



# Moreton Bay Dementia Directory 2019–2020

For people living with dementia,  
their families and carers



## **Disclaimer**

This directory is not a complete compilation of all services in the Moreton Bay region as some organisations chose not to be included, nor does Brisbane North PHN take any responsibility for the services received or delivered by any or all of these organisations. This booklet serves as an information tool only, not endorsements or recommendations.

While the Australian Government helped fund this document, it has not reviewed the content and is not responsible for any injury, loss or damage however arising from the use of or reliance on the information provided herein.

**This Dementia Directory was printed in March 2019. To access a more up to date copy, please visit [www.brisbanenorthphn.org.au](http://www.brisbanenorthphn.org.au).**



# Understanding dementia

## What is Dementia?

Dementia describes a collection of symptoms that are caused by disorders affecting the brain. It is not one specific disease.

Dementia affects thinking, behaviour and the ability to perform everyday tasks. Brain function is affected enough to interfere with the person's normal social or working life.

## What are the early signs of dementia?

The early signs of dementia are very subtle and vague and may not be immediately obvious. Some common symptoms may include:

- progressive and frequent memory loss
- confusion, difficulty thinking, understanding and concentrating
- changed behaviours, such as agitation and depression
- apathy and withdrawal
- impairment of perception
- communication difficulties affecting reading, writing and speech
- reduced ability to perform activities of daily living.

## Timely diagnosis

**Talk to your doctor if you are concerned about your memory, thinking or any changes in behaviours:**

- Seek investigation of your symptoms the first time you notice them. Consulting a doctor to obtain a diagnosis is critical at an early stage.
- Timely diagnosis can allow the individual to have an active role in decision making and planning for the future, while families can educate themselves about dementia.

## Assessment of dementia

**Your doctor will arrange a variety of tests which will be referred to a specialist for diagnosis of dementia. These tests may include:**

- detailed medical history
- memory assessment
- CT or MRI (Neuroimaging of your brain)
- blood and urine tests
- review of other health conditions.

## Caring for you and your carers

**Talk to your doctor about your care needs.**

**There are legal considerations to consider such as:**

- advance care directive
- enduring Power of Attorney
- updated will
- ask for information about local services to support you to remain in your preferred place and to be active and independent as long as possible
- health care services should be trained in dementia care and treat you with dignity and have respect for your individuality, cultural background and preferences
- carers need support too, ask about carer support groups and respite services.

## Management

**Some things that may assist with the management of dementia include healthy life style changes, such as:**

- good nutrition
- regular exercise
- maintaining independence
- maintaining social engagements and connection
- massage and relaxation
- medications to manage cognitive decline symptoms and changed behaviours.



## Further information

### Phone support

**Dementia Helpline (Queensland)** – 1800 100 500 operates 9.00 am to 5.00 pm Monday to Friday, excluding public holidays.

**Dementia Behaviour Management Advisory Service (DBMAS)** – 24 hour helpline phone 1800 699 799.

**My Aged Care helpline** – 1800 200 422

### Online resources

Diagnosis, treatment and care for people with dementia: A consumer companion guide to the clinical practice guidelines and principles of care for people with dementia.

<http://sydney.edu.au/medicine/cdpc/documents/resources/Dementia-Guideline-Guide-2017-WEB.pdf>

Dementia Collaborative Research Centre – A Guide for Family Carers: Dealing with Behaviours in People with Dementia

[www.dementiaresearch.org.au/images/dcrc/pdf/A\\_Guide\\_for\\_Family\\_Carers\\_Dealing\\_with\\_Behaviours\\_in\\_People\\_with\\_Dementia\\_2014.pdf](http://www.dementiaresearch.org.au/images/dcrc/pdf/A_Guide_for_Family_Carers_Dealing_with_Behaviours_in_People_with_Dementia_2014.pdf)

NPS Medicinewise – Medicines and Dementia: What You Need to Know

[www.nps.org.au/medical-info/consumer-info/medicines-and-dementia-what-you-need-to-know?c=resources-for-people-with-dementia-and-their-carers-f057a2a3](http://www.nps.org.au/medical-info/consumer-info/medicines-and-dementia-what-you-need-to-know?c=resources-for-people-with-dementia-and-their-carers-f057a2a3)

# Table of Contents

Understanding Dementia .....	3–5
Dementia Directory - types of services.....	8
About the Integrated Model of Dementia Care in Brisbane North Program .....	9
About the Directory.....	9
Aged Care in Australia - where do you start? .....	10
What help is available? .....	11
Getting in touch with My Aged Care .....	12
Are you Under 65? .....	12

## Services

Advance Care Planning – Metro North.....	13
Aged & Disability Advocacy Australia.....	14
Aged Care Choices Australia Placement Consultancy.....	15
Aged Care Guidance.....	16
All About Living .....	17
Alzheimer’s Queensland .....	18
Arcare .....	19
Australian Home Care Services.....	20
Aveo Freedom Aged Care .....	21
BallyCara.....	22
Beaumont Care.....	23
Blue Care .....	24
Bribie Island Dementia Support Group .....	25
Carers Queensland.....	26
Carinity Home Care Bribie, Caboolture and Burpengary .....	27
Catholic Healthcare .....	28
Centacare Community Services .....	29

Churches of Christ Care .....	30
Co.As.It. Community Services.....	31
Complete Rehab – Allied Health Clinic .....	32
Deception Bay Neighbourhood Centre.....	33
Dementia Australia.....	34
Dementia Support Australia.....	35
Encircle Redcliffe Neighbourhood Centre .....	36
George Hartnett Metropolitan Funerals.....	37
HammondCare At Home .....	38
Home Instead Senior Care Brisbane North .....	39
Just Better Care Brisbane North .....	40
LifeTec Australia .....	41
MemBo Noticeboard .....	42
Narangba Aged Care.....	43
Older Women’s Network (Qld) Inc. ....	44
Ozcare.....	45
Palliative Care Queensland .....	46
Peppermint Care .....	47
Pharmasave Clontarf Bridge .....	48
Rainbow Therapies Healing Centre.....	49
Redcliffe Uniting Church – Ageing Wisely .....	50
Regis Sandgate- Aged Care Facility .....	51
Rise Occupational Therapy .....	52
Seabrae Manor Aged Care.....	53
St John Ambulance Australia (QLD) – Community Services .....	54
Suncare Community Services Ltd.....	55
Top Nosh Meals.....	56
Team Care Coordination .....	57
Visiting Aged Care Counselling Services.....	58
Wesley Mission Queensland .....	59

## Dementia Directory - types of services

Service type	Page in Dementia Directory
Advance care planning	13
Allied health	22, 28, 30, 31, 32, 52, 55
Assistive technology	41, 42
Counselling	26, 31, 33, 34, 58
Commonwealth Home Support packages	22, 31, 55
Dementia information and education	29, 33, 34, 39, 45, 50, 56
Equipment	52
Emergency respite, day respite and short term restorative care	17, 20, 21, 22, 28, 29, 43, 45, 54, 55, 59
Home care packages	17, 18, 19, 22, 27, 29, 31, 38, 39, 40, 55
Information services - facilities and respite	14, 15, 16, 18, 26, 28, 33, 34, 36
In-home services	17, 19, 20, 24, 30, 38, 39, 47, 52, 56, 59
Meals	17, 39, 47, 55, 57
Medication	48
Palliative care and funerals	37, 46
Residential aged care accommodation	21, 22, 23, 43, 45, 51, 53, 59
Support group and social support	17, 26, 29, 31, 44, 54, 56
Transport	17, 39, 54, 59



## About the Integrated Model of Dementia Care in Brisbane North Program

Dementia is not a single specific disease. It describes a syndrome linked with over 100 different diseases that exhibit impaired brain function<sup>1</sup>. In 2018, Australia is estimated to have more than 425,000 people living with dementia with 244 people joining this number daily or 1,700 per week. By 2056, it's estimated that the number will increase to 1.1 million.

