreatment based solely upon age."

However, she explained that the Every Age Counts campaign is, "specifically interested in ageism against older people, which comes from negative attitudes and beliefs about what it means to get older."

Technical definitions aside, Ms Nowlan said we actually know what ageism feels like.

"Does this make me look old?" is an often heard refrain from friends, wives and mothers, motivated by a fear of ageing, Ms Nowlan said.

"For most of us, we encounter ageism firstly in an incident that happens to someone else," she said.

"Or it may be a first time you take your parent to a doctor, because they're sick, not old, and the doctor talks to you, not them.

"And can we all just acknowledge that the systemic abuse of older people in institutions has, at its foundations, the sure and steady belief that some lives matter less than others."

Even well-intentioned expressions such as 'sweetie' can be construed by an older person as belittling and Ms Nowlan proposed using a person's name instead.

According to Benevolent Society research, Ms Nowlan said that 71 per cent of people surveyed had not thought about ageism, but when prompted 72 per cent thought it was important.

Furthermore, only 16 per cent considered themselves active in doing something about it.

"I suggest our first task is to make ageism a thing in this country," Ms Nowlan said.

"What we need to do is start naming those experiences as what they are. We are yet to start calling it discrimination and we need to start. Because this is fundamentally an othering process. A creation of us and them," she said.

The event's other presenters included aged care consumer Daphne Pirie AO MBE who talked about using life's experiences to survive old age with dignity.

Pictured clockwise from left: Benevolent Society Executive Director, Kirsty Nolan; Department of Health Director Home Support and Assessment Branch, Joshua Maldon; Brisbane North PHN Project Officer of Community Care, Louise Maudlin; Qld Government Department of Health Metro North Aged Care Assessment Team, Catherine Turton; and Daphne Pirie AO MBE.



Ms Pirie spoke from personal experience about her childhood, through to her recent health issues and caring for her husband before he passed away.

The program also included a Reablement Panel Discussion, moderated by BallyCara's Paul Johnson.

Other interactive sessions included an on-stage interview between Bronwyn Bidstrup from COTA and Zelda Lawrie, a contributor to the Faces of Ageing photo exhibition shown at the forum.

Ruth Northcott from the University of the 3rd Age explained how caring for people's health involved more than just physical care, and stressed the importance of ongoing learning, personal growth and social connection for healthy ageing.

LASA Queensland State Manager Chris Edith provided a general sector update, including the latest on the Royal Commission and the new Aged Care Standards.

Government contributions to the program included Joshua Maldon, from the Home Support and Assessment Branch at the Commonwealth Department of Health, who spoke on reablement in aged care services.

Also presenting was Andy Carter from Metro North Hospital and Health Service. As Director of Nursing, Community and Oral Health, Mr Carter spoke about the role of the Aged Care Ambassador.

Traditional ceremony connects Gubbi Gubbi babies to country

Last month, 40 Aboriginal and Torres Strait Islander babies and 8 children were welcomed onto Kabi Kabi/Gubbi Gubbi country as part of the second annual Wunya Baby to Country Ceremony.

The babies and children were welcomed to country by Traditional Custodian, Aunty Lynette Johannessen.

Each baby received a kangaroo fur, a hand made leather headband and a certificate. Each family had the opportunity to plant a native seedling in the *yourtown* garden to signify a connection to the country.

The Wunya Baby to Country Ceremony is part of the implementation process of *First 1,000 Days Australia* in the Moreton Bay region.

The event acknowledges Elders, families, and the carers of our future generations and has allowed Aboriginal and Torres Strait Islanders to revive practices that celebrate children, country and connection to land.

The ceremony is a whole community initiative, inclusive of a working group, sponsors, volunteers and community members.

Over 300 people attended the Wunya Baby to Country Ceremony, which uniquely provides a culturally safe space for local Aboriginal and Torres Strait Islander families to come together to celebrate culture.



Pictured: Traditional Owner Aunty Lynette Johannessen presenting a certificate and kangaroo fur to mum and bub.
Photo credit: Shannan Bishop.



