



Free mental health support for people affected by flooding in North Brisbane

Have you been affected by the early 2022 flooding in North Brisbane and Moreton Bay? Brisbane North PHN has commissioned several providers to offer additional mental health support in the region. If your property or belongings have been affected, or if you're experiencing distress due to the flood event, you can access mental health support in many ways.

Brisbane North PHN has funded a network of providers to offer psychological therapy to those affected by floods. Talking to someone you trust can be an important step working through a stressful or traumatic life event. The following organisations can assist you to get back on your feet and support your recovery; offering a flexible service that meets you where you are at, face to face or over the phone.

- Young Minds
 - A T Psychology
 - All About Kids
 - Axis Clinic
 - Stride Kids
 - Queensland Council for LGBTI Health
 - World Wellness Group
 - Institute for Urban Indigenous Health
 - yourtown
 - headspace
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To access these services, contact the Head to Health Service Navigation Team on 1800 595 212.

Crisis support

If you require immediate crisis support, contact:
Lifeline 13 11 14
MH Call 1300 642 255
In an emergency, call 000

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