During 2014-2016, dementia was the second leading cause of death among people 75 years and over and the leading cause of death for females accounting for 8,447 (11 per cent) deaths<sup>2</sup>.

In understanding the importance of supporting people with this growing issue, the Brisbane North PHN has developed a four year, six-theme integrated program to enhance dementia care for people living with dementia, their families and carers.

As dementia is a complex condition and the illness can span many years, its impact is not only on the person living with dementia but also on their families, carers and the wider community.

To effectively tackle the impact, the program covers the full range of key factors influencing quality of dementia care and consequently the quality of life

of people living with dementia and their carers.

The six themes include:

- 1) system integration
- 2) high quality of dementia care in the acute setting
- 3) enhance quality dementia care in primary care
- 4) best dementia care practices in community
- 5) public awareness including carer support
- 6) service navigation.

## About the directory

Although there are a range of services available in Brisbane North, the feedback from people living with dementia, their carers, service providers and health professionals, is that the care system is difficult to navigate, especially for those who are unable to access online resources.

The 2017-2018 Redcliffe Dementia Directory printed by the Redcliffe Dementia Alliance was a result of the 2015 inaugural forum where consumers showed a clear need to have hard copies of information. Hence, this 2019-2020 directory is our joint effort with the Moreton Bay Dementia Alliance to continue to meet that need.

<sup>1</sup>Australian Institute of Health and Welfare 2012. Dementia in Australia. Cat. no. AGE 70. Canberra: AIHW.

<sup>2</sup>Australian Institute of Health and Welfare 2018. Death in Australia.



## Aged Care in Australia - where do you start?

### Introducing 'My Aged Care'

Phone 1800 200 422

Visit [www.myagedcare.gov.au](http://www.myagedcare.gov.au)

### Opening days and hours

- 8.00 am – 8.00 pm Monday to Friday
- 10.00 am – 2.00 pm on Saturdays

The Government directs everyone to begin their search for aged care through its national contact centre and website – both are called '**My Aged Care**'.

Do you want to find out about home help support? Call My Aged Care on the number above. Do you want to find out about short-term respite care, or residential care? Perhaps you want to know about who is eligible to receive these services, or what the cost to you might be? Call My Aged Care.

As well as calling the contact centre, you can also contact My Aged Care through its website, which has lots of information about the aged care system in Australia.

My Aged Care staff will ask you about your situation and needs. They will create a 'client record', where your details are stored on the My Aged Care system, and this can be updated as necessary in the future. They will then decide which level of assessment is appropriate for you, and with your permission begin this process for you.

There are two types of assessment that may be conducted: a basic assessment from a **Regional Assessment Service (RAS)** or a more involved comprehensive assessment by an **Aged Care Assessment Team (ACAT)**. Both assessments are free and usually conducted in a person's own home or if necessary in hospital.

If the person is eligible for care services the assessment teams will then work with clients to create a support plan, select service providers and send out referrals to care providers.

## What help is available?

### Commonwealth Home Support Program

This is the Australian Government's home help and respite program for older people who need some help with daily tasks to live independently at home. To access this 'entry level' support, someone from the local Regional Assessment Service (RAS) will visit you first for a basic assessment of your needs.

### Commonwealth Home Care Packages (Levels 1-4)

This is the Australian Government's more involved home care support, offered at different levels of need (from Level 1 through to highest needs at Level 4). To access these care packages, someone from the Aged Care Assessment Team (ACAT) will need to visit you to conduct a comprehensive assessment of your needs.

### Overnight respite in a respite cottage

This is aimed at people with low support needs. No ACAT assessment is required. Anyone wanting to access this can contact their local Commonwealth Respite and Carelink Centre to find out more. In the Moreton Bay region this is provided by Suncare so you can contact them directly.

### Overnight residential respite

To access respite in a residential home (overnight short-term stays, for up to 63 days per year), an ACAT assessment and approval is required.

### Emergency residential respite care

Emergency respite care can be arranged through the local Commonwealth Respite and Carelink Centre, provided by Suncare in the Moreton Bay region. An assessment will be conducted as soon as practicable, if necessary after the respite care stay has commenced.

### Residential care/permanent placement

If a person needs to move into a residential care home on a permanent basis, and they need Australian Government funding to support that placement, that person will first need to have an assessment by their local ACAT.

### Veterans' home care

The Department of Veterans' Affairs supports veterans of the Australian Defence Forces (Gold or White Card holders only) to access home care services. If you wish to request an assessment, contact the Veterans' Home Care Assessment Agency on **1300 500 450**.

### Private care

Some people may prefer to enter into private care arrangements with a care provider, without involving My Aged Care. Clients pay full price for these private services, and liaise directly with their chosen care provider.



## Getting in touch with My Aged Care

### Do you need an interpreter?

People who speak a language other than English can access My Aged Care with the help of an interpreter through the **Translating and Interpreting Services (TIS)**. You can either call TIS first on **131 450** (24 hours a day, 7 days a week, for the cost of a local call), or call My Aged Care first and they will organise an interpreter through TIS for you.

### Do you have a hearing or speech impairment?

People who are deaf or who have a hearing or speech impairment can contact My Aged Care through the **National Relay Service**. If you can access the internet, first check their website for their communication options at <http://relayservice.gov.au>.

If you are using a telephone, call **1800 555 667** and ask to be connected to My Aged Care on this number: **1800 200 422**.

## Are you under 65?

The Queensland Government funds care services in the community to those who are under 65 with a disability (including dementia) and need care and support to continue living in the community. To find out more information about these services, contact the **Community Access Point** on **1800 600 300**.

From 1 January 2019, a new way of organising care and support for adults under 65 with a disability in the Moreton Bay area will be available through the **National Disability Insurance Scheme (NDIS)**. More information on this can be found on the NDIS website ([www.ndis.gov.au](http://www.ndis.gov.au)) or by calling **1800 800 110**.

**Services provided:** advance care planning

## Advance Care Planning – Metro North

### Phone

**Advance Care Planning Program  
Manager** - 0437 371 466

**Community** - 0427 075 731

**The Prince Charles Hospital** - 3139 4081

**Royal Brisbane Women's  
Hospital** - 3647 4186

**Redcliffe** - 3883 7858

**Caboolture/Kilcoy** - 5316 5946

### Email

[myacp@health.qld.gov.au](mailto:myacp@health.qld.gov.au)

### Address

COSI, Level 3, Citilink Building, 153 Campbell Street, Bowen Hills Qld 4000

### Website

<https://qheps.health.qld.gov.au/metronorth/advance-care-planning>

### Opening days/hours

Monday to Friday, 7.00 am – 4.00 pm

### Cost

Free

### Services and support

Advance Care Planning is the process of a person thinking, discussing, planning, and communicating their choices in writing around their current and future health care. ACP facilitators can provide information, education, and documents. They are also available to facilitate conversations with clients and their significant others and assist with in-home document completion.

### Additional notes

Additional information can be found at <https://metrosouth.health.qld.gov.au/acp>

**Services provided:** information services for facilities and respite

## Aged & Disability Advocacy Australia

### Phone

1800 818 338

### Email

[info@adaaustralia.com.au](mailto:info@adaaustralia.com.au)

### Address

121 Copperfield Street, Geebung Qld 4034

### Website

[www.adaaustralia.com.au](http://www.adaaustralia.com.au)

### Opening days/hours

Monday to Friday, 9.00 am - 5.00 pm

### Cost

Free

### Services and support

Aged and Disability Advocacy Australia (ADA Australia), is an independent service offering free, confidential and client-focused services including Advocacy support for aged care and community care issues, Guardianship matters, and provision of education and information to consumers throughout Queensland.