PHN Health Data Coordinator Amie Horwood, Consultant Nephrologist Dr Pedro Henrique Franca Gois, GPO Dr Srishti Dutta, Nephrologist and Director, Renal Medicine Kidney Health Service, Metro North HHS Dr Helen Healy, GPwSI CKD Dr Gary Chang, Advanced Pharmacist Carla Scuderi and Project Manager Keeping Kidneys in the Community, Kidney Health Service Mai Eames at the Keeping Kidneys in the Community active learning module in August.

Shared care for kidney health

In August, Metro North Hospital and Health Service (MNHHS) and Brisbane North PHN launched a shared care model for chronic kidney disease, aiming to improve the patient experience with more efficient care.

The shared care model, launched as part of an education event, aims to improve integration between primary care, GP with Special Interests (GPwSI) and nephrologists of Metro North Kidney Health Service.

The new model will establish shared roles and responsibilities, communication and referral pathways, and ongoing care and management plans to ensure less duplication and greater coordination between primary, secondary and tertiary care.

The model will utilise a patient held 'journey handbook' to promote collaboration between involved clinicians and allied health professionals. The handbook will also act as a tool for patient empowerment and education and will complement the usual clinical communication that takes place.

The launch and education event was attended by a diverse group of clinicians—from both hospital and primary care backgrounds—allowing for cross-pollination of knowledge and ideas around the care of patients with chronic kidney disease in the Caboolture region.

The event included presentations by Kidney Health Australia, delivered by the MNHHS team including Dr Helen Healy (Nephrologist and Director, Renal Medicine, Kidney Health Service, MNHHS), Dr Pedro Gois (Consultant Nephrologist), Dr Gary Chang (GPwSI Chronic Kidney Disease) and Carla Scuderi (Pharmacist Advanced).

Attendance at the event will enable GPs to offer the chronic kidney disease shared care model to patients who meet the eligibility criteria.

The event is part of a wider Queensland Health funded project called Keeping Kidneys in the Community with future education events to be announced shortly.

The Keeping Kidneys in the Community team encourage GPs who are interested in participating in the chronic kidney disease shared care model to contact your PCLO or email Practice Development Officer Marisol Hernandez via marisol.hernandez@brisbanenorthphn.org.au.

Time to be liver smart

Liver cancer rates are on the rise. Estimates have shown 65 per cent of liver cancer deaths can be prevented with early detection and treatment programs for those who are at high risk.

Around 34.4 per cent of liver cancer cases in Australia are attributable to hepatitis B and hepatitis C. In the North Brisbane and Moreton Bay region there are an estimated 8,000 people living with hepatitis C.

The Be Liver Smart project provides support to general practices to promote GP centred care options for the management of hepatitis C in the community. Participant practices benefit from expert clinical support including fast tracked referrals, training and education and additional in-practice support through the Be Liver Smart community nurse.



Be Liver Smart has proven to be a great health initiative for the community with seven general practices already implementing this free service.

If you are a GP or practice nurse interested in enhancing hepatitis C treatment in your practice, contact Hepatitis Queensland for further information about this exciting project. For more information contact Winnie Nguyen on 07 3846 0020 or winnie@hepqld.asn.au.

New Metro North foot ulcer clinics

The Metro North foot ulcer clinics aim to prevent hospitalisation by managing foot disease in an ambulatory setting and to prevent avoidable lower limb amputations by delivering early and effective interventions for people with foot disease.

The clinics can be found at Caboolture Hospital, Redcliffe Hospital, The Prince Charles Hospital and Royal Brisbane and Women's Hospital and referred patients will be allocated based on their postcode and clinical complexity.

To be eligible, the person has a chronic foot ulcer or an acute Charcot foot but the person is not required to have diabetes mellitus to be accepted into the service.

At the foot ulcer clinic the patient will receive:

- neuro-vascular assessment
- wound assessment
- assessment of foot function and conditions of the skin
- review of the social and physical factors that may affect self-care
- offloading options for plantar wounds, including: total contact casting, removable cast walkers, medical grade footwear and orthotics
- wound management and sufficient dressing to be used between appointments
- where clinically relevant: investigations at the Metro North facilities; escalation of care to consultant-led clinics; transition of care to outpatient high risk community clinic.

