

Storing your palliative care medicines safely

Your palliative care medicines play an important role in managing your symptoms. To maintain the integrity and quality of medicines, they should be stored appropriately.

Follow these rules when storing medicines:

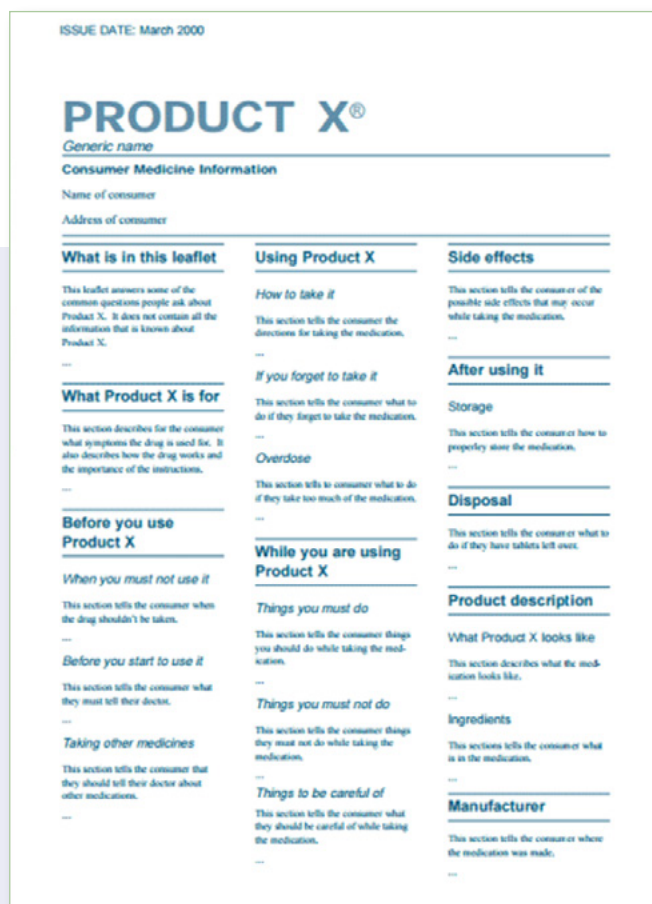
1. Store medicines safely and securely

- Keep medicines away from children, adults who might be unable to read or understand labels, and pets
- Medicines should still be accessible for those who need to take or administer them e.g. stored within a container or bag and kept in a cupboard or drawer



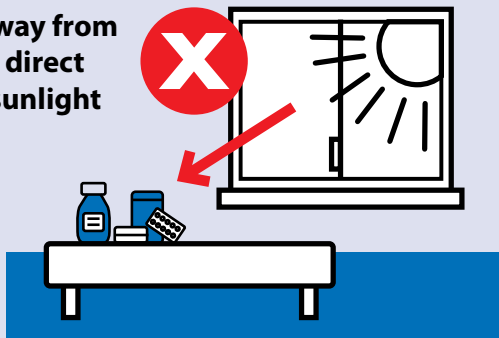
2. Store medicines according to the manufacturer's instructions, specified in the consumer medicine information (CMI) leaflet

If your medicine is not accompanied by a CMI leaflet, discuss with your pharmacist.

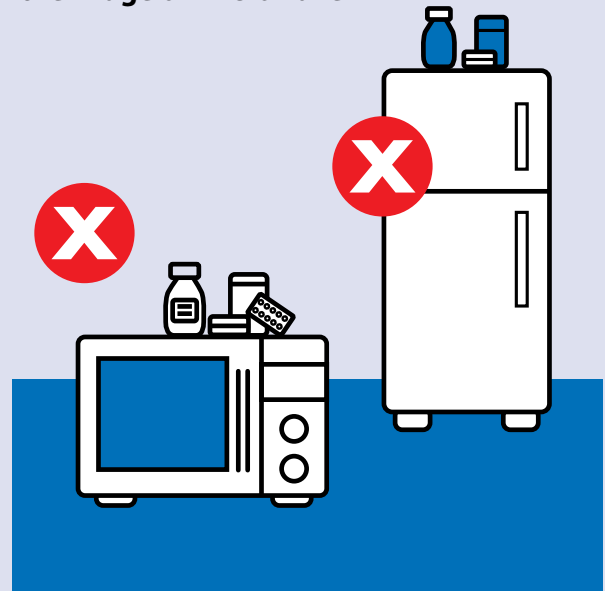


3. Store medicines in a cool, dry place at the correct temperature

Away from direct sunlight



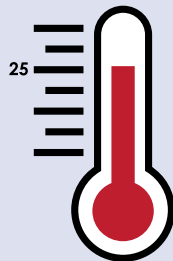
Avoid storing medicines near items that emit heat such as on top of the fridge or microwave



Avoid storing medicines in places where humidity is high e.g. bathroom



MOST medicines need to be stored at room temperature (below 25°C)



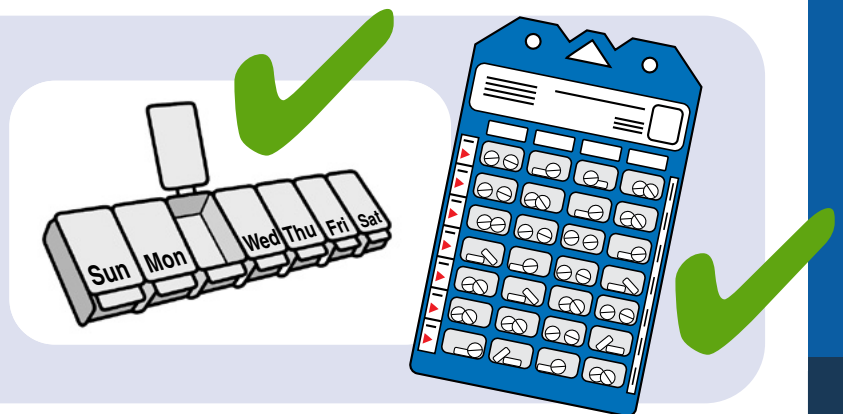
BUT some medicines need to be stored in the fridge (Between 2°C to 8°C)



Keep in the refrigerator
DO NOT FREEZE

4. For safety, medicines should be stored in their original container where possible

Keep medicines in their original packaging until you need them. However, medicines may be re-labelled or re-packaged by a pharmacist or doctor OR packed into medication dose aids such as a dosette container, pill box or Webster Pak® to help improve medicine management.



If specific storage requirements for your medicines is unknown, seek advice from your pharmacist, nurse or doctor.