### Additional notes

For more information about our services and client eligibility please visit the ADA Australia website.



**Services provided:** information services for facilities and respite

# Aged Care Choices Australia Placement Consultancy

## Phone

Maree Polsen, Placement Consultant

3886 5119 or 0402 836 669



## Email

[info@agedcarechoicesaustralia.com.au](mailto:info@agedcarechoicesaustralia.com.au)

## Address

PO Box 161, Kallangur Qld 4503

## Website

[www.agedcarechoicesaustralia.com.au](http://www.agedcarechoicesaustralia.com.au)

## Opening days /hours

Available 6 days per week

## Cost

Advice Meetings \$450 - 1 person full placement \$900

## Services and support

Working with families to identify suitable care options based on individual care needs and financial situation. Includes Home Care Services, residential respite and permanent care as well as assisted living support. "Aged Care Choices is the missing piece to the aged care puzzle".

## Additional notes

Area covered from Gympie through to Tweed Heads and Toowoomba. I come to you at a location and time of your choice. For those that are looking to "future plan" and understand what is required to enter residential care or obtain home care service packages to families requiring urgent assistance.

**Services provided:** information services for facilities and respite

## Aged Care Guidance

### Phone

Vicke Taylor, Placement Consultant

3142 3778 or 0421 411 700

### Email

[admin@agedcareguidance.com.au](mailto:admin@agedcareguidance.com.au)

### Address

PO Box 5763, Brendale Qld 4500

### Website

[www.agedcareguidance.com.au](http://www.agedcareguidance.com.au)

### Opening days/hours

7.30 am – 7.30 pm

### Cost

\$300 consultation only

\$800 full placement process

### Services and support

Assist with finding respite or permanent placement in a residential facility and ongoing support.





**Services provided:** emergency respite, day respite and short term restorative care, in-home services, home care package providers, meals, support group and transport.

## All About Living

### Phone

Elvira Brown, Service Delivery Coordinator

3269 1915

### Email

[info@allaboutliving.com.au](mailto:info@allaboutliving.com.au)

### Address

28A Lagoon Street, Sandgate Qld 4007

### Website

[www.allaboutliving.com.au](http://www.allaboutliving.com.au)

### Opening days /hours

Monday to Friday, 8.00 am – 4.00 pm

### Cost

Dependant on service

### Services and support

All About Living deliver personalised home care to those in Northside Brisbane, including specialised services and in-home nursing. Services and support include Home care packages, nursing, respite care, individual social support, social groups, home maintenance, domestic assistance, meals and transport.

### Additional notes

We are a not-for-profit community based organisation that has over 25 years experience in providing specialised home support services. We ensure our participants build relationships and trust with the same local nurses and carers, because we understand the importance of feeling safe and secure in your own home. To us, you're not another client number, you're part of our community. We pride ourselves on delivering a comprehensive service model which is seamless, respectful, participant driven and responsive.



**Services provided:** restorative and wellness

## Alzheimer's Queensland

### Phone

Community Services Manager

3857 2191

### Email

[alzgp@alzheimeronline.org](mailto:alzgp@alzheimeronline.org)

### Address

45 Shamrock Street, Gordon Park Qld 4031

### Website

[www.alzheimeronline.org](http://www.alzheimeronline.org)

### Opening days/hours

7 days a week 24 hours a day

### Cost

For more details contact Gordon Park Multiservice Centre

### Services and support

Gordon Park Multiservice Centre works with our clients to pursue pleasurable, active and independent lives with the help of our Multi Service Centres. The Multi Service Centres provide a restorative and wellness approach to support older people stay engaged within their community. We also offer customised services to people with early onset dementia and progressive neurological conditions for an optimised quality of life.



**Services provided:** home care package providers and residential aged care and respite providers

## Arcare

### Phone

Arcare Care Consultant Team – Brisbane  
North/Caboolture Region

1300 726 291

### Email

[services.all@arcare.com.au](mailto:services.all@arcare.com.au)

### Address

65 Endeavour Boulevard, North Lakes  
Qld 4509

### Website

[www.arcare.com.au](http://www.arcare.com.au)

### Opening days /hours

8.00 am – 5.00 pm (after hours  
emergency phone support also available)

### Cost

Cost will be relevant to your individual  
circumstances

### Services and support

Arcare has been supporting people living in the community with low to complex support needs – inclusive of those living with dementia through the provision of In-Home Care since 2005. During this time Arcare has had the privilege of helping thousands of Australians to remain independent and to continue to be active members of their communities.



Arcare currently provides the following services into homes across South East Queensland.

- Home Care Packages (Levels 1 - 4)
- Privately Funded Fee for Service Supports
- NDIS Funded Support Services
- Complimentary Aged Care Advisory Home Visits

Arcare has a team of locally based Care Consultants and Support Workers who are trained to understand and meet the individualised needs experienced by a person living with Dementia.

### Additional notes

Arcare also offers a Complimentary Advisory Service, facilitated by a member of our Care Consultant Team, assisting with registration and navigation through the My Aged Care system. This support will provide an invaluable understanding of the eligibility and approval processes around accessing government funded supports for people of 65 years of age.

**Services provided:** in home services, respite, transport

## Australian Home Care Services

### Phone

Aged Care Team

1300 859 199

### Email

[agedcare@nextt.com.au](mailto:agedcare@nextt.com.au)

### Website

[www.ahcs.org.au](http://www.ahcs.org.au)

### Opening days/hours

Monday to Friday, 8.00 am – 5.00 pm

### Cost

Domestic assistance - \$50.16 per hour

Personal Care - \$51.88 per hour

Respite/ transport - \$51.88 per hour

Penalty rates apply for evenings, weekends and public holidays.

### Service and Support

Services provided by qualified staff, 24 hours per day, 7 days per week. We maintain the familiar by supporting you at home, and work with you and your family to ensure consistent and quality service.

### Additional Notes

We hold multiple government funding contracts and also the option of private services. To discuss your individual situation and how we can support your needs please contact us.



**Services provided:** residential aged care and respite providers

## Aveo Freedom Aged Care

### Phone

Sharon Forbes

13 28 36 or 0459 865 299

### Email

[industryteam@aveo.com.au](mailto:industryteam@aveo.com.au)

### Address

Level 6, 50 Longland Street, Newstead Qld 4006

### Website

[www.freedomagedcare.com.au](http://www.freedomagedcare.com.au)

### Opening days/hours

24 hours / 7 days a week

### Cost

Consumer directed care model where over 65% of residents are full pensioners. Contact Freedom Aged Care for more information.

### Services and support

Our communities deliver safe, nurturing and purposeful environments for those living with dementia. Some of our communities have dementia sanctuaries, known as 'Memory Nodes', dedicated areas where purposeful activities are planned and facilitated by diversional therapists and carers for residents living with cognitive concerns.

### Additional notes

Locations in Albany Creek, Morayfield and Clayfield.



Freedom Aged Care

**Services provided:** Commonwealth Home Support, home care package providers and residential aged care and respite providers.