The referrer will receive:

- timely and expert care for the person with a foot ulcer
- communication from the podiatrist that the referral has been received and the initial management plan
- invitation to be involved with shared care arrangements
- communication when there is a significant change to the management plan such as when the patient's care has been escalated to the multidisciplinary clinic.

If a foot wound is not improving, do not hesitate to refer to the foot ulcer clinic, the Metro North Hospital and Health Service entry point for foot ulcers.

For more information visit <http://bit.ly/MNHHS-refer> or call the foot ulcer clinic hotline on 1300 364 938.

Important information to include in the referral:

- **duration** of foot ulcer
- **health summary** – medical conditions, allergies and current medications
- **results of recent investigations** undertaken, such as: Xrays, duplex arterial scans, pathology
- **other specialists involved** in the patient's care, such as: vascular surgeon, ID physician, endocrinologist
- **history** of previous foot ulcers or lower limb amputation.

News in brief

▶ Emergency drug supply for treatment of syphilis

From September 2019, the antibiotic benzathine benzylpenicillin (Bicillin L-A) is listed on the Emergency Drug Supply Schedule (also known as Prescribers Bag) in response to an ongoing infectious syphilis outbreak in Aboriginal and Torres Strait Islander people in Queensland, Northern Territory, Western Australia and South Australia.

Cases of infectious syphilis continue to be diagnosed in outbreak regions, particularly in males and females aged 15-29 years.

The listing of benzathine benzylpenicillin (Bicillin L-A) is intended to support the timely treatment of syphilis in non-remote settings for Aboriginal communities by providing a mechanism for these health services to have stock on site, or obtain supply for patients in advance of a consultation.

For more information, visit the Department of Health website <http://bit.ly/syphilis-drug>.

▶ Inaugural infective endocarditis symposium

Brisbane will be host to Australia's first dedicated infective endocarditis symposium on Saturday 26 October at The Prince Charles Hospital, Chermside.

The inaugural infective endocarditis symposium will unite national and international experts in cardiology, cardiac surgery, infectious diseases, pharmacology and medical imaging. Through a series of presentations, attendees will be able to listen to and discuss current methods of diagnosis, treatment and future direction.

The program consists of a team of eminent speakers including Professor David Durack, Professor Eugene Athan, Professor Peter Pohlner, Professor Jason Roberts, Associate Professor Daryl Burstow, Dr Nathan Dwyer and Mr Michael Williams.

For more information visit <http://bit.ly/IIES-TPCH>.

▶ Changes to National Immunisation Program

Following the Australian Government's recent changes to the childhood and adolescent National Immunisation Program schedule the Department of Human Services has commenced sending additional reminder letters to individuals overdue for vaccination.

Currently, parents of children overdue for vaccination are sent reminder letters when their children are 10, 21 and 54 months. From June 2019, additional letters will be sent to families for children aged 7, 13, 15, 19 and 49 months. Adolescents who are overdue for their childhood and adolescent vaccinations will be sent letters when they are 14.5, 17 and 18 years of age.

These additional letters advise individuals to contact their GP to receive missed vaccines while they are still eligible to receive funded catch-up immunisations through the program.

Vaccination providers should be aware of a potential increase in patients seeking assistance regarding potentially overdue vaccinations.

For more information email immunisation.enquiries@health.gov.au.



▶ Be part of Queensland Mental Health Week

This year, Queensland Mental Health Week will be celebrated from Saturday 5 October to Sunday 13 October.

Throughout the week, hundreds of local and regional events are held by non-government organisations, service providers, local councils, workplaces, schools and universities, sporting groups and clubs, community groups and individuals.

The message of Queensland Mental Health Week is to value mental health, because mental health is valuable.

The Queensland Mental Health Week website offers great ideas and resources for GPs and practices to get involved in helping raise public awareness or acting as advocates for mental health issues.

For more information visit <https://www.qldmentalhealthweek.org.au>.

Noticeboard

Please contact the relevant organisation for more information about the items below.

