

# Women's health snapshot

This snapshot provides an overview of Women's Health in the Brisbane North PHN region.



## Brisbane North female population in 2020

**541,576**

Females 0-24 years	32%	Females 45-64 years	24%
Females 25-44 years	30%	Females 65+	15%



Our female population is ageing, but life expectancy continues to rise

## Brisbane North female population in 2030

**646,451**

Females 0-24 years	31%	Females 45-64 years	22%
Females 25-44 years	29%	Females 65+	17%

## Female life expectancy



The gap in life expectancy for Aboriginal and Torres Strait Islander women is 9 years representing considerable inequity in health outcomes.

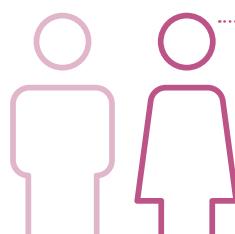
## Lifestyle risk factors for female adults

Women in our region are less likely to engage in lifestyle risk behaviours than the national average.

	Brisbane North PHN 2017-18	Queensland 2017-18
	Insufficient physical activity	65% < 66%
	Obesity	29.5% < 31%
	Smoke daily	10.6% < 13%

## Mental health

In the Brisbane North PHN region, mental health conditions are a considerable burden of disease for women.



Females were **more likely** than males to experience high or very high psychological distress, at a rate of 13.5 per 100 people vs 10.7 per 100 people for males in the PHN region.

Girls or young females aged 0-24 years in the PHN region are **more than three times as likely** to be hospitalised for self-harm when compared to their male counterparts aged 0-24 years.

Eating disorders are estimated to have a **higher prevalence** in the PHN region—5.27% compared to the rest of Australia 5.03%



## Violence against women

**Domestic and Family Violence disproportionately affects women in Australia, and in our region.**

In 2022-23 so far:

85%  
of Domestic Violence Order (DVO) breaches were male offenders.

77%  
of all DVOs were to protect a female aggrieved.

Rates of reported DVO breaches have risen in the past 12 months.

DVO breaches	Brisbane North PHN 2021	Brisbane North PHN 2022
DVO breaches % increase 2021 to 2022	+12%	< +16%

\*DVO breach data is extracted from QPS combining Moreton and North Brisbane Police district

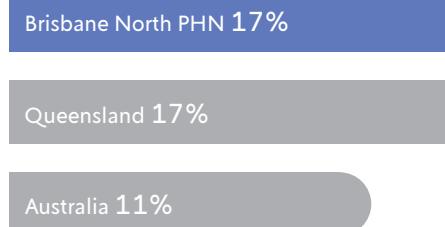
Victims of sexual violence 2022	Brisbane North PHN Female	Brisbane North PHN Male
Rate per 100,000	462	> 81

\*Sexual violence statistics are taken from Brisbane North and Moreton QPS district data and include rape and attempted rape, sexual offences and other sexual offences. Rate calculated using 2020 population numbers (PHIDU)

## Endometriosis

Endometriosis is an inflammatory condition that can be painful, affect fertility and lead to reduced participation in school, work and sporting activities. It is estimated endometriosis cost \$7.4 billion in Australia in 2017-18, due to reduced quality of life and loss in productivity (Ernst & Young, 2019).

Around 17% of the population assigned female at birth have been diagnosed with endometriosis in Brisbane North PHN, compared to 11% of the total Australian female at birth population.



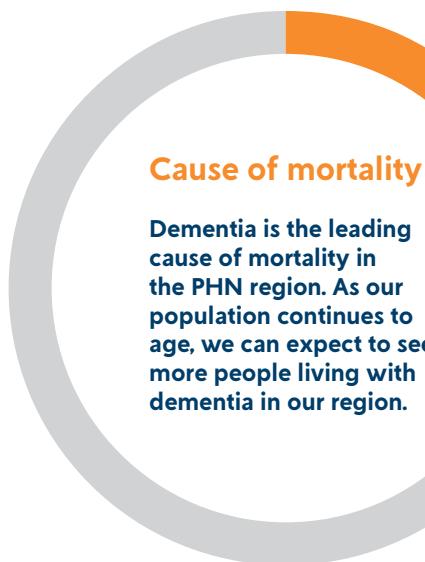
## Cervical and breast cancer screening

Screening for illness is the key to early detection and intervention.

In 2018-19, 47.2% of 280,909 eligible women in the PHN region participated in the NCSP (National Cervical Screening Program).

In 2018-19, 49.5% of women participated in a breast screen, out of a possible 136,730 who were eligible.

% Participation	Brisbane North PHN 2018-19	Queensland 2018-19
<b>Cervical screening aged 25-74 years</b>	<b>47.2%</b>	<b>&gt; 46.1%</b>
	Brisbane North PHN 2019-20	Queensland 2019-20
<b>Breast screening aged 50-74 years</b>	<b>49.5%</b>	<b>&lt; 51.7%</b>



Cause of mortality 2016-2020  
% of all causes—Brisbane North PHN

**Dementia including Alzheimer's disease** 14%

**Cerebrovascular disease** 8.6%

**Coronary heart disease** 8.3%

**Lung cancer** 3.9%

**Breast cancer** 3.8%