Why do we have Joint Regional Plans?



A Joint Regional Plan is mandated by the Fifth National Mental Health and Suicide Prevention Plan and is a collaboration between Primary Health Networks (PHNs) and Hospital and Health Services (HHS). Its primary goal is to enhance the coordination of mental health and suicide prevention services within a region. By aligning efforts, addressing service gaps, and setting shared priorities, these plans aim to create a more integrated and efficient healthcare system.

There is strong commitment at national, state and regional levels to work together across and within systems to improve mental health and wellbeing. Joint government commitments for regional planning are made explicit in:

- 2017: The Fifth National Mental Health and Suicide Prevention Plan (as mentioned above).
- **2017-2026**: *The National Drug Strategy,* which encourages regions to create local action plans for alcohol and drug issues using a national framework focused on harm reduction.
- **2022**: *The Bilateral Agreement* between the Commonwealth and Queensland, which outlines shared responsibilities to improve mental health and suicide prevention in Queensland.

Read more about other policy and strategy alignment.

The mandate for a Joint Regional Plan was driven by longstanding siloing in mental health services, as highlighted in the 2014 National Review of Mental Health Programs and Services. The review found inefficiencies, service gaps, and poor coordination across different levels of government and providers. In response, the Fifth National Plan requires PHNs and HHSs to lead regional integration efforts through joint planning, shared governance, and collaboration with stakeholders. It emphasises person-centred care, evidence-based planning tools and innovative funding models to improve service coordination, accessibility and outcomes for consumers and carers.