Domestic violence seminars for GPs and psychologists

The Northside Alliance Against Domestic Violence is hosting an evening seminar series focused on domestic violence. This three-part series has been designed for GPs and psychologists and will be presented by senior health practitioners from Royal Brisbane and Women's Hospital and The Prince Charles Hospital, domestic violence services and the Queensland Police Service. Participants will increase their knowledge and confidence to assess risk and respond to safety needs associated with domestic and family violence and gain insight into current best-practice recommendations for medical treatment of patients presenting after experiencing non-lethal strangulation.

Seminars will be held in October and November at the Nundah Neighbourhood Centre. For more information call 07 3217 2544 or visit Eventbrite bit.ly/DV-series.

Opportunities for nursing clinical placement in primary practice

Australian Catholic University is seeking two-week placements in general practice for second year students in the Bachelor of Nursing program. Students initially develop their nursing practice skills through scenario-based learning in the laboratory. Some of the clinical skills that students learn include the following: medication administration; wound care; vital signs measurement and health assessment. A member of the academic clinical team will be available to assist with individualised, pre-placement preparation for your staff. We have several facilitation options available and can provide information about potential student numbers, dates, remuneration and supports that are available.

Please contact Gill Lewis via gillian.lewis@acu.edu.au.

Research to help GPs support people with alcohol or drug issues

The University of New South Wales is conducting research in the North Brisbane and Moreton Bay region, to inform the design of strategies to assist GPs in engaging people about their alcohol and other drugs issues. This research is supported by Brisbane North PHN and Queensland Network of Alcohol and Other Drug Agencies.

GPs operating within the region are encouraged to participate in interviews (either by phone or in person) with the research team. Practice managers and reception staff are invited to participate in focus groups conducted by the research team.

For more information or to take part in the study contact Research Officer Michala Kowalski via m.kowalski@unsw.edu.au or phone 02 9385 0449.

Wanted: GP Feedback

GPs are the first port of call in the health care system and have a central role in the success of the cancer screening process. The Cancer Screening Unit at Queensland Health are seeking feedback on an education package currently being developed by True Relationships and Reproductive Health. The education package focuses on the three National Cancer Screening programs – BreastScreen Australia, the National Bowel Cancer Screening Program, and the National Cervical Screening Program. The review phase consists of a 10-minute module and a 5-minute questionnaire.

For more information or to sign up now visit www.surveymonkey.com/r/NCYJ6M8.

 Avant mutual
by doctors for doctors

 practicehub
by doctors for doctors

BRISBANE NORTH PHN EVENT

Managing the general practice waiting room

Join us for a workshop that will explore how to improve your ability to triage efficiently.

Learn techniques to simplify and avoid conflict with patients and health practitioners. This session, for practice managers and reception staff, will assist you to manage patients when their expectations are not met and will instruct you in dismissing non-compliant patients.

Please note the same session will be repeated at both locations.

EVENT DETAILS:

Wednesday 13 November, 7.30 am – 10.00 am

Venue: Brisbane North PHN, Level 4
543 Lutwyche Road, Qld 4030

Breakfast provided.

Thursday 14 November, 7.30 am – 10.00 am

Venue: Brisbane North PHN, Level 2
10 Endeavour Boulevard, North Lakes, Qld 4509

Breakfast provided.

To RSVP for this event email aimie.thomson@brisbanenorthphn.org.au by **Wednesday 6 November 2019**.

Metro North Health Forum

Wednesday 16 October 2019

9.00 am – 4.00 pm

Royal International Convention Centre
Bowen Hills, Brisbane



Metro North Health Forum Speakers set to shine

This October the annual Metro North Health Forum is set to showcase a range of impressive speakers passionate about healthcare and wellbeing.



Professor Leonie Callaway
Presenting on the hidden epidemic in maternity care

The joint initiative between Brisbane North PHN and Metro North Hospital and Health Service highlights the work happening at the interface between hospital and primary care.

One of this year's keynote speakers is Professor Leonie Callaway, who has an interest in medical disorders of pregnancy and the prevention of maternal mortality and morbidity. She holds the position of Director of Research within Women's and Newborn Services at the Royal Brisbane and Women's Hospital and holds professorial appointments at both the University of Queensland and Queensland University of Technology.

