



How We Engage with People with Lived and Living Experience in Our Approach

In response to feedback on Lived and Living Experience (LLE) engagement in *Planning for Wellbeing*, we have partnered with Lived Experience Australia and a dedicated working group of LLE representatives to develop a *Lived Experience Representative Lifecycle Kit*. The Lifecycle Kit outlines a best-practice, regionally tailored approach for engaging LLE representatives in projects and programs. It ensures consistency, promotes a supportive environment, builds representative capacity, and strengthens system-wide planning.

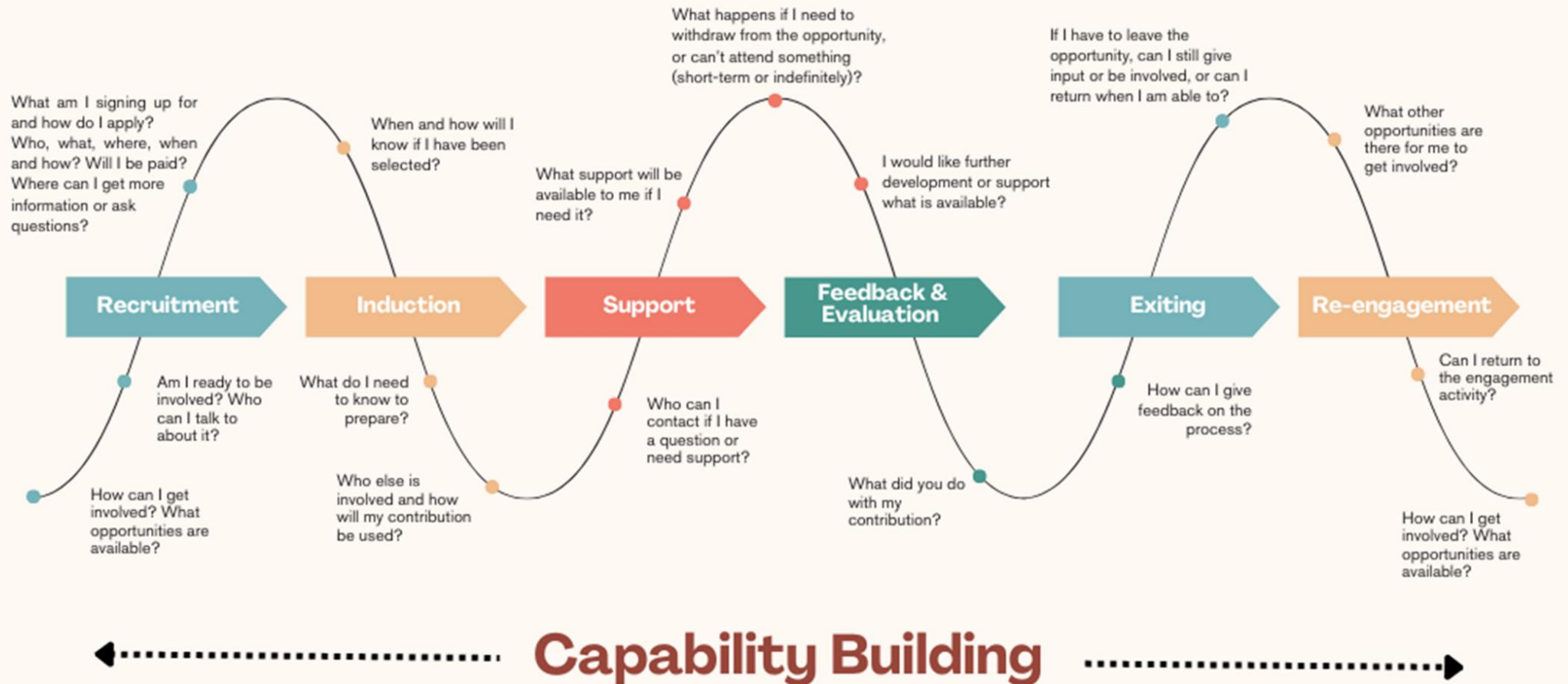
The Kit supports *Our Approach to Wellbeing* by guiding how we:

- Recruit appropriately skilled LLE representatives
- Provide structured and inclusive induction processes
- Offer ongoing support to enable meaningful participation
- Implement a reflective and respectful exit process for continuous learning and improvement

A *Journey Map* accompanies the LifeCycle Kit to visually represent what LLE representatives can expect when participating in initiatives aligned with *Our Approach*.



Representative Life-Cycle Journey Map



Developed by Liz Asser and Lived Experience Australia in collaboration with Lived Experience Representatives



To ensure we are engaging people with diverse experiences and perspectives and that representatives are well-matched to each project we will recruit through open Expressions of Interest (EOI) processes, where possible. We may also draw from existing trusted networks, including:

Network/Group	Purpose
Lived Experience Australia Representative Panel	A national network supporting people with lived experience of mental health challenges to engage in policy, research, and service co-design.
Health Consumers Queensland Representative Network	Queensland's peak body for consumer and carer engagement, supporting lived experience input into health service design and delivery.
My Role (Metro North Health)	A register connecting community members to opportunities to influence Metro North Mental Health services through feedback, workshops, and policy input.
Brisbane North PHN Community Advisory Committee (CAC)	A strategic advisory group that ensures diverse community voices help shape healthcare planning and communication.
IMPACT Strategic Standing Group (hosted by Communify)	A statewide network advancing the Lived Experience Workforce through engagement, professional development, and advocacy.
Children's Health Queensland Consumer Representatives	A group ensuring children's health services are co-designed with families and responsive to community needs.