## BallyCara

### Phone

1300 272 222

### Email

[info@ballycara.com](mailto:info@ballycara.com)

### Address

16B Oyster Point Esplanade, Scarborough Qld 4020

PO Box 395, Redcliffe Qld 4020

### Website

[www.ballycara.com](http://www.ballycara.com)

### Opening days/hours

Monday to Friday (Wellness Centre Reception), 9.00 am – 4.00 pm

### Cost

Dependent on service – Government and health fund subsidised

### Services and support

- Contemporary Residential Aged Care accommodation including memory support unit
- Accredited provider of Home Care services; Commonwealth Home Support Program, Home Care Packages and Private Services
- Allied Health professionals including Exercise Physiologist, Physiotherapist, Occupational Therapist and Art Therapist
- Wellness Centre with exercise clinic at Scarborough
- Experienced, staff providing specialist dementia support



*Inspiring healthy & happy living*

**Services provided:** residential aged care and respite providers

## Beaumont Care

### Phone

Placement Officer

0499 779 877

### Email

[placements@beaumontcare.com.au](mailto:placements@beaumontcare.com.au)

### Address

Shop 8b 107 Anzac Avenue, Redcliffe Qld 4020

### Website

[www.Beaumontcare.com.au](http://www.Beaumontcare.com.au)

### Opening days /hours

24 hours 7 days

### Cost

Both private and Government funded fee options available

### Services and support

Beaumont care offers residential care specialising in dementia, complex care and special needs. We offer a loving homely environment, pets are welcome. We have a central hub with staff who can answer any of your questions we understand this can be a confusing time. Let us help you with placement and support services for you or your loved one



**Services provided:** residential aged care and respite providers

## Blue Care

### Phone

Paul Vallance, Integrated Service  
Manager

3283 9500

### Email

[azureblue@bluecare.org.au](mailto:azureblue@bluecare.org.au)

### Address

91 Anzac Avenue, Redcliffe Qld 4020

### Website

[www.bluecare.org.au](http://www.bluecare.org.au)

### Opening days/hours

Monday to Friday, 8.00 am – 4.00 pm

### Cost

Dependent on service type

### Services and support

Our local Blue Care services in Moreton Bay include:

- Specialist residential care at our purpose-built Blue Care Redcliffe and Rothwell homes, including a dedicated memory support unit at our Rothwell site
- Community services across the Peninsula to help you to remain independent and at home for as long as possible.



### Additional notes

As one of Queensland's leading and trusted home care, aged care, retirement living and disability providers, Blue Care can deliver tailored support for you or your loved one. With expert advice and over 65 years' experience, you can have the confidence and security of knowing you're in safe hands. We'll make things simpler and work with you to design and deliver the support you need, empowering you to **live life your way**.

Blue Care is proud to be a major service group of UnitingCare, one of Australia's largest charities. Part of the Uniting Church, UnitingCare provides person-centred care and support every day of the year enabling individuals, families and communities to live life in all its fullness.



**Services provided:** support group

## Bribie Island Dementia Support Group

### Phone

**Julie Harrison, Facilitator**

0490 441 184

### Email

[Julie.harrison@carinity.org.au](mailto:Julie.harrison@carinity.org.au)

### Address

Crocquet Club - Cosmos Park, Sunderland Drive, Bribie Island Qld 4507

### Opening days /hours

3rd Monday of each month (February to November) 11.00 am – 1.00 pm

### Cost

\$2 includes lunch

### Services and support

The Bribie Island Dementia Support group provides a safe place for those affected by Dementia and their caregivers to discuss the affects Dementia has had on their lives. Group members can openly discuss similar experiences with people that emphasise and can provide support and ideas. It is set in a casual format that encourages openness and opportunities to increase your support network and friendships. Guest speakers attend throughout the year to provide relevant information.

**Services provided:** counselling, dementia information and education and support group and social connection

## Carers Queensland

### Phone

3624 1700

### Email

[brisbanenorth@carersqld.com.au](mailto:brisbanenorth@carersqld.com.au)

### Address

236 Stafford Rd, Stafford Qld 4053

Po Box 1490, Stafford Qld 4053

### Opening days /hours

Monday to Friday, 8.00 am – 4.30 pm

### Cost

Free

### Services and support

- Information and advisory service, FREE call 1800 242 636
- FREE counselling, up to six session
- cultural and linguistic diversity program
- empower care (aged care)
- guardianship and advocacy
- mental health support
- no interest loans (NILS)
- support groups
- individual support and advocacy
- NDIS LAC partner in the community.



**Services provided:** home care package providers

# Carinity Home Care Bribie, Caboolture and Burpengary

## Phone

Julie Harrison, Lifestyle Coordinator

0490 44 11 84

## Email

[Julie.harrison@carinity.org.au](mailto:Julie.harrison@carinity.org.au)

## Address

74-92 Grant Road, Caboolture Qld 4510

## Website

[www.homecare.carinity.org.au](http://www.homecare.carinity.org.au)

## Opening days/hours

Monday to Friday (Office hours),  
8.00 am – 4.00 pm

Service delivery hours – 7 days per  
week – anytime

Direct contact with your Coordinator –  
7 days per week. No call centre.

## Cost

\$2 includes lunch

## Services and support

Carinity Home Care provides services for  
Home Care Packages

- Services are rostered on the day and  
time you want



- We believe in flexible service delivery –  
we will even assist with pet care if that  
is your choice
- You will have regular local workers
- You have direct after hours contact with  
your Coordinator – no call centre
- Your service can be reviewed any time  
you require
- We back the quality of our service by  
charging no exit fee
- If you are on a full pension – no client  
contribution is charged.

## Additional notes

If confused with the My Aged Care  
system, we will help your register with  
My Aged Care so you can arrange an  
assessment for services.

All staff have completed specialist  
Dementia training.

**Services provided:** home care package providers, in-home services, respite and transport

## Catholic Healthcare

### Phone

1800 225 474

### Email

[intake@chcs.com.au](mailto:intake@chcs.com.au)

### Address

Catholic Healthcare Home & Community Services  
Villa Maria Centre  
171 St Pauls Terrace  
Fortitude Valley Qld 4006

### Website

[www.catholichealthcare.com.au](http://www.catholichealthcare.com.au)

### Opening days/hours

Monday to Friday, 8.30 am – 5.00 pm

### Cost

We offer both Government funded and private services. Contact our friendly customer relations team to find out more.

### Services and support

We provide a range of services specifically designed to address the needs of people living with dementia and their caregivers. If you are in the process of planning dementia support, our team can assist you to arrange the care that will suit your loved ones personal needs, including providing information on how to be assessed for government funded packages. Catholic Healthcare's carers and allied health professionals will help develop a holistic wellness plan, delivered in-home. We can also offer support through respite services as required, to help caregivers sustain their own health and vitality.



**Services provided:** home care packages

## Centacare

### Phone

1300 236 822

### Email

[enquire@centacarebrisbane.net.au](mailto:enquire@centacarebrisbane.net.au)

### Website

[www.centacarebrisbane.net.au](http://www.centacarebrisbane.net.au)

### Services and support

Centacare has a proud history of supporting people to live a good life with dementia.

By focusing on what a person can do, our dementia person-centred care programs, promote independence and support people to build and regain skills.

We offer exercise programs that help to improve self-sufficiency, self-confidence and encourage independence.

We also work alongside the person living with dementia and their care partner, so they can stay connected.

**Home care packages** – we provide a range of support for clients from basic needs to more complex supports. Our teams support people to remain at home longer, provide choice, independence and flexibility in the way that care is provided.



**Overnight Respite** – In Brisbane North, we have two unique ‘Home from Home’ overnight respite cottages. This essential service benefits both clients and their families, and supports carers to maintain their caring roles.

**Memory Café** – a wonderful opportunity for people living with dementia and their care partner or families to come together to talk, laugh and share a great time.

