



## The activities

The funded agencies will be implementing activities that include:

- improving emergency and follow up care after suicide attempts
- advanced suicide prevention training for practitioners, including building connection to community and care pathways
- developing a regional media protocol for best practice reporting
- increasing cultural responsiveness around suicide prevention
- establishing communities of practice for people with a lived experience of suicide
- promoting help-seeking, mental health and resilience in schools
- Aboriginal and Torres Strait Islander specialist support
- LGBTIQ+ specialist support
- GP capacity building.

For each priority group a collaborative co-design process is guiding the work. Stakeholder consultations are community driven with cultural governance and informed by people with a lived experience.

**For more information about Brisbane North PHN and the National Suicide Prevention Trial, contact:**

Brisbane North PHN

**Phone** - 07 3630 7300

**Email** - [info@brisbanenorthphn.org.au](mailto:info@brisbanenorthphn.org.au)

### For crisis support



**Lifeline** - 13 11 14

**Suicide Call Back Service** - 1300 659 467

**QLife** - 1800 184 527

**MensLine** - 1300 789 978

**Kids Helpline** - 1800 551 800

**1300 MH CALL** - 1300 64 2255

# Brisbane North PHN and the National Suicide Prevention Trial



**phn**  
BRISBANE NORTH

An Australian Government Initiative

This activity is supported by funding from the Australian Government under the PHN program.

## About the National Suicide Prevention Trial

Brisbane North PHN is one of 12 sites involved in the National Suicide Prevention Trial (the National Trial), funded by the Department of Health until June 2020. The National Suicide Prevention Trial involves a coordinated approach to implementing evidence-based suicide prevention interventions at the community level.

Brisbane North PHN is implementing this regionally focussed approach to suicide prevention using the Black Dog Institute's *LifeSpan framework*.

## About the Lifespan framework

Guided by the *LifeSpan framework*, the National Trial is connecting and coordinating new and existing interventions and programs, as well as building the capacity of the community to better support and respond to people experiencing a suicidal crisis or following a suicide attempt.

The *LifeSpan framework* consists of nine evidence-based strategies. The framework recognises that multiple evidence-based strategies implemented at the same time are likely to generate greater improvements.



## The goal

The aim of the National Trial is to gather evidence to further understand what strategies are most effective in preventing suicide at a local level and in at-risk population groups. A national evaluation is a key component of achieving this aim.

The trial involves a coordinated approach with key stakeholders to co-design, develop and implement strategies aligned with the *LifeSpan framework* and which are culturally appropriate, responsive and tailored to the needs of local communities and individuals.

## The priority groups

A one-size-fits-all approach to suicide prevention is not suitable on a national scale.

Each trial site will focus suicide prevention activities towards specific priority populations and administer prevention and intervention strategies reflecting community needs.

The Brisbane North trial includes coordinated and integrated activities targeting three priority population groups, as well as targeting the whole of population where this is the most effective, efficient, or only way of reaching the priority population groups.

Brisbane North PHN will be focussing on:

- Aboriginal and Torres Strait Islander communities
- LGBTIQ+ communities
- young adult to middle aged men (25-55 years).

In the Brisbane North and Moreton Bay region, these groups are identified as being at increased risk of suicide due to higher-than-average rates of suicide.



## The agencies

Brisbane North PHN is funding organisations within the community to implement the work on the ground level. We are proud to collaborate with:



Indigilez Women's Leadership and Support Group  
www.indigilez.org

