

Mental health training opportunities for GPs

This resource provides a list of mental health training opportunities available for GPs. Please contact the organisations directly. This resource is for informative purposes only and the PHN is not responsible for the coordination, content or outcomes of the training.

General mental health training

Organisation	Training offered	Website
Australian College of Rural and Remote Medicine (ACRRM)	Face-to-face and online mental health disorders training for rural communities	Courses (acrrm.org.au)
Australian Society of Psychological Medicine	Connects, trains and supports medical practitioners caring for the whole person through trauma-informed, strengths focussed and culturally respectful approaches	Australian Society for Psychological Medicine (aspm.org.au)
Black Dog Institute	Programs for health professionals looking to expand their knowledge and skills in mental health	Our Programs (force.com)
Centre for mental health education	Offers Dialectical Behaviour Therapy (DBT), Stabilisation Based Therapy and Trauma Therapy Intensive courses	Centre for Mental Health Education Educating Mental Health Professionals Since 1999 (cmhe.com.au)
CheckUp	Focused psychological therapies training	Our Mental Health Training Packages - CheckUP Australia
General Practice Mental Health Standards Collaboration	Training provides fundamental skills required to assess patient's needs, recommend appropriate referral options and manage a patient's ongoing mental healthcare	GP mental health training and education - GPMHSC
Health Education and Training	Courses are designed to draw on a recovery-orientated approach to mental health care	Psychiatric Medicine For General Practitioners HETI Higher Education
Larter	Supports GPs to develop and improve their skills in the assessment, treatment, monitoring and review of patients presenting with mental health issues. Also assists with the preparation of evidence-based General Practice Mental Health Treatment Plans (GPMHTPs)	Education & training - Larter Consulting
Mental Health Act 2016 Training	Online courses for the Mental Health Act 2016	Education and training on the Mental Health Act 2016 Queensland Health

www.brisbanenorthphn.org.au

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120 Chalk Street, Lutwyche QLD 4030
PO Box 845 Lutwyche QLD 4030
t 07 3630 7300 f 07 3630 7333

Level 2, 10 Endeavour Boulevard
North Lakes QLD 4509
PO Box 929 North Lakes QLD 4509
t 07 3490 3490 f 07 3630 7333

Psych Scene	Training aimed to enhance the General Practitioner's ability to diagnose, treat and manage common presentations of mental disorders across the lifespan	Accredited GP Mental Health Skills Training by Psych Scene- 40 points
Queensland Centre for Mental Health Learning	Access eLearning, face to face and blend training <i>Queensland Centre for Mental Health Learning Centre course catalogue</i>	Learning Centre (qcmhl.qld.edu.au) Learning Centre Course Catalogue.pdf (qcmhl.qld.edu.au)
RACGP	Offers a wide range of programs and activities via many delivery modes	RACGP - The Royal Australian College of General Practitioners
The professional development people	Offering professional development flexible delivery training programs in-person at your venue, at their venue, or online via user-friendly learning management systems	Professional Development Training - PDP Seminars
Think GP	Provides GPs access to a broad range of RACGP and ACCRRM accredited free online educational activities	Mental health ThinkGP

Specialist topics

Alcohol and other drugs

Organisation	Training offered	Website
Insight	Leading provider of alcohol and drug training and workforce development services	Insight
Queensland Network of Alcohol and other drug agencies Ltd (QNADA)	Support for alcohol and other drugs treatment	Homepage - QNADA

Children and families

Organisation	Training offered	Website
Emerging Minds	Support for professionals who work with children and/or parents/families to identify, assess and support children at risk of mental health conditions	Online training - Emerging Minds

Disaster mental health hub

Organisation	Training offered	Website
Phoenix Australia	Information, resources and training for professionals who support individuals and communities experiencing the mental health impacts of disasters	The Disaster Mental Health Hub phoenixaustralia.org

Domestic and family violence (DFV)

Organisation	Training offered	Website
Queensland Health	<ul style="list-style-type: none"> Understanding DFV, online module for health service employees Clinical Responses to DFV, online module for health service employees DFV resources to support the health workforce 	Domestic and Family Violence Queensland Health (qcmhl.qld.edu.au) Domestic and Family Violence Queensland Health (qcmhl.qld.edu.au) Domestic and family violence (DFV) resources to support the health workforce: Domestic and family violence Queensland Health

Eating disorders

Organisation	Training offered	Website
National Eating Disorders Collaboration	Eating Disorder Core Skills – eLearning for GPs	Webinars and Videos (nedc.com.au)
The Australian Centre for Eating Disorders	Provides professional development in eating disorders for health professionals	The Australian Centre for Eating Disorders Training for health care professionals on the best practice treatment of eating disorders (acfed.com.au)

Eye movement desensitization and reprocessing (EMDR)

Organisation	Training offered	Website
EMDR Training Australia and New Zealand	Offers basic and advanced training in structural dissociation, and advanced training in master class, master class intensive and anger management	Training – EMDR Training
EMDR Association of Australia	Offers training programs in EMDR	Home - EMDRAA

Multicultural training and resources

Organisation	Training offered	Website
Queensland Transcultural Mental Health Centre	Culturally responsive mental health care and support for people from culturally and linguistically diverse backgrounds	Queensland Transcultural Mental Health Centre Queensland Health