







# Checklist for my appointment - NDIS access with my GP

Going to your GP or allied health professional to help complete your NDIS access forms. You may wish to ✓ the boxes as you go through each step.

I want to access the NDIS to get support for my disability		
<input type="checkbox"/>	I have called the NDIS on <b>1800 800 110</b> and requested an <b>Access Request Form</b> .	
I have my NDIS Form and I need to get my doctor or allied health professional to help complete my NDIS paperwork		
<input type="checkbox"/>	I have my <b>NDIS form</b> .	
<input type="checkbox"/>	I have made an <b>appointment with my GP or allied health professional</b> and let them know that I have my <b>NDIS Access Request Form</b> or <b>Supporting Evidence Form</b> .	
Getting ready for my appointment		
<input type="checkbox"/>	I have <b>all the information together</b> about myself, about my disability and how it impacts upon my day-to-day life to take with me to my appointment.	
<input type="checkbox"/>	I have gone through each of the six areas of functional impact and written down <b>detailed information about which ones impact upon me, by how much, and how often</b> . I have included details about what it means to me and how it affects me. Areas of Need: mobility and motor skills, communication, social interaction, learning, self-care and self-management.	
<input type="checkbox"/>	I have <b>other assessments or reports</b> from other health professionals, and have contacted them and asked for copies to be sent to me or to my GP.	
<input type="checkbox"/>	Get all your <b>information</b> together Bring your <b>NDIS form</b> with you	





















Going to your appointment		
<input type="checkbox"/>	Bring any <b>letters from doctors or previous assessments</b> from therapists or educators	
<input type="checkbox"/>	Have a <b>support person</b> with you  Decide if you want anyone to go with you. You can take a family member, friend or a support person.	
At your appointment – talking with the doctor		
<input type="checkbox"/>	You need to ask your doctor to write down your <b>Primary Disability</b> . That's the disability or impairment that most impacts upon you. The GP then needs to write down information in <b>one or more of the six areas of functional impact</b> that matches your Primary Disability.	
<input type="checkbox"/>	It is important that the language that your GP uses talks about how this <b>Primary Disability impacts</b> upon you, the type of support you need, how often and how much on a daily, weekly or occasional basis.	
<input type="checkbox"/>	It is also really important that your doctor is clear that your <b>disability is permanent</b> and that it is likely that you will need support for your lifetime.	
Who can support me if I need extra assistance?		
<input type="checkbox"/>	<b>NDIA Local Area Coordinators</b> or <b>Early Childhood Early Intervention Partners</b> in your area can help you get your evidence together for the NDIA. For more information, visit <a href="http://www.ndis.gov.au/about-us/locations.html#qld">www.ndis.gov.au/about-us/locations.html#qld</a> .	
<input type="checkbox"/>	<b>Queenslanders with Disability Network (QDN)</b> can also help you. You can phone QDN on <b>1300 363 783</b> or visit the website <a href="http://www.qdn.org.au">www.qdn.org.au</a> .	
<input type="checkbox"/>	The <b>NDIA</b> can provide you with extra assistance.  You can call them on <b>1800 800 110</b> .	

Table to take to your GP visit—write down how your Primary Disability impacts on your life and your support needs.

	Functional area	
Area of need	How my disability impacts on my life	What are my support needs?
<b>Mobility and motor skills</b> 		
<b>Communication</b> 		
<b>Social Interaction</b> 		
<b>Learning</b> 		
<b>Self-care</b> 		
<b>Self-management</b> 		

You might like to refer to the patient summary examples on pages 12-13 of the information booklet to help you think about your areas of need and your support needs.

	Support needs	
Area of need	How much support do I need?	How often do I need support?
<b>Mobility and motor skills</b> 		
<b>Communication</b> 		
<b>Social Interaction</b> 		
<b>Learning</b> 		
<b>Self-care</b> 		
<b>Self-management</b> 		

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