

Covid-19 Aged Care Program

Australian Centre for Grief and
Bereavement

Who Are We?



- Team of specialist bereavement counsellors
- Grief around death and non-death
- Complex grief

Our Work

- One-one counselling
- Support groups
- Information sessions
- Self-compassion for staff
- Reminiscence therapy for residents
- Drop-in debrief sessions for staff around grief and loss
- Information resources

Adapt to your needs - offer innovative solutions

Our Approach

- Person centred and client led
- Evidence based
- Outcomes focused
- Clinical supervision

Our Processes

- Intake and assessment
- Consent and information forms
- Rights and responsibilities
- Waitlist
- Allocation
- Commencement

Who is Eligible?

- Those who are living in an Aged Care Facility or transitioning into one
- Home Care Package recipients
- Family members of choice/carers of a loved one who receive an Aged Care Package
- Aged Care staff

**Needs around grief and
loss?**

Immediate and Emerging

