

# Introduction to Young Adult Health

## One day workshop

This workshop offers participants the opportunity to develop skills to engage, assess and respond to the health needs and risks of young people. It will help participants develop youth-friendly services and reduce barriers to young people accessing services

**Friday 22 May 2026**

**Friday 23 October 2026**

8am to 4pm

The Dome, Level 4, Salmon Building

Raymond Terrace, South Brisbane

**P** 1300 070 350

**E** [MH.courses@mater.org.au](mailto:MH.courses@mater.org.au)

### Guest Speakers

**Prof Simon Denny** – Director Mater Young Adult Health Centre Brisbane and Adolescent Physician

**Tatjana Ewais** - Psychiatrist

**Geoff Corbett** – Youth substance worker

### Workshop topics

- Young adult context
- Health and development of young people
- Engagement and communication
- Psychosocial care of young people – includes use of HEADSSS framework
- Mental health
- Substance use
- Integrated care of young people

### Beneficial for

General Practitioners, Medical Officers, Youth Workers, Registered Nurses, Allied Health Professionals

### Accreditation

Participants can self-submit CPD hours through the Royal Australian College of General Practitioners' self-service.

### Cost

\$330 (Inc GST), Nil for Mater staff.

### Register your interest

[MH.courses@mater.org.au](mailto:MH.courses@mater.org.au)