Professor Callaway has held a wide range of leadership roles across medical education, clinical service delivery, academia and research and has a long track record in obstetric medicine research. Her appearance at the forum will see her present on the hidden epidemic in maternity care and trauma informed care.

Also speaking at the forum is futurist, writer and international speaker Dr Bruce McCabe, presenting on the technologies that are set to change the future of healthcare.

Dr McCabe is recognised for his pioneering research in innovation and the adoption of new technologies and he holds a PhD in organisational and technological innovation from the University of Technology Sydney.

The forum will see him sharing stories about the future of medicine, computing, artificial intelligence, energy, genomics and more.



Dr Bruce McCabe
Presenting on technology crossover to change healthcare



GP breakfast briefing

7.00 am – 9.00 am

The GP breakfast briefing will be an opportunity to hear about the latest initiatives for general practice, and how both organisations are working together to support GPs and their patients to navigate the health system.

This year's GP breakfast briefing keynote speaker is Dr Toby Ford, who will present on who is minding you while you are minding them. Toby has been a leader in corporate health for more than two decades and has helped organisations and their executives and staff—across countries and industries—through their unique executive and employee health checks and preventative methods, and on-going wellbeing programs.

Visit www.health2gether.org.au to register now to attend the GP breakfast briefing.

For more information and the detailed program or to register online, visit: www.health2gether.org.au

The Metro North Health Forum is a joint initiative between Metro North Hospital and Health Service and Brisbane North PHN

What's on elsewhere

Please contact the relevant organisation for more information about these events. Note, these are not Brisbane North PHN events.

For more events, visit brisbanenorthphn.org.au/page/news-and-events/events.

October 2019

- | | | | | | |
|-----------|--|-----------|---|--|---|
| 05 | Advanced life support – Australian College of Rural and Remote Medicine
Spring Hill, Qld
e s.hipkins@acrmm.org.au | 22 | Rural anaesthetic crisis management training – Australian College of Rural and Remote Medicine
Surfers Paradise, Qld
e courses@acrmm.org.au | 27 | Advanced life support – Australian College of Rural and Remote Medicine
Surfers Paradise, Qld
e courses@acrmm.org.au |
| 08 | Trauma informed care and practice for domestic and family violence services – Blue Knot Foundation
Brisbane City, Qld
e training@blueknot.org.au | 23 | Advanced life support – Australian College of Rural and Remote Medicine
Surfers Paradise, Qld
e courses@acrmm.org.au | 30 | Curing Hepatitis C in primary care – ASHM
North Lakes, Qld
e linda.starke@ashm.org.au |
| 11 | STI and BBV nursing: An introduction – ASHM
Spring Hill, Qld
e Natalie.Huska@ashm.org.au | 24 | Australian association of musculoskeletal medicine conference – Australian Association of Musculoskeletal Medicine
Southbank, Qld
e ncosta@ncevents.com.au | <hr/> <h3>In the community</h3> | |
| 12 | Paediatric masterclass for general practice – Children's Health Queensland Hospital and Health Service
South Brisbane, Qld
e CHQ.GPLO@health.qld.gov.au | 24 | GP19 Conference – RACGP
Adelaide, SA
e karen.grigg@racgp.org.au | 1 – 31 • Anxiety and Depression Awareness Month | |
| 15 | Dementia essentials: Providing support to people living with dementia – Dementia Australia
Burrpengary, Qld
e QLD.Education@dementia.org.au | 25 | Support before and after death – Australian Centre for Grief and Bereavement
Brisbane City, Qld
e education@grief.org.au | • Breast Cancer Awareness Month | |
| 18 | Course in ear and hearing health – Benchmark group
Chermside, Qld
e courses@benchmarkgroup.com.au | 25 | Embedding trauma informed care and practice for managers – Blue Knot Foundation
Brisbane City, Qld
e training@blueknot.org.au | • October | |
| 19 | Advanced training in suicide prevention – Black Dog Institute
Brisbane City, Qld
e education@blackdog.org.au | 27 | Rural emergency obstetrics training – Australian College of Rural and Remote Medicine
Surfers Paradise, Qld
e courses@acrmm.org.au | • Pink Ribbon Breakfast | |
| 19 | GP mental health skills masterclass – Psych Scene
South Brisbane, Qld
e info@psychscene.com | 27 | Ultrasound in emergency medicine – Australian College of Rural and Remote Medicine
Surfers Paradise, Qld
e courses@acrmm.org.au | • Polio Awareness Month | |
| 22 | Rural emergency skills training – Australian College of Rural and Remote Medicine
Surfers Paradise, Qld
e courses@acrmm.org.au | | | • Sexual Violence Awareness Month | |