**Art program** – supports creativity and helps to develop new ways to express feelings and emotions.

Our teams are dementia trained and are passionate and committed to helping our clients to make the most of every day.

**Services provided:** allied health, in-home services and transport

## Churches of Christ Care

### Phone

3850 7900

### Address

2 Bringelly St, Arana Hills Qld 4054

### Website

[www.cofc.com.au/care](http://www.cofc.com.au/care)

### Opening days/hours

Monday to Friday, 8.30 am – 4.30 pm

### Cost

Fee schedules are available on our website

### Services and support

Churches of Christ provide the following support which is always tailored to your needs/requests:-

- Personal Care
- Domestic Assistance (conditions apply)
- Transport to appointments - drop off and pick up or we can stay
- In home/community companionship - respite

- Accompanied or unaccompanied shopping
- Home maintenance/gardening (conditions apply)
- EN/RN available
- Access to Allied Health Services

### Additional notes

We have offices in Redcliffe, Arana Hills and Kenmore where you are provided with easy access to your Service Coordinator



**Services provided:** Commonwealth Home Support, dementia information and education, in-home services, home care package providers and support group and social connection

## CO.AS.IT Community Services

### Phone

Michelle Calabro (Intake Leader)

3624 6100

### Email

[mail@coasit.asn.au](mailto:mail@coasit.asn.au)

### Address

35 Dover Street, Albion Qld 4010

PO Box 59, Albion Qld 4010

### Website

[www.coasit.asn.au](http://www.coasit.asn.au)

### Opening days/hours

Monday to Friday, 7.00 am – 5.00 pm

### Services and support

Our dementia advisory and support service is a free service to eligible clients.

With more than 40 years' experience in the community sector, Co.As.It. is a well-known provider of responsive services with the expertise to cater to the needs of culturally and linguistically diverse communities, building on the solid foundations from our traditions with the Italian community. Our keystone program is our self-funded Dementia Carer Support program for the community as well as counselling support for carers.

All our in home services are made available through the Commonwealth Home Support Program which include clinical and allied health services delivered in your own home.

Contact us about our Home Care Packages which will allow you to select the support you need to remain living in your own home. Our HCP Intake Leader will provide all the information you require including a draft budget to give you good value for money.



**Services provided:** allied health

## Complete Rehab - Allied Health Clinic

### Phone

Angelina Barth, Community Manager

3883 1942 or 3889 3202

### Email

[info@completerehab.com.au](mailto:info@completerehab.com.au)

### Address

328 Oxley Avenue, Margate Qld 4019

### Website

[www.completerehab.com.au](http://www.completerehab.com.au)

### Opening days/hours

Monday to Friday, 8.00 am – 6.00 pm

Saturday, 8.00 am – 12.00 pm

### Cost

Dependant on service

### Services and support

Physiotherapist, Occupational Therapist, Dietician, Podiatry, Exercise Physiology, Clinical Psychology, Remedial Massage, Hydrotherapy, Group Exercise classes.



### Additional notes

We are an allied health company with practitioners experienced working with dementia and alzheimer's.

We bulk bill DVA, EPC and contract for community care home care packages.

We travel into the community at no extra cost and have clinics in Bray Park, Aspley and Margate. Our Margate clinic also has a fitness studio running group sessions for neuro and carers.



**Services provided:** information service

## Deception Bay Neighbourhood Centre

### Phone

Marilyn Bolton

3204 2022

### Email

[info@dbnc.org.au](mailto:info@dbnc.org.au)

### Address

24 Endeavour Street, Deception Bay Qld 4508

PO Box 205, Deception Bay Qld 4508

### Website

[www.dbnc.org.au](http://www.dbnc.org.au)

### Opening days/hours

Monday to Friday, 9.30 am – 2.30 pm

### Cost

Free

### Services and support

Deception Bay Neighbourhood Centre offers information, referral and support services, counselling, training and employment courses, workshops, small adult group activities, after-school dance and drama, and financial resilience support. Other services provided at the centre includes legal services, immunisation for adults and children, NDIS support and Keys to Early Intervention in Homeless Services.

### Additional notes

Regular FREE activities include monthly morning tea, grandparents group, creative craft group, children's dance and drama class.



*Reaching out to the Community*

**Services provided:** counselling and dementia information and education

# Dementia Australia

## Phone

The National Dementia Helpline

1800 100 500

## Email

[helpline@dementia.org.au](mailto:helpline@dementia.org.au)

## Address

825 Stanley Street, Woolloongabba Qld  
4102

PO Box 8141, Woolloongabba Qld 4102

## Website

[www.dementia.org.au](http://www.dementia.org.au)

## Opening days/hours

Monday to Friday, 8.30 am - 4.30 pm

## Cost

Programs and services are funded by the Commonwealth Government.

## Services and support

- The National Dementia Helpline, 1800 100 500. The Helpline provides non-judgmental support and information, and facilitates referrals to our programs and services
- Community education for people living with dementia, their friends and family



dementia  
friendly  
communities

- Younger Onset Dementia Key Worker Program for people under 65 with dementia
- Counselling – face-to-face or telephone
- Dozens of help sheets and informative resources available at [www.dementia.org.au](http://www.dementia.org.au)

## Additional notes

All programs and services can be accessed by ringing the National Dementia Helpline.

**Services provided:** dementia information and education

# Dementia Support Australia

## Phone

1800 699 799

## Email

[dsa@dementia.com.au](mailto:dsa@dementia.com.au)

## Website

[www.dementia.com.au](http://www.dementia.com.au)

## Opening days/hours

24 hrs per day | 7 days per week | 365 days a year

## Cost

Fully funded by the Australian Government (no charge)

## Services and support

Dementia Support Australia (DSA) is a national service, supported by funding from the Australian Government under the Dementia and Aged Care Services Fund, which administers Dementia Behaviour Management Advisory Service (DBMAS) and Severe Behaviour Response Teams (SBRT).

Dementia Support Australia aims to:

- Improve the quality of life and care for people with dementia and their carers;
- Up-skill, assist and support aged care providers in improving care for people with dementia and related behaviours;
- Ensure care services for people with dementia are responsive to their individual and diverse needs and circumstances.

## Additional notes

Our services are on the ground within one week for DBMAS and 48 hours for SBRT .



A PARTNERSHIP LED BY **HammondCare**

**Services provided:** support group

## Encircle Redcliffe Neighbourhood Centre

### Phone

Sheree Jackson, Seniors Coordinator

3284 3081

### Email

[shereej@encircle.org.au](mailto:shereej@encircle.org.au)

### Address

Lamington Drive, Redcliffe Qld 4020

PO BOX 2102, Redcliffe Qld 4020

### Website

[www.encircle.org.au](http://www.encircle.org.au)

### Opening days/hours

Monday to Friday, 9.00 am – 3.00 pm (centre reception)

Monday to Thursday, 9.00 am – 3.00 pm (seniors)

### Cost

No cost

### Services and support

The Redcliffe Old Persons Action program aims to develop opportunities for older people to participate in activities designed to support people in reaching their full potential. Develop opportunities to acknowledge their contributions, and to further support positive connections with family, friends and community networks. Access to information e.g. financial, legal, social, household, education and health matters.

### Additional notes

Other services and programs available with Encircle include generalist and specialised family violence counselling; community legal; Flexi-Ride community transport.



**Services provided:** funeral services

# George Hartnett Metropolitan Funerals

## Phone

Tanya Easton (Area Manager)

0408 531 250 or 3284 3799

## Email

[Tanya.easton@ghmfunerals.com.au](mailto:Tanya.easton@ghmfunerals.com.au)

## Address

174 Anzac Avenue, Kippa Ring Qld 4021

19 Anzac Avenue, Redcliffe Qld 4020

## Website

[www.ghmfunerals.com.au](http://www.ghmfunerals.com.au)

## Opening days/hours

Monday to Friday, 8.00 am – 5.00 pm

We are available 24 hours per day, 7 days per week.

