

An Australian Government Initiative

### Brisbane MIND – referral information

### **Brisbane MIND provider network**

Please click to view the Brisbane MIND provider network.

#### Who can refer

The following professionals are able to refer into the Brisbane MIND program:

- GPs
- psychiatrists
- clinical nurses acute care team.

NOTE: The referring GP must practice in the Brisbane North PHN region as a general rule, however we will accept some referrals from GPs outside the region as long as the client resides in the region.

#### **Referral caps**

Funding for the Brisbane MIND and Brisbane MIND Suicide Prevention program is capped each financial year and the focus is on clients with the highest needs. As the eligibility criteria for the Brisbane MIND program have increased, referral caps have been removed. Demand for the program will be managed by the PHN and providers to ensure sustainability and only those that meet the program eligibility and have an appropriate referral will be considered.

### Number of sessions and referral validity period

Referral session numbers are capped as per the following:

- people who have experienced trauma and abuse or people at risk of suicide are able to access a maximum of sixteen sessions
- all other priority groups are able to access a maximum of twelve sessions
- suicide prevention referrals will be valid for a three month period from date of referral, all other referrals will be valid for one year from date of referral.

# Brisbane MIND referral templates

GPs and other referrers can submit referrals through My Mental Health Services eReferral Redicase GP Integrator, via HealthPathways or eLink. Installation of the GP Integrator into practice software for practices with Best Practice or Medical Director:

- your Primary Care Liaison Officer (PCLO) will be able to advise on the basic IT requirements
- installation will need to be coordinated between your practice manager, your practice software IT support and software vendor, Redbourne
- to arrange GP Integrator installation please contact Redbourne IT Support on 1800 783 336 or email <u>redicase@redbourne.com.au</u>. Redbourne will then arrange a mutually convenient time for installation
- depending on your IT system you may need to involve your third party IT support provider.

#### Information on how to get started with <u>Getting</u> started with My Mental Health Services <u>eReferral</u>.

For GPs and other providers that do not have access to the My Mental Health Services eReferral Redicase GP Integrator, please use HealthPathways.

Information about <u>Accessing My Mental Health</u> <u>Services eReferral via HealthPathways</u>.

## Alternatives to Brisbane MIND

There are a range of options other than the Brisbane MIND program that are suitable for people who might be going through difficult life events or experiencing mild depression or anxiety.

Brief Therapy services - these range from telephone coaching and online chat services, emental health programs/apps and therapeutic groups. For more information, visit our <u>brief</u> <u>therapy services website</u>.