In the community

- 1 – 31 • **Anxiety and Depression Awareness Month**
- **Breast Cancer Awareness Month**
- **October**
- **Pink Ribbon Breakfast**
- **Polio Awareness Month**
- **Sexual Violence Awareness Month**
- 10 **World Mental Health Day**

GP bulletin – October 2019

News from General Practice Liaison Officers at Brisbane North PHN and Metro North Hospital and Health Service.

Please provide feedback to the GPLO program mngplo@health.qld.gov.au.

HealthPathways update

Newly released HealthPathways:

- eczema in children
- autism spectrum disorder
- obstructed sleep apnoea
- undescended testes
- inguinal lumps or swelling in children
- developmental dysplasia of the hip
- recurrent epistaxis in children
- rhinitis and nasal obstruction in children
- measles.

To submit feedback about HealthPathways, please contact administration.integration@brisbanenorthphn.org.au.

Login at: brisbanenorth.communityhealthpathways.org or phone 07 3630 7300 for login details.

GP education

- **12 October** – Paediatric masterclass for general practice – Queensland Children's Hospital
- **16 October** – Metro North Health Forum – Royal International Convention Centre
- **26 October** – Metro North GP alignment program: gynaecology workshop – Royal Brisbane and Women's Hospital

Visit <http://bit.ly/phnevents> for upcoming education events.

Missed a GP education event?

Slides from our recent GP education events are now available online at <http://bit.ly/mngpedu>.

Essure contraceptive device recall

Women who have had an Essure contraceptive device inserted in a Queensland Health facility are being invited to undergo a medical review at their local hospital with a referral from their GP. Health issues reported with the device include changes in menstrual bleeding, unintended pregnancy, chronic pain, perforation, migration/movement of the device, and allergy/hypersensitivity or immune-type reactions. New information sheets for clinicians and patients are available on the Queensland Health website at bit.ly/essure-recall.

Get involved in the chronic kidney disease shared care model (see article on page 6)

Patients who are 18 years and older, currently residing in the Caboolture catchment, may be eligible for the chronic kidney disease shared care model being delivered at Caboolture Community Clinic.

Patients eligible include those:

- whose GP has participated in CKD shared care education
- who are stable CKD stages 1, 2, 3A, 3B and 4
- who require long term monitoring.

For more information contact your PCLO or email marisol.hernandez@brisbanenorthphn.org.au.

Online opioid treatment program prescriber course

A free, self-paced module is available for GPs who are seeking to become authorised to prescribe opioid treatment in Queensland. It is accredited with CPD points with RACGP and ACRRM. To access this resource, and a range of online courses on alcohol and other drugs, visit www.insight.qld.edu.au/toolkits.

MTOP prescribers can register to be a GP-to-GP referrer

Medical Termination of Pregnancy (MTOP) is being added to Brisbane North HealthPathways GP to GP referrals page. Register now to be included in the list of GPs taking referrals for:

- Medical Termination of Pregnancy (MTOP) – Certified MS-2 Step® prescriber

If you are interested in providing this service to other GP colleagues, download and complete the request form at <http://bit.ly/GPtoGP>.

Residential support service pathways manual

The Queensland Health Clinical Excellence Division have recently created the Residential Support Services Pathways manual, Management of acute care needs of RACF residents. These pathways are intended as clinical support tools for management of the acutely unwell patient living in residential aged care facilities. The pathways are designed for use by RACF clinical staff at Registered Nurse, Clinical Nurse, Clinical Nurse Consultant or Nurse Practitioner level, in collaboration with GPs.

To review the resource visit <http://bit.ly/QH-RSSP-manual>.