## Cost

Various options and packages available to suit all budgets.

## Services and support

We walk alongside and guide families and carers through planning funeral services, memorials and loving farewells. We can come to the home or use our offices to help plan funeral wishes and help families and carers when a loved one passes.



**Services provided:** home care package providers

## HammondCare At Home

### Phone

Cheree Ambrose (Head of Region, Brisbane)

1800 826 166



### Email

[cambrose@hammond.com.au](mailto:cambrose@hammond.com.au)

### Address

Suite 1101, Level 1, 18 Banfield St, Chermside Qld 4032

### Website

[www.hammondcareathome.com.au](http://www.hammondcareathome.com.au)

[www.hammond.com.au](http://www.hammond.com.au)

### Opening days/hours

Monday to Friday, 9.00 am – 5.00 pm (Office Hours)

Care Delivery – 7 days (day and night)

### Cost

Fees associated with Home Care Packages and Private care..

### Services and support

HammondCare is a recognised leader with more than 23 years' experience in dementia care. HammondCare At Home provides dementia-specific care for people in need either via the Home Care Packages program (Levels 1, 2 3, 4) or private care. We are dedicated to supporting people with dementia to remain independent while improving their quality of life and enabling them to achieve a sense of well-being. We value the importance of person-centred care, tailored to the individual's needs. We train and continually mentor our staff and ensure consistency with client visits. We will help you navigate My Aged Care, either before or after an assessment has been requested.

**Services provided:** in-home services, home care package providers, meals and transport

## Home Instead Senior Care Brisbane North

### Phone

Kerri-Anne Dooley, Care Services Manager

3482 0800

### Email

[bris.north@homeinstead.com.au](mailto:bris.north@homeinstead.com.au)

### Address

Shop 1, 2 Anzac Avenue, Redcliffe Qld 4020

### Website

[www.homeinstead.com.au](http://www.homeinstead.com.au)

### Opening days/hours

24 hours x 7 days

### Cost

Subsidised rates through the Government Home Care Package.

Private and additional services - \$50.50 per hour.

### Services and support

Dementia trained CAREGivers matched to your specific needs. Consistency of CAREGivers to maximise familiarity and guaranteed times. Services include; Home Care Package management, personal care, domestic, companionship, meal preparation, transport, med prompts, tailored meaningful and mind-stimulating activities.

### Additional notes

Dementia specific resources and education material. Navigation of the aged care system, dementia care education and mentoring. Linkage and referrals to other specialised dementia services and networks if required or desired.



**Services provided:** home care package providers

## Just Better Care Brisbane North

### Phone

Sue Hilton, Customer Engagement  
Senior Services

3056 0777

### Email

[adminbn@justbettercare.com](mailto:adminbn@justbettercare.com)

### Address

1425 Anzac Avenue, Kallangur Qld 4503

PO Box 399, Kallangur Qld 4503

### Website

[www.justbettercare.com/brisbane-cbd-north](http://www.justbettercare.com/brisbane-cbd-north)

### Opening days/hours

Monday to Friday, 8.00 am – 4.30 pm (office hours)

24/7 home support services available

After hours call service

### Cost

Competitive rates, no exit fee, no clients daily fee.

### Services and support

Just Better Care Brisbane North is dedicated to providing an outstanding customer experience by responding to your needs efficiently, reliably and with kindness.

Our services encompass Home Care Packages (Level 1-4), Veterans Home Care, Private Services and NDIS.

Navigating through the aged care system can be complicated and confusing and we invite you to contact your friendly, local team for a complimentary consultation.





**Services provided:** assistive technology

## Lifetec Australia

### Phone

Zoe Du Cann, Learning and Development Coordinator

1300 543 383

### Email

[mail@lifetec.org.au](mailto:mail@lifetec.org.au) or [education@lifetec.org.au](mailto:education@lifetec.org.au)

### Address

Level 1, Newmarket Village, Cnr Newmarket & Enoggera Roads, Newmarket Qld 4051

PO BOX 3241, Newmarket Qld 4051

### Website

[www.lifetec.org.au](http://www.lifetec.org.au)

### Opening days/hours

Monday to Friday, 8.30 am – 4.30 pm

### Cost

Cost varies depending on service required. Our dementia resources and learning are free of charge.

### Services and support

LifeTec Allied health professionals specialise in the assessment and prescription of assistive technology. We are registered NDIS and My Aged Care providers and can work with you to determine how to fund the service you require.

LifeTec has been funded by the Dementia Aged Care Services Fund to provide education resources on smart technology and living well with dementia. A range of online courses, fact sheets and videos are available for people with dementia, care partners and service providers.



**Services provided:** assistive technology

## MemBo Noticeboard

### Phone

Anne-Louise Underwood, Director and Co-Founder

3880 4535 or 0400 644 684

### Email

[info@membonoticeboard.com](mailto:info@membonoticeboard.com)

### Address

PO Box 257, Scarborough Qld 4020

### Website

[www.membonoticeboard.com](http://www.membonoticeboard.com)

### Opening days/hours

Monday to Friday, 8.00 am – 5.00 pm

Support by email 7 days, respond within 48 hours.

### Cost

Please see our website for costs.

### Services and support

MemBo Noticeboard enables families, carers and organisations to update and immediately display appointments, photos and information on a tablet placed in view in the resident's home. Residents do not need to touch the noticeboard, and can view daily information any time and, as often as required, reducing distress and minimising the need for constant phone calls.

### Additional notes

Information is updated from tablet, mobile or PC, and can be accessed online by multiple people irrespective of where they are. MemBo Noticeboard provides one central hub for everyone involved to view, update and share important information and documents.



**Services provided:** residential aged care and respite providers

## Narangba Aged Care

### Phone

Robyn Moyle, Facility Manager

3053 3700

### Email

[rmoyle@narangbaagedcare.com.au](mailto:rmoyle@narangbaagedcare.com.au)

### Address

23 Young Road, Narangba Qld 4504

### Website

[www.narangbaagedcare.com.au](http://www.narangbaagedcare.com.au)

### Opening days/hours

Monday to Friday, 8.30 am – 4.30 pm

### Cost

Available on request

### Services and support

Narangba Aged Care opened in April 2018 and provides permanent residential aged care and accommodation, dementia specific services and respite.

We have a memory support unit that provides special care for residents with advanced dementia that ensures the support and care that each person may need for quality everyday living in a more secure environment.

### Additional notes

Narangba Aged Care provides quality care within a nurturing environment. Residents enjoy spacious rooms, community living, an engaging lifestyle and companionship. The home is set amongst beautiful serene surrounds and mature trees where indoor-outdoor living is encouraged.



**Services provided:** support group

## Older Women's Network (Qld) Inc.

### Phone

Leonie Swainston, Coordinator Tuesday – Thursday

3358 2301

### Email

[coordinator@ownqld.net.au](mailto:coordinator@ownqld.net.au)



Older Womens Network Queensland

### Address

505 Bowen Terrace, New Farm Qld 4005

### Website

[www.ownqld.net.au](http://www.ownqld.net.au)

### Opening days/hours

Tuesday to Thursday, 9.00 am – 5.00 pm

### Cost

Membership \$20.00 per annum

Organisational members \$25.00 per annum

### Services and support

Branch meetings for older women, for social connection. Currently Woody Point, Mitchelton, Capalaba, Logan-Beenleigh, southern Gold Coast, Gympie and Mackay.

