

2026 Heart Failure Education Program

Hosted by the Complex Chronic Disease Team – Cardiac Rehabilitation

CCDT warmly invites all people living with heart failure—and their families—to join our 2026 Heart Health Education Program.

This relaxed, 3-hour session is designed to help you:

- Understand your heart condition better
- Learn simple, practical ways to take care of your heart
- Ask questions and share experiences in a friendly group setting

Date	Thursday 18th June 2026
Time	9:00 AM – 12:40 PM
Location	Deception Bay Community Hall 2 Raymond Terrace, Deception Bay, QLD 4508
Attendance	In person
RSVP or scan QR code below	Phone: (07) 3049 1291 Email: CCDT-CR@health.qld.gov.au

Program Schedule:

Time	Topic	Speaker
9:00 – 9:30	Managing Heart Failure	Clinical Nurse
9:30 – 10:00	Medication and HF	Pharmacist
10:00 – 10:30	Short Break	
10:30 – 11:10	Diet and HF	Dietitian
11:10 – 11:20	Exercise and HF	Physiotherapist
11:20 – 11:50	Short Break	
11:50 – 12:20	Managing Chronic Disease	Psychologist/Social Worker
12:20 – 12:40	Questions and Close	



SCAN QR CODE TO REGISTER

Metro North Health's vision

Creating healthier futures together—where innovation and research meets compassionate care and community voices shape our services.

Metro North
Health