**Services provided:** dementia information and education, emergency respite and residential aged care and respite providers

## Ozcare

### Phone

**Sarah Chapman, Group Manager Brand and Communications**

1800 Ozcare (1800 692 273)

### Email

[info@ozcare.org.au](mailto:info@ozcare.org.au)



### Address

Aged Care Facility - Ozanam Villa, 153 King Street, Clontarf Qld 4019

Day Respite Centre - St Catherine's, 153 King Street, Clontarf Qld 4019

Branch - 5 Endeavour Blvd, North Lakes Qld 4509

PO Box 912, Fortitude Valley Qld 4006

### Website

[www.ozcare.org.au](http://www.ozcare.org.au)

### Services and support

#### Dementia Advisory and Support Service

We provide assistance to people living with dementia, their families and health providers to further develop knowledge and skills in dementia care.

#### Dementia Respite Care

We provide an "extended hours" dementia respite service at our day respite centre in Clontarf to support carers who work, study or volunteer.

#### Dementia Residential Respite Care

We help carers take a break by offering temporary residential respite care for people living with dementia in our secure, specialised dementia wing.

#### Dementia Residential Care

We cater for people living with all types of dementia at all stages in our secure general and dementia care wings.

**Services provided:** palliative care and funerals

## Palliative Care Queensland

### Phone

1800 660 055 or 3511 1539

### Email

[hello@palliativecareqld.org.au](mailto:hello@palliativecareqld.org.au)

### Address

Level 8/ 135 Wickham Tce, Spring Hill Qld 4000

PO Box 418, The Gap Qld 4061

### Website

[www.palliativecareqld.org.au](http://www.palliativecareqld.org.au)

### Opening days/hours

Monday to Friday, 9.00 am – 5.00 pm

### Services and support

Palliative Care Queensland (PCQ) provides information and education with an aim to raise awareness, advocate and ensure quality care is provided to all at the end of life. PCQ is an independent not-for-profit peak body representing palliative care providers, consumers and their families and those with an interest in palliative care in Queensland. Established in 1988, PCQ has supported thousands of people living with chronic and life-limiting conditions and those who care for them.



**PalliativeCare**  
QUEENSLAND

**Services provided:** emergency respite, In-home services, meals and palliative care and funerals

## Peppermint Care

### Phone

Sarah Leadbeater, General Manager

0481 122 079

### Email

[sarah@peppermintcare.com.au](mailto:sarah@peppermintcare.com.au)

### Address

775 South Pine Road, Everton Park Qld 4053

### Website

[www.peppermintcare.com.au](http://www.peppermintcare.com.au)

### Opening days/hours

24 hours per day / 7 days per week

### Cost

Please call us for individual pricing. We can work on the budget together.

### Services and support

We will support you to age in your own home with dementia. Developing a picture of the needs you have, your care plan with us will be unique to those needs. Our experienced carers work continuously with dementia clients and have a great understanding of how it varies greatly from person to person.

### Additional notes

We provide services privately, through the Commonwealth Respite Carelink Centre and many providers broker services to us. Just call and ask how you can best access the services we offer.



**Services provided:** allied health

## Pharmasave

### Phone

Samantha Caruso, Pharmacist

3283 5238

### Email

[clontarf@pharmasave.net.au](mailto:clontarf@pharmasave.net.au)

### Address

19A/9 Elizabeth Avenue, Clontarf Qld 4019

### Opening days/hours

Monday to Thursday, 7.00 am – 8.30 pm

Friday, 7.00 am – 5.00 pm

Saturday, 8.30 am – 4.00 pm

Sunday, 8.30 am – 1.00 pm

### Services and support

We offer FREE medication packaging to our patients which helps ease the struggle of taking multiple medications daily. We also have a FREE delivery service to help support our patients who may not be able to come visit us in store. We liaise with our patients doctor, specialist and hospital upon discharge to ensure continuity of care. Our patients always have access to an experienced pharmacist and we pride ourselves on exceptional patient care and service.





**Services provided:** counselling

# Rainbow Therapies Healing Centre

## Phone

Kaye Forester-Harris, Remedial Therapist

3283 4284 or 0411 361 850

## Email

[info@rainbowtherapies.com.au](mailto:info@rainbowtherapies.com.au)

## Address

Unit 6, 77-79 Marine Parade, Redcliffe Qld 4020

## Website

[www.rainbowtherapies.com.au](http://www.rainbowtherapies.com.au)

## Opening days/hours

Variable to needs

## Cost

Variable to circumstances

## Services and support

Remedial massage and counselling support



**Services provided:** support group

## Redcliffe Uniting Church - Ageing Wisely

### Phone

Reverend Paul Clark or Paddi Mullan, Senior's Pastor

3283 4066

### Email

[redcliffeuc@dovenetq.net.au](mailto:redcliffeuc@dovenetq.net.au)

### Address

1 Richens Street, Redcliffe Qld 4020

### Website

[www.redcliffeuniting.com.au](http://www.redcliffeuniting.com.au)

### Opening days/hours

Sunday services at 9.00 am and 4.00 pm

Tuesday to Friday, 9.00 am – 12.00 pm

### Services and support

Redcliffe Uniting Church is a supportive community for people with dementia and their families. Our groups cater to older people, sensitive of the ageing process. We offer Adult Fellowship (activities with guest speakers) Heart & Soul (traditional but shorter worship on Thursday mornings) and Ageing Wisely (free community forums on a range of health and age related information). Contact the office for more details. All welcome.



**Redcliffe Uniting**  
*Heart of the Peninsula*

**Services provided:** residential aged care and respite providers

## Regis Sandgate - Aged Care Facility

### Phone

1300 998 100

### Email

[advice@regis.com.au](mailto:advice@regis.com.au)

### Address

60 Wakefield St, Sandgate Qld 4017

### Website

[www.regis.com.au](http://www.regis.com.au)

### Opening days/hours

24 hours per day / 7 days a week

### Cost

Residents can choose to pay for their accommodation by a refundable deposit (lump sum), a daily payment (paid periodically), or a combination of both. Please call to discuss how this works.

### Services and support

Our Regis Sandgate complex houses three aged care facilities: Griffith, Musgrave and Lucinda. Griffith offers 50 single rooms, all specially outfitted for the care of people with dementia, all arranged around large community lounges, quiet nooks and small sitting areas. Musgrave the largest facility offers the highest standard of aged care services for 232 residents in a positive and welcoming environment.



There are 12 places in Musgrave dedicated to caring for those with dementia. Lucinda offers 162 single rooms, all with ensuite with 26 places dedicated to those with dementia.

### Additional notes

We provide a person-centred approach to your loved one in a supportive environment. Innovative programs, coupled with classic care principles, ensure a secure, safe and stimulating living space, specifically designed for the care and support of people with dementia. Our highly experienced specialists will develop a personal program for you, to enhance your day-to-day well-being, to keep you connected with your favourite things, and help you embrace new interests. We encourage and support your family to be involved in all aspects of your life

**Services provided:** allied health and equipment

## Rise Occupational Therapy

### Phone

Alicia Rae, Principal Occupational  
Therapist

0437 114 760

### Email

[admin@riseot.com.au](mailto:admin@riseot.com.au)

### Address

Gympie Road Medical Centre  
640 Gympie Road, Lawnton Qld 4501

### Website

[www.riseot.com.au](http://www.riseot.com.au)

### Opening days/hours

Monday to Friday, 8.00 am – 5.00 pm

### Cost

Varied depending on service

### Services and support

In-home and clinic based occupational  
therapy services including:

- Home modification and access assessments
- Falls prevention assessments
- Home safety recommendations
- Mobility equipment trial and prescription



- Daily living aids trial and prescription
- Funding applications including MASS and Aged Care funding
- Medical Driving Assessments including licensing recommendations and vehicle modification recommendations

### Additional notes

Services are available both privately and through funding including My Aged Care, DVA and NDIS.

**Services provided:** residential aged care and respite providers

## Seabrae Manor Aged Care

### Phone

Joyce Stephan, Facility Manager

3053 3333

### Email

[jstephan@seabraemanor.com.au](mailto:jstephan@seabraemanor.com.au)

### Address

21 Buchanan Street, Rothwell Qld 4022

### Website

[www.seabraemanor.com.au](http://www.seabraemanor.com.au)

### Opening days/hours

Monday to Friday, 9.00 am – 5.00 pm

### Services and support

Seabrae Manor Aged Care provides permanent residential accommodation, care and support for seniors who are no longer able to stay in their own home. There is also dementia specific care and respite. We have a secure memory support unit to care for residents with dementia so they receive specialised care.

### Additional notes

Seabrae Manor Aged Care is a safe, nurturing and engaging environment where residents can enjoy feeling part of a community with the companionship of others. The home has been carefully designed to encompass indoor-outdoor living with communal areas opening to landscaped gardens. Residents enjoy spacious rooms.



**Services provided:** support groups and transport

## St John Ambulance Australia (Qld) - Community Services

### Phone

St John Ambulance Australia (QLD)  
Customer Service Centre

1300 ST JOHN - 1300 785 646

### Email

[enquiries@stjohnqld.com.au](mailto:enquiries@stjohnqld.com.au)

### Address

157 Granite Street, Geebung Qld 4034

PO Box 540, Virginia Qld 4014

### Website

[www.stjohnqld.com.au](http://www.stjohnqld.com.au)

### Opening days/hours

Monday to Friday, 7.00 am – 5.00 pm

Closed public holidays

### Cost

Funded, subsidised and full fee services available. Contact us for eligibility criteria and costs per service.

### Services and support

#### Silver Cord Telephone Reassurance

**Service:** Security, Friendship and Respite service available. Clients are called on nominated days for the purpose of a welfare check or social support. Welfare checks include a security activation service.



**Community Transport:** St John Ambulance has been providing quality, affordable community transport in Queensland for over 15 years. The program operates Monday to Friday from 7.00 am to 4.30 pm. We transport eligible clients on a pre-booked basis.

**St John Medical Alarms:** St John Medical Alarms provide you with the assurance of being monitored 24 hours a day, 7 days a week by the St John Medical Alarm Monitoring Centre. Home monitoring via the 3G data network comes standard with falls detection pendants. Available to rent.

**Services provided:** Commonwealth home support, home care packages, short-term restorative care, respite, allied Health, social support

## Suncare Community Services Ltd

### Phone

Liza Mellon, Community Service  
Manager

1800 786 227

### Email

[customerservice@suncare.org.au](mailto:customerservice@suncare.org.au)

### Address

Suite 206, 53 Endeavour Boulevard,  
North Lakes Qld 4509

PO Box 922, North Lakes Qld 4509

### Website

[www.suncare.org.au](http://www.suncare.org.au)

### Opening days/hours

Monday to Friday, 8.30 am – 4.30 pm  
(Office Hours)

Monday to Friday 6.00 am – 7.00 pm  
(Telephone enquiries)

Afterhours emergency – 24 hours

### Cost

Contribution by customer varies  
depending on service type and individual  
circumstance.



### Services and support

When choosing Suncare, we take the time to discuss all options of care available, giving choice to the customer to make informed decisions about the services important to them. We provide safe and respectful services to all members of our communities and promote the wellbeing of Aboriginal and Torres Strait Islander, culturally and linguistically diverse and LGBTIQ+ individuals, their carers and family members.

Services can be funded under the Commonwealth Respite and Carelink Centre, Commonwealth Home Support Service, Home Care Packages, Short Term Restorative Care or a fee for service model. Service types include flexible respite, cottage respite, domestic assistance, personal care, social support, home and garden maintenance, transport, allied health and nursing and meals.

**Services provided:** dementia information and education

## Team Care Coordination

### Phone

1800 250 502

### Email

[info@brisbanenorthphn.org.au](mailto:info@brisbanenorthphn.org.au)

### Address

PO Box 845, Lutwyche Qld 4030

### Website

[www.brisbanenorthphn.org.au](http://www.brisbanenorthphn.org.au)

### Opening days/hours

Monday to Friday, 8.00 am – 4.30 pm

### Cost

No cost to eligible participants

### Services and support

Team Care Coordination program is a free patient centred service for people with complex chronic health conditions (including dementia) that provides:

- disease, health and community information and education
- comprehensive assessment and coordination of health, community and social support services.

The program is delivered by the phone or face to face in home consultations and staffed by Clinical Nurses.

### Additional notes

The service is aimed at improving the quality of life and the ability to live well at home for people with chronic health conditions. To access the program, people need to a request referral from their GP to be sent into the service.

**TEAM<sup>®</sup>**  
**CARE**  
COORDINATION



**phn**  
BRISBANE NORTH

An Australian Government Initiative



**Services provided:** meals

## Top Nosh Meals

### Phone

Lisa Voaden

5494 0113

### Email

[orders@topnoshmeals.com.au](mailto:orders@topnoshmeals.com.au)

### Address

Shop 14, 21 Peachester Road, Beerwah Qld 4519

### Website

[www.topnoshmeals.com.au](http://www.topnoshmeals.com.au)

### Opening days/hours

Monday to Thursday, 9.00 am – 3.00 pm

Friday, 9.00 am – 2.00 pm

### Cost

From \$5.90

### Services and support

We provide a health range of single service fresh and frozen meals.

Our frozen range starts with a petite size – ideal for small appetites. Delivered right to your freezer.



**Services provided:** counselling

## Visiting Aged Care Counselling Services

### Phone

Susan Cawley, (Bachelor of Nursing,  
Master of Counselling, MQCA, PACFA, Clinical

0418 753 269

### Email

[info@visitingagedcarecs.com.au](mailto:info@visitingagedcarecs.com.au)

### Address

PO Box 284, Sandgate Qld 4017

### Website

[www.visitingagedcarecs.com.au](http://www.visitingagedcarecs.com.au)

### Opening days/hours

Monday to Friday, 9.00 am – 5.00 pm

### Cost

\$150.00 per hour

### Services and support

A mobile service that comes to you, specialised counselling in aged care focused on meeting the individual and family's needs. Assistance with residential facility placement, support with dementia care at home and palliative care counselling.

### Additional notes

Members of the family can use this counselling service individually or as a group.



**Services provided:** residential aged care accommodation and social support

## Wesley Mission Queensland

### Phone

1800 448 448

### Email

[contactus@wmq.org.au](mailto:contactus@wmq.org.au)

### Address

930 Gympie Road, Chermside Qld 4032

### Website

[www.wmq.org.au](http://www.wmq.org.au)

### Opening days/hours

Monday to Friday, 8.00 am – 6.00 pm

### Cost

Varies by service

### Services and support

Wesley Mission Queensland has been delivering home and community care services for more than 20 years. Our trusted, experienced team can help you through a variety of services including:

- Hyland House – centre based respite for people living with a diagnosis of dementia at Petrie
- Community Assisted Transport Service (CATS) – transport out and about in the community
- Home Assist Secure (HAS) – help with home maintenance
- Residential aged care (locations throughout Brisbane)
- In home care services such as cleaning, shopping, and nursing care
- Residential, centre based and in home respite services, including dementia-specific care.



